

# UNIVERSITI PUTRA MALAYSIA

# DIETARY ASTAXANTHIN FOR GROWTH AND HEALTH ENHANCEMENT OF ASIAN SEABASS, Lates calcarifer (BLOCH, 1790)

LIM KENG CHIN

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### DIETARY ASTAXANTHIN FOR GROWTH AND HEALTH ENHANCEMENT OF ASIAN SEABASS, *Lates calcarifer* (BLOCH, 1790)

UPM By LIM KENG CHIN

Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in Fulfillment of the Requirements for the Degree of Doctor of Philosophy

November 2020

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### DEDICATION

I would like to sincerely dedicate this dissertation to my precious treasures in life:

# LIM ENG SENG & HEW YEAT CHEN

My beloved parents,

### TEOH HOOI CHING & MILEY LIM THYA

My lovely wife and daughter,

and

## LIM KENG LEE & LIM KENG LIANG

My loving brothers

for their endless love, support, encouragement, and prayers, which they are surrounding me with throughout my educational career. Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Doctor of Philosophy

#### DIETARY ASTAXANTHIN FOR GROWTH AND HEALTH ENHANCEMENT OF ASIAN SEABASS, *Lates calcarifer* (BLOCH, 1790)

By

#### LIM KENG CHIN

November 2020

#### Chair: Professor Fatimah Md. Yusoff, PhD Faculty: Agriculture

Astaxanthin is renowned for its commercial application in numerous industries comprising cosmetic, food, aquaculture, nutraceutical, and pharmaceutical. The freshwater green microalga *Haematococcus pluvialis* is the richest bio-resource of natural astaxanthin. The supreme antioxidant property of astaxanthin reveals its tremendous potential to offer manifold health benefits amongst aquatic animals. Like many cultured fish species, the intensive farming of Asian seabass *Lates calcarifer* under stressful circumstances has posed several major problems, including sluggish growth, poor survival, and susceptibility to pathogenic diseases. This study investigated the effects of supplementation with astaxanthin (dose-response manner) on growth performance, survival, hemato-biochemical indices, innate immunity, histopathological responses, and disease resistance of the Asian seabass.

A two-stage process was employed for the astaxanthin-rich biomass production of *H. pluvialis* in the airlift annular photobioreactor. Astaxanthin content was quantitatively determined via the high-performance liquid chromatography (HPLC) analytical method. Four experimental diets, including a control diet (CD), and diets containing various dietary levels of astaxanthin (AX50, 50 mg kg<sup>-1</sup> diet; AX100, 100 mg kg<sup>-1</sup> diet; and AX150, 150 mg kg<sup>-1</sup> diet) supplemented with astaxanthin-containing lyophilized *H. pluvialis* biomass (~37.94 ± 0.41 mg astaxanthin g<sup>-1</sup> dry weight) were produced for different feeding trials.

Findings from the first trial revealed that fish exhibited significant linear increments (P < 0.05) in specific growth rate, weight gain, feed utilization efficiency, survival, and serum growth hormone (GH) availability when fed diets with escalating levels of astaxanthin during distinct feeding phases (short-term, medium-term and long-term). Significant positive correlations (P < 0.05) were noted between serum GH level and SGR of fish from all groups following three

consecutive feeding phases, denoting a robust cause-and-effect relationship. Circulating serum GH concentration was recognized as a sensitive biomarker of growth performance in the Asian seabass.

Moreover, in the second trial, fish displayed profound enhancements (P < 0.05) in hematological indices (white blood cell (WBC) count, red blood cell (RBC) count, hemoglobin, and hematocrit) when fed diets with elevated doses of astaxanthin over different phases of feeding (short-term, medium-term and long-term). Serum concentrations of alanine aminotransferase (ALT), aspartate aminotransferase (AST), glucose, cholesterol, triglyceride, and cortisol in the treated fish reduced significantly (P < 0.05) with increasing dietary inclusion levels throughout the specified feeding phases. Correspondingly, the supplemented fish registered remarkably higher (P < 0.05) serum total protein content. Immunological parameters (lysozyme activity, phagocytic activity, respiratory burst activity, and total serum immunoglobulin) of fish were significantly stimulated (P < 0.05) in response to dietary intervention with astaxanthin.

