



UNIVERSITI PUTRA MALAYSIA

***PHYSICOCHEMICAL AND CYTOTOXIC PROPERTIES OF MIXED
PALM OIL-DERIVED CATIONIC SYSTEMS***

YONG XIOU SHUANG

FBSB 2021 10



**PHYSICOCHEMICAL AND CYTOTOXIC PROPERTIES OF MIXED PALM
OIL-DERIVED CATIONIC SYSTEMS**

By

YONG XIOU SHUANG

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in
Fulfilment of the Requirements for the Degree of Doctor of Philosophy**

November 2020

All material contained within the thesis, including without limitation text, logos, icons, photographs and all other artwork, is copyright material of Universiti Putra Malaysia unless otherwise stated. Use may be made of any material contained within the thesis for non-commercial purposes from the copyright holder. Commercial use of material may only be made with the express, prior, written permission of Universiti Putra Malaysia.

Copyright © Universiti Putra Malaysia



Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Doctor of Philosophy

PHYSICOCHEMICAL AND CYTOTOXIC PROPERTIES OF MIXED PALM OIL-DERIVED CATIONIC SYSTEMS

By

YONG XIOU SHUANG

November 2020

Chairman : Assoc Prof Phang Lai Yee, PhD
Faculty : Biotechnology and Biomolecular Sciences

Versatility of surfactants marked its importance in industrial applications. Carboxylic acid derived from oleochemicals is one of the anionic surfactants. In order to diversify its applications, creating new compound with various functionality such as thermal behaviour and surface activity from the existing carboxylic acid is essential. Catanionic surfactant, the new class of surfactant, is attracting much interest due to its superior physicochemical properties. Some catanionic systems even show anti-cancer activities which is making a breakthrough for cancer treatment. The current study aimed to produce catanionic surfactants systems having palm oil-derived materials such as carboxylic acid and to explore some of their physicochemical properties (thermal behaviour and surface activities) and cytotoxicity. Catanionic surfactants systems having different degrees of chain length asymmetry were prepared from cationic quaternary ammonium surfactants (alkyl chain lengths of 12- to 18-carbon) and anionic palm oil-derived carboxylic acids (alkyl chain lengths of 8- to 18-carbon), respectively. The characteristics of neat catanionic surfactants using Fourier Transform Infrared (FTIR) and X-ray diffraction (XRD) confirmed the formation of catanionic surfactants with crystalline structures. The produced catanionic surfactants displayed greater thermal stability with 10% of weight loss at 125.15°C to 216.29°C and up to six thermal phase transition as compared with the parent surfactants, respectively. Similarly, the total change in enthalpy (ΔH) and entropy (ΔS) of catanionic surfactants were higher than their parent surfactants, in the range of 44.32 kJ mol⁻¹ to 157.15 kJ mol⁻¹ and 119.07 J K⁻¹ mol⁻¹ to 409.68 J K⁻¹ mol⁻¹, showing higher thermal stability and changes of molecular motion in the formation of more disordered phase when subjected to heat. Noticeably, the total ΔH and ΔS were closely related with the degree of chain length asymmetry in catanionic surfactant. Surface properties of aqueous catanionic systems were investigated via surface tension measurement. The critical aggregation concentration (CAC) obtained for catanionic systems indicated better self-aggregation capability and ranged from 0.0004 mM to 2.130 mM, at least 70% lower than cationic parent surfactants. The feature was also supported by higher surface excess concentration (Γ_{\max}) of catanionic systems from 1.26 $\times 10^{-6}$ mol m⁻² to 3.82 $\times 10^{-6}$ mol m⁻² and lower minimum area per molecule (A_{\min}) ranging from 43 Å² to 131 Å² that was induced by an effective area reduction of

oppositely charged headgroups. Other than that, cytotoxicity of cationic surfactants and their parent surfactants were tested on both normal fibroblast 3T3 and breast cancer MDA-MB-231 cell lines. Cytotoxicity of cationic surfactants and parent surfactants was found to increase with their alkyl chain length. The $C_{18}TA_{18}$ possessed highest cytotoxicity with half maximal inhibitory concentration (IC_{50}) of $5.9 \mu M \pm 0.3 \mu M$ on normal 3T3 cell line and $4.0 \mu M \pm 0.1 \mu M$ on cancerous MDA-MB-231 cell line. Incorporation of anti-cancer agent into $C_{18}TA_{18}$ was found to exert lower cytotoxicity on 3T3 cell line than the treatment with $C_{18}TA_{18}$ alone, the cytotoxicity was reduced by 1.8-fold to 4.6-fold. In conclusion, palm oil-derived cationic surfactants exhibited enhanced physicochemical and anti-cancer activities, with $C_{18}TA_{18}$ incorporated with anti-cancer agents exhibited potential anti-cancer activities.



Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk Ijazah Doktor Falsafah

PENCIRIAN FIZIKOKIMIA DAN KESITOTOKSIKAN PENCAMPURAN SISTEM KATANIONIK BERASASKAN SAWIT

Oleh

YONG XIOU SHUANG

November 2020

Pengerusi : Prof Madya Phang Lai Yee, PhD
Fakulti : Bioteknologi dan Sains Biomolekul

Surfaktan yang serbaguna merupakan bahan yang sangat penting dalam aplikasi industri. Asid karbosilik yang diperolehi dari oleokimia ialah salah satu surfaktan anionik. Bagi mempelbagaikan aplikasinya, pembentukan sebatian baru dengan pelbagai fungsi seperti prestasi haba dan aktiviti permukaan daripada asid karbosilik yang sedia ada adalah diperlukan. Katanionik surfaktan merupakan kelas surfaktan baharu telah menarik perhatian para penyelidik disebabkan oleh keunikan prestasi haba dan aktiviti permukaan. Malah, segelintir sistem katanionik menunjukkan ciri-ciri anti-kanser yang membawa kemajuan untuk rawatan kanser. Kajian ini bertujuan untuk menghasilkan sistem surfaktan katanionik yang mengandungi bahan berasaskan sawit seperti asid karbosilik dan menerokai beberapa jenis ciri-ciri fizikokimia (prestasi haba dan aktiviti permukaan) dan kesitotoksikan. Sistem surfaktan katanionik yang mempunyai tahap asimetri yang berbeza telah disediakan daripada kationik surfaktan ammonium quaterik (rantai alkil 12- hingga 18-karbon) dan anionik asid karbosilik berasaskan sawit (rantai alkil 8-hingga 18-karbon) masing-masing. Pencirian surfaktan katanionik pejal menggunakan inframerah fourier transformasi (FTIR) dan difraksi sinar-X (XRD) telah mengesahkan pembentukan surfaktan katanionik yang berstruktur kristal. Surfaktan katanionik memaparkan kestabilan haba yang lebih tinggi daripada surfaktan induk dengan pengurangan berat 10% pada suhu antara 125.15°C dan 216.29°C serta mempunyai sehingga enam peralihan fasa haba. Dalam perbandingan dengan surfaktan induk, perubahan jumlah entalpi (ΔH) dan entropi (ΔS) surfaktan katanionik juga telah dipertingkatkan, iaitu dalam lingkungan 44.32 kJ mol⁻¹ hingga 157.15 kJ mol⁻¹ dan 119.07 J K⁻¹ mol⁻¹ hingga 409.68 J K⁻¹ mol⁻¹. Ini juga menunjukkan peningkatan kestabilan haba dan perubahan pergerakan molekul dalam pembentukan fasa yang tidak teratur semasa rawatan haba. Perubahan jumlah ΔH dan ΔS dipengaruhi oleh tahap asimetri surfaktan katanionik. Penilaian ciri-ciri aktiviti permukaan sistem katanionik dilakukan melalui analisis ketegangan permukaan. Kepekatan kritikal pengumpulan (CAC) bagi sistem katanionik telah memaparkan keupayaan penggumpalan diri yang lebih baik dengan sekurang-kurangnya 70% lebih rendah daripada surfaktan induk kationik, antara 0.0004 mM dan 2.130 mM. Data kepekatan berlebihan permukaan (Γ_{max}) dan keluasan minimum bagi setiap molekul (A_{min}) sistem katanionik juga menyokong

hasilan CAC di mana Γ_{\max} adalah antara $1.26 \times 10^{-6} \text{ mol m}^{-2}$ dan $3.82 \times 10^{-6} \text{ mol m}^{-2}$ manakala A_{\min} adalah dari 43 \AA^2 hingga 131 \AA^2 . Kumpulan anionik dan kationik beratur dengan rapat untuk mendorong pengurangan keluasan dengan lebih berkesan. Selain itu, kesitotoksikan surfaktan katanionik dan surfaktan induk diuji pada sel fibroblas normal 3T3 dan sel kanser payudara MDA-MB-231. Kesitotoksikan surfaktan katanionik dan surfaktan induk didapati meningkat dengan peningkatan rantaian alkil. $C_{18}TA_{18}$ merupakan surfaktan katanionik yang mempunyai kesitotoksikan tertinggi dengan kepekatan perencatan maksima separuh (IC_{50}) $5.9 \mu\text{M} \pm 0.3 \mu\text{M}$ pada sel normal 3T3 dan $4.0 \mu\text{M} \pm 0.1 \mu\text{M}$ pada sel kanser MDA-MB-231. Pengabungan agen anti-kanser dalam $C_{18}TA_{18}$ didapati memberi kesitotoksikan yang lebih rendah pada sel 3T3 daripada $C_{18}TA_{18}$, kesitotoksikan dikurangkan sebanyak 1.8 hingga 4.5 kali ganda. Kesimpulannya, surfaktan katanionik berasaskan sawit memaparkan ciri-ciri fizikokimia dan aktiviti anti-kanser yang telah dipertingkatkan di mana $C_{18}TA_{18}$ yang digabungkan dengan agen anti-kanser mempunyai potensi aktiviti anti-kanser.



ACKNOWLEDGEMENTS

This thesis and research project could only be done successfully due to the contributions of many parties throughout the project. First and foremost, I express my sincerest gratitude to my main supervisor, Associate Professor Dr. Phang Lai Yee and co-supervisors, Dr. Lim Wen Huei, Associate Professor Dr. Noorjahan Banu Mohamed Alitheen and Professor Dr. Chuah Cheng Hock for their continuous support, encouragement and excellent guidance throughout the project.

My utmost appreciation also goes to my awesome laboratory seniors and friends, Dr. Voon Phooi Tee, Ms. Ng Yen Teng, Ms. Lee Sin Tien, Ms. Thio Cui Wen, Ms. Nabihah Iran, Ms. Maliya Azilah, Ms. Irmaliyana Norisam and Ms. Saw Mei Huey for all their help, motivation, sharing and caring throughout the study. Additionally, I have benefited from the valuable advice and guidance from Ms. Koh May Zie, Ms. Liyana Yusof and Dr. Noraini regarding cell culture study techniques. Without their support, my experimental work would have been at a standstill. A special thanks to the Animal Tissue Culture Laboratory for the well-equipped cell culture facilities required during this study. I would also like to acknowledge the Malaysian Palm Oil Board that offered me a scholarship and technical support for this study. Without their support and funding, this project could not have reached its goal.

Last but not least, I would like to express my warmest and heartiest thanks to my loving family and wonderful friends who were there giving me unconditional love and endless support throughout it all. It is my pleasure to convey my appreciation and deepest thanks to those who contributed to my project. Thank you.

This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfilment of the requirement for the degree of Doctor of Philosophy. The members of the Supervisory Committee were as follows:

Phang Lai Yee, PhD

Associate Professor
Faculty of Biotechnology and Biomolecular Sciences
Universiti Putra Malaysia
(Chairman)

Noorjahan Banu bt Mohamed Alitheen, PhD

Associate Professor
Faculty of Biotechnology and Biomolecular Sciences
Universiti Putra Malaysia
(Member)

Lim Wen Huei, PhD

Senior Research Officer
Advanced Oleochemical Technology Division
Malaysian Palm Oil Board
(Member)

Chuah Cheng Hock, PhD

Professor
Faculty of Science
University of Malaya
(Member)

ZALILAH MOHD SHARIFF, PhD

Professor and Dean
School of Graduate Studies
Universiti Putra Malaysia

Date:

Declaration by graduate student

I hereby confirm that:

- this thesis is my original work;
- quotations, illustrations and citations have been duly referenced;
- this thesis has not been submitted previously or concurrently for any other degree at any other institutions;
- intellectual property from the thesis and copyright of thesis are fully-owned by Universiti Putra Malaysia, as according to the Universiti Putra Malaysia (Research) Rules 2012;
- written permission must be obtained from supervisor and the office of Deputy Vice-Chancellor (Research and Innovation) before thesis is published (in the form of written, printed or in electronic form) including books, journals, modules, proceedings, popular writings, seminar papers, manuscripts, posters, reports, lecture notes, learning modules or any other materials as stated in the Universiti Putra Malaysia (Research) Rules 2012;
- there is no plagiarism or data falsification/fabrication in the thesis, and scholarly integrity is upheld as according to the Universiti Putra Malaysia (Graduate Studies) Rules 2003 (Revision 2012-2013) and the Universiti Putra Malaysia (Research) Rules 2012. The thesis has undergone plagiarism detection software.

Signature: _____

Date: _____

Name and Matric No.: Yong Xiou Shuang GS40329

Declaration by Members of Supervisory Committee

This is to confirm that:

- the research conducted and the writing of this thesis was under our supervision;
- supervision responsibilities as stated in the Universiti Putra Malaysia (Graduate Studies) Rules 2003 (Revision 2012-2013) are adhered to.

Signature : _____
Name of Chairman of
Supervisory Committee : Assoc. Prof. Dr. Phang Lai Yee

Signature : _____
Name of Member of
Supervisory Committee : Assoc. Prof. Dr. Noorjahan Banu
Mohamed Alitheen

Signature : _____
Name of Member of
Supervisory Committee : Dr. Lim Wen Huei

Signature : _____
Name of Member of
Supervisory Committee : Prof. Dr. Chuah Cheng Hock

TABLE OF CONTENTS

	Page
ABSTRACT	i
ABSTRAK	iii
ACKNOWLEDGEMENTS	v
APPROVAL	vi
DECLARATION	viii
LIST OF TABLES	xiii
LIST OF FIGURES	xiv
LIST OF ABBREVIATIONS	xvii
CHAPTER	
1 INTRODUCTION	1
1.1 Background of Study	1
1.2 Objectives	2
2 LITERATURE REVIEW	3
2.1 Surfactants	3
2.1.1 Types of Surfactants	4
2.1.2 Catanionic Surfactant	5
2.2 Neat Catanionic Surfactants	6
2.2.1 Thermal Stability	6
2.2.2 Thermal Phase Transitions	7
2.2.3 Liquid Crystalline Phases	11
2.3 Aqueous Catanionic Systems	13
2.3.1 Phase Behaviour and Self-Aggregation	13
2.3.2 Surface Properties	17
2.4 Applications of Catanionic Surfactants	20
2.4.1 Pharmaceutical Applications of Catanionic Vesicles	21
2.4.2 Biomedical Relevance of Catanionic Gels	22
2.4.3 Applications of Catanionic Emulsions	23
2.4.4 Catanionic Vesicles in Inorganic Nanostructured Material Synthesis	24
2.4.5 Separation and Purification Processes with Catanionic Systems	24
2.5 Cancer and Anti-Cancer Agents	25
2.5.1 Breast Cancer	25
2.5.2 Palm Vitamin E	28
2.5.3 Curcumin	30
3 CHARACTERIZATION AND THERMAL BEHAVIOUR OF CATANIONIC SURFACTANTS SYSTEMS	32
3.1 Introduction	32
3.2 Materials and Methods	33
3.2.1 Chemicals	33
3.2.2 Preparation of Neat Catanionic Surfactants Systems	33

3.2.3	Thermal Gravimetric Analysis (TGA)	34
3.2.4	Differential Scanning Calorimetry (DSC) Analysis	34
3.2.5	Fourier Transform Infrared (FTIR) Spectroscopy Analysis	35
3.2.6	X-Ray Diffraction (XRD) Analysis	35
3.3	Results and Discussion	35
3.3.1	Thermal Stability of Neat Catanionic Surfactants Systems	35
3.3.2	Thermal Phase Transition of Neat Catanionic Surfactants Systems	40
3.3.3	FTIR Spectroscopy Analysis of Neat Catanionic Surfactants Systems	53
3.3.4	XRD Analysis of Neat Catanionic Surfactants Systems	57
3.4	Conclusion	61
4	SURFACE PROPERTIES OF AQUEOUS CATANIONIC SYSTEMS	62
4.1	Introduction	62
4.2	Materials and Methods	63
4.2.1	Chemicals	63
4.2.2	Preparation of Aqueous Catanionic Systems	63
4.2.3	Surface Tension Measurement	64
4.2.4	Properties at Air-Water Interface	65
4.3	Results and Discussion	66
4.3.1	CAC of Catanionic Systems	66
4.3.2	Adsorption Effectiveness of Catanionic Systems	69
4.4	Conclusion	76
5	ANTI-CANCER POTENTIAL OF CATANIONIC SURFACTANTS SYSTEMS AND COMBINATION WITH OTHER ANTI-CANCER AGENTS	77
5.1	Introduction	77
5.2	Materials and Methods	78
5.2.1	Chemicals and Reagents	78
5.2.2	Cell Lines and Cell Culture	79
5.2.3	Cell Seeding and Treatment	79
5.2.4	MTT Cytotoxicity Assay	80
5.2.5	Combination Index Analysis	81
5.2.6	Statistical Analysis	81
5.3	Results and Discussion	81
5.3.1	Cytotoxicity of Parent Surfactants	81
5.3.2	Cytotoxicity of Catanionic Surfactants Systems	87
5.3.3	Combination Analysis of C ₁₈ TA ₁₈ With Other Anti-Cancer Agents	90
5.4	Conclusion	96
6	SUMMARY, CONCLUSIONS AND RECOMMENDATIONS FOR FUTURE RESEARCH	97
6.1	Summary	97

