



EVALUATION, CHARACTERISATION AND MODELLING OF *Aspergillus flavus* IN AFLATOXIN PRODUCTION IN PEANUTS ALONG THE SUPPLY CHAIN

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By

NORLIA BINTI MAHROR

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia,
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May 2019

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Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirements for the degree of Doctor of Philosophy

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Chairman : Professor Jinap Selamat, PhD
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Aflatoxin contamination is a major food safety issue in raw peanuts and peanut-based products worldwide. Thus, an extensive study on aflatoxins and *Aspergillus* spp. in peanuts along the supply chain in Malaysia is needed in order to protect the consumers against the harmful effects of aflatoxins. Generally, this study was aimed to evaluate the aflatoxin contamination, identify, characterise and model the growth of aflatoxigenic *A. flavus* isolated from peanuts collected from the importers, manufacturers, and retailers. In the present study, aflatoxins were found to be significantly higher ($p < 0.05$) in raw peanuts and peanut-based products from the retailers ($< \text{LOD} - 1021.4 \mu\text{g/kg}$) followed by the manufacturers ($< \text{LOD} - 181.9 \mu\text{g/kg}$) while samples from the importers were free from aflatoxins. Total fungal count was relatively higher in raw peanuts ($\log 0.3 - 3.6 \text{ CFU/g}$) as compared to peanut-based products ($\log 0.6 - 2.3 \text{ CFU/g}$) in which samples from the importers recorded the highest contamination level for aflatoxigenic *Aspergillus* spp. ($\log 2.2 \pm 1.1 \text{ CFU/g}$). On the basis of morphological, chemical, and molecular identification, all isolates were identified as *Aspergillus* section *Flavi*. Specifically, 127 isolates were confirmed as *A. flavus*, and one isolate as *A. tamarii*. Six chemotype profiles were proposed indicating the diversity of toxigenic potential. About 58.6%, 68.5%, and 100% of the isolates were positive for aflatoxin, cyclopiazonic acid and aspergillic acid production, respectively. The maximum likelihood (ML) phylogenetic tree using ITS and β -tubulin gene resolved the species into two different clades in which all *A. flavus* (both aflatoxigenic and non-aflatoxigenic) were grouped in the same clade and *A. tamarii* in a different clade. Aflatoxin biosynthesis genes namely *aflR*, *aflP* (*omtA*), *aflD* (*nor-1*), *aflM* (*ver-1*), and *aflC* (*pksA*) were detected in all aflatoxigenic *A. flavus* while the non-aflatoxigenic *A. flavus* failed to amplify at least one of the genes that was tested. The analysis of variance showed a significant effect of strain, temperature and water activity (a_w) on the fungal growth and aflatoxin production ($p < 0.05$). The maximum growth rate, μ_{max} (mm/day) of two aflatoxigenic *A. flavus*, (A8R and A82R)

on PMEAs was estimated by using the primary model of Baranyi and the μ_{\max} was then fitted to the secondary model; second order polynomial and linear Arrhenius-Davey to describe the growth rate as a function of temperature and a_w . In general, the growth rate of *A. flavus* increased with increasing temperature and a_w until reaching the optimum temperature and further increase in a_w beyond this point resulted in decrease growth rate. The growth of *A. flavus* was observed at the minimum a_w of 0.85 under the optimum temperature (32 – 33°C) and the minimum temperature of 20°C with 0.94 a_w . A similar pattern was observed in aflatoxin production but in a narrower range of temperature (25 – 35°C) and a_w (0.92 – 0.98 a_w). In conclusion, *A. flavus* was the predominant species that contaminate peanuts and subsequently produce aflatoxins during the storage period. Therefore, proper storage structures and conditions for peanuts during storage are very important in order to control the growth of aflatoxigenic *A. flavus* and aflatoxin contamination.



