

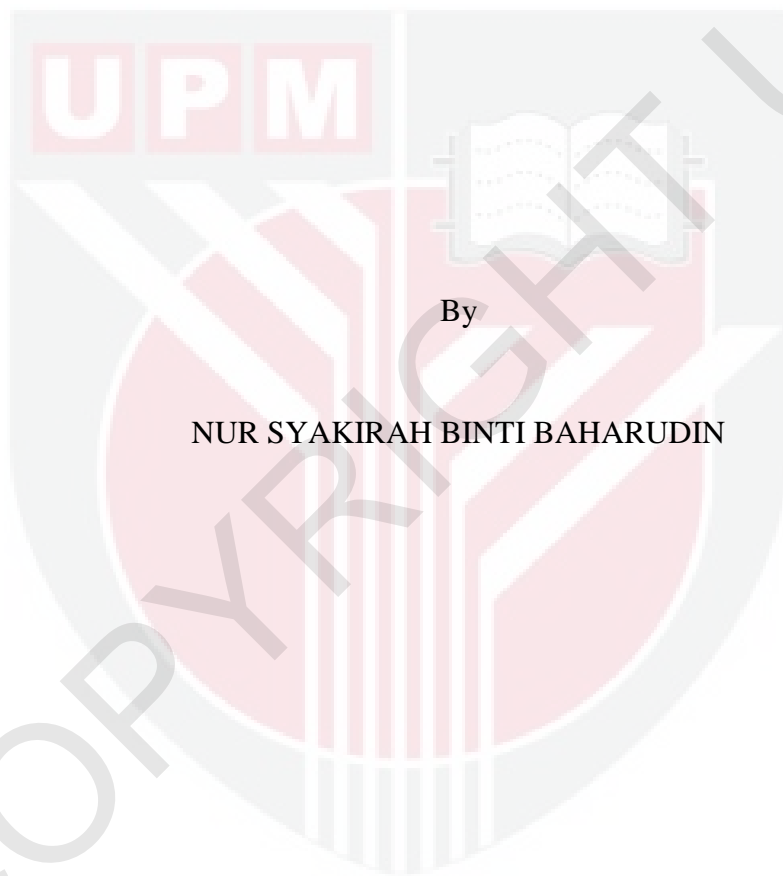


***THE PERCEPTION OF UPM'S STUDENTS IN OUTDOOR RECREATION  
CAMP***

**NUR SYAKIRAH BINTI BAHARUDIN**

**FH 2019 91**

**THE PERCEPTION OF UPM'S STUDENTS IN OUTDOOR RECREATION  
CAMP**



By

**NUR SYAKIRAH BINTI BAHARUDIN**

Research Project Report submitted in partial fulfillment of the requirements

for the Degree of Bachelor of Park and Recreation Science in the

Faculty of Forestry

Universiti Putra Malaysia

2019

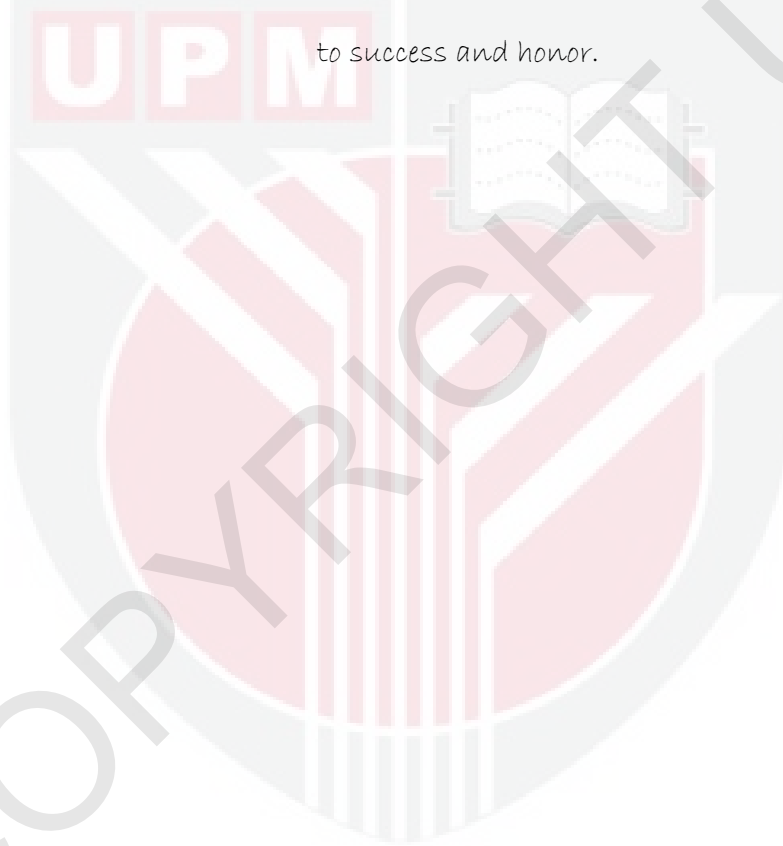
## **DEDICATION**

Every challenging work needs self-efforts as well as guidance of elders especially those who were very close to our heart.