6.2	Conclusions	98
6.3	Recommendations for Future Research	98

REFERENCES	100
APPENDICES	133
BIODATA OF STUDENT	147
LIST OF PUBLICATIONS	148



LIST OF TABLES

Table		Page
2.1	Characteristics of breast cancer cell lines	27
3.1	Onset temperature at 10% weight loss of cationic surfactants	38
3.2	Total ΔH of cationic surfactants obtained from DSC heating scans	51
3.3	Total ΔS of cationic surfactants obtained from DSC heating scans	52
3.4	Small angle XRD basic lamellar spacing of parent surfactants	57
3.5	Small angle XRD basic lamellar spacing of C_nTA_m	59
3.6	Small angle XRD basic lamellar spacing of C_nTAC_m	60
4.1	Stock solution concentration of cationic systems	64
5.1	IC_{50} of cationic parent surfactants on 3T3 and MDA-MB-231 cell lines	82
5.2	IC_{50} of anionic parent surfactants on 3T3 and MDA-MB-231 cell lines	82
5.3	IC_{50} of cationic surfactants on 3T3 cell line	87
5.4	IC_{50} of cationic surfactants on MDA-MB-231 cell line	88
5.5	IC_{50} of TRF and curcumin on 3T3 and MDA-MB-231 cell lines	91
5.6	Combination Index of different weight ratios of TRF: $C_{18}TA_{18}$ and curcumin: $C_{18}TA_{18}$ on 3T3 and MDA-MB-231 cell lines	93

LIST OF FIGURES

Figure		Page
2.1	Schematic drawing of surfactant molecule	3
2.2	Schematic illustration of different types of surfactants	6
2.3	Schematic diagram of 1-1 cross-layer interactions (dotted lines) and 1-2 in-plane chain interactions (dashed lines) between catanionic surfactants in bilayers	9
2.4	Schematic diagram of long spacing, d and tilt angle of alkyl chains with respect to the layer plane, α when lamellar crystal catanionic surfactant was subjected to heat	11
2.5	Examples of common self-aggregation structures	14
2.6	Arrangement of surfactant molecules at air-water interface with increasing surfactant concentration	18
3.1	Onset temperature at 10% of weight loss of cationic and anionic parent surfactants	36
3.2	Onset temperature at 10% of weight loss of symmetry catanionic surfactants	40
3.3	Transition temperature, total ΔH and ΔS of cationic parent surfactants TA_m and TAC_m , where $m = 12, 14, 16$ and 18	41
3.4	Transition temperature, total ΔH and ΔS of anionic parent surfactants C_n , where $n = 8, 12, 14, 16$ and 18	42
3.5	DSC thermogram of C_8TA_m and C_8TAC_m , where $m = 12, 14, 16$ and 18	44
3.6	DSC thermogram of $C_{10}TA_m$ and $C_{10}TAC_m$, where $m = 12, 14, 16$ and 18	45
3.7	DSC thermogram of $C_{12}TA_m$ and $C_{12}TAC_m$, where $m = 12, 14, 16$ and 18	46
3.8	DSC thermogram of $C_{14}TA_m$ and $C_{14}TAC_m$, where $m = 12, 14, 16$ and 18	47
3.9	DSC thermogram of $C_{16}TA_m$ and $C_{16}TAC_m$, where $m = 12, 14, 16$ and 18	48
3.10	DSC thermogram of $C_{18}TA_m$ and $C_{18}TAC_m$, where $m = 12, 14, 16$ and 18	49

3.11	FTIR absorption spectra of TA_m , TAC_m , C_nTA_m , C_nTAC_m , and C_n at room temperature, where $m = 12, 14, 16$ and 18 while $n = 8, 10, 12, 14, 16$ and 18	54
3.12	Example of small angle XRD patterns for $C_{18}TA_m$ and $C_{18}TAC_m$ at 25°C , where $m = 12, 14, 16$ and 18	58
4.1	Schematic diagram of surface tension measurement using the du Nouy ring method	64
4.2	Example of determination of CAC value for $C_{10}TA_{12}$	65
4.3	CAC of C_nTA_m and C_nTAC_m at 25°C , where $m = 12, 14$ and 16 while $n = 8, 10, 12, 14, 16$ and 18	67
4.4	Γ_{\max} of C_nTA_m and C_nTAC_m at 25°C , where $m = 12, 14$ and 16 while $n = 8, 10, 12, 14, 16$ and 18	70
4.5	A_{\min} of C_nTA_m and C_nTAC_m at 25°C , where $m = 12, 14$ and 16 while $n = 8, 10, 12, 14, 16$ and 18	71
4.6	Π_{CAC} of C_nTA_m and C_nTAC_m at 25°C , where $m = 12, 14$ and 16 while $n = 8, 10, 12, 14, 16$ and 18	74
5.1	Cell density of 3T3 and MDA-MB-231 cell lines after 24 hours treatment with $6.25 \mu\text{M}$ of cationic parent surfactants TA_m where $m = 12, 14, 16$ and 18 under $4\times$ magnification	84
5.2	Cell density of 3T3 and MDA-MB-231 cell lines after 24 hours treatment with $6.25 \mu\text{M}$ of cationic parent surfactants TAC_m where $m = 12, 14, 16$ and 18 under $4\times$ magnification	85
5.3	Cell density of 3T3 and MDA-MB-231 cell lines after 24 hours treatment with $125 \mu\text{M}$ of anionic parent surfactants C_n where $n = 8, 10, 12, 14, 16$ and 18 under $4\times$ magnification	86
5.4	IC_{50} of TA_{16} , TA_{18} , C_nTA_{16} and C_nTA_{18} on MDA-MB-231 cell line after 24 hours treatment where $n = 8, 10, 12, 14, 16$ and 18	90
5.5	IC_{50} of TA_{16} , TA_{18} , $C_{18}TA_{16}$ and $C_{18}TA_{18}$ on 3T3 and MDA-MB-231 cell lines after 24 hours treatment	90
5.6	IC_{50} of TA_{18} , different weight ratios of TRF: $C_{18}TA_{18}$ and curcumin: $C_{18}TA_{18}$ on 3T3 cell line after 24 hours treatment	91
5.7	IC_{50} of TA_{18} , different weight ratios of TRF: $C_{18}TA_{18}$ and curcumin: $C_{18}TA_{18}$ on MDA-MB-231 cell line after 24 hours treatment	92

- 5.8 Cell density of 3T3 and MDA-MB-231 cell lines after 24 hours treatment with 6.25 μM of different weight ratios TRF:C₁₈TA₁₈ under 4 \times magnification 94
- 5.9 Cell density of 3T3 and MDA-MB-231 cell lines after 24 hours treatment with 6.25 μM of C₁₈TA₁₈ and different weight ratios curcumin:C₁₈TA₁₈ respective to untreated control under 4 \times magnification 95



LIST OF ABBREVIATIONS

A_{\min}	Minimum area per molecule
CAC	Critical aggregation concentration
CMC	Critical micelle concentration
C_8	Octanoic acid
C_{10}	Decanoic acid
C_{12}	Dodecanoic acid
C_{14}	Tetradecanoic acid
C_{16}	Hexadecenoic acid
C_{18}	Octadecanoic acid
DNA	Deoxyribonucleic acid
DSC	Differential scanning calorimetry
FTIR	Fourier Transform Infrared
HEPES	4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid
IC_{50}	Half maximal inhibitory concentration
MES	2-(N-morpholino)ethanesulfonic acid
MTT	3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide
rpm	Revolutions per minute
SDS	Sodium dodecylsulfate
TA_{16}	Hexadecyltrimethylammonium bromide
TAC_m	Alkyltrimethylammonium chloride, where $m = 12, 14, 16$ and 18
TA_m	Alkyltrimethylammonium bromide, where $m = 12, 14, 16$ and 18
TGA	Thermal gravimetric analysis
TRF	Tocotrienol rich fraction
USA	United States of America

XRD	X-ray diffraction
Π_{CAC}	Surface pressure at CAC
Γ_{max}	Surface excess concentration
ΔH	Change in enthalpy
ΔS	Change in entropy



CHAPTER 1

INTRODUCTION

1.1 Background of Study

Oleochemicals are chemicals derived directly or indirectly from natural oils or animal fats by different oil breaking processes. The basic oleochemicals produced are carboxylic acids, glycerine, fatty alcohols, fatty methyl esters and fatty amines. Plant-based oleochemicals present as abundant, cheap, biodegradable and renewable resources for sustainable development (Salimon et al., 2012). Increasing demand of biodegradable or sustainable products to replace petrochemicals has driven the global oleochemical markets. Oleochemicals are commonly involved in surfactants, personal care, food additives, agrochemical and biodiesel applications. The global market of surfactants has experienced steady growth in the past years and is forecasted to grow by 5.4% annually from 2018 to 2025 (Shastri and Sumant, 2018).

Surfactants are versatile products with various industrial applications such as oil recovery, detergents, cosmetics, automobiles, paints, dyestuffs, fibers, plastics, agrochemicals, pharmaceuticals. Nowadays, applications of surfactants have extended to high technology areas including biotechnology, nanotechnology, electronic printing, microelectronics and magnetic recording. For industrial applications, especially in cleaning and detergency, surfactants are often commercialized in the form of mixtures. Surfactants in single pure form is not required because surfactant mixtures are much more economical and efficient for cleaning and detergency purpose. Researchers studied on mixed surfactant systems and discovered their interesting surface activity (Wang et al., 2019; Tomašić and Mihelj, 2017; Murphy and Taggart, 2002). Catanionic surfactants, a relatively new class of surfactants produced from the mixing of two oppositely charged ionic surfactants at equimolar ratio are firstly introduced by Jokela and co-workers in 1987 (Jokela et al., 1987). The two charged headgroup of catanionic surfactant are held together by strong electrostatic interactions. Due to this strong ionic pairing of oppositely charged surfactants, catanionic surfactants that formed were similar to those double-chain surfactants (Dew et al., 2008; Šegota and Težak, 2006; Kaler et al., 1992).

Catanionic surfactants give extraordinary thermal and surface behaviour. Catanionic surfactants usually form liquid crystal phase upon heat treatment due to possible conformational and positional disorder of the alkyl chains and two-dimensional disordering of the surfactant headgroup layers. Liquid crystals are widely applied in smart devices, sensors, video screens, semiconductor quantum dots and solar cells (Chen et al., 2017; Kumar and Kumar, 2017; Lagerwall and Scalia, 2012; Mirzaei et al., 2012). Catanionic surfactants provide a future prospect in application of liquid crystal. Other than that, aqueous catanionic surfactants also give better surface activity and display rich self-aggregation phase behaviour. One of the most interesting features is the ability of catanionic surfactants to form aggregates at lower concentration compared with their individual surfactants, giving a lower critical aggregation concentration (CAC) or critical micelles concentration (CMC) values (Bryant et al., 2019; Jiang et al., 2014b; Pucci et

al., 2014; Wong et al., 2012; Silva et al., 2007), indicating higher surfactant adsorption efficiency and effectiveness.

Two major factors contribute to different thermal and surface behaviour of cationic surfactants from molecular structure aspect are electrostatic interactions of hydrophilic headgroup (Marques et al., 2006; Silva and Marques, 2005; Vill et al., 2000; Salkar et al., 1998) and hydrophobic interactions between alkyl chain (Tomašić and Mihelj, 2017; Mihelj et al., 2014b; Matos et al., 2013; Marques et al., 2003). In other words, rich phase behaviour containing aggregates of particular shape and size is the product of fine balance between electrostatic interaction and packing properties. Hence, cationic surfactants with desirable properties and structure can be tailored made by modifying the nature of the components to give different hydrogen bonding networks, electrostatic effect, surfactant molecular size and geometry.

Malaysia is the largest palm oil producer and exporter in the world after Indonesia (Kushairi et al., 2018; Oosterveer, 2015). Undoubtedly, the economy of Malaysia, mainly driven by the palm oil industry as well as the oleochemical industry, which have contributed 20% to the global capacity as one of the major producers (Kushairi et al., 2019). Carboxylic acids are one of the major basic oleochemical produced from palm oil. It has vast diversity of applications but at the same time facing huge competition from other oleochemicals and vegetable oils. As such, creating a new chemical compound from the existing basic oleochemical to fine chemical that have different functionality is vital. Cationic systems derived from carboxylic acid is one of the possible new compounds that exhibited various functionalities such as thermal behaviour, surface activity and anti-cancer activities.

So far, involvement of palm oil-derived carboxylic acids and quaternary ammonium surfactants in cationic surfactants is scarcely reported and has not been investigated extensively. Therefore, studies on palm oil-derived cationic systems are possible to produce value-added products from basic oleochemicals and further promotes the growth of oleochemical industry. This study was carried out to determine the physicochemical and *in vitro* cytotoxic properties of palm oil-derived cationic systems with different degree of chain length asymmetry.

1.2 Objectives

This study aimed to produce new palm oil-derived cationic systems with different degree of chain length asymmetry and investigate their physicochemical and cytotoxic properties. The specific objectives are:

1. To produce and study the thermal properties of neat palm oil-derived cationic surfactants with different degree of chain length asymmetry;
2. To evaluate the surface properties of palm oil-derived cationic systems with different degree of chain length asymmetry in aqueous and
3. To determine the cytotoxicity of palm oil-derived cationic surfactants and combination effect with different weight ratios of anti-cancer agents on the breast cancer cell line MDA-MB-231.

REFERENCES

- Abdallah, D. J., Robertson, A., Hsu, H.-F. and Weiss, R. G. 2000. Smectic Liquid-Crystalline Phases of Quaternary Group VA (Especially Phosphonium) Salts with Three Equivalent Long N-Alkyl Chains. How Do Layered Assemblies Form in Liquid-Crystalline and Crystalline Phases? *Journal of the American Chemical Society*, 122, 3053-3062.
- Abecassis, B., Testard, F. and Zemb, T. 2009. Gold Nanoparticle Synthesis in Worm-Like Catanionic Micelles: Microstructure Conservation and Temperature Induced Recovery. *Soft Matter*, 5, 974-978.
- Abezgauz, L., Kuperkar, K., Hassan, P. A., Ramon, O., Bahadur, P. and Danino, D. 2010. Effect of Hofmeister Anions on Micellization and Micellar Growth of the Surfactant Cetylpyridinium Chloride. *Journal of Colloid and Interface Science*, 342, 83-92.
- Aiello, C., Andreozzi, P., La Mesa, C. and Risuleo, G. 2010. Biological Activity of Sds-Ctab Cat-Anionic Vesicles in Cultured Cells and Assessment of Their Cytotoxicity Ending in Apoptosis. *Colloids and Surfaces B: Biointerfaces*, 78, 149-154.
- Al-Ali, F., Brun, A., Rodrigues, F., Etemad-Moghadam, G. and Rico-Lattes, I. 2003. New Catanionic Amphiphiles Derived from the Associative Systems (A-Hydroxyalkyl)-Phosphinic or (A-Hydroxyalkyl)-Phosphonic Acid/Cetyltrimethylammonium Hydroxide. Preparation, Characterization, and Self-Organization Properties. *Langmuir*, 19, 6678-6684.
- Alam, M. S. and Mandal, A. B. 2012. Thermodynamic Studies on Mixed Micellization of Amphiphilic Drug Amitriptyline Hydrochloride and Nonionic Surfactant Triton X-100. *Journal of Molecular Liquids*, 168, 75-79.
- Aldhirgham, T., Henderson, K., Nigam, P. and Owusu-Apenten, R. K. 2016. A Combination of Curcumin from Turmeric and Alpha-Linolenic Acid Shows Antagonism with MCF-7 Breast Cancer Cells in Phenol-Red Free Medium. *Journal of Applied Life Sciences International*, 10, 1-12.
- Ali, S. F. and Woodman, O. L. 2015. Tocotrienol Rich Palm Oil Extract Is More Effective Than Pure Tocotrienols at Improving Endothelium-Dependent Relaxation in the Presence of Oxidative Stress. *Oxidative Medicine and Cellular Longevity*, 2015, 10.
- Alva, G., Huang, X., Liu, L. and Fang, G. 2017. Synthesis and Characterization of Microencapsulated Myristic Acid-Palmitic Acid Eutectic Mixture as Phase Change Material for Thermal Energy Storage. *Applied Energy*, 203, 677-685.
- Alwadani, N. and Fatehi, P. 2018. Synthetic and Lignin-Based Surfactants: Challenges and Opportunities. *Carbon Resources Conversion*, 1, 126-138.