Abstrak yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Doktor Falsafah

PENILAIAN, PENCIRIAN DAN PERMODELAN *Aspergillus flavus* TERHADAP PENGHASILAN AFLATOKSIN DALAM KACANG TANAH DI SEPANJANG RANTAIAN BEKALAN

Oleh

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Aflatoksin merupakan isu keselamatan makanan yang utama dalam kacang tanah mentah dan produk berasaskan kacang tanah di seluruh dunia. Oleh itu, kajian menyeluruh mengenai kontaminasi aflatoksin dan *Aspergillus* spp. dalam kacang tanah di sepanjang rantaian bekalan amat diperlukan untuk melindungi pengguna daripada kesan bahaya aflatoksin. Secara amnya, kajian ini bertujuan untuk menilai tahap kontaminasi aflatoksin, mengenalpasti, mencirikan dan memodelkan pertumbuhan *A. flavus* yang bersifat aflatoksigenik daripada kacang tanah yang dikumpul dari pengimport, pengilang, dan peruncit. Dalam kajian ini, kontaminasi aflatoksin didapati lebih tinggi ($p < 0.05$) dalam kacang tanah mentah dan produk berasaskan kacang tanah daripada peruncit ($< \text{LOD} - 1021.4 \mu\text{g/kg}$) diikuti oleh pengeluar ($< \text{LOD} - 181.9 \mu\text{g/kg}$) manakala sampel dari pengimport bebas daripada aflatoksin. Jumlah kulat juga adalah lebih tinggi pada kacang tanah mentah ($\log 0.3 - 3.6 \text{ CFU/g}$) berbanding dengan produk berasaskan kacang tanah ($\log 0.6 - 2.3 \text{ CFU/g}$) di mana sampel dari pengimport mencatatkan tahap kontaminasi tertinggi bagi *Aspergillus* spp. yang aflatoksigenik ($\log 2.2 \pm 1.1 \text{ CFU/g}$). Berdasarkan ciri-ciri morfologi, kimia dan molekul, semua isolat telah dikenalpasti sebagai *Aspergillus* section *Flavi*. Secara khusus, 127 isolat disahkan sebagai *A. flavus*, dan satu isolat sebagai *A. tamarii*. Enam profil *Chemotype* telah dicadangkan bagi menunjukkan kepelbagaian potensi toksigenik di mana kira-kira 58.6%, 68.5%, dan 100% daripada isolat adalah positif untuk aflatoksin, *cyclopiazonic acid* dan *aspergillic acid*. Pohon filogenetik *Maximum Likelihood* (ML) yang menggunakan jujukan ITS dan β -tubulin memisahkan spesies menjadi dua klad yang berbeza di mana semua *A. flavus* (termasuk yang aflatoksigenik dan tidak aflatoksigenik) dikelompokkan dalam klad yang sama dan *A. tamarii* dalam klad yang berasingan. Gen biosintesis aflatoksin, *aflR*, *aflP* (*omtA*), *aflD* (*nor-1*), *aflM* (*ver-1*), dan *pksA* dikesan dalam semua *A. flavus* yang aflatoksigenik manakala *A. flavus* yang tidak aflatoksigenik gagal menunjukkan kehadiran sekurang-kurangnya satu gen yang diuji. Analisis varians menunjukkan kesan signifikan strain, suhu dan a_w pada pertumbuhan kulat dan pengeluaran

aflatoksin ($p < 0.05$). Kadar pertumbuhan maksimum, μ_{\max} (mm/hari) bagi dua *A. flavus* yang aflatoksigenik (A8R dan A82R) pada PMEA dianggarkan dengan menggunakan model utama Baranyi dan μ_{\max} kemudiannya dimasukkan ke dalam model kedua; *second-order polynomial* dan *linear Arrhenius-Davey* untuk menggambarkan kadar pertumbuhan sebagai fungsi suhu dan a_w . Secara umumnya, kadar pertumbuhan *A. flavus* meningkat dengan peningkatan suhu dan a_w sehingga mencapai suhu optimum dan selepas itu kadar pertumbuhan akan menurun. *A. flavus* berupaya tumbuh pada tahap minimum 0.85 a_w di bawah suhu optimum (32 – 33°C) dan suhu minimum 20°C dengan 0.94 a_w . Corak yang sama diperhatikan dalam pengeluaran aflatoksin tetapi pada julat yang lebih sempit (25 – 35°C) dan a_w (0.92 – 0.98 a_w). Kesimpulannya, *A. flavus* adalah spesies utama yang mencemari kacang tanah dan seterusnya menghasilkan aflatoksin semasa tempoh penyimpanan. Oleh itu, struktur dan keadaan penyimpanan yang sesuai untuk kacang tanah adalah sangat penting untuk mengawal pertumbuhan *A. flavus* yang aflatoksigenik dan kontaminasi aflatoksin.

