

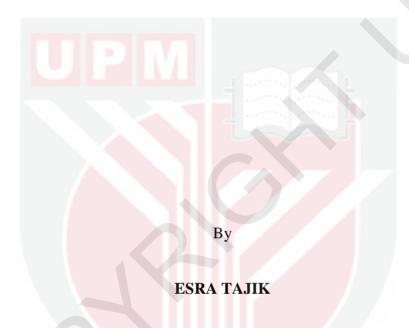
DEVELOPMENT AND EFFECTIVENESS OF HEALTHY LIFESTYLE EDUCATIONAL INTERVENTION MODULE TO REDUCE STRESS AMONG SCHOOL-GOING ADOLESCENTS IN PASIR GUDANG, JOHOR, MALAYSIA

ESRA TAJIK

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Thesis submitted to the School of Graduate Studies, Universiti Putra Malaysia, in Fulfillment of the Requirements for the Degree of Doctor of Philosophy

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