My humble effort I dedicate to my sweet and loving

Mama and Abah,

Whose affection, love, encouragement and prays of day and night make me able to success and honor.



## ABSTRACT

The motivation behind this investigation is to evaluate the student' observation on going to outdoor recreation camp then the impact of camp in student's expectation. The growth of outdoor recreation camp like a mushroom. Thus, the opportunities to involve in outdoor recreation camp more variety. It is trusted that, by going to such camp, the participant can improve their execution in their day to day life. The assessment was finished by breaking down the adequacy criteria, the outer and inside components associated with the camp and the reasonableness of the exercises. From the questionnaire, information acquired were demographic characteristic and the participants' level satisfaction towards outdoor recreation camp. The study uncovers that the components that impact the adequacy of outdoor recreation camp were outer factors, for example, modules led and the fundamental facilities in the camp. Then, there are changes in performance after participants have participated in program/camp. The study concludes that the importance of outdoor recreation camp and the needs to evaluate the perception by identifying the strengths and weakness.

## ABSTRAK

Motivasi di sebalik kajian ini adalah untuk menilai pemerhatian pelajar ke kem rekreasi luar serta kesan kem di dalam jangkaan pelajar. Pertumbuhan kem rekreasi luar seperti cendawan. Oleh itu, peluang untuk melibatkan diri dalam kem rekreasi luar lebih banyak. Percayalah, dengan pergi ke kem tersebut, peserta dapat meningkatkan pelaksanaannya dalam kehidupan sehari-hari mereka. Penilaian itu telah selesai dengan memecahkan kriteria kepuasan, bahagian luar dan dalam yang berkaitan dengan kem dan kewajaran latihan. Daripada soal selidik, maklumat yang diperolehi adalah ciri demografi dan kepuasan tahap para peserta ke kem rekreasi luar. Kajian itu mendedahkan bahawa komponen yang mempengaruhi kecekapan kem rekreasi luar adalah faktor luar, contohnya, modul yang dipimpin dan kemudahan asas di kem. Kemudian, terdapat perubahan dalam prestasi selepas peserta menyertai program / perkhemahan. Kajian ini menyimpulkan bahawa kepentingan pusat rekreasi luar dan keperluan untuk menilai persepsi dengan mengenal pasti kekuatan dan kelemahan.

## ACKNOWLEDGEMENT

Thanks to Allah Almighty, Who enabled me to finish my research. I revere the patronage and moral support extended with love, by my parents whose financial support and passionate encouragement made it possible for me to complete this project.

I submit my heartiest gratitude to my respected supervisor, Dr. Mohd Hafizal bin Ismail for his sincere guidance and help me a lot for completing this research. I am deeply indebted to my respected lecturers for their invaluable help in preparing this thesis.

My greatest gratitude and appreciate extended to my examiners, Dr. Azita binti Ahmad Zawawi and Dr. Siti Suriawati binti Isa for their honest critics and support in my project.

My joy knows no bounds in expressing my cordial gratitude to my fellow friends Kenaboi, who have supported me throughout this process. I will always appreciate all they have done for me, especially my friends under same supervisor, Nurul Nazmira, Hasnura Hazlin and Iqwan Aliff. Their keen interest and encouragement were great help throughout the course of this research work.

I humbly extend my thanks to all concerned persons who co-operated with me in this regard.

## APPROVAL SHEET

I certify that this research project entitled “**The Perception of Upm’s Students in Outdoor Recreation Camp**” by Nur Syakirah binti Baharudin has been examined and approved as a partial fulfillment of requirements for degree of Bachelor of Park and Recreation Science, Universiti Putra Malaysia.

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Dr. Mohd Hafizal bin Ismail

Faculty of Forestry

Universiti Putra Malaysia

(Supervisor)

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Prof. Dr. Mohamed Zakaria Hussin

Dean

Faculty of Forestry

Universiti Putra Malaysia

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## LIST OF ABBREVIATION

**ANOVA**  
**SPSS**  
**UPM**

Analysis of Variance  
Statistical Package for Social Science  
Universiti Putra Malaysia



## CHAPTER 1

### INTRODUCTION

#### 1.1 Background

In Malaysia, outdoor recreation camps become popular approach for improving the performances of students in their daily life. Hence, the outdoor recreation camp is familiar to the public, especially students. The outdoor recreation camps are usually held at the nature environment and the participation is focused on a student that want to achieve excellence academic but also excellence in their daily life. Therefore, there are various type of outdoor recreation camp such as leadership camp, motivation camp, nature camp, team building and others that organized by the school and the private sector to help student excellence.

