



**UNIVERSITI PUTRA MALAYSIA**

***EFFECT OF PACKAGING AND STORAGE ON *Aspergillus* spp. AND  
AFLATOXIN PRODUCTION IN PEANUTS***

**JOSHUA MARK A/L JOHN**

**FSTM 2021 11**



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AFLATOXIN PRODUCTION IN PEANUTS**

By

**JOSHUA MARK A/L JOHN**

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia,  
in Fulfilment of the Requirements for the Degree of Master of Science**

**November 2020**

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## **DEDICATION**

This work is dedicated to the Lord, for His strength and guidance along this journey. I would like to thank my loving family who kindly and assuredly supported me throughout my MSc. journey, always showering me with kind encouragements, patience, insight and love throughout my research period. A huge thank you to my closest friends who were a pillar of strength and were always by my side during all times throughout my journey.



Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirements for the degree of Master of Science

## EFFECT OF PACKAGING AND STORAGE ON *Aspergillus* spp. AND AFLATOXIN PRODUCTION IN PEANUTS

By

JOSHUA MARK A/L JOHN

November 2020

**Chairman** : Professor Jinap binti Selamat, PhD  
**Faculty** : Food Science and Technology

Peanuts are most susceptible to mycotoxins contamination especially aflatoxins, which are class one carcinogenic mycotoxins vastly produced by *Aspergillus flavus* and *Aspergillus parasiticus*. They can induce both mutagenic and hepatogenic effect causing conditions such as immunosuppression and hepatic carcinoma. Due to the high temperature and humidity conditions in tropical and subtropical regions, high presence of aflatoxins can be expected. The purpose of the present study was to investigate, a) The effects of different packaging materials, temperatures and water activities on the aflatoxin B<sub>1</sub> production by *Aspergillus flavus* and *A. parasiticus* in stored peanuts, b) To optimize the best storage conditions for the reduction of aflatoxin B<sub>1</sub>, total aflatoxins and growth of *Aspergillus flavus* and *A. parasiticus* in stored peanuts. On the first objective, peanut samples were randomly collected from supermarkets around Serdang, Selangor. The samples were separated into three different packaging materials (low density polyethylene [LDPE], polypropylene [PP] and polyethylene laminated aluminium [PELA]), inoculated and stored under temperatures of 25°C and 30°C, water activities ( $a_w$ ) of 0.80 and 0.95. For *A. flavus* stored in PELA, no AFB<sub>1</sub> was detected (100% reduction) at 25°C for both  $a_w$  tested. For *A. parasiticus* stored in PELA, no AFB<sub>1</sub> was detected at 25°C (0.85  $a_w$ ) and 30°C (0.74  $a_w$ ). Lowest concentration of AFB<sub>1</sub> was detected in PELA for both *A. flavus* and *A. parasiticus*, followed by PP and LDPE. For the second objective, peanut samples were separated into two packaging materials, PELA and PP, inoculated directly with *A. flavus* and *A. parasiticus* spores in concentration ranging from  $10^1$  to  $10^6$  spores per ml and stored under temperature of 30°C and relative humidity of 65 and 95% for 42 days (6 weeks). Results showed that significant ( $P < 0.05$ ) response surface models with high coefficient of determinations ( $R^2$ ) with a range from 0.849 to 0.997 were able to be fitted to assess the AFB<sub>1</sub> and AFT formation levels as functions of storage condition variables with more than 84% of variability of AFB<sub>1</sub> and AFT formation could be explained by the significant ( $p < 0.05$ ) nonlinear functions of time and initial spore inoculum levels. The main effects of time and initial spore inoculum level has significant ( $p < 0.05$ ) effect on the formation of both AFB<sub>1</sub> and AFT formation in the artificially inoculated air packed stored peanuts. For PP-

FL 65, PP-AP-65, PELA-FL-65, PELA-AP-65, PP-FL-95, PP-AP-95, PELA-FL-95 and PELA-AP-95 the quadratic effects of both time and initial spore inoculum level showed significant ( $p < 0.05$ ) effect on fungal growth. For the interaction effects, no significant ( $p > 0.05$ ) effect was shown for all experimental runs and that both time and initial spore inoculum level had significant ( $p < 0.05$ ) effect on values of all target AF's and *Aspergillus* spp. growth. Optimum storage conditions for the best reduction of *Aspergillus* spp. growth and AF's formation were able to be identified.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Master Sains

