



**UNIVERSITI PUTRA MALAYSIA**

***UTILIZATION OF CAROB SEED GERM MEAL IN TILAPIA DIET***

**ABDALBAST H. I. FADEL**

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**UTILIZATION OF CAROB SEED GERM MEAL IN TILAPIA DIET**

By

**ABDALBAST H. I. FADEL**

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia,  
in Fulfillment of the Requirements for the Degree of Doctor of Philosophy**

**January 2018**

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## **DEDICATION**

This thesis is dedicated to the spirit of my beloved father who taught me nobility and honesty, my affectionate mother who taught me patience and strength, my dear wife who has been my support from the beginning, and to all my dear sons, daughters, brothers and sisters.



Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment  
of the requirement for the degree of Doctor of Philosophy

## **UTILIZATION OF CAROB SEED GERM MEAL IN TILAPIA DIET**

By

**ABDALBAST H. I. FADEL**

**January 2018**

**Chairman : Professor Mohd Salleh Kamarudin, PhD**  
**Faculty : Agriculture**

The cost of commercial feeds for farmed fish continues to soar leading to the need to explore new alternative ingredients that can economically meet the metabolic needs of cultured tilapia. In this study, a series of experiments was conducted to investigate the nutritional value and the optimum inclusion level of carob seed germ meal (CSGM) as a substitute for soybean meal (SBM) in red tilapia feed.

In Experiment I, five isonitrogenous diets with increasing inclusion levels of untreated CSGM from 0-40% were tested. An inclusion of up to 30% untreated CSGM did not affect the growth and survival of red tilapia. However, the body biochemical composition and histopathological parameters indicated that fish health was compromised. Therefore, a maximum dietary inclusion of 20% untreated CSGM was recommended as a replacement of SBM for red tilapia.

In Experiment II, the efficiency of roasting, soaking, and autoclaving in reducing anti-nutritional factors (ANFs) in CSGM was evaluated. ANFs and functional properties of CSGM significantly decreased after all pre-treatment processes particularly the 30-min autoclaving. However, soaking appeared to be the most optimum and straight forward solution for decreasing ANFs while simultaneously maintaining nutrient value and functionality of CSGM.

Six experimental diets were formulated in Experiment III to contain 30 and 40% soaked CSGM, and 30 and 40% autoclaved CSGM with 0% and 40% untreated CSGM as negative and positive controls, respectively. Soaked or autoclaved CSGM at the 30% dietary inclusion level led to enhanced performance of CSGM in red tilapia

compared untreated CSGM although not to the level of performance obtained with the CSGM-free diet.

In Experiment IV, apparent digestibility coefficients (ADC) of untreated, soaked and autoclaved CSGM were determined. ADCs of nutrients and energy in untreated CSGM were significantly lower than those of soaked and autoclaved CSGM. Soaked CSGM had substantially better ADCs of nutrients and energy than autoclaved CSGM.

Experiment V was aimed to increase the digestibility of CSGM by *in vitro* and *in vivo* application of  $\beta$ -mannanase and  $\alpha$ -galactosidase mixture. *In vitro* results demonstrated that smaller particle size of CSGM yielded a higher mannose at 0.1% of enzyme hydrolysis with lower fibre content than other treatments. Whereas *in vivo* results showed that the growth performance and feed utilization of fish fed enzyme pre-treated CSGM were not significantly different from those of fish fed CSGM-free diet. Fish fed a diet without enzyme pre-treated CSGM had significantly higher intestinal short chain fatty acids (SCFA) whereas body protein and lipid, muscle cholesterol, and plasma cholesterol and glucose were significantly lower than those in fish fed other pre-pretreated CSGM.

In conclusion, untreated CSGM could be used as a partial substitute of soybean meal in the red tilapia diet up to 20% dietary inclusion. Pre-treating CSGM by soaking for 24h and followed by a carbohydrase treatment significantly improved its nutritional quality and increased its optimal inclusion level to 30% of diet.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Doktor Falsafah

**PENGGUNAAN TEPUNG GERMA BIJI KAROB DALAM MAKANAN  
TILAPIA**

Oleh

**ABDALBAST H. I. FADEL**

**Januari 2018**

**Pengerusi : Profesor Mohd Salleh Kamarudin, PhD**  
**Fakulti : Pertanian**

Kos makanan komersil untuk ikan ternakan terus meningkat menyebabkan perlunya dilakukan pencarian bahan makanan alternatif baharu yang secara ekonomik dapat memenuhi keperluan metabolik tilapia ternakan. Dalam kajian ini, satu siri eksperimen telah dijalankan untuk menentukan nilai pemakanan dan paras optima penggunaan tepung germa biji karob (CSGM) sebagai pengganti tepung kacang soya (SBM) dalam makanan tilapia merah.