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This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfilment of the requirement for the degree of Doctor of Philosophy. The members of the Supervisory Committee were as follows:

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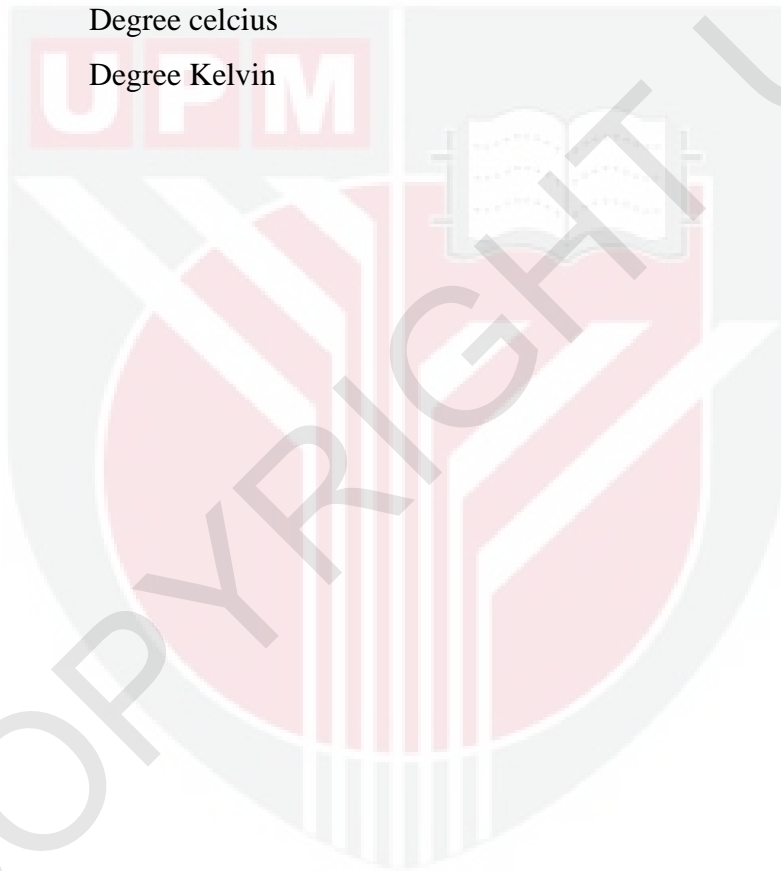
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LIST OF ABBREVIATIONS

AFPA	<i>Aspergillus flavus</i> and <i>Aspergillus parasiticus</i> agar
AFB ₁	Aflatoxin B ₁
AFB ₂	Aflatoxin B ₂
AFG ₁	Aflatoxin G ₁
AFG ₂	Aflatoxin G ₂
a _w	Water activity
BLAST	Basic Local Alignment Search Tool
CAC	Codex Alimentarius Commission
CFU	Colony Forming Unit
CPA	Cyclopiazonic acid
CYA	Czapek Yeast Agar
CZ	Czapek Dox Agar
DG18	Dichloran 18% glycerol agar
EU	European Union
FAO	Food and Agriculture Organization of the United Union
FAOSTAT	FAO Statistical Databases (United Nations)
GMP	Good Manufacturing Practice
HACCP	Hazard Analysis and Critical Control Points
HCC	Hepatocellular carcinoma
HPLC	High Performance Liquid Chromatography
IARC	International Agency for Research on Cancer
ITS	Internal Transcribed Spacer
kg	Kilogram
LOD	Limit of detection
LOQ	Limit of quantification
MEA	Malt Extract Agar
MeOH	Methanol
MOH	Ministry of Health
ML	Maximum Likelihood
mL	Millilitre

