



***PROPERTIES OF SUGAR PALM NANOCELLULOSE FIBRE-  
REINFORCED BIOPOLYMER COMPOSITE***

**AHMAD ILYAS BIN RUSHDAN**

**IPTPH 2019 2**



**PROPERTIES OF SUGAR PALM NANOCELLULOSE FIBRE-REINFORCED  
BIOPOLYMER COMPOSITE**

By

**AHMAD ILYAS BIN RUSHDAN**

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in  
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**January 2019**

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## DEDICATION

To Al-Quran, the greatest source of knowledge

*Bring me sheets of iron" - until, when he had leveled [them] between the two mountain walls, he said, "Blow [with bellows]," until when he had made it [like] fire, he said, "Bring me, that I may pour over it molten copper." (Al-Kahf:Verse 96)*

&

To my beloved father and mother for their invaluable sacrifices, encouragements and support throughout my life

&

To my beloved wife for her love, patience and understanding

&

To my beloved daughter and son

&

To my awesome 13 siblings

Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfillment of the requirement for the degree of Doctor of Philosophy

**PROPERTIES OF SUGAR PALM NANOCELLULOSE FIBRE-REINFORCED BIOPOLYMER COMPOSITE**

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**January 2019**

**Chairman : Mohd Sapuan Bin Salit, PhD**

**Faculty : Institute of Tropical Forestry and Forest Products**

The robust economic growth and rapid development as well as population growth in Malaysia have increased the amount of plastic waste generation by households, industry and trade sectors. The National Strategic Master Plan 2005 estimated that a total of 31,500 tonnes of solid wastes generated per day by 2020. To resolve the ongoing problems caused by non-biodegradable plastics, natural biopolymers which are also environmental friendly plastic have been investigated as potential alternatives to replace conventional plastic. Starch is one of the most widely available biopolymers for packaging application as well as potential alternative to non-biodegradable plastics as it is affordable, wide availability, biodegradable and renewable. The major challenges for the development of starches as packaging films are the shortcomings related to brittleness, processability, high moisture sensitivity, and poor mechanical and water barrier properties. In order to transform native sugar palm starch (SPS) into high performance thermoplastic starch for packaging application, sugar palm nanocrystalline cellulose (SPNCCs) and sugar palm nanofibrillated cellulose (SPNFCs) were extracted from sugar palm fibre (SPF) and utilized to reinforce the matrix of SPS. The SPNCCs and SPNFCs were isolated using chemical (acid hydrolysis) and mechanical (high pressurized homogenization) treatments, respectively. The characterization of SPNCCs and SPNFCs was performed using TEM, FESEM, AFM, DP, TGA, DSC, DMA, FTIR, BET, XRD, zeta potential, chemical composition, density, and moisture content. From the implemented experiment, the dimension of the obtained SPNCCs and SPNFCs was in nanometer range in the form of needle-like and thread-like particles shapes, respectively, with less aggregated in suspension and high thermal stability which was attributed to their high crystallinity and stiffness. The SPNCCs presented a high crystallinity value of 85.9%, length (L) of around  $130 \pm 30$  nm and the average diameter (D) of  $9 \pm 1.96$  nm with yield value of 29%. Meanwhile the SPNFCs presented a high crystallinity value of 81.2%, length (L) of around several micrometers and average diameter (D)  $5.5 \pm 0.99$  nm with yield value of 92%. SPNCCs and SPNFCs reinforced SPS composite film were developed using solution casting method. The effects of different SPNCCs and SPNFCs concentrations (0 – 1.0 wt. %) on the physical, mechanical, biodegradability, thermal and water barrier properties of nanocomposite