- Andrienko, D. 2018. Introduction to Liquid Crystals. *Journal of Molecular Liquids*, 267, 520-541.
- Aripin, N. F. K., Park, J. W. and Park, H. J. 2012. Preparation of Vesicle Drug Carrier from Palm Oil- and Palm Kernel Oil-Based Glycosides. *Colloids and Surfaces B: Biointerfaces*, 95, 144-153.
- Arriaga, L. R., Varade, D., Carriere, D., Drenckhan, W. and Langevin, D. 2013. Adsorption, Organization, and Rheology of Cationic Layers at the Air/Water Interface. *Langmuir*, 29, 3214-3222.
- Aslanzadeh, S. and Yousefi, A. 2014. The Effect of Ethanol on Nanostructures of Mixed Cationic and Anionic Surfactants. *Journal of Surfactants and Detergents*, 17, 709-716.
- Atanasov, A. G., Waltenberger, B., Pferschy-Wenzig, E.-M., Linder, T., Wawrosch, C., Uhrin, P., Temml, V., Wang, L., Schwaiger, S., Heiss, E. H., Rollinger, J. M., Schuster, D., Breuss, J. M., Bochkov, V., Mihovilovic, M. D., Kopp, B., Bauer, R., Dirsch, V. M. and Stuppner, H. 2015. Discovery and Resupply of Pharmacologically Active Plant-Derived Natural Products: A Review. *Biotechnology Advances*, 33, 1582-1614.
- Awada, H. and Daneault, C. 2015. Chemical Modification of Poly(Vinyl Alcohol) in Water. *Applied Sciences*, 5, 840-850.
- Bahri, M. A., Hoebeke, M., Grammenos, A., Delanaye, L., Vandewalle, N. and Seret, A. 2006. Investigation of Sds, Dtab and Ctab Micelle Microviscosities by Electron Spin Resonance. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 290, 206-212.
- Bar-Sela, G., Epelbaum, R. and Schaffer, M. 2010. Curcumin as an Anti-Cancer Agent: Review of the Gap between Basic and Clinical Applications. *Current Medicinal Chemistry*, 17, 190-197.
- Baran, J., Drozd, M., Gavrilko, T. and Styopkin, V. 2014. Structure, Molecular Dynamics, and Thermotropic Properties of Stearic Acid-Ctab Cationic Surfactants with Different Molar Ratios. *Ukrainian Journal of Physics*, 59, 303-312.
- Bazylińska, U., Kulbacka, J. and Wilk, K. A. 2014. Dicephalic Ionic Surfactants in Fabrication of Biocompatible Nanoemulsions: Factors Influencing Droplet Size and Stability. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 460, 312-320.
- Béalle, G., Jestin, J. and Carrière, D. 2011. Osmotically Induced Deformation of Capsid-Like Icosahedral Vesicles. *Soft Matter*, 7, 1084-1089.
- Bergström, L. M. and Bramer, T. 2008. Synergistic Effects in Mixtures of Oppositely Charged Surfactants as Calculated from the Poisson-Boltzmann Theory: A Comparison between Theoretical Predictions and Experiments. *Journal of Colloid and Interface Science*, 322, 589-595.

- Bergström, M. and Pedersen, J. S. 1999. Formation of Tablet-Shaped and Ribbonlike Micelles in Mixtures of an Anionic and a Cationic Surfactant. *Langmuir*, 15, 2250-2253.
- Bezrodna, T., Puchkovska, G., Styopkin, V. and Baran, J. 2009. Structure of Cetyltrimethylammonium Bromide Films Obtained by Evaporation-Induced Precipitation Method. *Thin Solid Films*, 517, 1759-1764.
- Binnemans, K. 2005. Ionic Liquid Crystals. *Chemical Reviews*, 105, 4148-4204.
- Birdi, K. S. 2016. *Handbook of Surface and Colloid Chemistry*, Florida, CRC Press
- Blesic, M., Swadzba-Kwasny, M., Holbrey, J. D., Canongia Lopes, J. N., Seddon, K. R. and Rebelo, L. P. N. 2009. New Catanionic Surfactants Based on 1-Alkyl-3-Methylimidazolium Alkylsulfonates, $[C_nH_{2n+1}mim][C_mH_{2m+1}SO_3]$: Mesomorphism and Aggregation. *Physical Chemistry Chemical Physics*, 11, 4260-4268.
- Bonilha, J. B. S., Georgetto, R. M. Z., Abuin, E., Lissi, E. and Quina, F. 1990. Exchange between Alkylammonium and Sodium Ions at the Surface of Dodecylsulfate Micelles. *Journal of Colloid and Interface Science*, 135, 238-245.
- Bordoloi, D. and Kunnumakkara, A. B. 2018. Chapter 2 - the Potential of Curcumin: A Multitargeting Agent in Cancer Cell Chemosensitization. In: BHARTI, A. C. and AGGARWAL, B. B. (eds.) *Role of Nutraceuticals in Cancer Chemosensitization*. Academic Press.
- Borodko, Y., Jones, L., Lee, H., Frei, H. and Somorjai, G. 2009. Spectroscopic Study of Tetradecyltrimethylammonium Bromide Pt-C₁₄TAB Nanoparticles: Structure and Stability. *Langmuir*, 25, 6665-6671.
- Bouchal, R., Hamel, A., Hesemann, P., In, M., Prelot, B. and Zajac, J. 2016. Micellization Behavior of Long-Chain Substituted Alkylguanidinium Surfactants. *International Journal of Molecular Sciences*, 17, 223-238.
- Bradley, A. E., Hardacre, C., Holbrey, J. D., Johnston, S., Mcmath, S. E. J. and Nieuwenhuyzen, M. 2002. Small-Angle X-Ray Scattering Studies of Liquid Crystalline 1-Alkyl-3-Methylimidazolium Salts. *Chemistry of Materials*, 14, 629-635.
- Bramer, T., Dew, N. and Edsman, K. 2006. Catanionic Mixtures Involving a Drug: A Rather General Concept That Can Be Utilized for Prolonged Drug Release from Gels. *Journal of Pharmaceutical Sciences*, 95, 769-780.
- Bramer, T., Frenning, G., Gråsjö, J., Edsman, K. and Hansson, P. 2009. Implications of Regular Solution Theory on the Release Mechanism of Catanionic Mixtures from Gels. *Colloids and Surfaces B: Biointerfaces*, 71, 214-225.
- Bramer, T., Paulsson, M., Edwards, K. and Edsman, K. 2003. Catanionic Drug-Surfactant Mixtures: Phase Behavior and Sustained Release from Gels. *Pharmaceutical Research*, 20, 1661-1667.

- Brasher, L. L., Herrington, K. L. and Kaler, E. W. 1995. Electrostatic Effects on the Phase Behavior of Aqueous Cetyltrimethylammonium Bromide and Sodium Octyl Sulfate Mixtures with Added Sodium Bromide. *Langmuir*, 11, 4267-4277.
- Bray, F., Ferlay, J., Soerjomataram, I., Siegel, R. L., Torre, L. A. and Jemal, A. 2018. Global Cancer Statistics 2018: Globocan Estimates of Incidence and Mortality Worldwide for 36 Cancers in 185 Countries. *CA: A Cancer Journal for Clinicians*, 68, 394-424.
- Brito, R. O., Marques, E. F., Silva, S. G., Do Vale, M. L., Gomes, P., Araújo, M. J., Rodriguez-Borges, J. E., Infante, M. R., Garcia, M. T., Ribosa, I., Vinardell, M. P. and Mitjans, M. 2009. Physicochemical and Toxicological Properties of Novel Amino Acid-Based Amphiphiles and Their Spontaneously Formed Catanionic Vesicles. *Colloids and Surfaces B: Biointerfaces*, 72, 80-87.
- Brouckaert, O., Wildiers, H., Floris, G. and Neven, P. 2012. Update on Triple-Negative Breast Cancer: Prognosis and Management Strategies. *International Journal of Women's Health*, 4, 511-520.
- Brown, P., Butts, C., Dyer, R., Eastoe, J., Grillo, I., Guittard, F., Rogers, S. and Heenan, R. 2011. Anionic Surfactants and Surfactant Ionic Liquids with Quaternary Ammonium Counterions. *Langmuir*, 27, 4563-4571.
- Brown, P., Butts, C. P., Eastoe, J., Grillo, I., James, C. and Khan, A. 2013. New Catanionic Surfactants with Ionic Liquid Properties. *Journal of Colloid and Interface Science*, 395, 185-189.
- Bryant, S. J., Jafta, C. J., Atkin, R., Gradzielski, M. and Warr, G. G. 2019. Catanionic and Chain-Packing Effects on Surfactant Self-Assembly in the Ionic Liquid Ethylammonium Nitrate. *Journal of Colloid and Interface Science*, 540, 515-523.
- Burdall, S. E., Hanby, A. M., Lansdown, M. R. J. and Speirs, V. 2003. Breast Cancer Cell Lines: Friend or Foe? *Breast Cancer Research*, 5, 89-95.
- Calaf, G. M., Ponce-Cusi, R. and Carrion, F. 2018. Curcumin and Paclitaxel Induce Cell Death in Breast Cancer Cell Lines. *Oncology Reports*, 40, 2381-2388.
- Carnero Ruiz, C., Molina-Bolívar, J., Aguiar, J., Macisaac, G., Moroze, S. and Palepu, R. 2003. Effect of Ethylene Glycol on the Thermodynamic and Micellar Properties of Tween 20. *Colloid and Polymer Science*, 281, 531-541.
- Casla, S., Hojman, P., Márquez-Rodas, I., López-Tarruella, S., Jerez, Y., Barakat, R. and Martín, M. 2015. Running Away from Side Effects: Physical Exercise as a Complementary Intervention for Breast Cancer Patients. *Clinical and Translational Oncology*, 17, 180-196.
- Chan, K. S., Koh, C. G. and Li, H. Y. 2012. Mitosis-Targeted Anti-Cancer Therapies: Where They Stand. *Cell Death and Disease*, 3, e411.

- Chang, C. C., Fu, C. F., Yang, W. T., Chen, T. Y. and Hsu, Y. C. 2012. The Cellular Uptake and Cytotoxic Effect of Curcuminoids on Breast Cancer Cells. *Taiwanese Journal of Obstetrics Gynecology*, 51, 368-374.
- Cheah, Y. H., Nordin, F. J., Sarip, R., Tee, T. T., Azimahtol, H. L. P., Sirat, H. M., Rashid, B. a. A., Abdullah, N. R. and Ismail, Z. 2009. Combined Xanthorrhizol-Curcumin Exhibits Synergistic Growth Inhibitory Activity Via Apoptosis Induction in Human Breast Cancer Cells Mda-Mb-231. *Cancer Cell International*, 9, 1.
- Chebrolov, V. T. and Kim, H.-J. 2019. Recent Progress in Quantum Dot Sensitized Solar Cells: An Inclusive Review of Photoanode, Sensitizer, Electrolyte, and the Counter Electrode. *Journal of Materials Chemistry C*, 7, 4911-4933.
- Chen, H., He, J. and Wu, S. 2017. Recent Advances on Quantum-Dot-Enhanced Liquid-Crystal Displays. *IEEE Journal of Selected Topics in Quantum Electronics*, 23, 1-11.
- Cheng, A. L., Hsu, C. H., Lin, J. K., Hsu, M. M., Ho, Y. F., Shen, T. S., Ko, J. Y., Lin, J. T., Lin, B. R., Ming-Shiang, W., Yu, H. S., Jee, S. H., Chen, G. S., Chen, T. M., Chen, C. A., Lai, M. K., Pu, Y. S., Pan, M. H., Wang, Y. J., Tsai, C. C. and Hsieh, C. Y. 2001. Phase I Clinical Trial of Curcumin, a Chemopreventive Agent, in Patients with High-Risk or Pre-Malignant Lesions. *Anticancer Research*, 21, 2895-2900.
- Chernomordik, B. D., Marshall, A. R., Pach, G. F., Luther, J. M. and Beard, M. C. 2017. Quantum Dot Solar Cell Fabrication Protocols. *Chemistry of Materials*, 29, 189-198.
- Chiu, T. L. and Su, C. C. 2009. Curcumin Inhibits Proliferation and Migration by Increasing the Bax to Bcl-2 Ratio and Decreasing Nf-Kappabp65 Expression in Breast Cancer Mda-Mb-231 Cells. *International Journal of Molecular Medicine*, 23, 469-475.
- Chou, T.-C. 2006. Theoretical Basis, Experimental Design, and Computerized Simulation of Synergism and Antagonism in Drug Combination Studies. *Pharmacological Reviews*, 58, 621-681.
- Chou, T.-C. 2018. The Combination Index ($C_i < 1$) as the Definition of Synergism and of Synergy Claims. *Synergy*, 7, 49-50.
- Chou, T.-C. and Talalay, P. 1984. Quantitative Analysis of Dose-Effect Relationships: The Combined Effects of Multiple Drugs or Enzyme Inhibitors. *Advances in Enzyme Regulation*, 22, 27-55.
- Chou, T.-H., Lin, Y.-S., Li, W.-T. and Chang, C.-H. 2008. Phase Behavior and Morphology of Equimolar Mixed Cationic-Anionic Surfactant Monolayers at the Air/Water Interface: Isotherm and Brewster Angle Microscopy Analysis. *Journal of Colloid and Interface Science*, 321, 384-392.

- Chou, T. C. 2010. Drug Combination Studies and Their Synergy Quantification Using the Chou-Talalay Method. *Cancer Research*, 70, 440-446.
- Choudhary, M. and Grover, K. 2019. Palm (*Elaeis Guineensis* Jacq.) Oil. In: RAMADAN, M. F. (ed.) *Fruit Oils: Chemistry and Functionality*. Basel: Springer International Publishing.
- Clint, J. H. 1992. *Surfactant Aggregation*, London, Blackie Publishing Group.
- Coates, J. 2000. Interpretation of Infrared Spectra, a Practical Approach. In: MEYERS, R. A. (ed.) *Encyclopedia of Analytical Chemistry: Applications, Theory and Instrumentation*. Chichester: John Wiley & Sons, Ltd.
- Coates, J. 2006. Interpretation of Infrared Spectra, a Practical Approach. In: MEYERS, R. A. (ed.) *Encyclopedia of Analytical Chemistry: Applications, Theory and Instrumentation*. Chichester: John Wiley & Sons, Ltd.
- Colomer, A., Pinazo, A., García, M. T., Mitjans, M., Vinardell, M. P., Infante, M. R., Martínez, V. and Pérez, L. 2012. Ph-Sensitive Surfactants from Lysine: Assessment of Their Cytotoxicity and Environmental Behavior. *Langmuir*, 28, 5900-5912.
- Comitato, R., Ambra, R. and Virgili, F. 2017. Tocotrienols: A Family of Molecules with Specific Biological Activities. *Antioxidants*, 6.
- Comitato, R., Leoni, G., Canali, R., Ambra, R., Nesaretnam, K. and Virgili, F. 2010. Tocotrienols Activity in MCF-7 Breast Cancer Cells: Involvement of ErbB2 Signal Transduction. *Molecular Nutrition Food Research*, 54, 669-678.
- Comitato, R., Nesaretnam, K., Leoni, G., Ambra, R., Canali, R., Bolli, A., Marino, M. and Virgili, F. 2009. A Novel Mechanism of Natural Vitamin E Tocotrienol Activity: Involvement of ErbB2 Signal Transduction. *American Journal of Physiology Endocrinology and Metabolism*, 297, E427-E437.
- Consola, S., Blanzat, M., Perez, E., Garrigues, J.-C., Bordat, P. and Rico-Lattes, I. 2007. Design of Original Bioactive Formulations Based on Sugar-Surfactant/Non-Steroidal Anti-Inflammatory Cationic Self-Assemblies: A New Way of Dermal Drug Delivery. *Chemistry – A European Journal*, 13, 3039-3047.
- Costa, M. C., Sardo, M., Rolemberg, M. P., Ribeiro-Claro, P., Meirelles, A. J. A., Coutinho, J. a. P. and Krähenbühl, M. A. 2009. The Solid-Liquid Phase Diagrams of Binary Mixtures of Consecutive, Even Saturated Fatty Acids: Differing by Four Carbon Atoms. *Chemistry and Physics of Lipids*, 157, 40-50.
- Cowan-Ellsberry, C., Belanger, S., Dorn, P., Dyer, S., Mcavoy, D., Sanderson, H., Versteeg, D., Ferrer, D. and Stanton, K. 2014. Environmental Safety of the Use of Major Surfactant Classes in North America. *Critical Reviews in Environmental Science and Technology*, 44, 1893-1993.

