



UNIVERSITI PUTRA MALAYSIA

***EVALUATION OF NITRATE POLLUTION, HEALTH RISK AND
GROUNDWATER VULNERABILITY IN AGRICULTURAL AND NON-
AGRICULTURAL AREAS***

AIDA SORAYA BINTI SHAMSUDDIN

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**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in
Fulfilment of the Requirement for the Doctor of Philosophy**

March 2018

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Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the Doctor of Philosophy

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Chair: Sharifah Norkhadijah Syed Ismail, PhD
Faculty: Medicine and Health Sciences

Majority population in Kelantan use shallow private well water for their domestic purposes. However, nitrate can easily contaminate the shallow wells. An agricultural activity has been identified as a major source of groundwater nitrate contamination. Meanwhile, discharge of septic tanks and livestock activities in non-agricultural area also contribute to nitrate contamination which consequently affects human health. Therefore, this study aimed to evaluate nitrate contamination, health risk and groundwater vulnerability in agricultural and non-agricultural areas. This cross-sectional study was conducted from October to December 2015 in Bachok district, Kelantan. Questionnaires were distributed among 300 respondents and their private well waters were analyzed for nitrate and others parameters such as pH, EC, NH_4^+ , TDS, turbidity and salinity. Three substudies have been divided in this study; 1) Groundwater nitrate contamination assessment, 2) Health risk assessment of groundwater nitrate exposure and 3) Groundwater vulnerability assessment. In sub-study 1, nitrate concentrations were compared with the drinking water standard, potential nitrate sources were identified by multivariate analysis, groundwater quality was determined by different indices and distribution of nitrate were illustrated by spatial analysis. In sub-study 2, association of nitrate with perceived health symptoms and associated diseases were determined and health risks were calculated. In sub-study 3, the vulnerability of aquifer was evaluated by DRASTIC model. Based on measurement, nitrate in agricultural area (15.10 ± 15.90 mg/L $\text{NO}_3\text{-N}$) was significantly higher than non-agricultural area (5.81 ± 5.08 mg/L $\text{NO}_3\text{-N}$) ($Z = -5.83$, $p < 0.001$). About 46.0% and 24.0% samples in agricultural and non-agricultural areas, respectively, exceeded the drinking water quality standard. Principal component analysis (PCA) have identified the groundwater quality in the study area was influenced by natural processes and anthropogenic activities. Hierarchical cluster analysis (HCA) determined Cluster II in agricultural area was heavily contaminated by nitrate, while seawater intrusion was strongly influenced Cluster III in non-agricultural area. Groundwater Quality Index (GWQI) showed all the samples were suitable for drinking purpose. However, based on Nitrate Pollution Index (NPI), 80.7% and 56.0% of

samples in agricultural and non-agricultural areas, respectively were polluted with nitrate. In sub-study 2, 21.29% and 18.75% of males and females in agricultural area, respectively had $HQ > 1$, and only 1.60% ($n = 1$) females in non-agricultural area had $HQ > 1$. In sub-study 3, DRASTIC index illustrated 27.14 % of areas fall under low vulnerable zones (159 – 175), 14.50% moderate vulnerable zones (176 – 192) and 58.36% high vulnerable zones (193 – 208). For the modified DRASTIC index, 8.47% of the area laid under low vulnerability (161 – 190), 61.03% moderate vulnerability (191 – 219) and 30.50% high vulnerability (220 – 248). The findings of this study are useful for developing protection alternatives of private well waters to prevent further deterioration of groundwater quality by nitrate and reduce the health risks for local residents. In addition, determination of vulnerable zones can be used to improve the sustainability of the groundwater resources through proper land use management.

Keywords: Groundwater; Nitrate; Health risk assessment; GIS; DRASTIC

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk Ijazah Doktor Falsafah

PENILAIAN PENCEMARAN NITRAT, RISIKO KESIHATAN DAN KERENTANAN AIR BAWAH TANAH DI KAWASAN PERTANIAN DAN KAWASAN BUKAN PERTANIAN