Dalam Eksperimen I, lima diet isonitrogen dengan peningkatan paras penggunaan CSGM dari 0-40% telah diuji. Penggunaan sehingga 30% CSGM yang tidak dirawat tidak menjejaskan pertumbuhan dan kemandirian tilapia merah. Walau bagaimanapun, komposisi biokimia badan dan parameter histopatologi menunjukkan bahawa kesihatan ikan telah dikompromi. Oleh itu, penggunaan maksimum CSGM yang tidak dirawat sebanyak 20% dicadangkan sebagai pengganti SBM untuk tilapia merah.

Dalam Eksperimen II, kecekapan pra-rawatan panggang, perendaman dan autoklaf dalam mengurangkan faktor anti-pemakanan (ANFs) dalam CSGM telah dinilai. ANFs dan sifat fungsian CSGM berkurangan dengan ketara selepas kesemua proses pra-rawatan terutamanya melalui autoklaf selama 30 min. Walau bagaimanapun, rendaman didapati merupakan penyelesaian yang paling optimum dan termudah untuk menurunkan ANFs dan pada masa yang sama mengekalkan nilai nutrien dan kefungsiian CSGM.

Enam diet ujian telah dirumuskan dalam Eksperimen III untuk mengandung 30 dan 40% CSGM pasca-rendam, dan 30 dan 40% CSGM pasca-autoklaf dengan diet 0 dan 40% CSGM yang tidak dirawat, masing-masing, sebagai kawalan negatif dan positif. CSGM pasca-rendam atau pasca-autoklaf pada paras penggunaan 30% menyebabkan peningkatan prestasi CSGM dalam tilapia merah berbanding CSGM yang tidak dirawat walaupun tidak mencapai tahap prestasi yang diperolehi dengan diet bebas-CSGM.

Dalam Eksperimen IV, pekali kebolehceraan ketara (ADC) CSGM yang tidak dirawat, pasca-rendam dan pasca-autoklaf telah ditentukan. ADC nutrien dan tenaga dalam CSGM yang tidak dirawat adalah ketara lebih rendah daripada CSGM pasca-rendam dan pasca-autoklaf. Walau bagaimanapun, CSGM pasca-rendam mempunyai nilai ADC nutrien dan tenaga yang ketara lebih baik daripada CSGM pasca-autoklaf.

Eksperimen V bertujuan untuk meningkatkan kebolehceraan CSGM menerusi penggunaan campuran  $\beta$ -mannanase dan  $\alpha$ -galactosidase secara *in vitro* dan *in vivo*. Keputusan rawatan *in vitro* menunjukkan bahawa saiz partikel CSGM yang kecil menghasilkan mannose yang lebih tinggi pada 0.1% enzim hidrolisis dengan kandungan serat yang lebih rendah daripada rawatan lain. Sementara itu, keputusan *in vivo* menunjukkan prestasi pertumbuhan dan kecekapan pemakanan adalah tidak ketara berbeda antara ikan yang diberi makan CSGM terawat enzim dengan ikan yang diberi makan bebas-CSGM). Ikan yang diberi makan diet CSGM tanpa rawatan enzim mempunyai asid lemak rantai pendek (SCFA) yang ketara lebih tinggi di samping kandungan protein dan lipid badan, kolesterol otot, serta kolesterol dan glukosa plasma yang ketara lebih rendah dari ikan yang diberi diet CSGM terawat lain.

Kesimpulannya, CSGM tanpa rawatan boleh digunakan sebagai pengganti tepung kacang soya dalam diet tilapia merah sehingga 20% diet. Perendaman selama 24 jam dan diikuti rawatan enzyme karbohidrase ketara meningkatkan mutu pemakanan CSGM dan paras penggunaan optimumnya kepada 30% diet.



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I certify that a Thesis Examination Committee has met on 22 January 2018 to conduct the final examination of Abdalbast.H.I.Fadel on his thesis entitled "Utilization of Carob Seed Germ Meal in Tilapia Diet" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Doctor of Philosophy.

