



***PHYSICOCHEMICAL AND RHEOLOGICAL PROPERTIES OF FOAM MAT  
DRIED PINEAPPLE *Ananas comosus* POWDERS***

**NUR ATIQAH BINTI SHAARI**

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By

**NUR ATIQAH BINTI SHAARI**

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in  
Fulfilment of the Requirements for the Degree of Master of Science**

**November 2018**

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Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Master of Science

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By

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**November 2018**

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Pineapple fruit (*Ananas comosus*) has a high moisture content and highly perishable. Pineapple fruit has a high sugar content, fibre, sticky, viscous and sensitive to heat which is quite unsuitable for drying methods such as spray drying and drum drying. Foam mat drying is a suitable method for dehydration of any heat sensitive, sticky and viscous materials. The aim of this study was to evaluate the foam properties using different foaming agents at different concentration and whipping time and compare the physicochemical properties of foam mat dried and spray dried pineapple powders. Pineapple juice was foamed using two different protein bases; egg albumen (5, 10, 20% w/w) and fish gelatin (5, 10, 20% w/w) and carbohydrate base; methylcellulose (0.5, 1.0, 1.5% w/w). Then, 5% w/w maltodextrin was added as a foam stabilizer. The mixtures were blended at different whipping time (10, 20 and 30 min) and foam pineapple juice was hot air-dried using cabinet dryer at 50 °C until reached moisture content less than 8% w.b. The dried foam mat was scratched, grinded and analyzed. The results showed that an increase in foaming agent (egg albumen and fish gelatin) concentration significantly increased the foam expansion and significantly decreased foam density ( $p \leq 0.05$ ). Analysis of physicochemical properties (pH, total soluble solid, acidity, water activity, moisture content, total phenolic content, color, water solubility index, water absorption index, bulk density and hygroscopicity) and rheological properties (steady shear and dynamic shear) were done on the reconstituted foam mat dried pineapple powder samples. The effect of temperature and concentration on rheological behavior of spray dried and foam mat dried pineapple juice concentrates were investigated using a rheometer over a wide range of temperatures (25-75 °C) and concentrations (10-50 °Brix). The pineapple juice concentrates fitted to the Power law model and exhibited shear thinning behavior within the range  $0.01 < n < 0.86$ . Consistency coefficient (K) and apparent viscosity of all samples increased as the concentration increased and temperature decreased. The activation energy of spray dried and foam mat dried pineapple juice concentrates treated with egg albumen and fish gelatin were found in the range of 19.96–49.56 kJ/mol, 11.67-36.30 kJ/mol and 12.36-23.66 kJ/mol, respectively. Foam mat dried pineapple juice treated with methylcellulose showed the highest  $G'$  (solid

like) and  $G''$  (liquid like) values at all concentration (10-50 °Brix), followed by samples treated with egg albumen and fish gelatin. Foam mat dried pineapple juices treated with methylcellulose showed lower  $\tan \delta$  which represent concentrated samples followed by foam mat dried pineapple juices treated with egg albumen and fish gelatin. Foam mat dried pineapple powder is suitable for instant beverages and confectionery products like pie filling while spray dried pineapple powder recommended for instant beverages. The obtained data are useful in the food product development and the use of fish gelatin in this study could help in halal product development by replacing the use of mammalian gelatin since it has similar properties.



Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Sarjana Sains

**SIFAT FIZIKOKIMIA DAN REOLOGI SERBUK BUAH NENAS *Ananas comosus* DARI KAEDAH PENGERINGAN DENGAN BUIH**

Oleh

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Nenas (*Ananas comosus*) adalah sejenis buah yang mempunyai kandungan kelembapan yang tinggi dan mudah mengalami kerosakan. Nenas juga mempunyai kandungan gula yang tinggi, kandungan serat yang tinggi, melekit, likat dan sensitif terhadap haba yang mana sifat-sifat ini menjadikan nenas tidak stabil untuk kaedah pengeringan seperti pengeringan sembur dan pengeringan drum. Pengeringan buih adalah kaedah pengeringan yang paling sesuai untuk dehidrasi mana-mana bahan yang sensitif haba, melekit dan likat. Tujuan kajian ini dijalankan adalah untuk menilai sifat-sifat buih menggunakan agen pembuih yang berbeza dan masa kisaran yang berbeza dan kemudian membandingkan sifat-sifat fizikokimia serbuk nenas menggunakan kaedah pengeringan buih dan pengeringan sembur. Jus nenas dibuihkan dengan agen pembuih yang berbeza; putih telur (5, 10, 20% w/w), gelatin ikan (5, 10, 20% w/w) dan metilselulosa (0.5, 1.0, 1.5% w/w) dan 5% w/w maltodekstrin ditambah sebagai agen penstabil. Campuran tersebut kemudian dikisar dengan menggunakan masa kisaran yang berbeza (10, 20 and 30 minit) dan buih jus nenas dikeringkan dalam kabinet pengering pada suhu 50 °C sehingga kandungan kelembapan mencecah kurang daripada 8% w.b. Produk kering kemudian dikisar dan seterusnya dianalisis. Hasil keputusan menunjukkan semakin meningkat kepekatan agen pembuih (putih telur dan gelatin ikan), semakin berkembang buih dan semakin berkurang ketumpatan buih ( $p \leq 0.05$ ). Analisis sifat fizik dan kimia (pH, jumlah pepejal larut, keasidan, aktiviti air, kandungan kelembapan, kandungan jumlah fenolik, warna, indek kelarutan air, indek penyerapan air, ketumpatan pukal dan higroskopisiti) dan sifat reologi (steady shear dan dinamik shear) dijalankan ke atas sampel serbuk nenas. Kesan suhu dan kepekatan ke atas sifat reologi serbuk nenas secara pengeringan sembur dan buih dijalankan menggunakan reometer pada suhu (25-75 °C) and kepekatan (10-50 °Brix). Jus nenas pekat disesuaikan dengan model hukum Power dan menunjukkan shear thinning dengan  $0.01 < n < 0.86$ . Konsisten koefisien (K) dan apparent viskositi untuk semua sampel meningkat dengan peningkatan kepekatan dan pengurangan suhu. Tenaga pengaktifan serbuk nenas secara sembur dan buih menggunakan putih telur dan gelatin ikan adalah pada kadar 19.96–49.56 kJ/mol, 11.67-

36.30 kJ/mol dan 12.36-23.66 kJ/mol, masing-masing. Serbuk nenas secara buih menggunakan agen pembuih metilselulosa menunjukkan nilai  $G'$  dan  $G''$  yang paling tinggi pada setiap kepekatan (10-50 °Brix) diikuti sampel putih telur dan gelatin ikan. Serbuk nenas secara buih yang dilarutkan menggunakan agen pembuih metilselulosa menunjukkan  $\tan \delta$  yang lebih rendah (lebih pekat) diikuti oleh jus nenas yang dibuih menggunakan putih telur dan gelatin ikan. Serbuk nenas secara buih boleh digunakan untuk minuman segera dan produk konfeksi seperti inti pai manakala serbuk nenas secara sembur lebih sesuai untuk membuat jus minuman. Data yang diperolehi berpotensi untuk digunakan pada kajian yang akan datang dan penggunaan gelatin ikan dalam kajian ini dapat membantu dalam penghasilan dan pembangunan produk halal dengan menggantikan penggunaan gelatin mamalia.

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This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfilment of the requirement for the degree of Master of Science. The members of the Supervisory Committee were as follows:

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## LIST OF ABBREVIATIONS

%	Percentage
°C	Degree Celsius
°	Degree
μl	Microliter
μm	Micrometer
Cp	Centipoise
$\dot{\gamma}$	Shear rate
ANOVA	Analysis of variance
AOAC	Association of Official Analytical Chemists
Ea	Activation energy
FAO	Food Agriculture Organizations
GME	Good Manufacturing Europe
G	Gram
G'	Storage modulus
G''	Loss modulus
H	Hour
kJ	Kilojoule
K	Consistency coefficient
Mg	Miligram
ml	Mililitre
Mm	Milimetre
Min	Minutes
Mol	Mole
N	Flow behavior index