Oleh

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Majoriti penduduk di Kelantan menggunakan air perigi persendirian yang cetek untuk kegunaan domestik mereka. Namun begitu, air perigi yang cetek boleh tercemar oleh nitrat. Aktiviti pertanian telah dikenalpasti sebagai sumber pencemaran utama air bawah tanah oleh nitrat. Sementara itu, pelepasan tangki septik dan aktiviti ternakan di kawasan bukan pertanian juga menyumbang kepada pencemaran nitrat yang seterusnya memberi kesan kepada kesihatan manusia. Oleh itu, objektif kajian ini adalah untuk menilai pencemaran nitrat, risiko kesihatan dan kerentanan air bawah tanah di kawasan pertanian dan kawasan bukan pertanian. Kajian keratan rentas ini telah dijalankan dari Oktober hingga Disember 2015 di daerah Bachok, Kelantan. Borang kaji selidik telah diedarkan di kalangan 300 responden dan sampel air perigi mereka dianalisis untuk nitrat dan parameter lain seperti pH, EC, NH_4^+ , TDS, kekeruhan dan kemasinan. Tiga sub-kajian telah dibahagikan dalam kajian ini; 1) Penilaian pencemaran nitrat air bawah tanah, 2) Penilaian risiko kesihatan terhadap pendedahan nitrat air bawah tanah, dan 3) Penilaian kerentanan air bawah tanah. Dalam sub-kajian 1, kepekatan nitrat dibandingkan dengan piawaian kualiti air minum, potensi sumber nitrat dikenalpasti melalui analisis multivariat, kualiti air bawah tanah ditentukan oleh indek yang berbeza dan taburan nitrat digambarkan melalui analisis spasial. Dalam sub-kajian 2, perhubungan antara nitrat dengan gejala kesihatan dan penyakit berkait ditentukan dan risiko kesihatan juga dikira. Dalam sub-kajian 3, kerentanan air bawah tanah dinilai melalui model DRASTIC dan model DRASTIC yang diubahsuai. Berdasarkan keputusan, Dalam sub-kajian 1, nitrat di kawasan pertanian ($15.10 \pm 15.90 \text{ mg/L NO}_3\text{-N}$) jauh lebih tinggi daripada kawasan bukan pertanian ($5.81 \pm 5.08 \text{ mg/L NO}_3\text{-N}$) ($Z = -5.83, p < 0.001$). 46.0% dan 24.0% sampel di kawasan pertanian dan bukan pertanian, melebihi piawaian kualiti air minum. Analisis komponen utama (PCA) menunjukkan kualiti air tanah di kawasan kajian disebabkan oleh proses semulajadi dan aktiviti pertanian manusia. Analisis kelompok hierarki (HCA) menentukan Kelompok II di kawasan pertanian adalah yang sangat tercemar oleh nitrat, manakala pencerobohan air laut mempengaruhi Kelompok III di kawasan bukan pertanian. Indeks Kualiti Air Tanah (GWQI) menunjukkan kesemua sampel sesuai untuk diminum. Walau bagaimanapun,

Indeks Pencemaran Nitrat (NPI) telah mengelaskan 80.7% sampel di kawasan pertanian dan 56.0% sampel di kawasan bukan pertanian telah tercemar dengan nitrat. Dalam sub-kajian 2, 21.29% lelaki dan 18.75% perempuan di kawasan pertanian mempunyai $HQ > 1$, dan hanya seorang perempuan di kawasan bukan pertanian mempunyai $HQ > 1$. Dalam sub-kajian 3, indeks DRASTIC menunjukkan 27.14% kawasan berada di zon kerentanan rendah (159 – 175), 14.50% di zon kerentanan sederhana (176 – 192) dan 58.36% di zon kerentanan tinggi (193 – 208). Untuk indeks DRASTIC yang diubahsuai, 8.47% kawasan berada di kerentanan rendah (161 – 190), 61.03% di zon kerentanan sederhana (191 – 219) dan 30.50% di zon kerentanan tinggi (220 – 248). Penemuan dalam kajian ini berguna untuk membangunkan perlindungan alternatif bagi air perigi persendirian untuk mengelakkan kemerosotan kualiti air bawah tanah oleh nitrat dan mengurangkan risiko kesihatan terhadap penduduk tempatan. Di samping itu, penentuan kerentanan zon boleh digunakan bagi meningkatkan kemampunan sumber air bawah tanah melalui pengurusan penggunaan tanah yang sesuai.

Kata kunci: Air bawah tanah; Nitrat; Penilaian risiko kesihatan; GIS; DRASTIC

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I certify that a Thesis Examination Committee has met on 27 March 2018 to conduct the final examination of Aida Soraya binti Shamsuddin on her thesis entitled "Evaluation of Nitrate Pollution, Health Risk and Groundwater Vulnerability in Agricultural and Non-Agricultural Areas" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Doctor of Philosophy.