NCBI	National Center for Biotechnology Information
ng	Nanogram
PDA	Potato Dextrose Agar
PHRED	Photochemical reactor for enhanced detection
PMEA	Peanut Meal Extract Agar
ppb	Part per billion
USDA	The U.S. Department of Agriculture
WHO	World Health Organization
μL	Microlitre
$^{\circ}\text{C}$	Degree celcius
$^{\circ}\text{K}$	Degree Kelvin



CHAPTER 1

INTRODUCTION

1.1 Background of the study

Peanuts are not a major agricultural product in Malaysia. Almost 95% of the peanuts in the Malaysian market are imported from other countries such as India, China and Vietnam (Afsah-Hejri et al., 2013). Aflatoxins are carcinogenic compounds that are produced mainly by *Aspergillus flavus* and *A. parasiticus* and have been found to be a major problem in peanuts. To date, several analogues of aflatoxins have been identified and characterised with aflatoxin B₁ (AFB₁) being classified as Group 1 carcinogen mostly associated with the development of liver cancer as reported by the International Agency for Research on Cancer (IARC, 1993). In addition, it is also known to cause chronic and serious health diseases known as aflatoxicosis, which is prevalent among children and the elderly. Several studies have found that liver is the main target of aflatoxin and liver cancer is dominant in developing countries that produce and consume peanuts (Liu and Wu, 2010).

The consumption of high concentration of aflatoxins in foods can be fatal. The largest and most severe case of acute aflatoxicosis outbreak was reported in the Eastern and Central Kenya due to aflatoxin's contamination in commercial maize products (Lewis et al., 2005). The outbreak was occurred in the rural area which resulting in 317 cases and 125 deaths. Aflatoxin outbreak in Malaysia was reported in 1988 which caused the deaths of 13 children upon consuming contaminated Chinese noodles known as *loh shi fun*. It was revealed through post-mortem reports that the death was associated with acute encephalopathy. A study by Lye et al. (1995) reported that an estimated 3 mg of aflatoxins were detected in a single serving of that noodle.

Upon realising the potential threats of aflatoxins to health, many countries have therefore established regulations on the amount of aflatoxins in foods and food products (Egmond and Jonker, 2004). Among these, peanuts receive the greatest attention as they are naturally susceptible to *Aspergillus* spp. contamination and the subsequent production of aflatoxins (Waliyar et al., 2015; Gnonlonfin et al., 2013). In this regard, Malaysia has set a maximum limit of 10 µg/kg and 15 µg/kg for total aflatoxin in ready-to-eat peanuts and raw peanuts for further processing, respectively (Food Act, 1983 Food (Amendment) (No.3) Regulations 2014). These regulations were established to help protect the consumers against the harmful effects of aflatoxins by preventing the compounds from entering the peanut supply chain in the country.

Several researchers have estimated the dietary exposure of aflatoxins among the Malaysian population (Chin et al., 2012; Leong et al., 2011; Arzandeh et al., 2010; Leong et al., 2010). For AFB₁, Chin et al. (2012) reported the dietary exposure of 24.3 to 34.0 ng/kg b.w./day. Among 236 food composites tested, peanuts were found to be the main contributor to aflatoxin contamination. Based on this finding, the liver cancer

risk among Malaysian was estimated to be 0.61 – 0.85% cancers/100,000 population/year which contributed to 12.4 –17.3% of the liver cancer cases.

Even though the current maximum regulatory limit was reported to be adequate in protecting Malaysians’ health against aflatoxin, the chronic exposure is still a concern (Chin et al., 2012). Based on Malaysian Food Consumption Statistics 2014, the mean daily intake of peanuts for the total population and among the eaters were 1.86 g/day and 4.95 g/day, respectively as shown in Table 1.1. Generally, the Malays recorded the highest intake for both peanuts and peanut butter. High intake of aflatoxin-contaminated foods for a long period of time will lead to a chronic exposure and increase the risk of hepatocellular carcinoma (HCC), or commonly known as liver cancer.

Table 1.1: Peanuts and peanut butter consumption statistics in Malaysia, 2014.