- D'archivio, M., Filesi, C., Vari, R., Scazzocchio, B. and Masella, R. 2010. Bioavailability of the Polyphenols: Status and Controversies. *International Journal of Molecular Sciences*, 11, 1321-1342.
- Dai, X., Cheng, H., Bai, Z. and Li, J. 2017. Breast Cancer Cell Line Classification and Its Relevance with Breast Tumor Subtyping. *Journal of Cancer*, 8, 3131-3141.
- Danoff, E. J., Wang, X., Tung, S.-H., Sinkov, N. A., Kemme, A. M., Raghavan, S. R. and English, D. S. 2007. Surfactant Vesicles for High-Efficiency Capture and Separation of Charged Organic Solutes. *Langmuir*, 23, 8965-8971.
- Das, S., Lekli, I., Das, M., Szabo, G., Varadi, J., Juhasz, B., Bak, I., Nesaretam, K., Tosaki, A., Powell, S. R. and Das, D. K. 2008. Cardioprotection with Palm Oil Tocotrienols: Comparison of Different Isomers. *American Journal of Physiology-Heart and Circulatory Physiology*, 294, H970-H978.
- Demus, D., Goodby, J. W., Gray, G. W., Spiess, H.-W. and Vill, V. 1998. *Handbook of Liquid Crystals*, Weinheim, Wiley-VCH.
- Derenne, A., Van Hemelryck, V., Lamoral-Theys, D., Kiss, R. and Goormaghtigh, E. 2013. Ftir Spectroscopy: A New Valuable Tool to Classify the Effects of Polyphenolic Compounds on Cancer Cells. *Biochimica et Biophysica Acta (BBA) - Molecular Basis of Disease*, 1832, 46-56.
- Dew, N., Bramer, T. and Edsman, K. 2008. Catanionic Aggregates Formed from Drugs and Lauric or Capric Acids Enable Prolonged Release from Gels. *Journal of Colloid and Interface Science*, 323, 386-394.
- Dew, N., Edwards, K., Eriksson, J., Edsman, K. and Björk, E. 2012. Gel Formulations Containing Catanionic Vesicles Composed of Alprenolol and Sds: Effects of Drug Release and Skin Penetration on Aggregate Structure. *Colloids and Surfaces B: Biointerfaces*, 89, 53-60.
- Dhawan, V. V. and Nagarsenker, M. S. 2017. Catanionic Systems in Nanotherapeutics – Biophysical Aspects and Novel Trends in Drug Delivery Applications. *Journal of Controlled Release*, 266, 331-345.
- Dhillon, N., Aggarwal, B. B., Newman, R. A., Wolff, R. A., Kunnumakkara, A. B., Abbruzzese, J. L., Ng, C. S., Badmaev, V. and Kurzrock, R. 2008. Phase Ii Trial of Curcumin in Patients with Advanced Pancreatic Cancer. *Clinical Cancer Research*, 14, 4491-4499.
- Di Gregorio, M. C., Pavel, N. V., Miragaya, J., Jover, A., Mejjide, F., Vázquez Tato, J., Soto Tellini, V. H. and Galantini, L. 2013. Catanionic Gels Based on Cholic Acid Derivatives. *Langmuir*, 29, 12342-12351.
- Díez-Pascual, A. M., Vallés, C., Mateos, R., Vera-López, S., Kinloch, I. A. and Andrés, M. P. S. 2018. Influence of Surfactants of Different Nature and Chain Length on the Morphology, Thermal Stability and Sheet Resistance of Graphene. *Soft Matter*, 14, 6013-6023.

- Ding, P., Wolf, B., Frith, W. J., Clark, A. H., Norton, I. T. and Pacek, A. W. 2002. Interfacial Tension in Phase-Separated Gelatin/Dextran Aqueous Mixtures. *Journal of Colloid and Interface Science*, 253, 367-376.
- Dubois, M., Demé, B., Gulik-Krzywicki, T., Dedieu, J.-C., Vautrin, C., Désert, S., Perez, E. and Zemb, T. 2001. Self-Assembly of Regular Hollow Icosahedra in Salt-Free Catanionic Solutions. *Nature*, 411, 672-675.
- Eastoe, J. 2005. *Surfactant Aggregation and Adsorption at Interfaces*, Oxford, Blackwell Publishing Ltd.
- Eastoe, J., Dalton, J., Rogueda, P., Sharpe, D., Dong, J. and Webster, J. R. P. 1996a. Interfacial Properties of a Catanionic Surfactant. *Langmuir*, 12, 2706-2711.
- Eastoe, J., Rogueda, P., Shariatmadari, D. and Heenan, R. 1996b. Micelles of Asymmetric Chain Catanionic Surfactants. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 117, 215-225.
- Edser, C. 2018. Sizing up the Surfactants Market. *Focus on Surfactants*, 2018, 1-2.
- Efendy, G. D., Sheikh Abdul Kadir, S. H., Latip, N. A., Ab Rahim, S. and Mazlan, M. 2019. Palm Oil in Lipid-Based Formulations and Drug Delivery Systems. *Biomolecules*, 9, 64.
- Egorova, E. M. and Kaba, S. I. 2019. The Effect of Surfactant Micellization on the Cytotoxicity of Silver Nanoparticles Stabilized with Aerosol-Ot. *Toxicology in Vitro*, 57, 244-254.
- Enomoto, R., Suzuki, C., Ohno, M., Ohasi, T., Futagami, R., Ishikawa, K., Komae, M., Nishino, T., Konishi, Y. and Lee, E. 2007. Cationic Surfactants Induce Apoptosis in Normal and Cancer Cells. *Annals of the New York Academy of Sciences*, 1095, 1-6.
- Epelbaum, R., Vizel, B. and Bar-Sela, G. 2008. Phase II Study of Curcumin and Gemcitabine in Patients with Advanced Pancreatic Cancer. *Journal of Clinical Oncology*, 26, 15619-15619.
- Esfandiarpour-Boroujeni, S., Bagheri-Khoulenjani, S., Mirzadeh, H. and Amanpour, S. 2017. Fabrication and Study of Curcumin Loaded Nanoparticles Based on Folate-Chitosan for Breast Cancer Therapy Application. *Carbohydrate Polymers*, 168, 14-21.
- Evans, L. M., Cowey, S. L., Siegal, G. P. and Hardy, R. W. 2009. Stearate Preferentially Induces Apoptosis in Human Breast Cancer Cells. *Nutrition and Cancer*, 61, 746-753.
- Fang, M., Peng, C.-W., Pang, D.-W. and Li, Y. 2012. Quantum Dots for Cancer Research: Current Status, Remaining Issues, and Future Perspectives. *Cancer Biology and Medicine*, 9, 151-163.

- Fausser, H., Uhlig, M., Miller, R. and Klitzing, R. V. 2015. Surface Adsorption of Oppositely Charged Sds:C12tab Mixtures and the Relation to Foam Film Formation and Stability. *The Journal of Physical Chemistry B*, 119, 12877-12886.
- Fauzi, H., Metselaar, H. S. C., Mahlia, T. M. I. and Silakhori, M. 2014. Sodium Laurate Enhancements the Thermal Properties and Thermal Conductivity of Eutectic Fatty Acid as Phase Change Material (PCM). *Solar Energy*, 102, 333-337.
- Fermor, B. F., Masters, J. R. W., Wood, C. B., Miller, J., Apostolov, K. and Habib, N. A. 1992. Fatty Acid Composition of Normal and Malignant Cells and Cytotoxicity of Stearic, Oleic and Sterculic Acids *in Vitro*. *European Journal of Cancer*, 28, 1143-1147.
- Ferrini, K., Ghelfi, F., Mannucci, R. and Titta, L. 2015. Lifestyle, Nutrition and Breast Cancer: Facts and Presumptions for Consideration. *Ecancermedalscience*, 9, 557-557.
- Filipović-Vinceković, N., Pucić, I., Popović, S., Tomašić, V. and Težak, Đ. 1997. Solid-Phase Transitions of Catanionic Surfactants. *Journal of Colloid and Interface Science*, 188, 396-403.
- Filipovic-Vincekovic, N. and Tomasic, V. 2000. Solid-State Transitions of Surfactant Crystals. In: GARTI, N. (ed.) *Thermal Behavior of Dispersed Systems*. Basel: Marcel Dekker, Inc.
- Freitas, C., Pereira, M., Souza, D., Fonseca, N., Sales, E., Frety, R., Felix, C., Azevedo, A. and Brandao, S. 2019. Thermal and Catalytic Pyrolysis of Dodecanoic Acid on SAPO-5 and Al-MCM-41 Catalysts. *Catalysts*, 9, 418.
- Fu, J. Y., Blatchford, D. R., Tetley, L. and Dufès, C. 2009. Tumor Regression after Systemic Administration of Tocotrienol Entrapped in Tumor-Targeted Vesicles. *Journal of Controlled Release*, 140, 95-99.
- Fu, J. Y., Zhang, W., Blatchford, D. R., Tetley, L., Mcconnell, G. and Dufès, C. 2011. Novel Tocotrienol-Entrapping Vesicles Can Eradicate Solid Tumors after Intravenous Administration. *Journal of Controlled Release*, 154, 20-26.
- Fu, X., Liu, Z., Xiao, Y., Wang, J. and Lei, J. 2015. Preparation and Properties of Lauric Acid/Diatomite Composites as Novel Form-Stable Phase Change Materials for Thermal Energy Storage. *Energy and Buildings*, 104, 244-249.
- Gavrilko, T., Gnatyuk, I., Styopkin, V., Shcherban, N., Baran, J. and Drozd, M. 2018. Ftir and Dsc Studies of Binary Mixtures of Long-Chain Aliphatic Compounds: Lauric Acid-Cetyl-Trimethylammonium Bromide. *Ukrainian Journal of Physics*, 63, 413-424.
- Gavrilko, T. A., Puchovska, G. O., Styopkin, V. I., Bezrodna, T., Baran, J. and Drozd, M. 2013. Molecular Dynamics and Phase Transition Behavior of Binary Mixtures of Fatty Acids and Cetyltrimethylammonium Bromide as Studied Via

- Davydov Splitting of Molecular Vibrational Modes. *Ukrainian Journal of Physics*, 58, 636-645.
- Ghosh, S., Ray, A., Pramanik, N. and Ambade, B. 2016. Can a Catanionic Surfactant Mixture Act as a Drug Delivery Vehicle? *Comptes Rendus Chimie*, 19, 951-954.
- Gill, P., Moghadam, T. T. and Ranjbar, B. 2010. Differential Scanning Calorimetry Techniques: Applications in Biology and Nanoscience. *Journal of Biomolecular Techniques : JBT*, 21, 167-193.
- Glenn, K. M., Moroze, S., Bhattacharya, S. C. and Palepu, R. M. 2005. Effect of Ethylene Glycol on the Thermodynamic and Micellar Properties of Tween 40, 60, and 80. *Journal of Dispersion Science and Technology*, 26, 79-86.
- Goel, A., Kunnumakkara, A. B. and Aggarwal, B. B. 2008. Curcumin as “Curecumin”: From Kitchen to Clinic. *Biochemical Pharmacology*, 75, 787-809.
- Golubnitschaja, O., Debal, M., Yeghiazaryan, K., Kuhn, W., Pešta, M., Costigliola, V. and Grech, G. 2016. Breast Cancer Epidemic in the Early Twenty-First Century: Evaluation of Risk Factors, Cumulative Questionnaires and Recommendations for Preventive Measures. *Tumor Biology*, 37, 12941-12957.
- Gradzielski, M. 2008. Recent Developments in the Characterisation of Microemulsions. *Current Opinion in Colloid and Interface Science*, 13, 263-269.
- Guan, F., Ding, Y., Zhang, Y., Zhou, Y., Li, M. and Wang, C. 2016. Curcumin Suppresses Proliferation and Migration of MDA-MB-231 Breast Cancer Cells through Autophagy-Dependent Akt Degradation. *PLoS One*, 11, e0146553.
- Habib, N. A., Wood, C. B., Apostolov, K., Barker, W., Hershman, M. J., Aslam, M., Heinemann, D., Fermor, B., Williamson, R. C. N. and Jenkins, W. E. 1987. Stearic Acid and Carcinogenesis. *British Journal of Cancer*, 56, 455-458.
- Hadi, M. A., Hassali, M. A., Shafie, A. A. and Awaisu, A. 2010. Evaluation of Breast Cancer Awareness among Female University Students in Malaysia. *Pharmacy Practice*, 8, 29-34.
- Hadži, D. and Pintar, M. 1958. The Oh in-Plane Deformation and the C-O Stretching Frequencies in Monomeric Carboxylic Acids and Their Association Shifts. *Spectrochimica Acta*, 12, 162-168.
- Hamzeloo-Moghadam, M., Taiebi, N., Mosaddegh, M., Eslami Tehrani, B. and Esmaili, S. 2014. The Effect of Some Cosolvents and Surfactants on Viability of Cancerous Cell Lines. *Research Journal of Pharmacognosy*, 1, 41-45.
- Hao, J. and Hoffmann, H. 2004. Self-Assembled Structures in Excess and Salt-Free Catanionic Surfactant Solutions. *Current Opinion in Colloid and Interface Science*, 9, 279-293.
- Hao, J., Liu, W., Xu, G. and Zheng, L. 2003. Vesicles from Salt-Free Cationic and Anionic Surfactant Solutions. *Langmuir*, 19, 10635-10640.

- Hardy, S., El-Assaad, W., Przybytkowski, E., Joly, E., Prentki, M. and Langelier, Y. 2003. Saturated Fatty Acid-Induced Apoptosis in MDA-MB-231 Breast Cancer Cells: A Role for Cardiolipin. *Journal of Biological Chemistry*, 278, 31861-31870.
- Hardy, S., Langelier, Y. and Prentki, M. 2000. Oleate Activates Phosphatidylinositol 3-Kinase and Promotes Proliferation and Reduces Apoptosis of MDA-MB-231 Breast Cancer Cells, Whereas Palmitate Has Opposite Effects¹. *Cancer Research*, 60, 6353-6358.
- Hargreaves, W. R. and Deamer, D. W. 1978. Liposomes from Ionic, Single-Chain Amphiphiles. *Biochemistry*, 17, 3759-3768.
- Harvey, K. A., Walker, C. L., Pavlina, T. M., Xu, Z., Zaloga, G. P. and Siddiqui, R. A. 2010. Long-Chain Saturated Fatty Acids Induce Pro-Inflammatory Responses and Impact Endothelial Cell Growth. *Clinical Nutrition*, 29, 492-500.
- Healy, S. J., Gorman, A. M., Mousavi-Shafaei, P., Gupta, S. and Samali, A. 2009. Targeting the Endoplasmic Reticulum-Stress Response as an Anticancer Strategy. *European Journal of Pharmacology*, 625, 234-246.
- Hedley, C. B., Yuan, G. and Theng, B. K. G. 2007. Thermal Analysis of Montmorillonites Modified with Quaternary Phosphonium and Ammonium Surfactants. *Applied Clay Science*, 35, 180-188.
- Hentze, H.-P., Raghavan, S. R., Mckelvey, C. A. and Kaler, E. W. 2003. Silica Hollow Spheres by Templating of Catanionic Vesicles. *Langmuir*, 19, 1069-1074.
- Holliday, D. L. and Speirs, V. 2011. Choosing the Right Cell Line for Breast Cancer Research. *Breast Cancer Research*, 13, 215.
- Holmberg, K., Jönsson, B., Kronberg, B. and Lindman, B. 2003. *Surfactants and Polymers in Aqueous Solution*, Chichester, John Wiley & Sons, Ltd.
- Hosseini, A. and Ghorbani, A. 2015. Cancer Therapy with Phytochemicals: Evidence from Clinical Studies. *Avicenna Journal of Phytomedicine*, 5, 84-97.
- Hsu, Y. C., Weng, H. C., Lin, S. and Chien, Y. W. 2007. Curcuminoids-Cellular Uptake by Human Primary Colon Cancer Cells as Quantitated by a Sensitive Hplc Assay and Its Relation with the Inhibition of Proliferation and Apoptosis. *Journal of Agricultural and Food Chemistry*, 55, 8213-8222.
- Hu, F.-Q., Jiang, S.-P., Du, Y.-Z., Yuan, H., Ye, Y.-Q. and Zeng, S. 2005. Preparation and Characterization of Stearic Acid Nanostructured Lipid Carriers by Solvent Diffusion Method in an Aqueous System. *Colloids and Surfaces B: Biointerfaces*, 45, 167-173.
- Hu, S., Xu, Y., Meng, L., Huang, L. and Sun, H. 2018. Curcumin Inhibits Proliferation and Promotes Apoptosis of Breast Cancer Cells. *Experimental and Therapeutic Medicine*, 16, 1266-1272.