films were evaluated. The addition of the concentration of sugar palm nanocellulose from 0.1 to 1.0 % significantly improves the water barrier and mechanical properties of the reinforced SPS nanocomposite films compared to control SPS films. It was incredible to note that the SPNCCs reinforced SPS nanocomposite films showed an increase in Young's modulus and tensile strength from 54 to 178.83 MPa and 4.80 to 11.47 MPa with increasing nanofillers concentration from 0 to 1.0 wt %, respectively. Whereas for SPNFCs reinforced SPS nanocomposites, the films showed an increase in Young's modulus and tensile strength from 54 to 121.26 MPa and 4.80 to 10.68 MPa with increasing nanofillers concentration from 0 to 1.0 wt %, respectively. The addition of SPNCCs and SPNFCs within SPS nanocomposites reduced the films solubility from 33.36 % (neat film) to 14.76 % and 18.60, respectively, which proved that the films have good water stability. Moreover, sugar palm nanocellulose reinforced sugar palm starch nanocomposite was anticipated to have good interfacial adhesion to improve the water barrier and mechanical properties and biocompatibility. The development of such fully biodegradable packaging films is important in the effort to address the ongoing environmental problems and gradually substitute the widely used conventional packaging materials.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk Ijazah Doktor Falsafah

## **CIRI-CIRI SERAT ENAU NANOSELLULOSA MEMPERKUKUKKAN KANJI BIOPOLIMER KOMPOSIT**

Oleh

**AHMAD ILYAS BIN RUSHDAN**

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Pertumbuhan ekonomi dan pembangunan yang pesat serta peningkatan jumlah penduduk di Malaysia telah meningkatkan jumlah pengeluaran sisa plastik oleh sektor isi rumah, industri dan perdagangan. Menurut Pelan Induk Strategik Kebangsaan 2005, sebanyak 31,500 tan sisa pepejal dijangka dijana setiap hari menjelang tahun 2020. Untuk menyelesaikan masalah-masalah ini yang disebabkan oleh plastik yang bersifat tidak biodegradasi, biopolimer semulajadi yang juga plastik mesra alam dilihat sebagai alternatif yang berpotensi untuk menggantikan plastik konvensional. Kanji adalah salah satu daripada biopolimer yang berpotensi menggantikan plastik bukan biodegradasi sebagai pembungkusan makanan kerana ia mudah didapati, murah, terbiodegradasi dan sumbernya adalah daripada bahan yang boleh diperbaharui. Cabaran utama untuk membangunkan kanji sebagai filem pembungkusan adalah kekurangannya yang berkaitan dengan sifat rapuh, kebolehprosesan, kepekaan kelembapan yang tinggi, serta sifat mekanikal dan ciri penghalang air yang lemah. Untuk mengubah kanji enau (SPS) ke kanji termoplastik berprestasi tinggi untuk aplikasi pembungkusan, selulosa nanokristal enau (SPNCCs) dan selulosa nanofibrilasi enau (SPNFCs) diekstrak daripada gentian enau (SPF) dan digunakan untuk mengukuhkan matriks kanji SPS. SPNCCs diekstrak menggunakan kaedah kimia (asid hidrolisis), manakala SPNFCs diekstrak menggunakan kaedah mekanik (homogenisasi bertekanan tinggi). Pencirian SPNCCs dan SPNFCs dikaji menggunakan analisis TEM, FESEM, AFM, DP, TGA, DSC, DMA, FTIR, BET, XRD, potensi zeta, komposisi kimia, ketumpatan, dan kandungan kelembapan. Daripada eksperimen yang telah dijalankan, dimensi SPNCCs dan SPNFCs yang diperolehi berada dalam pelbagai ukuran nanometer, dan masing-masing berbentuk seperti jarum dan benang. Selain itu SPNCCs dan SPNFCs dilihat tidak bergumpal, serta mempunyai kestabilan haba yang tinggi yang dikaitkan dengan sifat kristal yang tinggi. SPNCCs menunjukkan nilai kristal 85.9%, mempunyai saiz panjang (L) bersamaan  $130 \pm 30$  nm dan purata diameter (D) bersamaan  $9 \pm 1.96$  nm dengan nilai hasil 29%. Sementara itu, SPNFC menunjukkan nilai kristal yang tinggi iaitu 81.2%, mempunyai saiz panjang (L) sekitar beberapa mikrometer dan purata diameter (D) bersamaan  $5.5 \pm 0.99$  nm dengan nilai hasil 92%. SPNCCs dan SPNFCs yang dihasilkan seterusnya dimasukkan ke dalam filem SPS dengan menggunakan kaedah penuangan cecair. Kesan

