

Exploring the dynamic changes between mothers and teenagers through family and school programs

ABSTRACT

This study presents the effects of Family and School Together (FAST) Programme that was executed for the first time as part of a research study under Universiti Putra Malaysia (UPM) and The National Population and Family Development Board (NPFDB) of Ministry of Women, Family and Community Development. The purpose of this study is to explore the dynamic relationship between mothers-children and the community, which includes school involvement in overcoming disciplinary issues. This study employed a qualitative case study design using purposive sampling at an eight-week enrolled programme. Data was collected using in-depth interviews, direct observation and document analysis, triangulated using a multi-source data approach and were analysed using the NVivo 8 software. The research findings indicated that collaborative family and school programs affect the relationship between mothers and teenagers. The FAST program through peers' activities and one to one activity, has shown to increase the element of communication skills and mothers' parenting practices.

Keyword: Program Family and School Together (FAST); Mother; Teenager; Discipline