- Inacio, A. S., Mesquita, K. A., Baptista, M., Ramalho-Santos, J., Vaz, W. L. and Vieira, O. V. 2011. *In Vitro* Surfactant Structure-Toxicity Relationships: Implications for Surfactant Use in Sexually Transmitted Infection Prophylaxis and Contraception. *PLoS One*, 6, e19850.
- İnce, Ş., Seki, Y., Akif Ezan, M., Turgut, A. and Ereğ, A. 2015. Thermal Properties of Myristic Acid/Graphite Nanoplates Composite Phase Change Materials. *Renewable Energy*, 75, 243-248.
- Islam, T., Bhoo-Pathy, N., Su, T. T., Majid, H. A., Nahar, A. M., Ng, C. G., Dahlui, M., Hussain, S., Cantwell, M., Murray, L., Taib, N. A. and My, B. C. C. S. G. 2015. The Malaysian Breast Cancer Survivorship Cohort (MyBCC): A Study Protocol. *BMJ Open*, 5, e008643.
- Jaw, K.-S., Hsu, C.-K. and Lee, J.-S. 2001. The Thermal Decomposition Behaviors of Stearic Acid, Paraffin Wax and Polyvinyl Butyral. *Thermochimica Acta*, 367-368, 165-168.
- Jia, T., Zhang, L., Duan, Y., Zhang, M., Wang, G., Zhang, J. and Zhao, Z. 2014. The Differential Susceptibilities of MCF-7 and MDA-MB-231 Cells to the Cytotoxic Effects of Curcumin Are Associated with the PI3K/Akt-SKP2-Cip/Kips Pathway. *Cancer Cell International*, 14, 126.
- Jiang, N., Li, P., Wang, Y., Wang, J., Yan, H. and Thomas, R. K. 2005. Aggregation Behavior of Hexadecyltrimethylammonium Surfactants with Various Counterions in Aqueous Solution. *Journal of Colloid and Interface Science*, 286, 755-760.
- Jiang, Y., Geng, T., Li, Q., Li, G. and Ju, H. 2014a. Influences of Temperature, pH and Salinity on the Surface Property and Self-Assembly of 1:1 Salt-Free Catanionic Surfactant. *Journal of Molecular Liquids*, 199, 1-6.
- Jiang, Y., Geng, T., Li, Q., Li, G. and Ju, H. 2014b. Phase Behavior and Phase Structure of 1:1 Salt-Free Catanionic Surfactant Dodecyltrimethylammonium Decanoate. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 462, 27-33.
- Jiang, Y., Geng, T., Li, Q., Li, G. and Ju, H. 2015. Equilibrium and Dynamic Surface Tension Properties of Salt-Free Catanionic Surfactants with Different Hydrocarbon Chain Lengths. *Journal of Molecular Liquids*, 204, 126-131.
- Jiang, Y., Hu, X., Zhang, J., Jin, G. and Luan, Y. 2019. Chlorambucil Prodrug-Participating Catanionic Aggregates for Sustained Drug Release and Improved Antitumour Activity. *Journal of Molecular Liquids*, 274, 556-561.
- Jiang, Y., Luan, Y., Qin, F., Zhao, L. and Li, Z. 2012. Catanionic Vesicles from an Amphiphilic Prodrug Molecule: A New Concept for Drug Delivery Systems. *RSC Advances*, 2, 6905-6912.
- Jiao, J., Han, B., Lin, M., Cheng, N., Yu, L. and Liu, M. 2013. Salt-Free Catanionic Surface Active Ionic Liquids 1-Alkyl-3-Methylimidazolium Alkylsulfate:

Aggregation Behavior in Aqueous Solution. *Journal of Colloid and Interface Science*, 412, 24-30.

- Jokela, P., Joensson, B. and Khan, A. 1987. Phase Equilibria of Catanionic Surfactant-Water Systems. *The Journal of Physical Chemistry*, 91, 3291-3298.
- Jordan, B. C., Mock, C. D., Thilagavathi, R. and Selvam, C. 2016. Molecular Mechanisms of Curcumin and Its Semisynthetic Analogues in Prostate Cancer Prevention and Treatment. *Life Sciences*, 152, 135-144.
- Jose, R., Patel, T. J., Cather, T. A., Grebowicz, J., Han, H., Bhowmik, P. K., Agra-Kooijman, D. M. and Kumar, S. 2013. Room Temperature Thermotropic Liquid Crystalline Phases of Catanionic Surfactants Derived from Quaternary Ammonium Surfactants and Bis(2-Ethylhexyl)Sulfosuccinate. *Journal of Colloid and Interface Science*, 411, 61-68.
- Jose, R., Patel, T. J., Cather, T. A., Willhelm, D. J., Grebowicz, J., Han, H., Bhowmik, P. K., Sharpnack, L., Agra-Kooijman, D. M. and Kumar, S. 2014. Thermotropic Mesomorphism in Catanionic Surfactants Synthesized from Quaternary Ammonium Surfactants and Sodium Dodecylbenzenesulfonate: Effect of Chain Length and Symmetry. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 461, 40-49.
- Jurasin, D., Vincekovic, M., Pustak, A., Smit, I., Bujan, M. and Filipovic-Vincekovic, N. 2013. Lamellar to Hexagonal Columnar Liquid Crystalline Phase Transition in a Catanionic Surfactant Mixture: Dodecylammonium Chloride-Sodium Bis(2-Ethylhexyl) Sulfosuccinate. *Soft Matter*, 9, 3349-3360.
- Kaler, E., Murthy, A., Rodriguez, B. and Zasadzinski, J. 1989. Spontaneous Vesicle Formation in Aqueous Mixtures of Single-Tailed Surfactants. *Science*, 245, 1371-1374.
- Kaler, E. W., Herrington, K. L., Murthy, A. K. and Zasadzinski, J. a. N. 1992. Phase Behavior and Structures of Mixtures of Anionic and Cationic Surfactants. *The Journal of Physical Chemistry*, 96, 6698-6707.
- Kanazawa, A., Tsutsumi, O., Ikeda, T. and Nagase, Y. 1997. Novel Thermotropic Liquid Crystals without a Rigid Core Formed by Amphiphiles Having Phosphonium Ions. *Journal of the American Chemical Society*, 119, 7670-7675.
- Kapoor, Y., Howell, B. A. and Chauhan, A. 2009. Liposome Assay for Evaluating Ocular Toxicity of Surfactants. *Investigative Ophthalmology & Visual Science*, 50, 2727-2735.
- Kaur, P., Garg, T., Rath, G., Murthy, R. S. R. and Goyal, A. K. 2016. Surfactant-Based Drug Delivery Systems for Treating Drug-Resistant Lung Cancer. *Drug Delivery*, 23, 717-728.
- Khan, A. and Marques, E. F. 1999. Synergism and Polymorphism in Mixed Surfactant Systems. *Current Opinion in Colloid and Interface Science*, 4, 402-410.

- Khan, A. A., Alanazi, A. M., Jabeen, M., Chauhan, A. and Abdelhameed, A. S. 2013. Design, Synthesis and *in Vitro* Anticancer Evaluation of a Stearic Acid-Based Ester Conjugate. *Anticancer Research*, 33, 2517-2524.
- Khan, I. A., Mohammad, R., Alam, M. S. and Kabir Ud, D. 2010. Surface Properties and Mixed Micellization of Cationic Gemini Surfactants with Ethyleneamines. *Journal of Chemical & Engineering Data*, 55, 370-380.
- Khatua, D., Maiti, R. and Dey, J. 2006. A Supramolecular Hydrogel That Responds to Biologically Relevant Stimuli. *Chemical Communications*, 4903-4905.
- Khetrapal, C. L., Kunwar, A., Tracey, A. and Diehl, P. 2013. *Nuclear Magnetic Resonance Studies in Lyotropic Liquid Crystals*, Berlin, Springer Verlag.
- Khomane, R. B. and Kulkarni, B. D. 2008. Nanoreactors for Nanostructured Materials. *International Journal of Chemical Reactor Engineering*, 6.
- Khor, S. C., Razak, A. M., Wan Ngah, W. Z., Mohd Yusof, Y. A., Abdul Karim, N. and Makpol, S. 2016. The Tocotrienol-Rich Fraction Is Superior to Tocopherol in Promoting Myogenic Differentiation in the Prevention of Replicative Senescence of Myoblasts. *PLoS One*, 11, e0149265.
- Khosropanah, M. H., Dinarvand, A., Nezhadhosseini, A., Haghighi, A., Hashemi, S., Nirouzzad, F., Khatamsaz, S., Entezari, M., Hashemi, M. and Dehghani, H. 2016. Analysis of the Antiproliferative Effects of Curcumin and Nanocurcumin in MDA-MB231 as a Breast Cancer Cell Line. *Iranian Journal of Pharmaceutical Research : IJPR*, 15, 231-239.
- Khurana, R., Vaidya, S., Devi, M. M. and Ganguli, A. K. 2010. New Catanionic Surfactants, Phase Stability and Synthesis of Ultrafine CdS Nanoparticles. *Journal of Colloid and Interface Science*, 352, 470-475.
- Kim, J.-D. and Honma, I. 2005. Highly Proton Conducting Hybrid Materials Synthesized from 12-Phosphotungstic and Hexadecyltrimethylammonium Salt. *Solid State Ionics*, 176, 547-552.
- Klinger, N. V. and Mittal, S. 2016. Therapeutic Potential of Curcumin for the Treatment of Brain Tumors. *Oxidative Medicine and Cellular Longevity*, 2016, 9324085.
- Knothe, G. and Dunn, R. O. 2009. A Comprehensive Evaluation of the Melting Points of Fatty Acids and Esters Determined by Differential Scanning Calorimetry. *Journal of the American Oil Chemists' Society*, 86, 843-856.
- Koklic, T. and Trancar, J. 2012. Lysolipid Containing Liposomes for Transendothelial Drug Delivery. *BMC Research Notes*, 5, 179.
- Kondo, Y., Uchiyama, H., Yoshino, N., Nishiyama, K. and Abe, M. 1995. Spontaneous Vesicle Formation from Aqueous Solutions of Didodecyldimethylammonium Bromide and Sodium Dodecyl Sulfate Mixtures. *Langmuir*, 11, 2380-2384.

- Kumar, B. V. 2015. Preparation and Characterization of Paraffin/Palmitic Acid Eutectic Mixture in Thermal Energy Storage Applications. *International Journal of Mechanical Engineering and Robotics Research*, 4, 123-127.
- Kumar, M. and Kumar, S. 2017. Liquid Crystals in Photovoltaics: A New Generation of Organic Photovoltaics. *Polymer Journal*, 49, 85-111.
- Kumar, N. and Tyagi, R. 2013. Dimeric Surfactants: Promising Ingredients of Cosmetics and Toiletries. *Cosmetics*, 1, 3-13.
- Kume, G., Gallotti, M. and Nunes, G. 2008. Review on Anionic/Cationic Surfactant Mixtures. *Journal of Surfactants and Detergents*, 11, 1-11.
- Kunnumakkara, A. B., Anand, P. and Aggarwal, B. B. 2008. Curcumin Inhibits Proliferation, Invasion, Angiogenesis and Metastasis of Different Cancers through Interaction with Multiple Cell Signaling Proteins. *Cancer Letters*, 269, 199-225.
- Kuo, J.-H. S., Jan, M.-S., Chang, C.-H., Chiu, H.-W. and Li, C.-T. 2005. Cytotoxicity Characterization of Catanionic Vesicles in RAW 264.7 Murine Macrophage-Like Cells. *Colloids and Surfaces B: Biointerfaces*, 41, 189-196.
- Kuo, Y.-C. and Hong, T.-Y. 2014. Delivering Etoposide to the Brain Using Catanionic Solid Lipid Nanoparticles with Surface 5-HT-Moduline. *International Journal of Pharmaceutics*, 465, 132-142.
- Kuo, Y.-C. and Wang, C.-C. 2015. Carmustine-Loaded Catanionic Solid Lipid Nanoparticles with Serotonergic 1B Receptor Subtype Antagonist for *in Vitro* Targeted Delivery to Inhibit Brain Cancer Growth. *Journal of the Taiwan Institute of Chemical Engineers*, 46, 1-14.
- Kushairi, A., Loh, S. K., Azman, I., Hishamuddin, E., Ong-Abdullah, M., Izuddin, Z., Razmah, G., Sundram, S. and Parveez, G. K. A. 2018. Oil Palm Economic Performance in Malaysia and R&D Progress in 2017. *Journal of Oil Palm Research*, 30, 163-195.
- Kushairi, A., Ong-Abdullah, M., Nambiappan, B., Hishamuddin, E., Bidin, M. N. I. Z., Ghazali, R., Subramaniam, V., Sundram, S. and Parveez, G. K. A. 2019. Oil Palm Economic Performance in Malaysia and R&D Progress in 2018. *Journal of Oil Palm Research*, 31, 165-194.
- Lagerwall, J. P. F. and Scalia, G. 2012. A New Era for Liquid Crystal Research: Applications of Liquid Crystals in Soft Matter Nano-, Bio- and Microtechnology. *Current Applied Physics*, 12, 1387-1412.
- Lai, H.-W., Chien, S.-Y., Kuo, S.-J., Tseng, L.-M., Lin, H.-Y., Chi, C.-W. and Chen, D.-R. 2012. The Potential Utility of Curcumin in the Treatment of HER-2-Overexpressed Breast Cancer: An *in Vitro* and *in Vivo* Comparison Study with Herceptin. *Evidence-Based Complementary and Alternative Medicine*, 2012, 12.

- Lawson, K. D. and Flautt, T. J. 1965. Nuclear Magnetic Resonance Absorption in Anhydrous Sodium Soaps. *The Journal of Physical Chemistry*, 69, 4256-4268.
- Lehanine, Z. and Badache, L. 2016. Effect of the Molecular Structure on the Adsorption Properties of Cationic Surfactants at the Air–Water Interface. *Journal of Surfactants and Detergents*, 19, 289-295.
- Li, H. and Hao, J. 2007. Reverse Vesicles of Salt-Free Catanionic Surfactants in Toluene/Water Mixtures. *Chemistry Letters*, 36, 702-703.
- Li, H. and Hao, J. 2008. Phase Behavior and Rheological Properties of a Salt-Free Catanionic Surfactant TTAOH/LA/H₂O System. *The Journal of Physical Chemistry B*, 112, 10497-10508.
- Li, H., Hao, J. and Wu, Z. 2008. Phase Behavior and Properties of Reverse Vesicles in Salt-Free Catanionic Surfactant Mixtures. *The Journal of Physical Chemistry B*, 112, 3705-3710.
- Li, H., Wiczorek, S. A., Xin, X., Kalwarczyk, T., Ziebac, N., Szymborski, T., Holyst, R., Hao, J., Gorecka, E. and Pocięcha, D. 2010a. Phase Transition in Salt-Free Catanionic Surfactant Mixtures Induced by Temperature. *Langmuir*, 26, 34-40.
- Li, H., Xin, X., Kalwarczyk, T., Holyst, R., Chen, J. and Hao, J. 2013. Structural Evolution of Reverse Vesicles from a Salt-Free Catanionic Surfactant System in Toluene. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 436, 49-56.
- Li, H., Xin, X., Kalwarczyk, T., Kalwarczyk, E., Niton, P., Holyst, R. and Hao, J. 2010b. Reverse Vesicles from a Salt-Free Catanionic Surfactant System: A Confocal Fluorescence Microscopy Study. *Langmuir*, 26, 15210-15218.
- Li, S.-J., Lai, L., Mei, P., Li, Y., Cheng, L., Ren, Z.-H. and Liu, Y. 2018a. Equilibrium and Dynamic Surface Properties of Cationic/Anionic Surfactant Mixtures Based on Bisquaternary Ammonium Salt. *Journal of Molecular Liquids*, 254, 248-254.
- Li, S., Fang, C., Zhang, J., Liu, B., Wei, Z., Fan, X., Sui, Z. and Tan, Q. 2016. Catanionic Lipid Nanosystems Improve Pharmacokinetics and Anti-Lung Cancer Activity of Curcumin. *Nanomedicine: Nanotechnology, Biology and Medicine*, 12, 1567-1579.
- Li, Y., Lai, L., Mei, P., Li, S.-J., Cheng, L., Ren, Z.-H., Zheng, Y.-C. and Liu, Y. 2018b. Equilibrium and Dynamic Surface Properties of Cationic/Anionic Surfactant Mixtures Based on Carboxylate Gemini Surfactant. *Journal of Surfactants and Detergents*, 21, 845-858.
- Liang, C.-H., Yeh, L.-H., Liao, P.-W. and Chou, T.-H. 2015. Characterization and *in Vitro* Biocompatibility of Catanionic Assemblies Formed with Oppositely Charged Dicetyl Amphiphiles. *Colloids and Surfaces B: Biointerfaces*, 126, 10-17.