**KESAN PEMBUNGKUSAN DAN PENYIMPANAN KE ATAS *Aspergillus spp.*  
DAN PENGHASILAN AFLATOXIN DALAM KACANG TANAH**

Oleh

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November 2020

**Pengerusi : Profesor Jinap binti Selamat, PhD**  
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Kacang tanah mudah terdedah kepada pencemaran mikotoksin terutamanya aflatoxin, yang merupakan mikotoksin karsinogenik kelas satu yang dihasilkan terutamanya oleh *Aspergillus flavus* dan *Aspergillus parasiticus*. Ia boleh memberi kesan mutagenik dan karsinogenik, lalu menyebabkan pengimunofindasan dan karsinoma hepatogenik. Keadaan suhu dan kelembapan yang tinggi di kawasan tropika dan subtropika menyebabkan kehadiran tahap aflatoxin yang tinggi. Tujuan kajian semasa ini adalah untuk menyasiat a) Kesan penggunaan bahan pembungkusan yang berlainan, suhu dan aktiviti air bagi mengekang penghasilan Aflatoksin B<sub>1</sub> oleh *Aspergillus flavus* dan *A. parasiticus* dalam kacang tanah yang disimpan, b) mengkaji pengoptimuman keadaan penyimpanan yang terbaik bagi pengurangan Aflatoksin B<sub>1</sub>, aflatoksin keseluruhan dan pertumbuhan kulat dalam kacang tanah yang disimpan. Dalam objektif pertama, sampel telah dikutip secara rawak dari pasaraya sekitar Kawasan Serdang, Selangor. Selepas itu, sampel tersebut diasingkan ke dalam tiga bahan penyimpanan (polietilena berketumpatan rendah [LDPE], polipropilena [PP] dan aluminium berlapis polietilena[PELA]), diinokulasi dan disimpan pada suhu 25°C dan 30°C, aktiviti air ( $a_w$ ) 0.80 dan 0.95. Bagi sampel *A. flavus* yang disimpan dalam PELA, tiada AFB<sub>1</sub> dikesan (pengurangan 100%) pada 25°C bagi kedua-dua  $a_w$  yang diuji. Bagi *A. parasiticus* yang disimpan dalam PELA, tiada AFB<sub>1</sub> dikesan pada 25°C (0.85  $a_w$ ) dan 30°C (0.74  $a_w$ ). Konsentrasi AFB<sub>1</sub> terendah dikesan dalam PELA bagi kedua-dua spesies *A. flavus* dan *A. parasiticus*, diikuti oleh PP dan LDPE. Bagi objektif kedua, sampel kacang tanah diasingkan kepada dua bahan pembungkusan, iaitu PELA dan PP, diinokulasi terus dengan spora *A. flavus* and *A. parasiticus* dalam konsentrasi antara 10<sup>1</sup> hingga 10<sup>6</sup> se ml dan disimpan dalam suhu 30°C dan kelembapan relatif 65 dan 95% untuk 42 hari (6 minggu). Keputusan yang diperolehi menunjukkan tindak balas permukaan model yang ketara ( $p < 0.05$ ) dengan pekali penentuan ( $R^2$ ) yang tinggi iaitu julat antara 0.849 hingga 0.997 dapat dimuatkan bagi menilai penghasilan AFB<sub>1</sub> dan AFT sebagai pemboleh ubah keadaan penyimpanan dengan lebih 84% kebolehubahan penghasilan AFB<sub>1</sub> dan AFT boleh diterangkan oleh fungsi tidak linear masa dan tahap penginokulasian spora awal yang ketara ( $p < 0.05$ ). Kesan utama masa dan tahap

penginokulasian spora awal mempunyai kesan yang ketara ( $p < 0.05$ ) ke atas penghasilan kedua-dua AFB<sub>1</sub> dan AFT dalam kacang tanah yang diinokulasi secara tiruan dan dibungkus dalam udara biasa. Bagi PP-FL 65, PP-AP-65, PELA-FL-65, PELA-AP-65, PP-FL-95, PP-AP-95, PELA-FL-95 and PELA-AP-95, kesan kuadratik bagi kedua-dua masa dan tahap penginokulasian spora awal menunjukkan kesan yang ketara ( $p > 0.05$ ) ke atas pertumbuhan kulat. Bagi kesan interaksi, tiada kesan yang ketara ( $p > 0.05$ ) ditunjukkan bagi semua ujian eksperimen dan yang kedua-dua masa dan tahap penginokulasian spora awal mempunyai kesan yang ketara ( $p > 0.05$ ) ke atas nilai semua AF's sasaran dan pertumbuhan *Aspergillus* spp.. Keadaan penyimpanan optimum bagi pengurangan tertinggi pertumbuhan *Aspergillus* spp. dan penghasilan AF's dapat dikenal pasti.