kepekatan SPNCCs dan SPNFCs yang dimasukkan ke dalam filem SPS (0 - 1.0 wt.%) dapat dilihat dengan mengkaji sifat fizikal, mekanikal, biodegradasi, haba dan halangan air daripada filem nanocomposit telah dihasilkan. Penambahan berat nanoselulosa enau dari 0.1 hingga 1.0 wt. % kedalam filem SPS dilihat meningkatkan sifat mekanikal dan penghalang air dengan ketara berbanding dengan filem SPS yang tidak dicampur nanocelulosa. SPS/SPNCCs nanokomposit menunjukkan peningkatan dalam kekuatan modulus dan kekuatan tegangan daripada 54 MPa kepada 178.83 MPa dan 4.80 MPa kepada 11.47 MPa dengan peningkatan kepekatan nanofiller dari 0 hingga 1.0%. Manakala bagi filem SPS/SPNFCs nanokomposit, ia juga menunjukkan peningkatan dalam kekuatan modulus dan kekuatan tegangan dari 54 MPa hingga 121.26 MPa dan 4.80 MPa hingga 10.68 MPa dengan peningkatan kepekatan nanofiller dari 0 hingga 1.0 wt%. Penambahan SPNCCs dan SPNFCs ke dalam filem SPS juga dilihat mengurangkan kelarutan filem daripada 33.36% (filem terkawal) kepada 14.76% dan 18.60, yang membuktikan bahawa filem mempunyai kestabilan air yang baik. Tambahan pula, filem nanoselulosa enau memperkuatkan kanji SPS nanokomposit dilihat mempunyai hubungan lekatan yang baik bagi meningkatkan sifat halangan air, sifat mekanikal dan biokompatibiliti. Pengembangan filem pembungkusan yang bersifat biodegradasi adalah penting dalam usaha menangani masalah kerosakan alam sekitar yang berleluasa dan ia dapat direalisasikan secara beransur-ansur dengan menggantikan bahan pembungkusan konvensional yang digunakan secara meluas dengan filem nanoselulosa enau memperkuatkan kanji enau biopolimer nanokomposit.



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This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfillment of the requirement for the degree of Doctor of Philosophy. The members of the Supervisory Committee were as follows:

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## LIST OF ABBREVIATIONS

|        |   |
|--------|---|
| AFM    | Atomic force microscopy                     |
| ANOVA  | Analysis Of Variance                        |
| ASTM   | American Society for Testing and Materials  |
| DMA    | Dynamic mechanical analysis                 |
| DP     | Degree of polymerization                    |
| DSC    | Differential Scanning Calorimetry           |
| FESEM  | Field emission scanning electron microscope |
| FESEM  | Field Emission Scanning Electron Microscope |
| FTIR   | Fourier Transform Infrared                  |
| HAS    | High amylose starch                         |
| MFC    | Microfibrillated cellulose                  |
| PBAT   | Poly(butylene adipate-co-terephthalate)     |
| PHB    | Polyhydroxybutyrate                         |
| PLA    | Poly (lactic acid)                          |
| PP     | Polypropylene                               |
| PVOH   | Polyvinyl alcohol                           |
| RH     | Relative humidity                           |
| SPATF  | Sugar palm acid treated fibre               |
| SPC    | Sugar palm cellulose                        |
| SPF    | Sugar palm fibre                            |
| SPNCCs | Sugar palm nanocrystalline cellulose        |
| SPNFCs | Sugar palm nanofibrillated cellulose        |
| SPS    | Sugar palm starch                           |
| TGA    | Thermal-gravimetric analysis                |
| TPCS   | Thermoplastic cassava starch                |
| TPS    | Thermoplastic Starch                        |
| UV     | Ultraviolet                                 |
| W      | Weight                                      |
| WS     | Water solubility                            |
| WVP    | Water vapor permeability                    |
| XRD    | X-ray diffraction                           |