- Lin, C.-C., Chang, C.-H. and Yang, Y.-M. 2009. Gelation of Spontaneously Formed Catanionic Vesicles by Water Soluble Polymers. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 346, 66-74.
- Lioi, S. B., Wang, X., Islam, M. R., Danoff, E. J. and English, D. S. 2009. Catanionic Surfactant Vesicles for Electrostatic Molecular Sequestration and Separation. *Physical Chemistry Chemical Physics*, 11, 9315-9325.
- Liu, C. and Hao, J. 2010. Influence of Cholic Acid on Phase Transition, Rheological Behavior, and Microstructures of Salt-Free Catanionic Surfactant Mixtures. *The Journal of Physical Chemistry B*, 114, 4477-4484.
- Liu, C. and Hao, J. 2011. Shear-Induced Structural Transition and Recovery in the Salt-Free Catanionic Surfactant Systems Containing Deoxycholic Acid. *The Journal of Physical Chemistry B*, 115, 980-989.
- Liu, C., Hao, J. and Wu, Z. 2010. Phase Behavior and Rheological Properties of Salt-Free Catanionic Surfactant Mixtures in the Presence of Bile Acids. *The Journal of Physical Chemistry B*, 114, 9795-9804.
- Liu, D. and Chen, Z. 2013. The Effect of Curcumin on Breast Cancer Cells. *Journal of Breast Cancer*, 16, 133-137.
- Liu, H.-B. and Xiao, H.-N. 2012. Investigation on Intercalation Modification of Sodium-Montmorillonite by Cationic Surfactant. *Journal of Inorganic Materials*, 27, 780-784.
- Liu, Z., Huang, P., Law, S., Tian, H., Leung, W. and Xu, C. 2018. Preventive Effect of Curcumin against Chemotherapy-Induced Side-Effects. *Frontiers in Pharmacology*, 9, 1374-1374.
- Lombardo, D., Kiselev, M. A., Magazù, S. and Calandra, P. 2015. Amphiphiles Self-Assembly: Basic Concepts and Future Perspectives of Supramolecular Approaches. *Advances in Condensed Matter Physics*, 2015, 22.
- López-Lázaro, M. 2008. Anticancer and Carcinogenic Properties of Curcumin: Considerations for Its Clinical Development as a Cancer Chemopreventive and Chemotherapeutic Agent. *Molecular Nutrition and Food Research*, 52, S103-S127.
- Luzzati, V. and Tardieu, A. 1974. Lipid Phases: Structure and Structural Transitions. *Annual Review of Physical Chemistry*, 25, 79-94.
- Lynch, M. L., Pan, Y. and Laughlin, R. G. 1996. Spectroscopic and Thermal Characterization of 1:2 Sodium Soap/Fatty Acid Acid-Soap Crystals. *The Journal of Physical Chemistry*, 100, 357-361.
- Lynch, M. L., Wireko, F., Tarek, M. and Klein, M. 2001. Intermolecular Interactions and the Structure of Fatty Acid-Soap Crystals. *The Journal of Physical Chemistry B*, 105, 552-561.

- Ma, R., Karthik, G.-M., Lötvrot, J., Haglund, F., Rosin, G., Katchy, A., Zhang, X., Viberg, L., Frisell, J., Williams, C., Linder, S., Fredriksson, I. and Hartman, J. 2017. Estrogen Receptor B as a Therapeutic Target in Breast Cancer Stem Cells. *Journal of the National Cancer Institute*, 109, 1-14.
- Madni, I., Hwang, C.-Y., Park, S.-D., Choa, Y.-H. and Kim, H.-T. 2010. Mixed Surfactant System for Stable Suspension of Multiwalled Carbon Nanotubes. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 358, 101-107.
- Maheswari, J. U., Krishnan, C., Kalyanaraman, S. and Selvarajan, P. 2018. Physical Properties of Lauric Acid Crystals Grown with KBr in Aqueous Solution. *Bulletin of Materials Science*, 41, 46.
- Maiti, K., Bhattacharya, S. C., Moulik, S. P. and Panda, A. K. 2010. Physicochemical Studies on Ion-Pair Amphiphiles: Solution and Interfacial Behaviour of Systems Derived from Sodium Dodecylsulfate and N-Alkyltrimethylammonium Bromide Homologues. *Journal of Chemical Sciences*, 122, 867-879.
- Makpol, S., Jam, F. A., Khor, S. C., Ismail, Z., Mohd Yusof, Y. A. and Wan Ngah, W. Z. 2013. Comparative Effects of Biodynes, Tocotrienol-Rich Fraction, and Tocopherol in Enhancing Collagen Synthesis and Inhibiting Collagen Degradation in Stress-Induced Premature Senescence Model of Human Diploid Fibroblasts. *Oxidative Medicine and Cellular Longevity*, 2013, 8.
- Manna, K., Chang, C.-H. and Panda, A. K. 2012. Physicochemical Studies on the Catanionics of Alkyltrimethylammonium Bromides and Bile Salts in Aqueous Media. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 415, 10-21.
- Marques, E. F., Brito, R. O., Wang, Y. and Silva, B. F. B. 2006. Thermotropic Phase Behavior of Triple-Chained Catanionic Surfactants with Varying Headgroup Chemistry. *Journal of Colloid and Interface Science*, 294, 240-247.
- Marques, E. F., Khan, A. and Lindman, B. 2002. A Calorimetric Study of the Gel-to-Liquid Crystal Transition in Catanionic Surfactant Vesicles. *Thermochimica Acta*, 394, 31-37.
- Marques, E. F., Regev, O., Khan, A. and Lindman, B. 2003. Self-Organization of Double-Chained and Pseudodouble-Chained Surfactants: Counterion and Geometry Effects. *Advances in Colloid and Interface Science*, 100–102, 83-104.
- Marques, E. F. and Silva, B. F. B. 2013. Surfactant Self-Assembly. In: TADROS, T. (ed.) *Encyclopedia of Colloid and Interface Science*. Berlin: Springer Berlin Heidelberg.
- Martins de lima, T., Cury-Boaventura, Maria f., Giannocco, G., Nunes, Maria t. and Curi, R. 2006. Comparative Toxicity of Fatty Acids on a Macrophage Cell Line (J774). *Clinical Science*, 111, 307-317.

- Mata, J., Varade, D. and Bahadur, P. 2005. Aggregation Behavior of Quaternary Salt Based Cationic Surfactants. *Thermochimica Acta*, 428, 147-155.
- Matos, M. R. A., Silva, B. F. B. and Marques, E. F. 2013. Chain Length Mismatch and Packing Effects on the Thermotropic Phase Behavior of Salt-Free Catanionic Surfactants. *Journal of Colloid and Interface Science*, 405, 134-144.
- Mba, O. I., Dumont, M.-J. and Ngadi, M. 2015. Palm Oil: Processing, Characterization and Utilization in the Food Industry – A Review. *Food Bioscience*, 10, 26-41.
- Mchugh, K. J., Jing, L., Behrens, A. M., Jayawardena, S., Tang, W., Gao, M., Langer, R. and Jaklenec, A. 2018. Biocompatible Semiconductor Quantum Dots as Cancer Imaging Agents. *Advanced Materials*, 30, 1706356.
- Mcintyre, B. S., Briski, K. P., Tirmenstein, M. A., Fariss, M. W., Gapor, A. and Sylvester, P. W. 2000. Antiproliferative and Apoptotic Effects of Tocopherols and Tocotrienols on Normal Mouse Mammary Epithelial Cells. *Lipids*, 35, 171-180.
- Mckelvey, C. A., Kaler, E. W., Zasadzinski, J. A., Coldren, B. and Jung, H. T. 2000. Templating Hollow Polymeric Spheres from Catanionic Equilibrium Vesicles: Synthesis and Characterization. *Langmuir*, 16, 8285-8290.
- Mehanna, J., Haddad, F. G., Eid, R., Lambertini, M. and Kourie, H. R. 2019. Triple-Negative Breast Cancer: Current Perspective on the Evolving Therapeutic Landscape. *International Journal of Women's Health*, 11, 431-437.
- Mehrali, M., Latibari, S. T., Mehrali, M., Indra Mahlia, T. M., Cornelis Metselaar, H. S., Naghavi, M. S., Sadeghinezhad, E. and Akhiani, A. R. 2013. Preparation and Characterization of Palmitic Acid/Graphene Nanoplatelets Composite with Remarkable Thermal Conductivity as a Novel Shape-Stabilized Phase Change Material. *Applied Thermal Engineering*, 61, 633-640.
- Mehrgou, A. and Akouchekian, M. 2016. The Importance of BRCA1 and BRCA2 Genes Mutations in Breast Cancer Development. *Medical Journal of the Islamic Republic of Iran*, 30, 484-495.
- Mehta, S. K., Bhasin, K. K., Chauhan, R. and Dham, S. 2005. Effect of Temperature on Critical Micelle Concentration and Thermodynamic Behavior of Dodecyldimethylethylammonium Bromide and Dodecyltrimethylammonium Chloride in Aqueous Media. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 255, 153-157.
- Meier, M. M., Luiz, M. T. B., Szpoganicz, B. and Soldi, V. 2001. Thermal Analysis Behavior of B- and Γ -Cyclodextrin Inclusion Complexes with Capric and Caprylic Acid. *Thermochimica Acta*, 375, 153-160.
- Mihelj, T., Popović, J., Skoko, Ž. and Tomašić, V. 2014a. Thermotropic Phase Transitions of Catanionic Dodecylsulfates with Multi-Charged and Multi-Tailed Quaternary Ammonium Centers. *Thermochimica Acta*, 591, 119-129.

- Mihelj, T. and Tomašić, V. 2014a. Amphiphilic Properties of Dodecylammonium Chloride/4-(1-Pentylheptyl) Benzene Sodium Sulfonate Aqueous Mixtures and Study of the Catanionic Complex. *Journal of Surfactants and Detergents*, 17, 309-321.
- Mihelj, T. and Tomašić, V. 2014b. Thermal Behavior of Dodecylpyridinium-Based Surfactant Salts with Varied Anionic Constituent. *Journal of Dispersion Science and Technology*, 35, 581-592.
- Mihelj, T., Vojta, D. and Tomašić, V. 2014b. The Diversity in Thermal Behavior of Novel Catanionic Cholates: The Dominant Effect of Quaternary Ammonium Centers. *Thermochimica Acta*, 584, 17-30.
- Mirzaei, J., Reznikov, M. and Hegmann, T. 2012. Quantum Dots as Liquid Crystal Dopants. *Journal of Materials Chemistry*, 22, 22350-22365.
- Misaki, S., Takamatsu, S., Suefuji, M., Mitote, T. and Matsumura, M. 1981. The Synthesis of Fluorine Containing Phenyl Benzoates and Their Properties as Liquid Crystals. *Molecular Crystals and Liquid Crystals*, 66, 123-132.
- Misra, P. K. 2012. Chapter 17 - Complex Structures. In: MISRA, P. K. (ed.) *Physics of Condensed Matter*. Boston: Academic Press.
- Miyake, M., Yamada, K. and Oyama, N. 2008. Self-Assembling of Guanidine-Type Surfactant. *Langmuir*, 24, 8527-8532.
- Moreira, H., Slezak, A., Szyjka, A., Oszmianski, J. and Gasiorowski, K. 2017. Antioxidant and Cancer Chemopreventive Activities of Cistus and Pomegranate Polyphenols. *Acta Poloniae Pharmaceutica*, 74, 688-698.
- Mosmann, T. 1983. Rapid Colorimetric Assay for Cellular Growth and Survival: Application to Proliferation and Cytotoxicity Assays. *Journal of Immunological Methods*, 65, 55-63.
- Murphy, A. and Taggart, G. 2002. A Comparison of Predicted and Experimental Critical Micelle Concentration Values of Cationic and Anionic Ternary Surfactant Mixtures Using Molecular-Thermodynamic Theory and Pseudophase Separation Theory. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 205, 237-248.
- Nabi, E., Drechsler, M. and Gradzielski, M. 2015. Phase Behaviour and Vesicle Formation in Catanionic Mixtures of Na Oleate and Alkyl Trimethyl Ammonium Bromide and Its Salt-Free Version. *Colloid and Polymer Science*, 293, 3119-3130.
- Nambiappan, B., Ismail, A., Hashim, N., Ismail, N., Nazrima, D., Hassan, N. a. M. and Kushairi, A. 2018. Malaysia: 100 Years of Resilient Palm Oil Economic Performance. *Journal of Oil Palm Research*, 30, 13-25.
- Negi, J. S. 2019. Chapter 6 - Nanolipid Materials for Drug Delivery Systems: A Comprehensive Review. In: Mohapatra, S. S., Ranjan, S., Dasgupta, N., Mishra,

- R. K. And Thomas, S. (eds.) *Characterization and Biology of Nanomaterials for Drug Delivery*. Oxford: Elsevier.
- Negi, J. S., Chattopadhyay, P., Sharma, A. K. and Ram, V. 2013. Development of Solid Lipid Nanoparticles (SLNs) of Lopinavir Using Hot Self Nano-Emulsification (SNE) Technique. *European Journal of Pharmaceutical Sciences*, 48, 231-239.
- Neophytou, C. M. and Constantinou, A. I. 2015. Drug Delivery Innovations for Enhancing the Anticancer Potential of Vitamin E Isoforms and Their Derivatives. *BioMed Research International*, 2015, 16.
- Nesaretnam, K. 2008. Multitargeted Therapy of Cancer by Tocotrienols. *Cancer Letters*, 269, 388-395.
- Nesaretnam, K., Guthrie, N., Chambers, A. F. and Carroll, K. K. 1995. Effect of Tocotrienols on the Growth of a Human Breast Cancer Cell Line in Culture. *Lipids*, 30, 1139-1143.
- Nesaretnam, K., Meganathan, P., Veerasenan, S. D. and Selvaduray, K. R. 2012. Tocotrienols and Breast Cancer: The Evidence to Date. *Genes and Nutrition*, 7, 3-9.
- Nesaretnam, K., Selvaduray, K. R., Abdul Razak, G., Veerasenan, S. D. and Gomez, P. A. 2010. Effectiveness of Tocotrienol-Rich Fraction Combined with Tamoxifen in the Management of Women with Early Breast Cancer: A Pilot Clinical Trial. *Breast Cancer Research*, 12, R81.
- Nesaretnam, K., Stephen, R., Dils, R. and Darbre, P. 1998. Tocotrienols Inhibit the Growth of Human Breast Cancer Cells Irrespective of Estrogen Receptor Status. *Lipids*, 33, 461-469.
- Nesaretnam, S. D. P. D. D. K. 2000. Tocotrienols Inhibit Growth of ZR-75-1 Breast Cancer Cells. *International Journal of Food Sciences and Nutrition*, 51, 95-103.
- Nguyen, H. L., Dedier, J., Nguyen, H. T. and Sigaud, G. 2000. Synthesis and Characterization of Thermotropic Amphiphilic Liquid Crystals: Semiperfluoroalkyl-B-D-Glucopyranosides. *Liquid Crystals*, 27, 1451-1456.
- Nieuwkerk, A. C., Marcelis, A. T. M., Koudijs, A. and Sudhölter, E. J. R. 1997. Ion Pair Amphiphiles from Sodium Dodecyl Sulfate and Ammonium Amphiphiles Carrying Functionalized Azobenzene Units. *Liebigs Annalen*, 1997, 1719-1724.
- Nikolaou, M., Pavlopoulou, A., Georgakilas, A. G. and Kyrodimos, E. 2018. The Challenge of Drug resistance in Cancer Treatment: A Current Overview. *Clinical and Experimental Metastasis*, 35, 309-318.
- Niroobakhsh, Z., Lanasa, J. A., Belmonte, A. and Hickey, R. J. 2019. Rapid Stabilization of Immiscible Fluids Using Nanostructured Interfaces Via Surfactant Association. *Physical Review Letters*, 122, 178003.

- Nogueira, D. R., Mitjans, M., Infante, M. R. and Vinardell, M. P. 2011. Comparative Sensitivity of Tumor and Non-Tumor Cell Lines as a Reliable Approach for *in Vitro* Cytotoxicity Screening of Lysine-Based Surfactants with Potential Pharmaceutical Applications. *International Journal of Pharmaceutics*, 420, 51-58.
- Nurgali, K., Jagoe, R. T. and Abalo, R. 2018. Editorial: Adverse Effects of Cancer Chemotherapy: Anything New to Improve Tolerance and Reduce Sequelae? *Frontiers in Pharmacology*, 9, 245.
- Oosterveer, P. 2015. Promoting Sustainable Palm Oil: Viewed from a Global Networks and Flows Perspective. *Journal of Cleaner Production*, 107, 146-153.
- Pal, A. and Punia, R. 2019. Thermodynamic and Spectroscopic Studies on Cationic Surfactant Tetradecyltrimethylammonium Bromide in Aqueous Solution of Trisubstituted Ionic Liquid 1, 2-Dimethyl-3-Octylimidazolium Chloride at Different Temperatures. *Journal of Dispersion Science and Technology*, 40, 1696-1704.
- Pan, H., Zhou, W., He, W., Liu, X., Ding, Q., Ling, L., Zha, X. and Wang, S. 2012. Genistein Inhibits MDA-MB-231 Triple-Negative Breast Cancer Cell Growth by Inhibiting NF-kappaB Activity Via the Notch-1 Pathway. *International Journal of Molecular Medicine*, 30, 337-343.
- Park, H. A., Kubicki, N., Gnyawali, S., Chan, Y. C., Roy, S., Khanna, S. and Sen, C. K. 2011. Natural Vitamin E Alpha-Tocotrienol Protects against Ischemic Stroke by Induction of Multidrug Resistance-Associated Protein 1. *Stroke*, 42, 2308-2314.
- Park, J. Y. and Advincula, R. C. 2011. 2 - Nanostructured Thin Films from Amphiphilic Molecules. In: MAKHLOUF, A. S. H. and TIGINYANU, I. (eds.) *Nanocoatings and Ultra-Thin Films*. Cambridge: Woodhead Publishing.
- Park, S. K., Sanders, B. G. and Kline, K. 2010. Tocotrienols Induce Apoptosis in Breast Cancer Cell Lines Via an Endoplasmic Reticulum Stress-Dependent Increase in Extrinsic Death Receptor Signaling. *Breast Cancer Research and Treatment*, 124, 361-375.
- Patacsil, D., Tran, A. T., Cho, Y. S., Suy, S., Saenz, F., Malyukova, I., Resson, H., Collins, S. P., Clarke, R. and Kumar, D. 2012. Gamma-Tocotrienol Induced Apoptosis Is Associated with Unfolded Protein Response in Human Breast Cancer Cells. *The Journal of Nutritional Biochemistry*, 23, 93-100.
- Patist, A., Chhabra, V., Pagidipati, R., Shah, R. and Shah, D. O. 1997. Effect of Chain Length Compatibility on Micellar Stability in Sodium Dodecyl Sulfate/Alkyltrimethylammonium Bromide Solutions. *Langmuir*, 13, 432-434.
- Paulsson, M. and Edsman, K. 2001. Controlled Drug Release from Gels Using Surfactant Aggregates. II. Vesicles Formed from Mixtures of Amphiphilic Drugs and Oppositely Charged Surfactants. *Pharmaceutical Research*, 18, 1586-1592.