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This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfilment of the requirement for the degree of the Master of Science. The members of the Supervisory Committee were as follows:

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## LIST OF ABBREVIATIONS

AFPA	<i>Aspergillus flavus parasiticus agar</i>
AFB <sub>1</sub>	Aflatoxin B <sub>1</sub>
AFB <sub>2</sub>	Aflatoxin B <sub>2</sub>
AFG <sub>1</sub>	Aflatoxin G <sub>1</sub>
AFG <sub>2</sub>	Aflatoxin G <sub>2</sub>
AFs	Aflatoxins
ANOVA	Analysis of variance
AOAC	Association of Official Analytical Chemists
<i>Aspergillus flavus</i> (FL)	<i>A.flavus</i>
<i>Aspergillus parasiticus</i> (AP)	<i>A.parasiticus</i>
CCD	Central Composite Design
CP	Centre point
EC	European Commission
Em	Emission
Ex	Excitation
FAO	Food and Agricultural Organization
FLD	Fluorescence detection
IAC	Immunoaffinity Column
IARC	International agency for research on cancer
LOD	Limit of detection
LOQ	limit of quantification
ng/ $\mu$ L	Nanogram/ microlitre
ND	not detected

PDA	potato dextrous agar
PE	polyethylene
PELA	polyethylene laminated aluminium
PP	polypropylene
PHRED	photochemical reactor for enhanced detection
Rh	Relative humidity
RSM	Response surface methodology
R <sup>2</sup>	Correlation
R <sup>2</sup> (adj)	Adjusted R <sup>2</sup>
Tween 80	Polysorbitan 80
UV	Ultra Violet
$\lambda$	Wavelength

## CHAPTER 1

### INTRODUCTION

#### 1.1 Background of study

Aflatoxins have attracted a substantial amount of attention over the course of the last four decades. AFs are a class of chemicals which are very potent teratogenic, hepatotoxic, mutagenic and a very well-known carcinogenic to humans. Mycotoxin contamination in food is known to cause both acute and/or chronic health issues in humans and animals alike. The main systemic targets of mycotoxins are organs such as the kidney, liver, immune system and the nervous system (IARC,1993).

The ever presence of aflatoxins in various food is nearly inevitable, in spite of decades of research and proper good manufacturing practices throughout food production, and distribution especially during the storage phase, mycotoxins remain and contaminate wide range of food and feed (Bryden,2007). On a demographic view, the continents that have reported the most amount of human aflatoxicosis are Africa and Asia.

In the context of Malaysia, peanuts are a part of the dietary process. They can be taken in their raw state, although it is more commonly served in its boiled, roasted or salted form (Arya et al., 2016). Leong et al., 2010 reported that adults from the region of Penang take in an average of 0.77g of nuts daily. When comparing among ethnicity, the study showed that Indians consume the single highest amount of peanuts at 0.94g/day. The consumption can cause the consumers to be exposed to a range of levels of AFs, from nanograms to micrograms per day.

As above per mentioned, Malaysia is a region with a rather high peanut consumption rate. The increased mycotoxin contamination of peanuts in tropical region countries puts the consumers in a serious deal of health problems. The extreme hazard brought by AFs to humans has propagated the establishments of proper control and acceptable measures and tolerance levels, both implemented by international organizations and national authoritative bodies. For Malaysia, the maximum allowed levels for total AFs in nuts and nut product are 15 ng/g and at 5 ng/g for spices (MOH, 2004; Malaysian Food Regulation, 1985).

Malaysia possesses a climate of a tropical zone with elevated temperatures and high humidity, that puts peanuts under the stresses of *Aspergillus* spp. and AF's contamination, mainly by *Aspergillus flavus* and *Aspergillus parasiticus*. Peanuts are one of the mainly affected crops by *Aspergillus* spp. due to the fact that this fungi is ubiquitous and the edible section of the peanut plant grows underground making it extra susceptible. Elevated  $a_w$  levels in the food commodity as a result of a direct equilibrium