## LIST OF SYMBOLS

|              |                                 |
|--------------|---------------------------------|
| $\alpha$     | Alpha                           |
| $A$          | Area                            |
| $L/D$        | Aspect ratio                    |
| $D$          | Coefficient of diffusion        |
| $C$          | Concentration                   |
| $X_c$        | Crystallinity index             |
| $^{\circ}$   | Degree                          |
| $^{\circ}C$  | Degree celcius                  |
| $\Phi$       | Degree of entanglement          |
| $\rho$       | Density                         |
| $D$          | Diameter                        |
| $x$          | Distances                       |
| $E_f$        | Effectiveness of the dispersion |
| $M_{\infty}$ | Equilibrium water sorption      |
| $w_2$        | Final weight                    |
| $T_g$        | Glass transition                |
| $g$          | Gram                            |
| $Hz$         | Hertz                           |
| $h$          | Hour                            |
| $w_1$        | Initial weight                  |
| $\eta$       | Intrinsic viscosity             |
| $kV$         | Kilo volt                       |
| $\lambda$    | Lambda                          |
| $L$          | Length                          |
| $Tr$         | Light transmittance             |
| $Tan \delta$ | Loss factor                     |
| $E''$        | Loss modulus                    |
| $T_{Max}$    | Maximum weight-loss rate        |
| $MPa$        | Mega pascal                     |
| $m$          | Meter                           |
| $\mu g$      | Microgram                       |
| $\mu m$      | Micrometer                      |
| $mm$         | Milimeter                       |
| $mL$         | Millimeter                      |
| $mV$         | Millivolt                       |
| $M_w$        | Molecular weight                |
| $nm$         | Nanometer                       |
| $N$          | Newton                          |



|             |                                   |
|-------------|-----------------------------------|
| $T_{Onset}$ | Onset temperature                 |
| $P$         | Partial pressure                  |
| $I_{am}$    | Peak intensities of amorphous     |
| $I_{002}$   | Peak intensities of crystalline   |
| $T_p$       | Peak temperature                  |
| %           | Percentage                        |
| $\pi$       | Radian                            |
| $Sc$        | Solid content                     |
| $E'$        | Storage modulus                   |
| $E'_g$      | Storage modulus at glass phase    |
| $E'_r$      | Storage modulus at rubber phase   |
| $\theta$    | Theta                             |
| $d$         | Thickness                         |
| $t$         | Time                              |
| $R$         | Universal gas constant            |
| $v$         | Volume                            |
| $V_f$       | Volume fraction of the nanofiller |
| $M_f$       | Weight final                      |
| $M_i$       | Weight initial                    |
| $W_L$       | Weight loss                       |
| wt. %       | Weight percentage                 |

## CHAPTER 1

### INTRODUCTION

#### 1.1 Background

Cellulose possesses high mechanical strength and good thermal resistance properties. It sources from natural fibres such as sugar palm, roselle, cotton, wood, sisal, flax, hemp, jute, ramie, oil palm, kenaf and coir (Razali et al., 2015). The development of nanosized particles from renewable source as reinforcing materials in nanocomposites has become interest of researchers. Nanocellulose is stiff nanometric particles and biodegradable materials from cellulose biopolymer. Nanocellulose can be categorized into nanocrystalline cellulose (NCC), nanofibrillated cellulose (NFC) and bacterial cellulose (BC). The categorization depends on their physical characteristics of dimension, size and stiffness. Cellulose can be processed into nanocellulose by mechanical or chemical treatment. The low cost of cellulose due to its availability and abundance in nature that make it as a bio-fillers in polymer matrixes (Lin, & Dufresne, 2014).

