



**UNIVERSITI PUTRA MALAYSIA**

**THE EFFECT OF DIFFERENT EXTRACTION METHODS ON  
ANTIOXIDANT ACTIVITY OF *ANNONA MURICATA*, *CLINACANTHUS  
NUTANS* AND *PERSICARIA HYDROPIPER***

**NOOR SYAHIRAH ABDULLAH**

**FBSB 2015 157**

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**NOOR SYAHIRAH BINTI ABDULLAH**

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ANTIOXIDANT ACTIVITY OF *ANNONA MURICATA*, *CLINACANTHUS  
NUTANS* AND *PERSICARIA HYDROPIPER***



**By**

**NOOR SYAHIRAH BINTI ABDULLAH**

**Thesis Submitted to the Department of Cell and Molecular Biology,**

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THE EFFECT OF DIFFERENT EXTRACTION METHODS ON ANTIOXIDANT ACTIVITY OF *ANNONA MURICATA*, *CLINACANTHUS NUTANS* AND *PERSICARIA HYDROPIPER*

By

NOOR SYAHIRAH BINTI ABDULLAH

June 2015

Chair: Dr. Nik Mohd Afizan Bin Nik Abd Rahman, PhD

Faculty: Biotechnology and Biomolecular Sciences

Antioxidants are compound that helps to scavenge the reactive oxygen species (ROS) found in human body. The ROS are not naturally found in human body, but they can enter human cells through radiation, consumption of foods, life style or even from the environment. Reaction from the reactive oxygen species may cause cell and tissue damage which may leads to cancer formation. Ancient traditional medicine uses herbs to treat several cancers, internal and external wounds although they did not possess any scientific knowledge regarding the scavenging activity presents in those herbs. Plant basically produces active compounds that are required for their metabolisms and catabolisms. Antioxidant activity is a way of controlling ROS through scavenging activity which are also produced naturally in plants. Extraction for the antioxidant activity on *Annona muricata*, *Clinacanthus nutans* and *Persicaria hydropiper* is performed by using different extraction methods; methanol, ethanol,

water and hexane in order to determine which extraction methods will give the highest yields. The crude samples obtained from the extraction process will then further analysed for its scavenging activity to determine which plants contains the highest antioxidant activity. The data obtained shows that methanol extract of *A. muricata* gives the highest yield of active compounds.



Abstrak tesis yang dikemukakan kepada Jabatan Biologi Sel dan Molekul

Sebagai memenuhi keperluan untuk ijazah Biologi Sel dan Molekul

KESAN KAEDAH EKSTRAK YANG BERBEZA BAGI AKTIVITI  
ANTIOKSIDAN DALAM *ANNONA MURICATA*, *CLINACANTHUS NUTANS*  
DAN *PERSICARIA HYDROPIPER*

Oleh

NOOR SYAHIRAH BINTI ABDULLAH

Jun 2015

Pengerusi : Dr. Nik Mohd Afizan Bin Nik Abd Rahman, PhD

Fakulti : Bioteknologi dan Sains Biomolekul

Antioksidan adalah sejenis molekul yang membantu dalam menghapuskan radikal bebas yang terdapat dalam tubuh badan manusia. Radikal bebas tidak terdapat di dalam badan manusia secara semula jadi, sebaliknya ia boleh mengganggu system badan manusia melalui radiasi, pola pemakanan, cara hidup ataupun melalui persekitaran sekeliling yang tidak sihat. Hasil tindak balas daripada radikal bebas boleh mengakibatkan kerosakan sel dan tisu badan dan berupaya mengakibatkan penghasilan sel-sel kanser. Penggunaan ubat-ubatan tradisional yang berasaskan herba telah lama digunakan untuk merawat kanser serta luka dalaman dan luaran walaupun tiada pengetahuan saintifik wujud mengenai penghapusan radikal bebas