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## TABLE OF CONTENTS

	<b>Page</b>
<b>ABSTRACT</b>	i
<b>ABSTRAK</b>	iii
<b>ACKNOWLEDGEMENTS</b>	v
<b>APPROVAL</b>	vi
<b>DECLARATION</b>	viii
<b>LIST OF TABLES</b>	xiv
<b>LIST OF FIGURES</b>	xvii
<b>LIST OF ABBREVIATIONS</b>	xix
<b>CHAPTER</b>	
<b>1 INTRODUCTION</b>	<b>1</b>
1.1 Objectives of the study	3
<b>2 LITERATURE REVIEW</b>	<b>4</b>
2.1 Carob	4
2.2 Carob seed germ meal (CSGM)	6
2.2.1 Chemical composition of CSGM	6
2.2.2 Utilization of carob seed germ meal in fish feeds	8
2.3 Anti-nutritional factors (ANFs)	8
2.3.1 Tannins	9
2.3.2 Phytic acid	12
2.3.3 Trypsin inhibitors	13
2.3.4 Saponins	14
2.3.5 Non-starch polysaccharides (NSP)	14
2.4 Tilapia aquaculture	16
2.4.1 Aquaculture of red tilapia ( <i>Oreochromis</i> sp)	17
2.4.2 Biology of red tilapia	17
2.4.3 Red tilapia culture in Malaysia	18
2.4.4 Environmental requirements of red tilapia	19
2.4.5 Nutritional Requirements of Red Tilapia	20
<b>3 GENERAL METHODOLOGY</b>	<b>22</b>
3.1 Carob seed germ meal	22
3.2 Formulation and preparation of experimental diets	22
3.3 Experimental animals and set-up	22
3.4 Rearing tanks	22
3.5 Proximate analysis	23
3.5.1 Dry matter	23

3.5.2	Crude ash	23
3.5.3	Crude protein	23
3.5.4	Crude fat	24
3.5.5	Crude fiber	24
3.5.6	Nitrogen free extract (NFE)	24
3.5.7	Carbohydrate	25
3.5.8	Gross energy	25
3.6	Neutral detergent fiber	25
3.7	Acid detergent fiber	25
3.8	Reducing sugars	26
3.9	Amino acids	26
3.10	Fatty acids	26
3.11	Minerals	27
3.12	Functional properties	27
3.12.1	Nitrogen solubility	27
3.12.2	Water and oil absorption capacity	28
3.12.3	Foaming capacity and foam stability	28
3.13	Anti-nutritional factors	28
3.13.1	Tannin extraction	28
3.13.2	Total phenol	29
3.13.3	Non-tannin phenol	29
3.13.4	Condensed tannins	29
3.13.5	Phytic acid	30
3.13.6	Total saponins	30
3.13.7	Trypsin inhibitors	30
3.13.8	Lipid peroxidation	31
3.14	Cholesterol	31
3.15	Intestinal short-chain fatty acids	31
3.16	Blood biochemical parameters	32
3.17	Histological analysis	32
3.18	Growth and feed utilization parameters	32

#### **4 CAROB SEED GERM MEAL AS A PARTIAL SOYBEAN MEAL REPLACEMENT IN THE DIETS OF RED HYBRID TILAPIA**

		34
4.1	Introduction	34
4.2	Materials and methods	35
4.2.1	Source and biochemical analysis of carob seed germ meal, soybean meal and fishmeal	35
4.2.2	Experimental set up	35
4.2.3	Sampling	36
4.2.4	Proximate composition, amino acids and anti-nutritional factors	38
4.2.5	Statistical analysis	38
4.3	Results	38
4.4	Discussion	44