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LIST OF ABBREVIATIONS

AKSB	Air Kelantan Sdn Bhd
APHA	American Public Health Association
AT	Average Time
BDL	Below Detection Limit
BMI	Body Mass Index
BW	Body Weight
CDI	Chronic Daily Intake
CI	Confidence Interval
CV	Coefficient of Variance
Df	Degree of Freedom
DOE	Department of Environment
EC	Electrical Conductivity
ED	Exposure Duration
EF	Exposure Frequency
EU	European Union
GIS	Geographic Information System
GPS	Global Positioning System
GWQI	Groundwater Quality Index
HC	Health Canada
HCA	Hierarchical Cluster Analysis
HQ	Hazard Quotient
HR	Hazard Ratio
HRA	Health Risk Assessment
IDW	Inverse Distance Weighting
IR	Ingestion Rate
LOAEL	Lowest-Observed-Adverse-Effect-Level
LR	Logistic Regression
MCL	Maximum Contaminant Level
MDI	Modified DRASTIC Index
MetHb	Methemoglobin
MLD	Million Litre per Day
MOH	Ministry of Health
MRE	Mean Relative Error
NA	Not Available
NDWQS	Malaysian National Drinking Water Quality Standard
NH ₄ ⁺	Ammonium
NHMRC	Australian National and Medical Research Council
NO ₂ ⁻	Nitrite
NO ₃ ⁻	Nitrate
NO ₃ -N	Nitrate-Nitrogen
NOAEL	No-Observed-Adverse-Effect-Level
NPI	Nitrate Pollution Index
NZ	New Zealand
OR	Odd Ratio
PCA	Principal Component Analysis
Ref.	References
RfD	Reference Dose

RM	Ringgit Malaysia
RMSE	Root Mean Square Error
RR	Relative Risk
S.E	Standard Error
SD	Standard Deviation
Sig.	Significance
TDS	Total Dissolved Solids
UFs	Uncertainty Factors
USEPA	United States Environmental Protection Agency
WHO	World Health Organization



CHAPTER 1

INTRODUCTION

1.1 Background of Study

In Malaysia, less than 10% of the present water resources are developed from groundwater (Ahmed et al., 2014; Nazaruddin et al., 2017). The use of groundwater for domestic purposes is mainly confined to rural and remote areas, where there is no piped water supply (Nazaruddin et al., 2017). However, groundwater supplies > 70% of the public water supply in Kelantan state (Mohamed Zawawi et al., 2010; Nazaruddin et al., 2017). The groundwater demand increases significantly in Kelantan as they are facing with water problems of low quality surface water resources (Mohamed Zawawi et al., 2010; Jamaludin et al., 2013; Nazaruddin et al., 2017). Rural areas in Kelantan, such as Bachok district which become the present study area, use groundwater for their daily uses ranging from drinking, cooking, bathing, laundry to cleaning by obtaining it from shallow private wells as it is convenient to collect.

However, in recent years, groundwater is being subjected to an increasingly serious pollution. Contamination of groundwater by various pollutants released from different anthropogenic sources cause groundwater unsuitable for consumption and put human life as well as the whole environment at a greater risk (Khan et al., 2013). Nitrate is one of the most common and significant contaminants in groundwater around the world (Huang et al., 2011; Cheong et al., 2012; Czekaj et al., 2015; Rojas Fabro et al., 2015; Jang and Chen, 2015; Kazakis and Voudouris, 2015; Wheeler et al., 2015; Sadler et al., 2016). Septic systems, animal wastes and nitrogen fertilizers are the most common sources of high nitrate concentration in groundwater (Li et al., 2014; Sadler et al., 2016). Epidemiological investigations from previous studies have discovered the effects of nitrate on human body including as methemoglobinemia, multiple sclerosis, Non-Hodgkin lymphoma, diabetes and thyroid gland hypertrophy and gastric cancer (Masetti et al., 2008; Li et al., 2010; Huang et al., 2011; Jang and Chen, 2015; Rojas Fabro et al., 2015). Therefore, WHO (2011) and MOH (2009) have recommended 10 mg/L $\text{NO}_3\text{-N}$ as the maximum contaminant level (MCL) for nitrate in drinking water. The discharge of groundwater nitrate to surface waters such as rivers and oceans also negatively affects aquatic plants and animals, with the development of anoxic zones and eutrophication (Masetti et al., 2008; Pastén-Zapata et al., 2014).