$\eta_{100}$	Apparent viscosity at shear rate of $100\text{s}^{-1}$
Pa	Pascal
Pa.s	Pascal second
$R^2$	Coefficient of determination
RH	Relative humidity
Rad	Radian
Rpm	Revolutions per minute
S	Seconds
TSS	Total soluble solid
w/w	Weight per weight
w/v	Weight per volume

# CHAPTER 1

## INTRODUCTION

### 1.1. Research Background

Pineapple (*Ananas comosus*) is one of the most popular tropical fruits after banana and citrus (Jaji, Man & Nawwi, 2018) and it is known for its attractive aroma, flavor and refreshing sugar-acid balance (Noranizan et al., 2011). In Malaysia, pineapple became the first crop grown as a commodity crop with high export potential and raised the position of Malaysia as one of the top three pineapple producers in the world during the late 60s and early 70s (Jaji et al., 2018). Food Agricultural Organizations (FAO) reported that for the year 2013, Malaysia produced 315.977 metric tons of pineapple for the globe and it ranked nineteenth in the pineapple producing countries in the world (FAO, 2013; Agrofood Statistics, 2013).

Pineapple provides essential micronutrients in the human diet especially vitamins and minerals. The nutritional compounds in pineapple are generally identified as phytochemicals such as phenolic compounds which contribute to its antioxidant activity (Heim, Tagliaferro, & Bobilya, 2002; Hossain & Rahman, 2010). These components not only reduce the risk of oxidative damage related in the presence of free radicals but also effective agents against degenerative diseases of humans such as cancer, inflammation, atherosclerosis, aging and neurological diseases (Chang, Hasanah, Olga Martín, & Mohd, 2014).

However, pineapple faces a major challenge which is post-harvest losses. Pineapple has high moisture content and highly perishable. The shelf life of ripe pineapple is short and limited to 4-6 days (Hajare et al., 2006). Pineapple undergoes rapid deterioration in quality due to the short shelf life such as flavor degradation, color changes, excessive softening, reducing in sugar content and also increases the risk in susceptibility of microorganism. In addition, fresh pineapple contains thick, thorny inedible peel and a large crown, which occupies storage space and also results in higher transportation costs (Saxena, Mishra, Chander, & Sharma, 2009). To overcome the post-harvest losses during storage, pineapple should be processed into shelf stable products to make it durable for a longer time.

Drying is one of the common methods for preservation of fruits and extends the food shelf life by the reduction of the moisture content to a certain level. Drying process also brings about substantial reduction in weight and volume, minimizing packaging, storage and transportation costs (Kadam, Samuel, Chandra, & Sikarwar, 2008). In the food industry, many drying techniques have been applied such as sun drying, spray drying, freeze drying, drum drying and foam mat drying. Freeze and spray drying methods give excellent product quality with good rehydration and color. However, high operation and maintenance cost make it limited only for premium quality products (Sangamithra,

Sivakumar, Swamy, & Kannan, 2015). Among the other drying methods, foam mat drying is relatively simple, cost effective, rapid drying rate and enhances the quality of product.

Foam mat drying is a process that involves air incorporated into the liquid with the addition of foaming and stabilizing agents to produce stable foam and subsequently dried by thermal to form a thin porous honeycomb mat which is disintegrated to free-flowing powder. According to Lewicki (2006), the more porous structure of the foam, the larger the liquid surface area which enhances the heat transfer, resulting in a shorter drying time. The dried product obtained from this process is of better quality, porous and can be easily reconstituted (Kadam et al., 2012). Foam mat drying also allows the dehydration of any heat sensitive, high sugar content, and sticky and viscous materials which cannot be dried by other drying method and thus foam mat drying is a suitable drying method to preserve the fruit in powder form. Other drying methods such as the spray drying needs to remove the pineapple pulp during the drying process. However, the overall part of the fruit can be used in foam mat drying and make it possible in producing powder with high nutritional contents and a valuable product in the market.