- Prasad, C. P., Rath, G., Mathur, S., Bhatnagar, D. and Ralhan, R. 2009. Potent Growth Suppressive Activity of Curcumin in Human Breast Cancer Cells: Modulation of Wnt/Beta-Catenin Signaling. *Chemico-Biological Interactions*, 181, 263-271.
- Pucci, C., Pérez, L., La Mesa, C. and Pons, R. 2014. Characterization and Stability of Catanionic Vesicles Formed by Pseudo-Tetraalkyl Surfactant Mixtures. *Soft Matter*, 10, 9657-9667.
- Pudney, P. D. A., Mutch, K. J. and Zhu, S. 2009. Characterising the Phase Behaviour of Stearic Acid and Its Triethanolamine Soap and Acid-Soap by Infrared Spectroscopy. *Physical Chemistry Chemical Physics*, 11, 5010-5018.
- Ramimoghadam, D., Hussein, Z. M. and Taufiq-Yap, H. Y. 2012. The Effect of Sodium Dodecyl Sulfate (SDS) and Cetyltrimethylammonium Bromide (CTAB) on the Properties of ZnO Synthesized by Hydrothermal Method. *International Journal of Molecular Sciences*, 13, 13275-13293.
- Ramos, S. 2008. Cancer Chemoprevention and Chemotherapy: Dietary Polyphenols and Signalling Pathways. *Molecular Nutrition and Food Research*, 52, 507-526.
- Reddy, S. T., Sivaramakrishna, D. and Swamy, M. J. 2017. Physicochemical Characterization of Lauryl Glycinate-Dodecyl Sulfate Equimolar Complex: A Base-Triggerable Catanionic Liposomal System. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 516, 139-146.
- Riaz, M., Van Jaarsveld, M. T. M., Hollestelle, A., Prager-Van Der Smissen, W. J. C., Heine, A. a. J., Boersma, A. W. M., Liu, J., Helmijr, J., Ozturk, B., Smid, M., Wiemer, E. A., Foekens, J. A. and Martens, J. W. M. 2013. Mirna Expression Profiling of 51 Human Breast Cancer Cell Lines Reveals Subtype and Driver Mutation-Specific Mirnas. *Breast Cancer Research*, 15, R33.
- Rivenc, R. and Schilling, M. R. 2008. Comparative Study of Three Different Kinetic Models Applied to the Ageing of Archaeological Beeswax Used as a Paint Medium. *Journal of Thermal Analysis and Calorimetry*, 93, 239-245.
- Rivera-Franco, M. M. and Leon-Rodriguez, E. 2018. Delays in Breast Cancer Detection and Treatment in Developing Countries. *Breast Cancer: Basic and Clinical Research*, 12, 1178223417752677.
- Rosen, M. J. 1989. *Surfactant and Interfacial Phenomena*, New Jersey, John Wiley & Sons, Inc.
- Rosen, M. J. and Kunjappu, J. T. 2012. *Surfactant and Interfacial Phenomena*, New Jersey, John Wiley & Sons, Inc.
- Russo, G. L., Tedesco, I., Spagnuolo, C. and Russo, M. 2017. Antioxidant Polyphenols in Cancer Treatment: Friend, Foe or Foil? *Seminars in Cancer Biology*, 46, 1-13.
- Ryan, J. L., Heckler, C. E., Ling, M., Katz, A., Williams, J. P., Pentland, A. P. and Morrow, G. R. 2013. Curcumin for Radiation Dermatitis: A Randomized,

- Double-Blind, Placebo-Controlled Clinical Trial of Thirty Breast Cancer Patients. *Radiation Research*, 180, 34-43.
- Sachin, K. M., Karpe, S. A., Singh, M. and Bhattarai, A. 2019. Self-Assembly of Sodium Dodecylsulfate and Dodecyltrimethylammonium Bromide Mixed Surfactants with Dyes in Aqueous Mixtures. *Royal Society Open Science*, 6, 181979.
- Sahoo, H., Rath, S. S., Das, B. and Mishra, B. K. 2016. Flotation of Quartz Using Ionic Liquid Collectors with Different Functional Groups and Varying Chain Lengths. *Minerals Engineering*, 95, 107-112.
- Saini, K. S., Loi, S., De Azambuja, E., Metzger-Filho, O., Saini, M. L., Ignatiadis, M., Dancey, J. E. and Piccart-Gebhart, M. J. 2013. Targeting the PI3K/AKT/mTOR and Raf/MEK/ERK Pathways in the Treatment of Breast Cancer. *Cancer Treatment Reviews*, 39, 935-946.
- Salimon, J., Salih, N. and Yousif, E. 2012. Industrial Development and Applications of Plant Oils and Their Biobased Oleochemicals. *Arabian Journal of Chemistry*, 5, 135-145.
- Salkar, R. A., Mukesh, D., Samant, S. D. and Manohar, C. 1998. Mechanism of Micelle to Vesicle Transition in Cationic-Anionic Surfactant Mixtures. *Langmuir*, 14, 3778-3782.
- Sanchez, L., Mitjans, M., Infante, M. R. and Vinardell, M. P. 2006. Potential Irritation of Lysine Derivative Surfactants by Hemolysis and Hacat Cell Viability. *Toxicology Letters*, 161, 53-60.
- Sankaranarayanan, R., Swaminathan, R., Brenner, H., Chen, K., Chia, K. S., Chen, J. G., Law, S. C. K., Ahn, Y.-O., Xiang, Y. B., Yeole, B. B., Shin, H. R., Shanta, V., Woo, Z. H., Martin, N., Sumitsawan, Y., Sriplung, H., Barboza, A. O., Eser, S., Nene, B. M., Suwanrungruang, K., Jayalekshmi, P., Dikshit, R., Wabinga, H., Esteban, D. B., Laudico, A., Bhurgri, Y., Bah, E. and Al-Hamdan, N. 2010. Cancer Survival in Africa, Asia, and Central America: A Population-Based Study. *The Lancet Oncology*, 11, 165-173.
- Sapper, H., Cameron, D. G. and Mantsch, H. H. 1981. The Thermotropic Phase Behavior of Ascorbyl Palmitate: An Infrared Spectroscopic Study. *Canadian Journal of Chemistry*, 59, 2543-2549.
- Schelero, N., Lichtenfeld, H., Zastrow, H., Möhwald, H., Dubois, M. and Zemb, T. 2009. Single Particle Light Scattering Method for Studying Aging Properties of Pickering Emulsions Stabilized by Catanionic Crystals. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 337, 146-153.
- Schick, M. J. 1987. *Nonionic Surfactants: Physical Chemistry*, New York, Marcel Dekker, Inc. .
- Schmehl, R. H., Whitesell, L. G. and Whitten, D. G. 1981. Photochemical Reactivity in Organized Assemblies. 18. Light-Induced Electron-Transfer Processes in

- Anionic Micelles: Specific Electrolyte Effects on the Quenching Process. *Journal of the American Chemical Society*, 103, 3761-3764.
- Schramm, L. L. 2000. *Surfactants: Fundamentals and Applications in the Petroleum Industry*, Cambridge, Cambridge University Press.
- Šegota, S. and Težak, D. U. I. 2006. Spontaneous Formation of Vesicles. *Advances in Colloid and Interface Science*, 121, 51-75.
- Shah, R. K. and Paul, D. R. 2006. Organoclay Degradation in Melt Processed Polyethylene Nanocomposites. *Polymer*, 47, 4075-4084.
- Shahidi, F., Janitha, P. K. and Wanasundara, P. D. 1992. Phenolic Antioxidants. *Critical Reviews in Food Science and Nutrition*, 32, 67-103.
- Sharma, J., Sharma, M. and Basu, S. 2017. Synthesis of Mesoporous Mgo Nanostructures Using Mixed Surfactants Template for Enhanced Adsorption and Antimicrobial Activity. *Journal of Environmental Chemical Engineering*, 5, 3429-3438.
- Shastri, L. and Sumant, O. 2018. *Surfactants Market by Type (Cationic, Anionic, Nonionic, Amphoteric, and Others) and Application (Household Detergent, Personal Care, Industrial & Institutional Cleaner, Oilfield Chemical, Agricultural Chemical, Food Processing, Paint & Coating, Adhesive, Plastic, Textile, and Others) - Global Opportunity Analysis and Industry Forecast, 2018-2025*, Portland, Allied Market Research.
- Shehzad, A., Wahid, F. and Lee, Y. S. 2010. Curcumin in Cancer Chemoprevention: Molecular Targets, Pharmacokinetics, Bioavailability, and Clinical Trials. *Archiv der Pharmazie*, 343, 489-499.
- Shen, L. and Alexander, K. S. 1999. A Thermal Analysis Study of Long Chain Fatty Acids. *Thermochimica Acta*, 340-341, 271-278.
- Shen, Y., Hao, J. and Hoffmann, H. 2007. Reversible Phase Transition between Salt-Free Catanionic Vesicles and High-Salinity Catanionic Vesicles. *Soft Matter*, 3, 1407-1412.
- Shen, Y., Hao, J., Hoffmann, H. and Wu, Z. 2008. Reversible Phase Transition from Vesicles to Lamellar Network Structures Triggered by Chain Melting. *Soft Matter*, 4, 805-810.
- Siddiqui, R. A., Janski, L. J., Neff, K., Harvey, K., Kovacs, R. J. and Stillwell, W. 2001. Docosahexaenoic Acid Induces Apoptosis in Jurkat Cells by a Protein Phosphatase-Mediated Process. *Biochimica et Biophysica Acta (BBA) - Molecular Cell Research*, 1499, 265-275.
- Siegel, R. L., Miller, K. D. and Jemal, A. 2019. Cancer Statistics, 2019. *CA: A Cancer Journal for Clinicians*, 69, 7-34.

- Silva, B. F. B. and Marques, E. F. 2005. Thermotropic Behavior of Asymmetric Chain Length Catanionic Surfactants: The Influence of the Polar Head Group. *Journal of Colloid and Interface Science*, 290, 267-274.
- Silva, B. F. B., Marques, E. F. and Olsson, U. 2007. Lamellar Miscibility Gap in a Binary Catanionic Surfactant–Water System. *The Journal of Physical Chemistry B*, 111, 13520-13526.
- Silva, B. F. B., Marques, E. F. and Olsson, U. 2008. Unusual Vesicle–Micelle Transitions in a Salt-Free Catanionic Surfactant: Temperature and Concentration Effects. *Langmuir*, 24, 10746-10754.
- Silva, B. F. B., Marques, E. F. and Olsson, U. 2011. Aqueous Phase Behavior of Salt-Free Catanionic Surfactants: The Influence of Solubility Mismatch on Spontaneous Curvature and Balance of Forces. *Soft Matter*, 7, 225-236.
- Silva, B. F. B., Marques, E. F., Olsson, U. and Pons, R. 2010. Headgroup Effects on the Unusual Lamellar–Lamellar Coexistence and Vesicle-to-Micelle Transition of Salt-Free Catanionic Amphiphiles. *Langmuir*, 26, 3058-3066.
- Silva, O. F., De Rossi, R. H., Correa, N. M., Silber, J. J. and Falcone, R. D. 2018. Spontaneous Catanionic Vesicles Formed by the Interaction between an Anionic β -Cyclodextrins Derivative and a Cationic Surfactant. *RSC Advances*, 8, 12535-12539.
- Singh, K., Bhoori, M., Kasu, Y. A., Bhat, G. and Marar, T. 2018. Antioxidants as Precision Weapons in War against Cancer Chemotherapy Induced Toxicity - Exploring the Armoury of Obscurity. *Saudi Pharmaceutical Journal*, 26, 177-190.
- Singh, R. K., Hardy, R. W., Wang, M. H., Williford, J., Gladson, C. L., McDonald, J. M. and Siegal, G. P. 1995. Stearate Inhibits Human Tumor Cell Invasion. *Invasion Metastasis*, 15, 144-155.
- Skoulios, A. and Luzzati, V. 1959. Structure of Anhydrous Sodium Soaps at High Temperatures. *Nature*, 183, 1310-1312.
- Söderman, O., Herrington, K. L., Kaler, E. W. and Miller, D. D. 1997. Transition from Micelles to Vesicles in Aqueous Mixtures of Anionic and Cationic Surfactants. *Langmuir*, 13, 5531-5538.
- Sohrabi, B., Gharibi, H., Tajik, B., Javadian, S. and Hashemianzadeh, M. 2008. Molecular Interactions of Cationic and Anionic Surfactants in Mixed Monolayers and Aggregates. *The Journal of Physical Chemistry B*, 112, 14869-14876.
- Song, B. L. and Debose-Boyd, R. A. 2006. Insig-Dependent Ubiquitination and Degradation of 3-Hydroxy-3-Methylglutaryl Coenzyme a Reductase Stimulated by Delta- and Gamma-Tocotrienols. *Journal of Biological Chemistry*, 281, 25054-25061.

- Soni, S., Bishnoi, D. D., Soni, S. and Ramswoop 2013. Liquid Crystals and Applications of Chlosteric Liquid Crystal in Laser. *International Journal of Modern Physics: Conference Series*, 22, 736-740.
- Soussan, E., Cassel, S., Blanzat, M. and Rico-Lattes, I. 2009. Drug Delivery by Soft Matter: Matrix and Vesicular Carriers. *Angewandte Chemie International Edition*, 48, 274-288.
- Speight, J. G. 2011. Chapter 11 - Thermal Decomposition of Hydrocarbons. In: SPEIGHT, J. G. (ed.) *Handbook of Industrial Hydrocarbon Processes*. Boston: Gulf Professional Publishing.
- Stagnoli, S., Luna, M. A., Villa, C. C., Alustiza, F., Niebylski, A., Moyano, F., Correa, N. M. and Falcone, R. D. 2017. Unique Catanionic Vesicles as a Potential "Nano-Taxi" for Drug Delivery Systems. *In Vitro and in Vivo Biocompatibility Evaluation. RSC Advances*, 7, 5372-5380.
- Steber, J. 2007. 3 - the Ecotoxicity of Cleaning Product Ingredients. In: JOHANSSON, I. and SOMASUNDARAN, P. (eds.) *Handbook for Cleaning/Decontamination of Surfaces*. Amsterdam: Elsevier Science B.V.
- Stocco, A., Carriere, D., Cottat, M. and Langevin, D. 2010. Interfacial Behavior of Catanionic Surfactants. *Langmuir*, 26, 10663-10669.
- Sun, W., Shen, Y. and Hao, J. 2011. Phase Behavior and Rheological Properties of Salt-Free Catanionic TTAOH/DA/H₂O System in the Presence of Hydrophilic and Hydrophobic Salts. *Langmuir*, 27, 1675-1682.
- Szleifer, I., Ben-Shaul, A. and Gelbart, W. M. 1987. Statistical Thermodynamics of Molecular Organization in Mixed Micelles and Bilayers. *The Journal of Chemical Physics*, 86, 7094-7109.
- Tadros, T. 2013. *Encyclopedia of Colloid and Interface Science*, Berlin, Springer Berlin Heidelberg.
- Tadros, T. F. 2005. *Applied Surfactants: Principles and Applications*, Weinheim, Wiley-VCH Verlag GmbH & Co. KGaA.
- Thulasiraman, P., Mcandrews, D. J. and Mohiuddin, I. Q. 2014. Curcumin Restores Sensitivity to Retinoic Acid in Triple Negative Breast Cancer Cells. *BMC Cancer*, 14, 724.
- Tomašić, V. and Mihelj, T. 2017. The Review on Properties of Solid Catanionic Surfactants: Main Applications and Perspectives of New Catanionic Surfactants and Compounds with Catanionic Assisted Synthesis. *Journal of Dispersion Science and Technology*, 38, 515-544.
- Tomašić, V., Mihelj, T., Zhang, R., Liu, F. and Ungar, G. 2014. Mesomorphism of a New Series of Catanionic 4-(1-Pentylheptyl)Benzenesulfonates. *Soft Matter*, 10, 7887-7896.