<b>5</b>	<b>EFFECTS OF SOAKING, AUTOCLAVING AND ROASTING ON THE NUTRITIONAL COMPOSITION, ANTINUTRITIONAL FACTORS AND FUNCTIONALITY OF CAROB SEED GERM MEAL</b>	47
5.1	Introduction	47
5.2	Materials and methods	48
	5.2.1 Pre-treatments	48
	5.2.2 CGSM analyses	49
	5.2.3 Statistical analysis	49
5.3	Results	49
5.4	Discussion	50
<b>6</b>	<b>EFFECTS OF PRE-TREATING CAROB SEED GERM MEAL ON GROWTH PERFORMANCE AND FEED UTILISATION ON RED TILAPIA</b>	60
6.1	Introduction	60
6.2	Materials and Methods	60
	6.2.1 CSGM pre-treatment and diet preparation	60
	6.2.2 Feeding trial	61
	6.2.3 Proximate and amino acid composition, and anti-nutritional factors	61
	6.2.4 Serum biochemical analysis and body indices	62
	6.2.5 Muscle cholesterol and lipid peroxidation	62
	6.2.6 Statistical analyses	62
6.3	Results	62
6.4	Discussion	67
<b>7</b>	<b>EFFECTS OF PRE-TREATING CAROB SEED GERM MEAL ON THE DIGESTIBILITY, AND PLASMA AMYLASE, GLUCOSE AND CHOLESTEROL IN RED TILAPIA</b>	73
7.1	Introduction	73
7.2	Materials and methods	74
	7.2.1 Pre-treatment of CSGM and diet preparation	74
	7.2.2 Feeding and sampling	74
	7.2.3 Water quality	76
	7.2.4 Chemical analysis	77
	7.2.5 Statistical analyses	78
7.3	Results	78
7.4	Discussion	80
<b>8</b>	<b>EFFECTS OF MULTI-ENZYME PRE AND POST-TREATMENT OF CAROB SEED GERM MEAL ON GROWTH AND FEED UTILIZATION OF RED TILAPIA</b>	84
8.1	Introduction	84
8.2	Material and methods	85



8.2.1	Experiment 1	85
8.2.2	Experiment 2	86
8.2.3	Statistical analyses	89
8.3	Results	89
8.3.1	Experiment 1	89
8.3.2	Experiment 2	92
8.4	Discussion	92
<b>9</b>	<b>GENERAL DISCUSSION</b>	<b>102</b>
	<b>REFERENCES</b>	<b>106</b>
	<b>BIODATA OF STUDENT</b>	<b>134</b>
	<b>PUBLICATION</b>	<b>135</b>



## LIST OF TABLES

<b>Table</b>		<b>Page</b>
2.1	Area and production of carob in producing countries	5
2.2	Typical composition of commonly used aquaculture feed ingredients	10
2.3	Classification of major anti-nutritional factors commonly present in plant-derived feedstuffs used in aqua feed	11
2.4	Optimum protein requirements for different species and sizes of tilapia	21
4.1	Chemical composition of fishmeal (FM), carob seed germ meal (CSGM) and soybean meal (SBM) used in this study (% as fed basis)	36
4.2	Composition of the experimental diets (% as fed basis) with increasing inclusions of carob seed germ meal (CSGM)	37
4.3	Growth performance and feeding efficiency of red hybrid tilapia when fed diets with increasing levels of carob seed germ meal (CSGM) after 8 weeks	40
4.4	Whole-body proximate composition (% wet weight) of red tilapia fed diets with increasing inclusion of carob seed germ meal (CSGM) after 8 weeks	42
4.5	Blood and plasma parameters of red tilapia fed diets with increasing inclusion of carob seed germ meal (CSGM) after 8 weeks	42
4.6	Changes to the morphology of the distal intestine of red tilapia when fed diets with increasing inclusions of carob seed germ meal (CSGM) after 8 weeks	43
5.1	Effects of soaking, autoclaving and roasting at two different durations on the proximate composition (% as fed basis) of carob seed germ meal	51
5.2	Effects of soaking, autoclaving and amino acid roasting at two different durations on the essential amino acid composition (% as fed basis) of carob seed germ meal	52
5.3	Effects of soaking, autoclaving and roasting at two different durations on fatty acid composition (% of total fatty acids) of carob seed germ meal	53