interaction with the high relative humidity of the surrounding atmosphere further increases the likelihood of *Aspergillus* spp. growth and AF's production (Naresh Magan and Aldred, 2007; Naresh Magan and Lacey, 1984). The ideal temperature range for *Aspergillus* spp. proliferation and aflatoxin production is from 26.7-43.3°C, and a relative humidity of 62-99% (Sumner and Lee, 2012). The combination of high temperatures and increased  $a_w$  results in high proliferation of *Aspergillus* spp. and subsequent AF's production (Medina et al., 2015; Bueno et al., 2004). Packaging plays a vital role in curbing *Aspergillus* spp. growth and AF's production. Peanuts are usually stored in bulk or packed in either jute or polypropylene woven sacks during their storage in farms while at the market places, the shelled peanuts are most common ones to be packed in the above mentioned materials. These packaging materials were found to have an effect on the AF's levels in the stored peanuts (Mutegi et al., 2013). This is due to the above-mentioned packaging materials being non-airtight, with strong evidence that the mentioned storage methods further causing *Aspergillus* spp. proliferation and AF's production (Hell et al., 2000; Udoh et al., 2000). These adversities in conditions requires the need for proper packaging and storage methods of peanuts against the elements, to curb fungal proliferation and aflatoxins in stored peanuts in Malaysia.

## 1.2 Importance of study

Worldwide tainting of peanuts with mycotoxins is a real problem, both in currently developing and well developed countries, being a major issue for human health in whole, added to a very substantial economic detriment. Problems such as loss of human and animal life: healthcare and veterinary care costs, loss of livestock, regulatory and research costs are very much associated with mycotoxin contamination of peanuts. Probst et al. (2007) reported that in 2004, an episode of acute aflatoxicosis killed 125 people in Kenya and in October 1988, a number of children who consumed Chinese noodles; locally known as "loh see fun", succumbed to acute hepatic encephalopathy in the state of Perak (Lye et al., 1995). There have been several reported cases of aflatoxin contamination in Malaysia. Leong, et al. (2011) mentioned that Aflatoxin B<sub>1</sub> (AFB<sub>1</sub>) was detected in 57% of nut and nut related products in Penang with contamination levels ranging from 0.40 to 222µg/kg while Arzandeh et al. (2010) reported that out of 84 raw peanut kernels samples randomly collected from Malaysian supermarkets, 78.57% samples were contaminated with aflatoxin in concentrations ranging from not detected to 79.28ng/g. With the majority of peanut producers, exporters and consumers being situated in tropical climatic regions and *Aspergillus* spp. being a readily available storage fungi, the aspect of packaging and proper storage techniques plays a very important role against *Aspergillus* spp. proliferation and subsequent AF's production. A storage condition of lower relative humidity using the packaging material with the lowest water vapour transmission rate, low permeation to O<sub>2</sub> and high moisture barrier should yield the lowest contamination with *Aspergillus* spp. and subsequent aflatoxin contamination.

### 1.3 Objectives

The objectives of this study were defined as the following:

- i) To investigate the effects of different packaging materials, storage temperatures, and water activities ( $a_w$ ) on aflatoxin B<sub>1</sub> production by *Aspergillus flavus* and *A.parasiticus* in stored peanuts
- ii) To determine the optimum storage conditions for the highest reduction of aflatoxin B<sub>1</sub>, total aflatoxins and fungal growth in stored peanuts.

### 1.4 Research Problems

- i) Malaysia possesses a climate of a tropical zone with elevated temperatures and high humidity, that puts the peanuts under the stresses of *Aspergillus* spp. and AF's contamination, mainly by *Aspergillus flavus* and *Aspergillus parasiticus*.
- ii) These adversities in conditions require the need for proper packaging and storage methods of peanuts against the elements, to curb fungal proliferation and aflatoxins in stored peanuts in Malaysia.



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## LIST OF PUBLICATIONS

- John, J.M., Jinap, S., Nor Khaizura, M.A.R., Samsudin N.I.P., Hanani Z.A.N. (2019) The effects of different packaging materials, temperatures and water activities to control aflatoxin B<sub>1</sub> production by *Aspergillus flavus* and *A. parasiticus* in stored peanuts. *J Food Sci Technol* **56**, 3145–3150 (2019) doi:10.1007/s13197-019-03652-6 – published
- John, J.M., Jinap, S., Nor Khaizura, M.A.R., Samsudin N.I.P., Hanani Z.A.N. The effects of the gas barrier characteristics of different food grade packaging materials, storage time, relative humidity, and inoculum level on the growth of *Aspergillus flavus* and *A. parasiticus* and aflatoxins production in air packed stored peanuts- in preparation for submission



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