yang terdapat pada herba tersebut. Secara asasnya, tumbuhan menghasilkan komponen-komponen aktif yang diperlukan dalam proses metabolisme dan katabolisma. Antioksidan merupakan salah satu cara mengawal radikal bebas melalui process penghapusan radikal bebas yang turut dihasilkan secara semula jadi daripada tumbuhan. Ekstrak untuk menilai aktiviti antioksidan pada tiga jenis pokok, *Annona muricata*, *Clinacanthus nutans* dan *Persicaria hydropiper* diperoleh menggunakan etanol, metanol, hexan dan air untuk mengenal pasti cara ekstrak yang lebih berkesan. Bahan mentah yang diperoleh hasil daripada ekstrak akan digunakan untuk mengkaji kandungan antioksidan yang paling tinggi antara ketiga-tiga jenis tumbuhan tersebut. Menurut keputusan yang diperoleh, proses ekstrak menggunakan metana memberikan hasil yang lebih banyak dan analisis daripada hasil ekstrak membuktikan bahawa kandungan antioksidan dalam *A.muricata* adalah lebih tinggi.

## APPROVAL

This thesis was submitted to the Department of Cell and Molecular Biology, Faculty of Biotechnology and Biomolecular Sciences and has been accepted as fulfilment of the requirement for the degree of Cell and Molecular Biology. The member of the Supervisory Committee was as follows:

Name: Prof. Madya Dr. Janna Ong Abdullah, PhD

Title: Professor Madya

Faculty of Biotechnology and Biomolecular Science

Universiti Putra Malaysia

---

(Prof. Madya Dr. Janna Ong Abdullah)

Head of Department of Cell and Molecular Biology

Faculty of Biotechnology and Biomolecular Sciences

Universiti Putra Malaysia

Date :



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### Declaration by undergraduate student

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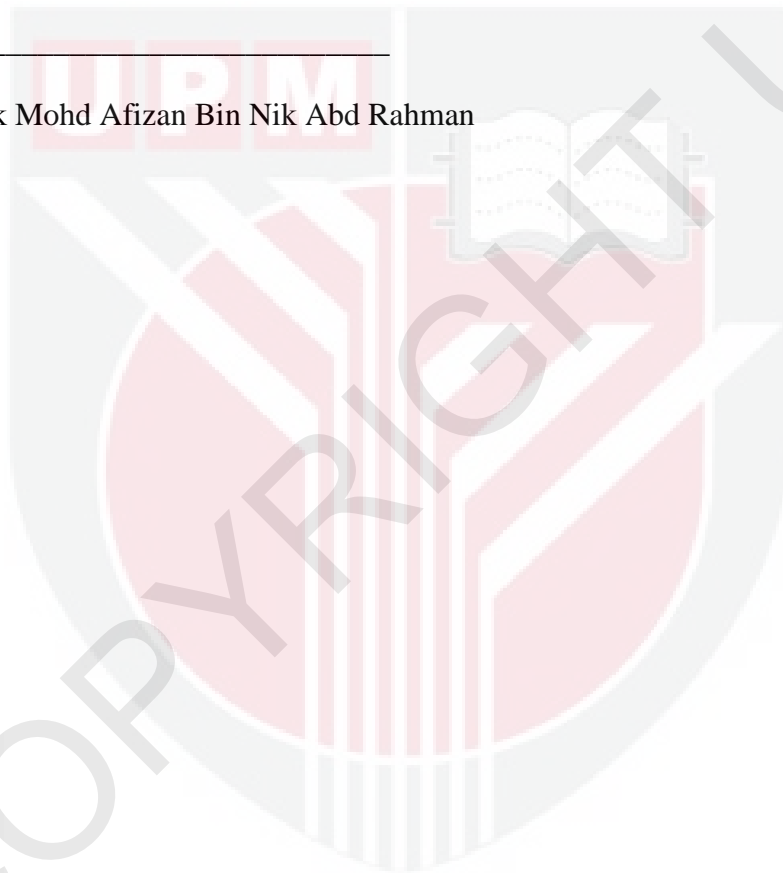
This is to confirm that:

- the research conducted and the writing of this thesis was under our supervision

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---

Dr. Nik Mohd Afizan Bin Nik Abd Rahman



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Lastly, I hope this research can provide valuable information for future guidance.