Nanocellulose is widely utilized to develop nanocomposites or polymer composites because of its low density, high thermal stability, high tensile strength, biocompatibility and biodegradability. Nanocellulose reinforced nanocomposites are environmentally friendly materials that are known as green composites (Eichhorner et al., 2010). They can be applied in various industries such as food packaging, automotive, furniture, construction and biomedical (Lin & Dufresne, 2014). Nanocellulose is discerned as one of the promising reinforcing agents of bionanocomposite owing to the interaction between the nano-sized components that form a percolated network connected by hydrogen bonding.

Sugar palm tree is one of the versatile trees due to almost all parts of the tree can be utilized. It mostly grown in tropical countries covers as wide as South Asia to South East Asia and up to North Australia (Ishak et al., 2013). It serves as a potential sources of starch and natural fibre which are collected from stem and leaves, respectively, for developing green composite materials. Previous studies by the authors (Sanyang, Sapuan, Jawaid, Ishak, & Sahari, 2016b) have done on the mechanical, thermal, physical and water barrier properties of plasticizer sugar palm starch films for food packaging applications. The results gained from these previous studies suggest upgrading the mechanical and water vapor barrier properties of sugar palm starch films to further improve their performance.

There are very little or no studies have been reported on the isolation and characterization of NCCs and NFCs from sugar palm fibre. Therefore, the objective of the current study was to extract nanocrystalline cellulose from sugar palm fibres and incorporate the sugar palm-derived cellulose into sugar palm starch as reinforcement material to improve the mechanical and water vapor barrier properties of sugar palm based composite films.

## 1.2 Problem Statements

Single-use consumer packaging materials produced from non-biodegradable plastics represent huge volume of the size of a typical landfills. It is believed that the amount of packaging wastes generated in industrialized countries in a single day is sufficient to fill up a space equivalent to the Sears Tower, Chicago, USA, which was once the tallest building in the world (Imam et al., 2008). In view of the numerous environmental problems posed by petroleum-based plastics, governments of many developed countries enacted environmental policies that will help mitigate the current scenario (Sanyang, Ilyas, Sapuan, & Jumaidin, 2018). Most of these laws are constituted to device means of minimizing the use of non-biodegradable plastics, which continued to accumulate in landfills or disposed in water bodies, which eventually pose serious impact on marine life. This provides an excellent opportunity for biobased plastics to be adopted for the replacement of petroleum-based plastics in the packaging industry. Due to the unsustainable waste disposal in landfills, governments of several nations established laws to promote the use of recyclable and/or biobased green products (Sanyang et al., 2018). Take the case of the 'producer pays' principle, it was designed to encourage manufacturers to take responsibility for their products throughout their whole life cycle (Fowler et al., 2006). Such laws will not only stimulate enhancement of product recyclability, but will also offer better opportunities for the utilization of biobased materials as raw material for the manufacturing of these products. In the case of Selangor state (Malaysia), the initiation of 'Selangor no plastic bag day' every Saturday', which was launched in 2010 has motivated the public to resort to recyclable bags and also promotes the use of environmentally friendly plastics made from biobased resources. The campaign had assisted in saving about 5 million plastic bags within 2 years (2010 – 2012). Thus, the state government was planning to extend the campaign to three days, weekly. More and more countries and states follow in the banning of grocery plastic bags, which are responsible for the so called 'white pollution' across the globe (Nampoothiri, Nair, & John, 2010). Most recently, Selangor state had totally ban free plastic bags effective from 1st January 2017. The state compelled business operators to adhere to Selangor's policy to discourage the use of plastic bags and polystyrene boxes from January 1st (2017) or face a maximum RM1000 fine. These activities provided biobased plastics the opportunity to gradually substitute conventional plastics.