The occurrence and variability of nitrate concentrations in groundwater also a function of various interrelated and complex physical, chemical, and biological variables, such as the dominant land use categories, on-ground nitrogen loadings, groundwater recharge, soil characteristics, transport processes in unsaturated and saturated zones, and bacterial effects (Carbó et al., 2009; Wick et al., 2012; Alagha et al., 2014; Kazakis and Voudouris, 2015; Machiwal and Jha, 2015; Shrestha et al., 2016). The combination of these factors leads to high variability of nitrate concentration in groundwater. Due to the threat of elevated nitrate concentrations in groundwater, an assessment of the nitrate contamination based on its distribution and vulnerability of groundwater as well as its

risk potential are essential. Hence, in this study, the contamination of nitrate in Bachok's groundwater was assessed by integrating monitoring, analytical, and modeling approaches.

1.2 Problem Statement

The demand for groundwater in Kelantan has increased tremendously. It becomes an important water source not only for public water supply, but also for domestic and agricultural purposes because of its widespread distribution, low development cost, and excellent quality (Mohamed Zawawi et al., 2010; Jamaludin et al., 2013; Chen et al., 2016). In 2010, approximately 163 Ml/day of groundwater are withdrawn for the whole Kelantan and expected to increase at a pace of 2.5% per year (Hussin et al., 2016). However, the local residents of north Kelantan, especially those living in villages such as in the Bachok district, normally get their water supply from their private well; dug well or borehole types (Mohd Kamal and Md. Hashim, 2014).

The private well water users tend to be exposed more frequently to higher levels of nitrate because they used it without any treatment and monitoring, shallower and closer to nitrate sources compared to public supply wells (Wheeler et al., 2015; Chen et al., 2016; Sadler et al., 2016; Shamsuddin et al., 2016). In addition, aquifer in the Bachok is covered by Quaternary alluvium, made up of gravel, sand, clay and silt, which is fragile and easily depleted due to over-exploitation of groundwater and anthropogenic activities at the surface (Hussin et al., 2016). Being shallow and relatively unprotected, the aquifer in this area is exposed to higher risk of nitrate contamination.

Land use of Bachok district which is covered primarily by the agricultural area also poses a significant potential of groundwater contamination by nitrate. Extensive research has indicated that agricultural activities may cause groundwater nitrate contamination and exceed the maximum acceptable level of nitrate for drinking water (10 mg/L NO₃-N) (Mohamed Zawawi et al., 2010; Ako et al., 2014; Narany et al., 2017). According to Nemčić-Jurec and Jazbec (2017), the agricultural activities contribute to an increased nitrate concentration in groundwater either directly by nitrate leaching from agrochemicals or by agrochemicals that affect the processes in the soil and increase nitrate leaching from the soil. Other than agricultural activities, the population growth in the Bachok district also increases the risk of nitrate contamination to the groundwater in the non-agricultural area. Dense populations and discharges from point sources like septic systems or broken sewer systems contribute significantly to groundwater contamination by nitrate (Nemčić-Jurec and Jazbec, 2017).

Many of the previous studies in Kelantan lack information on nitrate contamination and its effects on the groundwater quality within different land use types (agricultural and non-agricultural areas). The most common studies done previously were comparing the levels of nitrate in groundwater with the National drinking water quality standard (NDWQS) and this is insufficient to highlight the overall nitrate contamination (Jamaludin et al., 2013, Ahmad Roslan et al., 2014). Furthermore, limited studies found integrating the multivariate statistical techniques, human health risk assessment (HRA)

and GIS-based geostatistical modeling to give a better understanding about nitrate contamination, its adverse effects on human health and the susceptibility of the aquifer to nitrate contamination. This research fills in the knowledge gap and provides an essential detailed assessment of the nitrate contamination in this area by combining those approaches.