Experimental infection with Vibrio alginolyticus unveiled that supplemented fish demonstrated significant improvements (P < 0.05) of hematological parameters (WBC and RBC counts, and hemoglobin and hematocrit levels) when fed diets with elevating supplemental doses of astaxanthin through distinct post-infection periods (0-, 7-, and 14-day). Furthermore, the administration of dietary astaxanthin at escalating levels markedly enhanced (P < 0.05) the serum biochemical profile (AST, ALT, glucose, cortisol, cholesterol, and triglyceride contents) of challenged fish, resulting in better welfare. Significantly higher (P < 0.05) contents of serum total protein were discernible in supplemented fish, as opposed to the control. Additionally, non-specific defense mechanisms (lysozyme activity, phagocytic activity, respiratory burst activity, and total serum immunoglobulin) of challenged fish were pronouncedly elicited (P < 0.05) following the ingestion of astaxanthin. Histopathological alterations in target organs (liver, kidney, and spleen) of challenged fish were observed to be significantly reduced progressively (P < 0.05) with increasing dietary intake of astaxanthin. Besides, supplementation with dietary astaxanthin significantly augmented (P < 0.05) the post-challenge survival rate of fish.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Doktor Falsafah

#### ASTAXANTHIN DIETARI UNTUK PENINGKATAN PERTUMBUHAN DAN KESIHATAN IKAN SIAKAP, *Lates calcarifer* (BLOCH, 1790)

Oleh

#### LIM KENG CHIN

November 2020

#### Pengerusi: Profesor Fatimah Md. Yusoff, PhD Fakulti: Pertanian

Astaxanthin terkenal dengan aplikasi komersialnya di dalam pelbagai bidang termasuk kosmetik, makanan, akuakultur, nutraseutikal, dan farmaseutikal. Haematococcus pluvialis merupakan sejenis mikroalga hijau jenis air tawar yang kaya dengan biosumber astaxanthin semulajadi. Keunggulan properti antioksidan astaxanthin memperlihatkan potensinya yang menakjubkan dalam menawarkan pelbagai manfaat kesihatan di kalangan haiwan akuatik. Seperti kebanyakan spesies ikan kultur, penternakan intensif ikan siakap dalam tertekan telah menimbulkan keadaan vang pelbagai permasalahan terutamanya kelambatan pertumbuhan, kadar survival yang rendah, serta kecenderungan untuk berhadapan dengan pelbagai jangkitan patogen. Oleh yang demikian, satu kajian telah dilaksanakan bagi tujuan menguji kesan suplementasi astaxanthin (hubungan dos-respons) terhadap prestasi pertumbuhan, survival, indeks hemato-biokimia, imuniti bawaan, respon histopatologi, dan rintangan terhadap penyakit di dalam ikan siakap.

Proses pengkulturan dua peringkat telah diaplikasikan untuk penghasilan biomas *H. pluvialis* yang mengandungi astaxanthin di dalam fotobireaktor annular dengan aliran pengudaraan terangkat. Kandungan astaxanthin ditentukan secara kuantitatif menerusi kaedah analitikal kromatografi cecair berprestasi tinggi (HPLC). Sebanyak empat jenis diet ujikaji, termasuk diet kawalan (CD), dan juga diet-diet dengan konsentrasi astaxanthin yang berlainan (AX50, 50 mg kg<sup>-1</sup> diet; AX100, 100 mg kg<sup>-1</sup> diet; dan AX150, 150 mg kg<sup>-1</sup> diet) telah dihasilkan melalui penambahan biomas *H. puvialis* kering yang mengandungi astaxanthin (~37.94 ± 0.41 mg astaxanthin g<sup>-1</sup> berat kering) untuk beberapa ujian pemakanan.

Hasil kajian daripada ujian pertama mendedahkan bahawa ikan menunjukkan peningkatan secara linear yang signifikan (P < 0.05) dalam kadar pertumbuhan

spesifik (SGR), berat badan, kecekapan penggunaan makanan, survival, dan ketersediaan hormon pertumbuhan (GH) serum apabila diberikan berlainan diet dengan kandungan astaxanthin yang bertambah ketika fasa pemakanan yang berbeza (jangka pendek, jangka sederhana dan jangka panjang). Korelasi positif yang signifikan (P < 0.05) turut diperlihatkan antara tahap GH serum dan SGR dalam semua kumpulan ikan berikutan tiga fasa pemakanan yang berturutan, sekaligus menandakan satu hubungan sebab-akibat yang mantap. Tahap kepekatan GH serum telah dikenalpasti sebagai penanda bio untuk prestasi pertumbuhan ikan siakap.