	Estimated mean intake for total population (g/day)		Estimated mean intake among eaters (g/day)	
	Peanuts	Peanut butter	Peanuts	Peanut butter
Total	1.86	1.09	4.95	6.74
Urban	2.15	1.13	5.73	6.43
Rural	1.19	-	3.6	-
Male	2.49	1.22	6.28	8.79
Female	1.17	0.95	3.61	5.07
Ethnicity				
Malay	1.71	1.09	4.82	6.57
Chinese	-	0.97	-	5.30
India	-	-	-	-
Others	-	-	-	5.74

Source: Food Consumption Statistics of Malaysia, Ministry of Health, Malaysia 2014. (IPH, 2014).

A. flavus and *A. parasiticus* are the main aflatoxin’ producers during pre- and post-harvest stages of peanuts. Various strategies have been applied to control the growth of these aflatoxigenic fungi and subsequently reduce the risk of aflatoxins in peanuts. Aflatoxin management strategies in the field have been reviewed extensively (Waliyar et al., 2015; Torres et al., 2014; Dorner, 2008). However, aflatoxins are still the main concern in the imported peanuts as the aflatoxins could not be eliminated from the products once they are contaminated (Torres et al., 2014; Zorzete et al., 2013; Nakai et al., 2008). Although the aflatoxin regulation in each country could help to protect the consumers from the risk of aflatoxins in the imported peanuts, the presence of aflatoxigenic fungi in the products might increase the chance of aflatoxin production and accumulation in peanuts during storage especially at the manufacturer’ and retailer’s stages.

As a peanut-importing country, Malaysia is more concern on aflatoxin production and contamination during storage as Malaysia's tropical weather favours fungal growth including that of aflatoxigenic fungi (Sulaiman et al., 2007). In addition, the precise identification and characterisation of the aflatoxigenic fungi that could survive and proliferate on the imported peanuts are less studied as compared to the peanuts in the field (Zhang et al., 2017; Pildain et al., 2008; Pildain et al., 2004). To date, there are very few available data in the literatures on the occurrence of aflatoxigenic fungi on the imported peanuts especially in Malaysia.

A study by Guezlane-tebibel et al. (2013) on imported peanuts from China marketed in Algiers reported that *Aspergillus* section *Flavi* occurred the highest with 79.3% of the isolates were highly toxigenic. Three strains of *Aspergillus* section *Flavi* (*A. flavus*, *A. minisclerotigenes* and *A. caelatus*) were identified through the polyphasic approach which included morphological, chemical and molecular techniques. These results indicated that these species were able to survive and contaminate the imported peanuts. In addition, the presence of aflatoxin biosynthesis genes in the aflatoxigenic strains of *Aspergillus* section *Flavi* could be used to confirm the ability of these fungi to produce aflatoxin (Lee et al., 2006).

The predictive modelling approach for fungi as proposed by Garcia et al. (2009) is used to describe the effect of temperature and water activity on the growth of aflatoxigenic fungi and aflatoxins production in peanuts during storage. Such model might be used in the food industry to predict whether the aflatoxigenic fungi are capable to grow when a product is stored under certain conditions (Dantigny et al., 2005). Besides, it could also be used to predict to what extends the fungal growth and aflatoxin might be affected if any changes in temperature or humidity occur during storage. This information is crucial in order to understand the behaviour of the aflatoxigenic fungi in peanuts under certain conditions which in turn could be used as the basis on the improvement of storage condition to ensure the safety and quality of raw peanuts. For *in vitro* study, a food-analogue agar medium using the respective food sample is usually used as the growth medium to study the kinetic growth of fungi such as the growth of *A. flavus* from corn on corn extract medium (Astoreca et al., 2012), *A. ochraceus* on green-coffee based medium (Pardo et al., 2005), and *A. carbonarius* on grape juice agar medium (Tassou et al., 2007).

1.2 Problem statement

In Malaysia, even though aflatoxin contamination in peanuts has been reported, no further studies have been conducted to address this issue (Arzandeh et al., 2010; Hong et al., 2010; Leong et al., 2010). Indeed, the exposure of aflatoxin in Malaysia has also been reported by several researchers (Mohd-Redzwan et al., 2013; Leong et al., 2011). The optimum temperature for *A. flavus* (28 – 35°C) and *A. parasiticus* (25 – 35°C) (Rustom, 1997) are very close to the average temperature in Malaysia (28 – 30°C). This indicates a high probability of the peanuts being contaminated under this condition. As an importing country, peanuts marketed in Malaysia might be contaminated during storage if the storage temperature, relative humidity and the moisture content of peanuts are not monitored.