1.3 Research Questions

This study is classified into three sub-studies; Sub-study 1) groundwater nitrate contamination assessment, Sub-study 2) health risk assessment of groundwater nitrate exposure, and Sub-study 3) groundwater vulnerability assessment. First sub-study examining the nitrate pollution in study area between the agricultural area and non-agricultural area. Second sub-study focusing on potential nitrate health risk to respondents in the study areas. Meanwhile, third sub-study focusing on groundwater vulnerability assessment. The research questions for each sub-study are listed below;

1.3.1 Sub-study 1: Groundwater Nitrate Contamination Assessment

1. What are the levels of nitrate in groundwater in the agricultural and non-agricultural areas and does it exceed the maximum contaminant level (MCL) of nitrate in the drinking water quality standard?
2. What are the factors affecting groundwater nitrate concentrations in the agricultural and non-agricultural areas?
3. What is the quality of groundwater and is it suitable for drinking purposes?
4. How is the distribution pattern of nitrate and groundwater quality in the agricultural and non-agricultural areas?

1.3.2 Sub-study 2: Health Risk Assessment of Groundwater Nitrate Exposure

5. Is there any association between nitrate concentrations with perceived health symptoms and associated diseases?
6. What are the chronic daily intake (CDI) and hazard quotient (HQ) values of nitrate per adult person in the study area and is it different between different areas and gender?
7. What is the spatial distribution pattern of nitrate health risk in the study area?

1.3.3 Sub-study 3: Groundwater Vulnerability Assessment

8. What is the degree of vulnerability of the groundwater to contamination in the study area?
9. How reliable is the vulnerability result in the conventional DRASTIC and modified DRASTIC and which of these models are suitable to represent the groundwater vulnerability in the study area?

1.4 Research Aims and Objectives

The general objective of this study is to evaluate nitrate contamination, health risk and groundwater vulnerability in the agricultural and non-agricultural areas in Bachok district. The specific objectives for each sub-study were listed below;

1.4.1 Sub-study 1: Groundwater Nitrate Contamination Assessment

1. To determine and compare the levels of nitrate in groundwater between agricultural and non-agricultural areas and with the drinking water quality standards.
2. To determine the relationship between physicochemical properties and nitrate concentrations in groundwater in the agricultural and non-agricultural areas
3. To identify the quality of groundwater and its suitability as drinking purposes in the agricultural and non-agricultural areas
4. To ascertain the spatial distribution pattern of nitrate pollution in the agricultural and non-agricultural areas

1.4.2 Sub-study 2: Health Risk Assessment of Groundwater Nitrate Exposure

5. To determine perceived health symptoms and diseases of the respondents in the agricultural and non-agricultural areas and its association with nitrate concentration
6. To determine and compare the chronic daily intake (CDI) and hazard quotient (HQ) value from the exposure to nitrate in groundwater and compare between different areas and gender
7. To assess the spatial distribution pattern of nitrate potential health risk in the agricultural and non-agricultural areas

1.4.3 Sub-study 3: Groundwater Vulnerability Assessment

8. To assess the degree of groundwater vulnerability to contamination in the study area
9. To compare the reliability between DRASTIC model and modified DRASTIC model and to select which of the models suitable to represent the study area

1.5 Research Hypotheses

The hypotheses of this study are listed below;

Sub-study 1: Groundwater Nitrate Contamination Assessment

1. There are significant differences of the nitrate concentration between agricultural area and non-agricultural area and to the drinking water quality standards.
2. There are significant relationships between physicochemical properties and the nitrate concentrations in the agricultural and non-agricultural areas.

Sub-study 2: Health Risk Assessment of Groundwater Nitrate Exposure

3. There are significant relationships between nitrate concentrations and health effects (perceived health symptoms and associated diseases) among the respondents.
4. There are significant differences in health risks of nitrate exposure between different areas and gender of respondents.

Sub-study 3: Groundwater Vulnerability Assessment

5. There are significant differences in groundwater vulnerability index values between DRASTIC Index (DI) and Modified DRASTIC Index (MDI).

1.6 Novelty

The novelty of this study comes from the assessment approach used in this study through an integrated multivariate statistical analysis with groundwater quality indices and health risk assessment. These approaches were integrated through GIS geospatial analysis to understand the pollution trend in the study area. In addition, the GIS-based DRASTIC model has been developed in this study to assess the vulnerability of groundwater to nitrate contamination and the reliability of these GIS vulnerability model has been tested. This study also illustrated the level of nitrate contamination comparatively between agricultural and non-agricultural areas in the high consumption of groundwater in Bachok, Kelantan. This study provided a better understanding of groundwater nitrate contamination in these areas as well as highlights the possible risk to the population through drinking water consumption. This was rarely being studied previously.