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## LIST OF ABBREVIATIONS

AA	Ascorbate
AlCl <sub>3</sub>	Aluminium chloride
CAT	Catalase
DHAR	Dehydroascorbate reductase
DPPH	2,2-diphenyl-2-picrylhydrazyl free radical
ELISA	Enzyme-linked immunosorbent assay
FC	Follin-Ciocalteu
FRAP	Ferric Ion Reducing Antioxidant Power
GPX	glutathione peroxidase
GSH	Glutathione
H <sub>2</sub> O <sub>2</sub>	Hydrogen peroxide
MDHAR	Monodehydroascorbate
mg	Milligram
nm	Nanometre
NaOH	Sodium hydroxide
NaNO <sub>3</sub>	Sodium nitrate
O <sub>2</sub> <sup>-</sup>	Superoxide radical
O <sub>2</sub> <sup>1</sup>	Singlet oxygen
POX	Peroxidase
ROS	Reactive oxygen species
SOD	Superoxide dismutase
TFC	Total Flavonoid Content
TPC	Total Phenolic Content
TPTZ	Tripyridyltriazine
%	Percentage

°C	Degree Celcius
μg	Microgram
μl	Microliter
μg/ml	Microgram per milligram



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## CHAPTER 1

### Introduction

*Annona muricata*, *Clinacanthus nutans*, and *Persicaria hydropiper* are plants that can be found abundance in Malaysia and are believed to have good antioxidant activity depending on their scavenging activity and bioactive compounds. The bioactive compound or is polyphenolic contents are considered as the secondary product and produced naturally in the plants especially for metabolism and biochemical defence system. Plants secondary metabolites are also required for plant differentiation and development (Collin, 2000). Different parts of the plant have different concentration of secondary metabolites. On the other hand, production of reactive oxygen species (ROS) comes about with side effect which is detrimental to both plant and human even though it is an important mechanism for plant development.

Since ancient times, herbs and medicinal plants have been used to relieve pain, cure disease, treat external or internal tissue damage and cure cancer. Usually, they consume this plant either by making tea out of the leaves; applying it directly to the wounded area or by consuming it together with their diets. Extracting the phytochemical content of the secondary metabolites requires proper extraction procedure. Different extraction methods will give different results of its antioxidant activity when subsequent antioxidant assay is performed. Methanol, ethanol, water and hexane act as the extraction solutions in which each of this solution was used to extract the active compound present in the plant samples. These different extraction processes produce various extraction yield depending on the polarity of the active compound. Total phenolic content (TPC), total flavonoid content (TFC), fluorescent

Ferric Ion Reducing Antioxidant Power (FRAP) and 2,2-diphenyl-2-picrylhydrazyl free radical (DPPH) assay were used to determine the antioxidant activity. DPPH is stable free radicals that are used to measure the scavenging activity of the bioactive compounds. The scavenging activity was measured by determining the color changes occurred from violet color into pale yellow color; the reduced form of free radicals. The color variation produced was then expressed using IC<sub>50</sub>. This value was then determine the concentration of antioxidant required to scavenge 50% of the free radicals. FRAP also have the same principal, in which the antioxidant capacity of the samples were determined based on the ability to reduce ferric tripyridyli triazine (Fe<sup>3</sup>TPTZ) into Fe<sup>2</sup>TPTZ. Intense blue color will achieve if the samples contain high antioxidant activity (Litescu *et al.*, 2010). Phenolic content are basically determined based on the reduction of phosphotungstate-phosphomolybdenum complex by phenolate ion which causes formation of blue color. When phenolic content are higher, the blue color will become darker which shows antioxidant activity are higher (Mamta *et al.*, 2013). Flavonoid content was also determined using aluminium chloride colorimetric assay. The formation of stable complex formed between aluminium and hydroxyl group of flavonoids which causes the formation of dark blue intensity. This blue colour is detected using ELISA at 430 nm. As the flavonoids content is higher, the color will become darker.

Therefore, the objectives of the study are:

1. To perform different extraction methods that will give the highest yield.
2. To analyse the effect of different extraction methods on the antioxidant activity of *Annona muricata*, *Clinacanthus nutans* and *Persicaria hydropiper*.

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