The importers, manufacturers and retailers are the three main peanut stakeholders in the supply chain in Malaysia. To date, there is no report on the occurrence of aflatoxins in peanuts along the supply chain in Malaysia especially at the importer's and manufacturer's stages except for Farawahida et al. (2018) who reported on aflatoxin and *Aspergillus* spp. contamination in peanuts and peanuts sauces from different manufacturer. The available data on the occurrence of aflatoxins in foodstuffs are mainly on the samples collected from the retailers, and most of the findings revealed high levels of aflatoxin especially in peanuts and peanut-based products (Chin et al., 2012; Reddy et al., 2011; Arzandeh et al., 2010; Leong et al., 2010; Abidin et al., 2003; Ali, 2000). Therefore, more investigations are required in order to identify the critical points of aflatoxin contamination along the peanut supply chain in Malaysia. It is important to know at which stage the *Aspergillus* spp. and aflatoxin contamination begin, and what the possible causes are. Even though aflatoxins are not easily eliminated from the food supply chain, the information will be useful to be used as a database in the development of intervention strategies to control aflatoxin in foodstuffs.

Besides, the effect of storage condition such as temperature and water activity on the growth of aflatoxigenic fungi isolated from imported peanuts are also less documented as compared to the species isolated from peanuts at the post-harvest stage (Waliyar et al., 2015; Torres et al., 2014). In addition, previous researches were only focusing on the peanut-producing countries in the African region (Mutegi et al., 2013a; Wagacha et al., 2013a). According to Waliyar et al. (2015), the optimal bulk storage condition for peanut kernels at post-harvest stage was by maintaining the kernel moisture of <7.5%, temperature of 10°C, and relative humidity of 65%. For the unshelled peanuts, higher moisture content (9%), relative humidity (70%), and temperature (25 – 27°C) were allowed to prevent the aflatoxigenic fungal growth and allow a safe storage of peanuts up to one year for export purpose.

However, the optimal condition could not be maintained during shipping, transportation, and storage at the manufacturer's or retailer's premises due to the fluctuated temperature, inadequate ventilation and condensation which might occur along such processes (Wagacha and Muthomi, 2008). In this case, there is a possibility for re-emergence of the aflatoxigenic fungi in the peanuts once they reached the importing countries. Thus, it is important to identify and characterise the fungal species that could survive in the importing countries and evaluate their ability to re-produce the aflatoxin. Besides, the fungal predictive modelling is also the best approach to describe the effect of temperature and water activity on the growth of aflatoxigenic fungi isolated from the imported peanuts (Garcia et al., 2009).

Due to these reasons, extensive research focusing on the occurrence, identification, and characterisation of these contaminants in peanuts along the supply chain is highly needed in order to evaluate the safety of imported peanuts and to recommend relevant interventions related to the aflatoxin problem.

1.3 Significance of the study

The data and evidence obtained from this study will contribute to a better control of aflatoxin in Malaysia. Data and information from this study can be used by the decision maker or the authority such as the Ministry of Health to target for an intervention such as ensuring a proper enforcement of regulation and conducting a regular surveillance and monitoring in peanuts along the supply chain.

1.4 Objective

1.4.1 General objectives

Generally, this study was aimed to evaluate the aflatoxin contamination, identify, characterise, and model the growth of aflatoxigenic *Aspergillus* spp. found in raw peanuts and peanut-based products collected from the importers, manufacturers, and retailers along the supply chain in Malaysia.

1.4.2 Specific objectives

- i. To determine the level of aflatoxins and *Aspergillus* spp. contamination in raw peanuts and peanut-based products and their critical point along the supply chain.
- ii. To isolate, identify, and characterise the *Aspergillus* section *Flavi* based on the morphological and chemical approach.
- iii. To determine the phylogenetic relationships among the *Aspergillus* section *Flavi* strains and detect the presence of aflatoxin biosynthesis genes.
- iv. To model the growth of *A. flavus* as a function of temperature and water activity on peanut-based agar medium (*in vitro*) and determine the aflatoxin production.