1.7 Conceptual Framework

Figure 1.1 illustrates the conceptual framework of this study. Bachok district was selected as the study area due to high consumption of groundwater. Two different areas were selected in this district; agricultural and non-agricultural areas. The agricultural activity such as nitrogen fertilizers application is the major source of groundwater nitrate contamination. Meanwhile, livestock activities, damaged and poorly maintained

septic systems in the non-agricultural area also contribute to high levels of nitrate in groundwater (Carbó et al., 2009).

The private well water was selected for this study because it is used without any treatment and not routinely monitored. These reasons make private well waters exposed more frequently to nitrate contamination. Ingestion of high nitrate may cause adverse effects on human health such as methemoglobinemia, gastric cancer, thyroid disease and diabetes (Liu et al., 2011; Wongsanit et al., 2015). Hence, the risks caused by ingestion of groundwater nitrate were estimated using health risk assessment (HRA). To better understanding about groundwater nitrate contamination, the vulnerability of groundwater was examined using the DRASTIC and modified DRASTIC model.



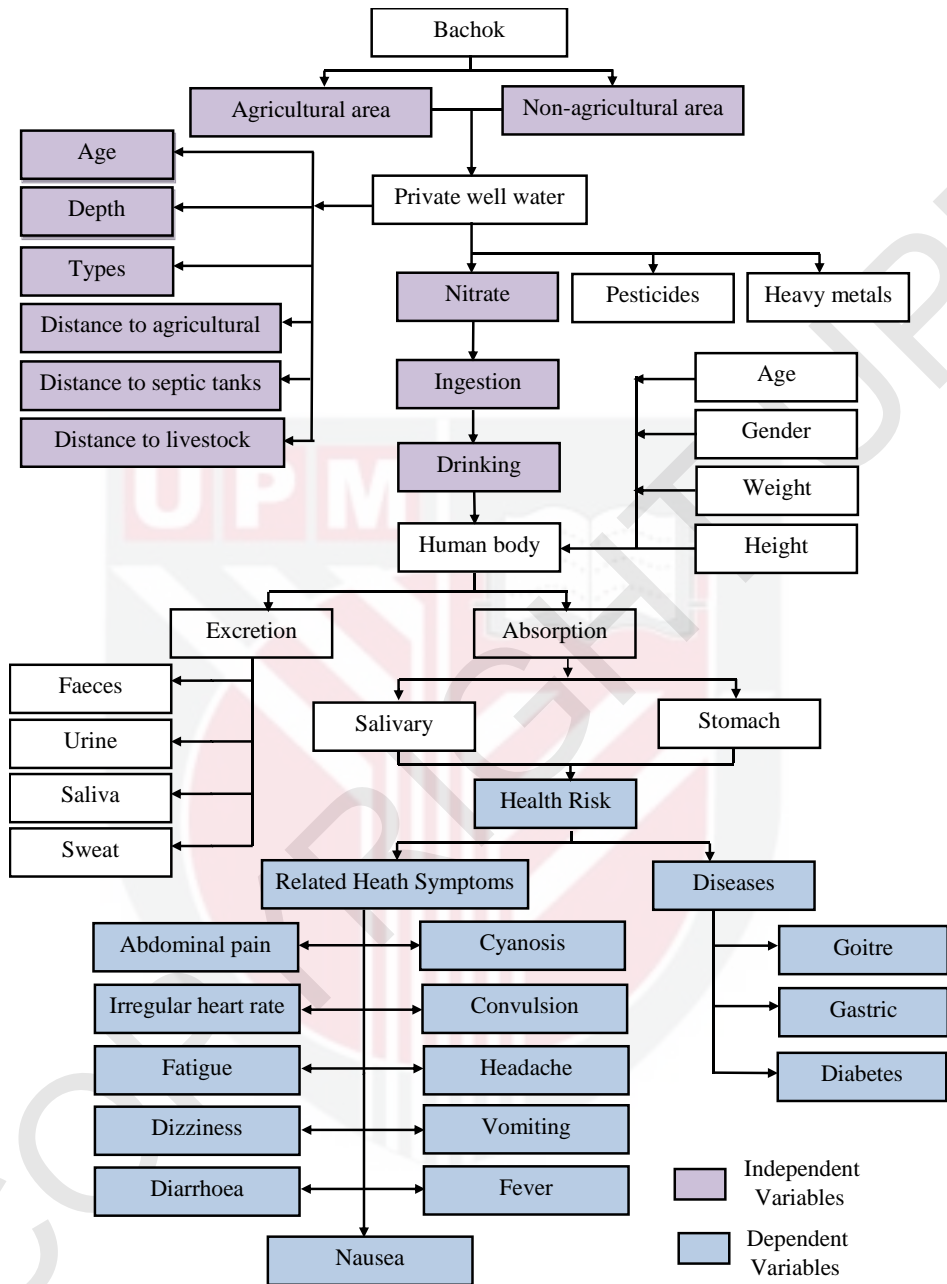


Figure 1.1: Conceptual framework

1.8 Significance of the Study

The sub-study 1 provides the information about levels and sources of nitrate in the private well waters in two different areas (agricultural and non-agricultural areas). Besides, this sub-study also provides the information on quality and suitability of groundwater for drinking water purposes. This information is useful for developing protection alternatives such as control of nitrogen fertilizers use and manure applications in the agricultural area. In addition, the private well water users also can protect their well by building a new well which uphill and far from nitrate sources such as livestock area, septic systems, barnyards and chemical storage facilities.

The sub-study 2 provides the knowledge to the respondents about the relationships of nitrate ingestion via drinking water and its adverse health effects. Besides, data gained from this study also useful for local authorities to develop adequate policies to protect private well water users from nitrate contamination. In addition, the data also may be useful for other research studies, especially in those exploring the relationships between nitrate exposure and adverse health outcomes.

The sub-study 3 provides aquifer vulnerability maps of the study area which identify areas with high pollution potential. The identification of the most vulnerable zones to contamination is important for local authorities to manage and monitor groundwater resources in these areas properly. Besides, this approach also reduces the cost of groundwater monitoring to define the geographic extent of contamination.

1.9 Thesis Outline

This thesis consists of six chapters which purposely to provide data on the nitrate contamination in groundwater as well as their potential health risk to human and groundwater vulnerability of Bachok district, Kelantan. Each chapter has been organized as follows:

Chapter 1 provides a brief introduction about the study's background, problem statement, research questions, objectives, research hypotheses, novelty and significance of the study. In Chapter 2, a comprehensive literature review is given. This chapter provides information such as groundwater occurrence, recharge and discharge and groundwater quality. The occurrence of nitrate, sources and factors affecting groundwater nitrate contamination, effects of nitrate on human health also are provided. The explanation about the methodology which applied in current research such as multivariate statistical analyses, groundwater quality index, health risk assessment model, and application of GIS also are provided.

Chapter 3 provides an assessment of groundwater nitrate concentrations in the agricultural and non-agricultural areas. The chapter starts with a brief introduction and

research questions follow by methodology section. The description, sample size calculation, data collection and analysis can be found in the methodology section. The results begin with a description of well characteristics and physicochemical parameters of groundwater samples in the agricultural and non-agricultural areas. The subsequent section presents the levels of nitrate in the agricultural and non-agricultural areas and comparison with the National Drinking Water Quality Standard (NDWQS) (MOH, 2009) and WHO (2011). Determination of nitrate sources and groundwater quality using multivariate analysis and different indices also presented. The dispersion patterns of nitrate using GIS application also are provided in this chapter. In the final section, all the results are discussed and summarized.

Chapter 4 provides an assessment of health risk of groundwater nitrate exposure. The chapter begins with a brief introduction about nitrate ingestion and list of research questions. In the methodology section, data collection and analysis are provided. The calculation of potential risk using HQ also is provided. Then, the result section starts with the description of the socio-demographic background, follows by weight, height and BMI of respondents, the frequency of perceived health-related symptoms and associated diseases of nitrate exposure. The relationship between nitrate concentrations and perceived health symptoms and associated diseases also are presented in this chapter. The values of nitrate chronic daily intakes (CDI) and HQ of respondents for different areas (agricultural and non-agricultural areas) and gender (male and female) are provided. The findings are discussed and concluded in the last section.

Chapter 5 provides an assessment of groundwater vulnerability in the study area. This chapter begins with a brief introduction about groundwater vulnerability and lists of related research questions. The methodology section provides preparations of each map for the DRASTIC model, modified DRASTIC model and model validation. In the result section, maps of the DRASTIC index and modified DRASTIC index are provided. Then, the findings are discussed and concluded.

Chapter 6 provides the conclusions from each sub-study. This chapter also provides the limitation of this study and proposes several recommendations which may useful for the development of sustainable groundwater management and appropriate protection planning.

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