To overcome the dependence on petroleum-based polymers, attempts were made in this work to utilize 100% renewable and biodegradable biopolymer from sugar palm tree. Sugar palm is a multipurpose tree found in most South East Asian countries and it is regarded as a potential source of natural fibre and biopolymer. However, such a bio-source is still underutilized and, thus, very limited studies have been reported related to their development as a green packaging material. Hence, sugar palm starch (SPS) was modified and employed in the current study to develop fully biodegradable films and nanocomposite films as environmentally friendly packaging material for the food industry. However, sugar palm starch like most other biopolymers is hydrophilic in nature due to either their hydroxyl or polar groups. The major challenges for the development of starches as packaging films are the shortcomings related to brittleness, processability, high moisture sensitivity, quick retrogradation, poor mechanical and barrier properties (Sanyang, Sapuan, Jawaid, Ishak, & Sahari, 2016d). In order to transform native sugar palm starch into high performance thermoplastic starch for packaging application, the aforementioned drawbacks can be addressed by reinforcing

SPS with nanocellulose isolated from sugar palm fibre. Owing to the nanoscale size nature and high aspect ratio of nanocelluloses, they are not only provide excellent mechanical properties compared to neat SPS and SPS reinforced with micro-sized fillers, but they also demonstrated excellent combination of optical, electrical, thermal, magnetic, and other physic-chemical properties (Dufresne, 2013). Besides, the incorporation of sugar palm nanocellulose within sugar palm starch also was done to investigate the potential of utilizing starch as biopolymer and the starch/ nanocellulose bionanocomposites properties for high-end applications. To the best of our knowledge, no work has been carried out on the isolation of sugar palm nanocellulose and its use in reinforcing polymer nanocomposite films.

### 1.3 Research Objectives

The research objectives can be specified into:

- 1 To characterize cellulose from sugar palm fibre (*Arenga Pinnata*) via delignification and mercerization treatment.
- 2 To characterize sugar palm nanocrystalline cellulose (SPNCCs) from sugar palm fibre (*Arenga Pinnata*) via acid hydrolysis treatment.
- 3 To characterize sugar palm nanofibrillated cellulose (SPNFCs) from sugar palm fibre (*Arenga Pinnata*) via high pressurize homogenization mechanical treatment.
- 4 To determine and analyze the effect of SPNCCs and SPNFCs loading on the physical, chemical, mechanical, thermal, biodegradability and morphological properties of sugar palm nanocrystalline cellulose reinforced sugar palm starch composites for packaging purposes.

### 1.4 Significance of study

- 1 The findings from the current study are expected to enrich the knowledge in developing high performance biodegradable polymer derived from sugar palm starch reinforced nanocellulose for food packaging application.
- 2 The development of biodegradable polymer with enhanced properties in this study is expected to aid in addressing the environmental problems regarding the alternative materials for petroleum based polymer.
- 3 The problems associated with petroleum based polymer such as environmental pollution during the production and disposal can be alleviated by using a 100% biodegradable polymer films, where the matrix (SPS) and the nanofibre (sugar palm nanocellulose) are both from a single source (sugar palm tree).
- 4 Besides, this research also utilizes the sugar palm tree for yielding starch and fibre for the development of the composites. Hence, it adds more value for the sugar palm tree other than producing the sugar.
- 5 In term of waste management issue, this research provides platform for utilizing wastes from agricultural products into nanofibres and biopolymers, which also turns waste into wealth.
- 6 The successful development of such green materials from sugar palm tree would provide opportunities to improve the standard of living of the sugar palm tree

farmers in Malaysia by generating non-food source of economic development for rural areas.

- 7 This research may also add to the effort to uncover the potential of using sugar palm starch and fibre in developing green products; else, such abundant bioresources may be underutilized.