Selain itu, dalam percubaan kedua, ikan memaparkan kenaikan yang ketara (P < 0.05) dari segi indeks hematologi (kiraan sel darah putih, WBC; kiraan sel darah merah, RBC; hemoglobin; dan hematokrit) apabila menerima berlainan diet dengan peningkatan dos astaxanthin sepanjang fasa pemakanan yang berbeza (jangka pendek, jangka sederhana dan jangka panjang). Tahap kepekatan alanine aminotransferase (ALT), aspartate aminotransferase (AST), glukosa, kolesterol, trigliserida, dan kortisol di dalam serum ikan yang terawat didapati berkurangan secara signifikan (P < 0.05) dengan dos pemberian astaxanthin berikutan fasa pemakanan yang berbeza. Sehubungan itu, ikan yang diberi suplemen astaxanthin mencatatkan jumlah kandungan protein serum yang lebih tinggi dan signifikan (P < 0.05). Beberapa parameter imunologi ikan (aktiviti Iysozyme, aktiviti fagositik, aktiviti respiratory burst, dan jumlah imunoglobulin serum) telah dirangsang secara signifikan (P < 0.05)

Jangkitan Vibrio alginolyticus secara eksperimen mendedahkan bahawa ikan menunjukkan peningkatan parameter hematologi (kiraan WBC, kiraan RBC, hemoglobin, dan hematokrit) yang signifikan (P < 0.05) berikutan pemberian pelbagai diet dengan dos suplementasi astaxanthin yang semakin bertambah menerusi jangka masa pasca-jangkitan yang berlainan (0, 7, and 14 hari). Ikan yang dicabar dengan bakteria turut mendaftarkan profil biokimia serum (ALT, AST, glukosa, kolesterol, trigliserida, dan kortisol) yang lebih baik dan signifikan (P < 0.05) apabila menerima diet yang mengandungi peningkatan dos astaxanthin. Secara jelas, dapat diperhatikan bahawa ikan yang diberikan astaxanthin mempunyai kandungan jumlah protein serum dengan ketaranya lebih tinggi (P < 0.05) berbanding kumpulan kawalan. Malah, mekanisme pertahanan tidak spesifik (aktiviti lysozyme, aktiviti fagositik, aktiviti respiratory burst, dan jumlah imunoglobulin serum) bagi ikan yang dicabar juga terangsang secara signifikan (P < 0.05) dengan pengambilan astaxanthin. Menariknya lagi, ikan terbabit mengalami pegurangan yang signifikan (P < 0.05) dan secara progresif dari segi perubahan histopatologi di dalam organorgan sasaran (ginjal, hati, dan limpa) dengan bertambahnya dos pengambilan astaxanthin. Keputusan kajian juga mendapati bahawa suplemen astaxanthin membawa kepada kenaikan kadar survival ikan yang mendadak (P < 0.05) sepanjang tempoh pasca-jangkitan.

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#### Fatimah Md. Yusoff, PhD

Professor Faculty of Agriculture Universiti Putra Malaysia (Chairman)

#### Dato' Mohamed Shariff Mohamed Din, PhD

Professor Faculty of Veterinary Medicine Universiti Putra Malaysia (Member)

#### Mohd. Salleh Kamarudin, PhD

Professor Faculty of Agriculture Universiti Putra Malaysia (Member)

### ZALILAH MOHD SHARIFF, PhD

Professor and Dean School of Graduate Studies Universiti Putra Malaysia

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# LIST OF ABBREVIATIONS

%	Percent
%	Per mille
°C	Degree Celsius
\$	Dollar
cm	Centimeter
cm <sup>2</sup>	Square centimeter
$m^{-2} s^{-1}$	Meter squared per second
	Microgram
	Microliter
um	Micrometer
umol	Micromole
	Adrenocorticotropic hormone
	Alanine aminotransferase
	Aspartato aminotransferaso
	Aspartate annihilansierase
	Complementary DNA
	Colopy forming unit
	Dilution factor
	Disulion factor
	N. N. dimothyl formamida
	N, N-oimethyi iomamide
	Deoxynbonucieic acid
	Dry weight
e.g.	Exempli gratia or for example
FAU	Food and Agricultural Organization
FBW	Final body weight
FCR	Feed conversion ratio
FER	Feed efficiency ratio
g	Gram
g	Relative centrifugal force
GH	Growth hormone
h	Hour
Hb	Hemoglobin
HPLC	High-performance liquid chromatography
Ht	Hematocrit
IACUC	Institutional Animal Care and Use Committee
IBM	International Business Machines
i.e.	Id est or 'that is'
lg	Immunoglobulin
IGF	Insulin-like growth factor
К	Condition factor
kb	Kilobase
kg	Kilogram
KU	One Keil unit
L	Liter
LD <sub>50</sub>	Median lethal dose
In	Natural logarithm