In addition, outdoor recreation camps are also held at universities. The involvement of students in many social activities could beneficially to them either directly or indirectly. In fact, university is a place where students can get exposed for multiple soft skills if they involve to many program or activity provided by university's student association and staffs. Moreover, the outdoor recreation camp trained students in terms of endurance and self-esteem. This is said because after attending the program, students are able to face challenges in education and in life. For example, in the Outdoor Recreation Camp students are exposed to a variety of activities that test the physical and student self-esteem. The experience and exposure enable students to be prepared to face any challenges that everyone will face. So, this proves that the

outdoor program seeks to increase the resilience of students to live a life of challenges.

Besides academic excellence, it is a necessity for our student to have the opportunity to grow towards physical, emotional, civic and social competence to ensure positive youth development. Moreover, the student would require a dependency on various group supports in particular from a family, community and other institutions such as organized recreation and camp programme. This outdoor recreation camp provides the students with physical activities, develop creative self-expression, positive social interactions, competence and achievement as individuals as well as in groups.

## 1.2 Problem Statement

Although the outdoor recreation camps have received warm welcome among students in Malaysia, it does not run away from a number of issues that began to squeeze on the development of this field especially at the stage of the camps. Nowadays, the establishment of outdoor recreation camp has become a trend. It is believed that, by attending such outdoor recreation camp, the participant can improve their performance in their daily life (Metro News, 2018). In this case, the trending of Outdoor Recreation Camp has been designed to consume among the students including university's students. The organizer which conduct the motivational camp programmes is expected to enhance students' performance, especially in their studies (Gbollie & Keamu, 2017). Moreover, the camp also expected to encourage the students' self-confidence, an effective learning process, and strategies to achieve study performance. Therefore, the demand for such a camp highly needed as part of the learning process mechanism. According to Zimmerman as cited in Gbollie & Keamu (2017), Collins found highly efficacious students to be quickly capable of rejecting faulty strategies, solving more problems, and reworking more previously difficult problems than their less efficacious counterparts.

The public perception about outdoor recreation camp is always related as a place to switch the behavior change into something positive such as attitude and knowledge. However, the issue that occurred at certain camp has slightly changed the perception of the public towards the Outdoor RecreationCamp. There are several organizers conducted Outdoor Recreation Camp lead to the issue that related to student

behavior. For example, according to Khoo (2013) in Star Online report that the participant from local camp was charged with killing at the death of other trainees in Pahang. The report revealed that the cause of the incident happens by the victim who cut the queue line while taking a meal. These issues show that the behavior of students cannot be controlled even in a camp that provides a full discipline. According to Schunk (2017), students must be monitored, regulated and controlled their cognition, motivation, and behavior as part of self-regulated learning.

Apart from that, since many consultant agencies are conducting outdoor recreation camp, the effectiveness of the module in achieving objectives is unclear. Therefore, assessment of the effectiveness of each module conducted is essential to make sure the activities in the module are appropriate to be conducted. The suitability and benefits of the module in the camp must be ascertained. In Pahang, organizers of motivational camps provide irrelevant activity modules where they are outrageous by forcing the participants to get naked (Han Sean & Chan, 2017). It is clearly to blame the module that makes the participants have no choice to do with that. The module can increase motivation by encouraging students to do their best, setting high expectations, allowing students some choice where possible, and using lessons that involve higher-order thinking, collaboration, and student participation, among other strategies (Martin, 2004).



Successful environment provides freedom of action and stimulation of ideas, coupled with a respectful and nurturant attitude toward potential geniuses (Serdyukov, 2017). In addition, outdoor recreation camp/programs should provide different learning environments for students who are struggling with academics or have behavioral problems. The place provided is not necessarily complete and luxurious but it is enough to provide basic needs to the student to learn something from it. For instance, students may be incidentally expelled from their customary college and set in a setting that gives extra advising, conduct and stresses the board classes, and guidance in study aptitudes and time the executives, notwithstanding scholastic guidance. Nichols and Miller (1994) find that students more willingly adopt learning goals and have higher levels of self-efficacy, which leads to higher motivation, in a cooperative environment. This matter can be explained through an issue in Balik Pulau in 2016 where 200 trainees at the White Resort camp is threatening to leave the camp because of the severe facility conditions food preparation is poor (Bernama, 2013)

Therefore, the study was conducted to assess whether the outdoor recreation camp conducted by the selected organizations are effective or ineffective in student performance in terms of module, facilities, and services.

### 1.3 Research Objectives

- a. To determine the perception of UPM student's perception about attending camp's module.
- b. To determine UPM student's perception about camp's physical setting.
- c. To identify the factor that influence student attending outdoor recreation camp.



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