- Tomašić, V., Popović, S. and Filipović-Vinceković, N. 1999. Solid State Transitions of Asymmetric Catanionic Surfactants. *Journal of Colloid and Interface Science*, 215, 280-289.
- Tomašić, V., Popović, S., Tušek-Božić, L., Pucić, I. and Filipović-Vinceković, N. 1997. A Novel Catanionic Surfactant: Hexadecyltrimethylammonium Dodecyl Sulfate. *Berichte der Bunsengesellschaft für physikalische Chemie*, 101, 1942-1948.
- Tomeh, M. A., Hadianamrei, R. and Zhao, X. 2019. A Review of Curcumin and Its Derivatives as Anticancer Agents. *International Journal of Molecular Sciences*, 20, 1033.
- Tondre, C. and Caillet, C. 2001. Properties of the Amphiphilic Films in Mixed Cationic/Anionic Vesicles: A Comprehensive View from a Literature Analysis. *Advances in Colloid and Interface Science*, 93, 115-134.
- Tong, A.-J., Dong, J.-J. and Li, L.-D. 1999. Aqueous Two-Phase Extraction System of Sodium Perfluorooctanoate and Dodecyltriethylammonium Bromide Mixture and Its Application to Porphyrins and Dyes. *Analytica Chimica Acta*, 390, 125-131.
- Torchilin, V. P. 2001. Structure and Design of Polymeric Surfactant-Based Drug Delivery Systems. *Journal of Controlled Release*, 73, 137-172.
- Trivedi, M. K., Tallapragada, R. M., Branton, A., Trivedi, D., Nayak, G., Mishra, R. and Jana, S. 2015. Physical, Spectroscopic and Thermal Characterization of Biofield Treated Myristic Acid. *Journal of Fundamentals of Renewable Energy and Applications*, 5, 1000180.
- Tsuchiya, K., Ishikake, J., Kim, T. S., Ohkubo, T., Sakai, H. and Abe, M. 2007. Phase Behavior of Mixed Solution of a Glycerin-Modified Cationic Surfactant and an Anionic Surfactant. *Journal of Colloid and Interface Science*, 312, 139-145.
- Ullah, R., Ahmad, I. and Zheng, Y. 2016. Fourier Transform Infrared Spectroscopy of "Bisphenol A". *Journal of Spectroscopy*, 2016, 2073613.
- Umemura, J., Cameron, D. G. and Mantsch, H. H. 1980. A Fourier Transform Infrared Spectroscopic Study of the Molecular Interaction of Cholesterol with 1,2-Dipalmitoyl-sn-Glycero-3-Phosphocholine. *Biochimica et Biophysica Acta (BBA) - Biomembranes*, 602, 32-44.
- Ungar, G., Tomašić, V., Xie, F. and Zeng, X.-B. 2009. Structure of Liquid Crystalline Aerosol-Ot and Its Alkylammonium Salts. *Langmuir*, 25, 11067-11072.
- Vagvala, T. C., Pandey, S. S., Krishnamurthy, S. and Hayase, S. 2016. Effect of Varying Alkyl Chain Length on Thermal Decomposition Temperature of Zinc(II) Xanthates and Its Impact on Curing of Epoxy Resin. *Zeitschrift für anorganische und allgemeine Chemie*, 642, 134-139.

- Varade, D., Carriere, D., Arriaga, L. R., Fameau, A. L., Rio, E., Langevin, D. and Drenckhan, W. 2011. On the Origin of the Stability of Foams Made from Catanionic Surfactant Mixtures. *Soft Matter*, 7, 6557-6570.
- Vautrin, C., Dubois, M., Zemb, T., Schmolzer, S., Hoffmann, H. and Gradzielski, M. 2003. Chain Melting in Swollen Catanionic Bilayers. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 217, 165-170.
- Venigalla, M., Gyengesi, E. and Münch, G. 2015. Curcumin and Apigenin - Novel and Promising Therapeutics against Chronic Neuroinflammation in Alzheimer's Disease. *Neural Regeneration Research*, 10, 1181-1185.
- Viana, R. B., Da Silva, A. B. F. and Pimentel, A. S. 2012. Infrared Spectroscopy of Anionic, Cationic, and Zwitterionic Surfactants. *Advances in Physical Chemistry*, 2012, 14.
- Vill, V., Von Minden, H. M., Koch, M. H. J., Seydel, U. and Brandenburg, K. 2000. Thermotropic and Lyotropic Properties of Long Chain Alkyl Glycopyranosides: Part I: Monosaccharide Headgroups. *Chemistry and Physics of Lipids*, 104, 75-91.
- Viola, V., Pilolli, F., Piroddi, M., Pierpaoli, E., Orlando, F., Provinciali, M., Betti, M., Mazzini, F. and Galli, F. 2012. Why Tocotrienols Work Better: Insights into the in Vitro Anti-Cancer Mechanism of Vitamin E. *Genes and Nutrition*, 7, 29-41.
- Vlachy, N., Jagoda-Cwiklik, B., Vácha, R., Touraud, D., Jungwirth, P. and Kunz, W. 2009a. Hofmeister Series and Specific Interactions of Charged Headgroups with Aqueous Ions. *Advances in Colloid and Interface Science*, 146, 42-47.
- Vlachy, N., Touraud, D., Heilmann, J. and Kunz, W. 2009b. Determining the Cytotoxicity of Catanionic Surfactant Mixtures on Hela Cells. *Colloids and Surfaces B: Biointerfaces*, 70, 278-280.
- Volli, V. and Purkait, M. K. 2014. Physico-Chemical Properties and Thermal Degradation Studies of Commercial Oils in Nitrogen Atmosphere. *Fuel*, 117, 1010-1019.
- Wang, C., Tang, S., Huang, J., Zhang, X. and Fu, H. 2002. Transformation from Precipitates to Vesicles in Mixed Cationic and Anionic Surfactant Systems. *Colloid and Polymer Science*, 280, 770-774.
- Wang, D., Liu, Q., Cheng, H., Zhang, S. and Zuo, X. 2017. Effect of Reaction Temperature on Intercalation of Octyltrimethylammonium Chloride into Kaolinite. *Journal of Thermal Analysis and Calorimetry*, 128, 1555-1564.
- Wang, D., Ou, K., Yang, Z., Lin, M. and Dong, Z. 2019. Thermodynamic Insights and Molecular Environments into Catanionic Surfactant Systems: Influence of Chain Length and Molar Ratio. *Journal of Colloid and Interface Science*, 548, 77-87.

- Wang, J., Zheng, X., Hao, W., Xu, N. and Pan, X. 2012. Synthesis of Hyper-Branched Quaternary Ammonium Salt and Its Application into Montmorillonite. *Powder Technology*, 221, 80-89.
- Wang, L., Wang, W., Wang, Y., Xiong, G., Mei, X., Wu, W., Ding, A., Li, X., Qiao, Y. and Liao, L. 2018. Effects of Fatty Acid Chain Length on Properties of Potato Starch–Fatty Acid Complexes under Partially Gelatinization. *International Journal of Food Properties*, 21, 2121-2134.
- Wang, X., Danoff, E. J., Sinkov, N. A., Lee, J.-H., Raghavan, S. R. and English, D. S. 2006a. Highly Efficient Capture and Long-Term Encapsulation of Dye by Catanionic Surfactant Vesicles. *Langmuir*, 22, 6461-6464.
- Wang, Y. and Marques, E. F. 2010. Mesophase Formation and Thermal Behavior of Catanionic Mixtures of Gemini Surfactants with Sodium Alkylsulfates. *Journal of Thermal Analysis and Calorimetry*, 100, 501-508.
- Wang, Y., Pereira, C. M., Marques, E. F., Brito, R. O., Ferreira, E. S. and Silva, F. 2006b. Catanionic Surfactant Films at the Air–Water Interface. *Thin Solid Films*, 515, 2031-2037.
- Wang, Y. D., Zhang, S., Ma, C. L. and Li, H. D. 2007. Synthesis and Room Temperature Photoluminescence of ZnO/CTAB Ordered Layered Nanocomposite with Flake-Like Architecture. *Journal of Luminescence*, 126, 661-664.
- Welsh, J. 2013. Chapter 40 - Animal Models for Studying Prevention and Treatment of Breast Cancer. In: CONN, P. M. (ed.) *Animal Models for the Study of Human Disease*. Boston: Academic Press.
- Weschayanwivat, P., Kunanupap, O. and Scamehorn, J. F. 2008. Benzene Removal from Waste Water Using Aqueous Surfactant Two-Phase Extraction with Cationic and Anionic Surfactant Mixtures. *Chemosphere*, 72, 1043-1048.
- Wickramasinghe, N. S., Jo, H., McDonald, J. M. and Hardy, R. W. 1996. Stearate Inhibition of Breast Cancer Cell Proliferation. A Mechanism Involving Epidermal Growth Factor Receptor and G-Proteins. *The American Journal of Pathology*, 148, 987-995.
- Wilken, R., Veena, M. S., Wang, M. B. and Srivatsan, E. S. 2011. Curcumin: A Review of Anti-Cancer Properties and Therapeutic Activity in Head and Neck Squamous Cell Carcinoma. *Molecular Cancer*, 10, 12.
- Wong, S. P., Lim, W. H., Cheng, S.-F. and Chuah, C. H. 2012. Properties of Sodium Methyl Ester Alpha-Sulfo Alkylate/Trimethylammonium Bromide Mixtures. *Journal of Surfactants and Detergents*, 15, 601-611.
- Wu, W., Wang, Y. and Wang, H.-S. 2008. Infrared Spectroscopic Study on Thermal Behavior of Langmuir–Blodgett Films of Octadecylammonium Octadecanoate and Octadecylammonium Octadecanoate-d₃₅. *Vibrational Spectroscopy*, 46, 158-161.

- Xi, Y., Frost, R. L. and He, H. 2007a. Modification of the Surfaces of Wyoming Montmorillonite by the Cationic Surfactants Alkyl Trimethyl, Dialkyl Dimethyl, and Trialkyl Methyl Ammonium Bromides. *Journal of Colloid and Interface Science*, 305, 150-158.
- Xi, Y., Zhou, Q., Frost, R. L. and He, H. 2007b. Thermal Stability of Octadecyltrimethylammonium Bromide Modified Montmorillonite Organoclay. *Journal of Colloid and Interface Science*, 311, 347-353.
- Xie, W., Gao, Z., Pan, W.-P., Hunter, D., Singh, A. and Vaia, R. 2001. Thermal Degradation Chemistry of Alkyl Quaternary Ammonium Montmorillonite. *Chemistry of Materials*, 13, 2979-2990.
- Xie, W., Wang, Y., Huang, Y., Yang, H., Wang, J. and Hu, Z. 2009. Toll-Like Receptor 2 Mediates Invasion Via Activating NF-kappaB in MDA-MB-231 Breast Cancer Cells. *Biochemical and Biophysical Research Communications*, 379, 1027-1032.
- Xu, J., Niu, M. and Xiao, Y. 2017. Hexafluoroisopropanol-Induced Catanionic-Surfactants-Based Coacervate Extraction for Analysis of Lysozyme. *Analytical and Bioanalytical Chemistry*, 409, 1281-1289.
- Xu, Q., Wang, L. and Xing, F. 2011. Synthesis and Properties of Dissymmetric Gemini Surfactants. *Journal of Surfactants and Detergents*, 14, 85-90.
- Xu, W. L., Liu, J. R., Liu, H. K., Qi, G. Y., Sun, X. R., Sun, W. G. and Chen, B. Q. 2009. Inhibition of Proliferation and Induction of Apoptosis by Gamma-Tocotrienol in Human Colon Carcinoma HT-29 Cells. *Nutrition*, 25, 555-566.
- Yan, X. W. and Zhu, J. H. 2002. Novel Vesicular Mesoporous Material Templated by Catanionic Surfactant Self-Assembly. *Studies in Surface Science and Catalysis*, 142, 1189-1196.
- Yeh, S.-J., Yang, Y.-M. and Chang, C.-H. 2005. Cosolvent Effects on the Stability of Catanionic Vesicles Formed from Ion-Pair Amphiphiles. *Langmuir*, 21, 6179-6184.
- Yin, H., Lin, Y., Huang, J. and Ye, J. 2007. Temperature-Induced Vesicle Aggregation in Catanionic Surfactant Systems: The Effects of the Headgroup and Counterion. *Langmuir*, 23, 4225-4230.
- Yip, C. H., Taib, N. A. and Mohamed, I. 2006. Epidemiology of Breast Cancer in Malaysia. *Asian Pacific Journal of Cancer Prevention*, 7, 369-374.
- Youliden, D. R., Cramb, S. M., Yip, C. H. and Baade, P. D. 2014. Incidence and Mortality of Female Breast Cancer in the Asia-Pacific Region. *Cancer Biology and Medicine*, 11, 101-115.
- Yu, W.-Y., Yang, Y.-M. and Chang, C.-H. 2005. Cosolvent Effects on the Spontaneous Formation of Vesicles from 1:1 Anionic and Cationic Surfactant Mixtures. *Langmuir*, 21, 6185-6193.

- Yuan, C., Xu, Z., Fan, M., Liu, H., Xie, Y. and Zhu, T. 2014. Study on Characteristics and Harm of Surfactants. *Journal of Chemical and Pharmaceutical Research*, 6, 2233-2237.
- Zainol, S., Basri, M., Basri, H. B., Shamsuddin, A. F., Abdul-Gani, S. S., Karjiban, R. A. and Abdul-Malek, E. 2012. Formulation Optimization of a Palm-Based Nanoemulsion System Containing Levodopa. *International Journal of Molecular Sciences*, 13, 13049-13064.
- Zaman, M. S., Chauhan, N., Yallapu, M. M., Gara, R. K., Maher, D. M., Kumari, S., Sikander, M., Khan, S., Zafar, N., Jaggi, M. and Chauhan, S. C. 2016. Curcumin Nanoformulation for Cervical Cancer Treatment. *Scientific Reports*, 6, 20051.
- Zeng, J.-L., Zhu, F.-R., Yu, S.-B., Xiao, Z.-L., Yan, W.-P., Zheng, S.-H., Zhang, L., Sun, L.-X. and Cao, Z. 2013. Myristic Acid/Polyaniline Composites as Form Stable Phase Change Materials for Thermal Energy Storage. *Solar Energy Materials and Solar Cells*, 114, 136-140.
- Zhang, C., Geng, T., Jiang, Y., Zhao, L., Ju, H. and Wang, Y. 2017. Impact of NaCl Concentration on Equilibrium and Dynamic Surface Adsorption of Cationic Surfactants in Aqueous Solution. *Journal of Molecular Liquids*, 238, 423-429.
- Zhang, J., Pi, B., Wang, X., Yang, Z., Lv, Q. and Lin, M. 2018. Formation of Polyhedral Vesicle Gels from Catanionic Mixtures of Hydrogenated and Perfluorinated Surfactants: Effect of Fluoro-Carbon Alkyl Chain Lengths. *Soft Matter*, 14, 8231-8238.
- Zhang, L., Gu, F. X., Chan, J. M., Wang, A. Z., Langer, R. S. and Farokhzad, O. C. 2008. Nanoparticles in Medicine: Therapeutic Applications and Developments. *Clinical Pharmacology and Therapeutics*, 83, 761-769.
- Zhang, N., Yuan, Y., Du, Y., Cao, X. and Yuan, Y. 2014a. Preparation and Properties of Palmitic-Stearic Acid Eutectic Mixture/Expanded Graphite Composite as Phase Change Material for Energy Storage. *Energy*, 78, 950-956.
- Zhang, N., Yuan, Y., Yuan, Y., Li, T. and Cao, X. 2014b. Lauric-Palmitic-Stearic Acid/Expanded Perlite Composite as Form-Stable Phase Change Material: Preparation and Thermal Properties. *Energy and Buildings*, 82, 505-511.
- Zhang, S., Ding, S., Yu, J., Chen, X., Lei, Q. and Fang, W. 2015. Antibacterial Activity, *in Vitro* Cytotoxicity, and Cell Cycle Arrest of Gemini Quaternary Ammonium Surfactants. *Langmuir*, 31, 12161-12169.
- Zhao, D., Li, H., Song, A. and Hao, J. 2009. Phase Behavior and Properties of Salt-Free Cationic/Anionic Surfactant Mixtures of Oleic Acid and Stearic Acid. *Chinese Science Bulletin*, 54, 3953-3957.
- Zhao, M., Gao, M., Dai, C., Wang, S., Chen, W., Liu, Y., Wu, X. and Xu, Z. 2016. A Novel Study on the Gel Phase Formed in a Catanionic Surfactant System. *Journal of Surfactants and Detergents*, 19, 519-525.

- Zheng, M., Falkeborg, M., Zheng, Y., Yang, T. and Xu, X. 2013. Formulation and Characterization of Nanostructured Lipid Carriers Containing a Mixed Lipids Core. *Colloids and Surfaces A: Physicochemical and Engineering Aspects*, 430, 76-84.
- Zhou, D., Zhou, Y., Liu, Y., Luo, X. and Yuan, J. 2019. Preparation and Performance of Capric-Myristic Acid Binary Eutectic Mixtures for Latent Heat Thermal Energy Storages. *Journal of Nanomaterials*, 2019, 9.
- Zhou, Q. and Rosen, M. J. 2003. Molecular Interactions of Surfactants in Mixed Monolayers at the Air/Aqueous Solution Interface and in Mixed Micelles in Aqueous Media: The Regular Solution Approach. *Langmuir*, 19, 4555-4562.
- Zhu, Y. and Free, M. L. 2015. Evaluation of Ion Effects on Surfactant Aggregation from Improved Molecular Thermodynamic Modeling. *Industrial & Engineering Chemistry Research*, 54, 9052-9056.



© COPY