 $\bigcirc$ 

	LT	Long-term
	Μ	Molarity
	MBBM	Modified Bold's basal medium
	mg	Milligram
	min	Minute
	mL	Milliliter
	mM	Millimolar
	mm	Millimeter
	mmol	Millimole
	MS-222	Tricaine methanesulfonate
	MT	Medium-term
	Ν	Nitrogen
	NADH	Nicotinamide adenine dinucleotide
	NBT	Nitroblue tetrazolium
	ng	Nanogram
	nm	Nanometer
	PBS	Phosphate-buffered saline
	PCB	Polymerase chain reaction
	PER	Protein efficiency ratio
	nH	A measure of acidity or alkalinity
	PI	Post-infection
	nnm	Parts per million
	pmol	Picomole
	PTEE	Polytetrafluoroethylene
	R III E	Registered trademark
	r	Correlation coefficient or effect size
	$\mathbf{B}^2$	Coefficient of determination
	RBA	Bospiratory burst activity
	RBC	Red blood coll
	ROS	Beactive exugen species
	rom	Revolutions per minute
	rPNA	Ribosomal ribonucloic acid
		Second
	SEC	Standard orrer of the mean
	SCR	Standard erfor of the mean
	Son Son Bhd	Specific growin rate Sondirion Borhod
		Senuinan Demau
	SF35 ST	Statistical Fackage for the Social Sciences
		Short-lehn Thiagulahata aitrata hila galta guaraga
		Thiosuphale-citrale-bile saits-sucrose
		Enzyme unit er internetional unit for enzyme
		Linzyme unit or international unit for enzyme
		Universiti Fulla Malaysia The United States
		Ine United States
	WG	Ull aviolet
		Weight gall
	V	volume

#### CHAPTER 1

#### INTRODUCTION

#### 1.1 Research background

Aquaculture is the farming of aquatic organisms such as fish, mollusks, crustaceans as well as aquatic plants from fresh, brackish, and salt waters. Global aquaculture has expanded dramatically over the past decades and is anticipated to progress further. From the production of less than a million tonnes in the early 1950s, aquaculture production in 2018 was reported to have risen to 114.5 million tonnes (including aquatic plants) with a first-sale value estimated at US\$263.6 billion; portraying an outstanding growth (FAO, 2020). Over-fishing and harvesting of wild populations have reached critical thresholds, and the role of aquaculture in contributing to human nutrition is continually increasing. The introduction of new species and advances in culture techniques have significantly contributed to the rapid growth of the aquaculture industry (Xiang, 2015; Ahmed and Thompson, 2019). Aquaculture continues to grow more rapidly than other livestock industries and plays a vital contribution to human nutrition in relieving nutritional deprivation (Little *et al.*, 2016; FAO, 2020).

Asian seabass (*Lates calcarifer* Bloch), or also known as giant sea perch or barramundi, is among the most economically important catadromous fish species in southeastern Asia and Australia. The major producers of both fingerlings and marketable fish for domestic and regional markets include Indonesia, Malaysia, Singapore, Taiwan, and Thailand (Senanan *et al.*, 2015; Joerakate *et al.*, 2018). Aquaculture production of the Asian seabass is a speedily developing enterprise in the global aquaculture industry, with market expansion growth as a popular seafood item in many European and North American countries (Glencross *et al.*, 2014; Harrison *et al.*, 2014). According to FAO (2018), the global production of cultured Asian seabass has witnessed a surge over the past decades to 95,385 tonnes in 2016, chiefly ascribable to intensive farming activities that have been predominantly initiated based on hatchery-reared stocks in either brackish, marine, or freshwater ponds. The fish fetches a good market value due to its delicate and mild-flavored white flesh, regularly served as favorite food fish in many cuisines and delicacies.