1.5 Research approach

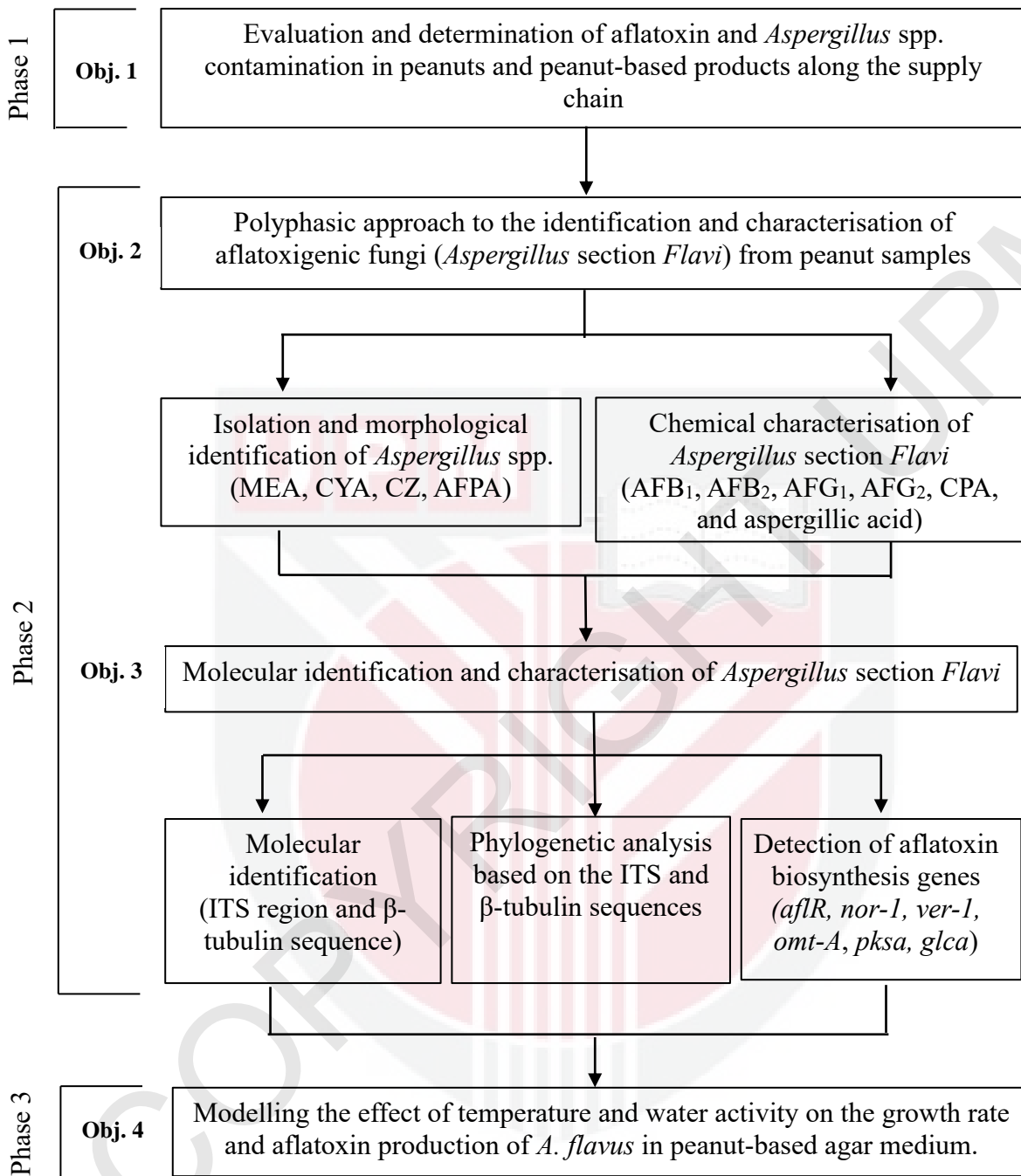


Figure 1.1: Flow chart of the study.

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