## **1.5 Scope of study**

In this study, sugar palm fibre (SPF) and sugar palm starch (SPS) were manually extracted from the sugar palm tree. Then, the sugar palm cellulose (SPC) were extracted from sugar palm fibres and the yield was optimized using delignification and mercerization process. The chemical composition and structural morphology of the obtained cellulose was characterized through chemical composition testing and field emission scanning electron microscope (FESEM), respectively. The best SPC fibres with outstanding functional properties was spotted out for further modification. Later the best properties of the obtained cellulose was then undergo hydrolysis process (sulphuric acid solution) and mechanical process (high pressurize homogenization) to isolate sugar palm nanocrystalline cellulose (SPNCCs) and sugar palm nanofibrillated cellulose (SPNFCs), respectively. Characterization of their physical, chemical, thermal and structural properties were performed.

Thermoplastic sugar palm starch was developed by using solution casting method with the addition of glycerol and sorbitol. The characterized nanocellulose (SPNCCs and SPNFCs) were used as reinforcement for SPS films to improve the matrix properties. Thus, the effect of sugar palm nanocellulose loading (0 – 1.0 wt %) on the physical, mechanical and water barrier properties of SPS based composite films was carried out.

## **1.6 Structure of thesis**

The structure of this thesis is in accordance with the alternative thesis format of Universiti Putra Malaysia which is based on the publications of this study. Each research chapter represent a separate study that has its own: 'Introduction', 'Materials and method', 'Results and discussion', and 'Conclusions'. The details of the structure are presented below.

### ***Chapter 1***

The problems that initiate this research and the research objectives were clearly highlighted in this chapter. The significance of this work and the scope of study were also elaborated within the chapter.

### ***Chapter 2***

This chapter presents a comprehensive literature review on the areas related to the topic of this thesis. In addition, the research gaps obtained from the review were also clarified within the chapter.

### **Chapter 3**

This chapter presents the methodology used in this study for the preparation of materials, testing procedure, and data collection.

### **Chapter 4**

This chapter presents the first article entitled “**Effect of delignification on the physical, thermal, chemical, and structural properties of sugar palm fibre**”. In this article, the characteristics of the raw sugar palm fibres, and treated fibres were investigated.

### **Chapter 5**

This chapter presents the second article entitled “**Isolation and characterization of nanocrystalline cellulose from sugar palm fibres (*Arenga pinnata*)**”. In this article, the characteristics of the nanocrystalline cellulose were investigated.

### **Chapter 6**

This chapter present the third article entitled “**Development and characterization of sugar palm nanocrystalline cellulose reinforced sugar palm starch bionanocomposites**”. In this article, the effect of nanocrystalline cellulose loading (0 – 1.0 wt%) on the mechanical, chemical, physical, water barrier properties, thermal, and biodegradation properties of sugar palm nanocrystalline cellulose reinforced starch bionanocomposites were investigated.

### **Chapter 7**

This chapter presents the forth article entitled “**Sugar palm nanofibrillated cellulose (*Arenga pinnata* (*Wurmb.*) *Merr*): Effect of cycles on their yield, physic-chemical, morphological and thermal behavior**”. In this article, the characteristics of the nanofibrillated cellulose were investigated.

### **Chapter 8**

This chapter present the fifth article entitled “**Water transport properties of bio-nanocomposites reinforced by sugar palm (*Arenga pinnata*) nanofibrillated cellulose**”. In this article, SPNFCs with three different sizes based on cycling time (5, 10 and 15 cycles denoted as SPS/SPNFCs-5C, SPS/SPNFCs-10C, and SPS/SPNFCs-15C) that were incorporated into SPS plasticizers were investigated.

### **Chapter 9**

This chapter present the additional results of this research including the analysis and presentation of data, the discussion of results, and the correlation between the findings.

### **Chapter 10**

This chapter presents the overall conclusions from the whole study as well as future recommendations for further improvement of this study.



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