Astaxanthin (3,3'-dihydroxy- $\beta$ , $\beta$ -carotene-4,4'-dione) is a naturally occurring deep red-orange keto-carotenoid pigment primarily present in the flesh of salmonids, the carapace of many crustaceans (e.g., crabs, crayfish, lobsters, and shrimp), and also in several freshwaters and marine microorganisms (e.g., bacteria, fungi, yeast, and microalgae) (Begum *et al.*, 2016; Barredo *et al.*, 2017; Galasso *et al.*, 2018; Lim *et al.*, 2018). Fish, as do other animals, lack the capacity to biochemically synthesize astaxanthin de novo, and the pigment must be acquired from their diets to maintain decent colorations. *Haematococcus pluvialis* is acknowledged as one of the most abundant bio-

resources of astaxanthin (3–5% on a dry weight basis) and the exclusive producer of this carotenoid (Panis and Carreon, 2016; Ho *et al.*, 2018). Astaxanthin can also be readily derived via chemical synthesis, but there has been heightened interest in natural sources of the pigment (Panis and Carreon, 2016; Shah *et al.*, 2016). Nearly all commercially available astaxanthin is produced synthetically from petrochemical sources (Lim *et al.*, 2018). Astaxanthin has drawn considerable attention accounted to its super potent antioxidant capacity with multiple biological functions and beneficial applications in animal health and nutrition (Lim *et al.*, 2018; 2019a). The continued growth of the aquaculture industry has prompted a massive demand for this pigment.

Nutrition plays an essential part in the profitability and viability of the fish farming industry. The development of feeds with nutritional ingredients that promote satisfactory growth and survival of farmed species is a requisite to minimize production costs. Adequate and proper nutrition has also been recognized as necessary for sustaining animal health and its ability to combat diseases. Astaxanthin has emerged as a fascinating natural source of a new compound with biological activities that can be used as a functional ingredient in feed formulation. In general, the immune response of aquatic animals can be enhanced through specific dietary manipulation, such as the incorporation of immunostimulants. Immunostimulators activate the immune systems of aquatic animals and improve their capability for disease tolerance. There has been heightened interest in the ability of carotenoid pigments, specifically astaxanthin, to act as a promising immunopotentiating agent in aquaculture. As a human dietary supplement, astaxanthin induces the protective effects of antiaging (Tominaga et al., 2017; Eren et al., 2018; Nootem et al., 2018), antiatherosclerotic (Kishimoto et al., 2016; Visioli and Artaria, 2017), anti-diabetic (Satoh, 2016; Visioli and Artaria, 2017; Mashhadi et al., 2018), antiinflammatory (Miyachi et al., 2015; Tominaga et al., 2017; Davinelli et al., 2018), anti-cancer (Smith, 1998; Palozza et al., 2009; Tanaka et al., 2012), immune system boosting (Kishimoto et al., 2010; Park et al., 2010; Yamashita, 2013), sun-proofing (O'Connor and O'Brien, 1998; Suganuma et al., 2010), and amongst other diverse health benefits. Hence, dietary astaxanthin has excellent potential to enhance the growth, health, and well-being of aquatic animals (Hansen et al., 2016; Cheng et al., 2018; Lim et al., 2019a; b).

#### 1.2 Problem statement

Culture operations for Asian seabass (*L. calcarifer*) are diverse, which involves various rearing practices. However, the large-scale aquaculture production of Asian seabass under stressful circumstances (high-density culture) has posed several major problems, including sluggish growth rate and poor survivability (Lim *et al.*, 2019b). Growth and survival exert the most significant impact on the economic performance of Asian seabass production. The sustainability, success, and profitability of semi-intensive and intensive Asian seabass culture in ponds and cages depend, to a large extent, on good quality supplemented feed (Lim *et al.*, 2019b). Thus, a high-performing practical diet for optimum growth performance and survival is indispensable.

In recent decades, the massive development within the aquaculture industry has dramatically increased the interest in the study of fish immunity and defense against deadly infections. Several drawbacks, notably the frequent outbreak of diseases, had raised concern over its management and effective control. Cultured animals are subjected to stress conditions that weaken the immune system of fish, leading to increased vulnerability to pathogens and the emergence of diseases commonly associated with intensive fish rearing. Consequently, these infectious diseases contribute to considerable economic loss, which is one of the significant constraints of intensive fish cultivation (Thompson, 2017; Lim et al., 2018). Therefore, substantial effort in fish nutrition research must be directed toward mitigating stress and enhancing the immunity of farmed Asian seabass. Moreover, there is a lack of comprehensive studies on the effect of supplementation with natural astaxanthin as an immunostimulant in the tropical fish species, Asian seabass (L. calcarifer), to confer a great benefit to its immune defense.