In foam mat drying method, choosing a suitable foaming agent are very important. There are many types of foaming agents in the market and gelatin is one of common foaming agent that used in food industry. However, in the food industry, gelatin-based products became one of the most controversial issues especially in the Muslim world regarding the source of gelatin (Asher, 1999). Hayatudin (2005) reported that 41% of the gelatin produced in the world is sourced from pig skin, 28.5% from bovine hides and 29.5% from bovine bones. While in Europe, 80% of edible gelatin is produced from pig skin, 15% is from cattle hide split and 5% is from pig, cattle bones and fish (GME, 2013). This issue arises because of religious sentiment. For instance, both Judaism and Islam consider all any pork-related products prohibited to be consumed, while Hindus do not consume any cow-related products (Karim & Bhat, 2009). In addition, there is increasing concern among researchers about bovine gelatin having a potential risk of spreading bovine spongiform encephalopathy (BSE) or widely known as mad cow disease and food mouth disease (FMD) (Gudmundsson, 2002). According to an estimation by Kettani (2010), the Muslim community represents 1.65 billion of the world population and this number is expected to increase to 2.2 billion by 2030. Therefore, it is becoming increasingly difficult to ignore that the demand for halal products on the market place will also be increasing and fish gelatin can be considered as a possible alternative due to its similar characteristics to mammalian gelatin (Elgadir, Mirghani, & Adam, 2013).

There is growing scientific background for the role of foaming agent in the production of foam mat dried fruit powder. Type of foaming agents play an important role in determining the quality of the products since it comes from different characteristic. Thus, it is important to study the properties of powder with different foaming agents. Attributes of foam properties such as foam density and expansion also play a main role because they provide an essential part in the migration of the moisture during drying (Bag, Srivastav, & Mishra, 2011; Thuwapanichayanan, Prachayawarakorn, Kunwisawa, & Soponronnarit, 2011).

## **1.2 Problem Statement**

Pineapple fruit has a high sugar content, fibre, sticky, viscous and sensitive to heat which is quite unstable for drying method such as spray drying and drum drying. Foam mat drying is a suitable method for dehydration of any heat sensitive, sticky and viscous foods. In addition, choosing a suitable foaming agent are very important in foam mat drying method since it can affect the the quality of final products. There are many types of foaming agents in the market and gelatin is one of common foaming agent that used in food industry. However, gelatin-based products became one of the most controversial issues in food industry especially in the Muslim world regarding the source of gelatin. Moreover, no previous work has been done on foam mat drying of pineapple using fish gelatin. Therefore, in this study, the use of fish gelatin could help in developing halal product by substitute the use of mammalian gelatin to fish gelatin.

## **1.3 Research Hypothesis**

To address the objectives, several hypothesis were stated as follows:

- a) Different type of foaming agents and concentration will affect the physicochemical properties of foam mat dried pineapple powder
- b) Different concentration of foaming agent and temperature will affect the rheological behavior of reconstituted foam mat dried pineapple powder

## **1.4 Research Aims And Objective**

The research aims to develop produce pineapple powder using foam mat drying method with different type of halal base foaming agents. To achieve the aim, several objectives were set, as listed below:

- a) To evaluate the foam properties using different foaming agents at different concentration and whipping time
- b) To compare the physicochemical properties of foam mat dried and spray dried pineapple powders
- c) To determine the effect of concentration and temperature on steady and dynamic shear rheological properties of rehydrated foam mat dried pineapple powder.

## **1.5 Scope, Novelty And Limitation Of Research**

This study was conducted to produce foam mat dried pineapple powder using three different foaming agents; protein base (egg albumen and fish gelatin) and carbohydrate base (methylcellulose) at different concentration and whipping time. In foam mat drying method, understanding the behavior of foaming agents on the properties of foam mat dried pineapple powders is important in producing a good quality of final products. Also, understanding the rheological properties of the reconstituted powder is important for food engineer during the process design calculations and aids food producer choose the suitable formulation and conditions for specific processing conditions. The originality of this study is no previous work have been done on foam mat drying of pineapple using fish gelatin and methylcellulose as foaming agent and the limitation of this study is the finding from this research is specific for Josephine variety pineapple.

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