#### 1.3 Justification

Dietary supplementation of astaxanthin in the diet of Asian seabass could have the potential for maximum output (e.g., growth performance and survival of fish) and a significant impact on its production efficiencies. Growth remains the foremost trait in finfish aquaculture, which is inherently associated with the productivity and profitability of enterprises (Gjedrem and Robinson, 2014; Ye et al., 2017). The administration of astaxanthin as an immunostimulant on fish through this study will significantly enhance the immune response of fish, alleviate stress, and confer protection against different pathogens. The pigment can be included as a dietary supplement during stressful aquaculture operations such as transfer, grading, vaccination, or during crucial life stages to help the animal to ward off pathogens and sustain good health. Undeniably, this should generate a general benefit to the fish immune system, which hinders the problem associated with the emergence of diseases in intensive fish farming, globally. Supplementation of naturally derived astaxanthin can prevent the risks associated with the use of chemical products. The use of immunostimulants has drawn great attention as a valuable alternative to immunoprophylactic control in the fight against various infectious diseases that are caused by pathogens in most circumstances (Wang et al., 2016a; Subramani and Michael, 2017; Lim et al., 2019a). This study aims to provide valuable knowledge regarding the importance of astaxanthin as a growth enhancer with immunomodulatory benefits for the aquaculture industry.

#### 1.4 Research objectives

The main objectives of this study include:

1) To evaluate the impacts of dietary administration with astaxanthin on feed utilization, growth performance, survival, and serum growth hormone (GH) availability of Asian seabass (*L. calcarifer* Bloch)

- 2) To study the immunomodulatory effects of dietary supplementation with astaxanthin on the immunocompetence and health of Asian seabass (*L. calcarifer* Bloch)
- 3) To investigate the effects of dietary provisioning with astaxanthin on the disease resistance of Asian seabass (*L. calcarifer* Bloch) challenged with pathogenic *V. alginolyticus*

#### 1.5 Research hypothesis

The main hypotheses of this study include:

Null hypothesis:

- 1) Dietary administration of astaxanthin does not improve feed utilization, growth performance, survival, and serum growth hormone (GH) availability of Asian seabass (*L. calcarifer* Bloch)
- 2) Dietary supplementation of astaxanthin is unable to enhance the immunocompetence and health of Asian seabass (*L. calcarifer* Bloch)
- 3) Dietary provision of astaxanthin is not capable of improving the disease resistance of Asian seabass (*L. calcarifer* Bloch) against *V. alginolyticus* infection

Alternate hypothesis:

- 1) Dietary administration of astaxanthin improves feed utilization, growth performance, survival, and serum growth hormone (GH) availability of Asian seabass (*L. calcarifer* Bloch)
- 2) Dietary supplementation of astaxanthin enhances the immunocompetence and health of Asian seabass (*L. calcarifer* Bloch)
- 3) Dietary provision of astaxanthin improves the disease resistance of Asian seabass (*L. calcarifer* Bloch) against *V. alginolyticus* infection

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#### **BIODATA OF STUDENT**



The student, Mr. Lim Keng Chin, was born on the 28th of May 1985 in Penang to the proud parents of Mr. Lim Eng Seng and Mrs. Hew Yeat Chen. He is the second oldest of the three siblings and was raised in Georgetown, Penang. The author can be described as independent, ambitious, and dedicated while having passionate interests within the fields of aquaculture and marine biology. From an early education at the primary school of SK Pykett Methodist, the author went to the most remarkable secondary school in Penang, SMK Methodist Boys' School, upon completing the Primary School Achievement Test (UPSR). After completion of the Lower Secondary Assessment (PMR) and Malaysian Certificate of Education (SPM) exams, he had another two more years of post-secondary education and sat for the Malaysian Higher School Certificate (STPM) pre-university examination in the same institution. Afterward, he continued his journey swiftly into Universiti Malaysia Terengganu (UMT), where he earned both a Bachelor of Science (Marine Biology) and Master of Science (Marine Science) degrees. With his newfound enthusiasm, he then decided to pursue his doctoral degree in the field of aquaculture and marine biotechnology at Universiti Putra Malaysia (UPM). Fortunately enough, he was awarded the MyBrain15 (MyPhD) Postgraduate Scholarship from the Ministry of Higher Education (MOHE) Malaysia. He has published several scientific articles in national and international journals. The subsequent chapter of his life has yet to be ascertained.

#### LIST OF PUBLICATIONS

- Lim, K.C., Yusoff, F.M., Shariff, M. and Kamarudin, M.S. (2018). Astaxanthin as feed supplement in aquatic animals. *Reviews in Aquaculture* 10: 738–773.
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