5.4	Effects of soaking, autoclaving and roasting at two different durations on the mineral content ( $\text{mg } 100\text{g}^{-1}$ ) of carob seed germ meal	54
5.5	Effects of soaking, autoclaving and roasting at two different durations on some anti-nutritional factors (% as fed basis) of carob seed germ meal	55
5.6	Effects of soaking, autoclaving and roasting at two different durations on the functionality of carob seed germ meal	56
6.1	Proximate composition and essential amino acid composition of the protein sources used and anti-nutritional factors in treated and untreated in carob seed germ meal (% as fed basis)	63
6.2	Feed and proximate composition, essential amino acid and anti-nutritional factors of the experimental diets (% as fed basis)	64
6.3	Growth performance and feed utilisation of red tilapia fed the experimental diets for 8 weeks	65
6.4	Whole body proximate composition (% wet weight), total muscle cholesterol content ( $\mu\text{g ml}^{-1}$ ) and lipid peroxidation ( $\mu\text{M g}^{-1}$ ) of the experimental fish	66
6.5	Total plasma cholesterol ( $\text{mmol l}^{-1}$ ), triglyceride ( $\text{mmol l}^{-1}$ ), total protein ( $\text{g l}^{-1}$ ), albumin ( $\text{g l}^{-1}$ ), phosphate ( $\text{mmol l}^{-1}$ ) and ALT ( $10^{-3} \text{ U mL}^{-1}$ ) of fish fed different experimental diets	69
7.1	Proximate and amino acid composition (% as fed basis), and antinutritional factors in carob seed germ meal, fishmeal and soybean meal	75
7.2	Composition of reference and test diets (% as fed basis)	76
7.3	Apparent digestibility coefficient (%) of nutrients and energy of CGSM in red tilapia	78
7.4	Plasma amylase values ( $10^{-3} \text{ U ml}^{-1}$ ) measured over 24 h in tilapia fed reference and test ingredient diets	79
8.1	Proximate composition (% as fed basis) of feed ingredients	87
8.2	Feed and chemical composition (% as fed basis) of the experimental diets	88
8.3	Effects of the particle size and enzyme loadings on mannose concentration in carob seed germ meal (CSGM)	90

8.4	Effect of enzyme loading on the proximate composition (% as fed basis) of carob seeds germ meal (CSGM) at two different particle size	91
8.5	Growth performance and feeding efficiency of red hybrid tilapia fed diets with and without pre-treatment of multi-enzymes	94
8.6	Whole body proximate composition, and muscle cholesterol content ( $\mu\text{g mL}^{-1}$ ) and lipid peroxidation ( $\mu\text{M g}^{-1}$ ) of red hybrid tilapia fed diets with and without multi-enzyme supplementation	95
8.7	Plasma cholesterol, triglyceride, glucose, and ALT of red hybrid tilapia fed diets with and without with and without multi-enzyme supplementation	96



## LIST OF FIGURES

Figure	Page
1.1 World capture fisheries and aquaculture production	1
2.1 Carob tree	5
2.2 A group of straight carob pods	7
2.3 Carob seed showing the major anatomical feature	7
2.4 Condensed and hydrolysable tannins	12
2.5 Chemical structure of phytic acid	13
2.6 Primary structure of galactomannans	15
2.7 Modes of action of non-starch polysaccharides degrading enzymes	16
2.8 Countries where red tilapia hybrids are cultured in the world	18
2.9 A hybrid red tilapia	19
4.1 Body weight of red hybrid tilapia when fed diets with increasing levels of carob seed germ meal (CSGM) for 8 weeks	41
4.2 Liver sections of red hybrid tilapia when fed diets with increasing levels of carob seed germ meal (CSGM) after 8 weeks (Magnification $\times 40$ ; H&E staining).	43
4.3 Distal intestinal sections of red hybrid tilapia when fed diets with increasing levels of carob seed germ meal (CSGM) after 8 weeks (Magnification $\times 40$ ; H&E staining), with measures of villi length (VL). Villi width (VW).	43
5.1 Effects of soaking, autoclaving and roasting at two different durations on nitrogen solubility (%) of carob seed germ meal	57
5.2 Effects of soaking, autoclaving and roasting at two different durations on lipid peroxidation ( $\mu\text{M g}^{-1}$ ) of carob seed germ meal.	57
7.1 Plasma glucose ( $\text{mmol l}^{-1}$ ) measured over 24 h in tilapia fed reference and test ingredient diets	79
7.2 Plasma cholesterol values ( $\text{mmol l}^{-1}$ ) measured over 24 h, in tilapia fed reference and test ingredient diets	80

8.1 The mean ( $\pm$ SD) intestinal acetic acid (A), propionic acid (B) and (C) butyric acid of red tilapia when fed diets with and without multi-enzyme supplementation.

97

8.2 Liver of red tilapia fed (a) Diet 1 as Control, (b) Diet 2: 30% CSGM pre-treated with enzyme, (c) Diet 3: 30% soaked CSGM sprayed with enzyme premix at post-production, (d) Diet 4: 30% soaked CSGM (no enzyme treatment)

98



## LIST OF ABBREVIATIONS

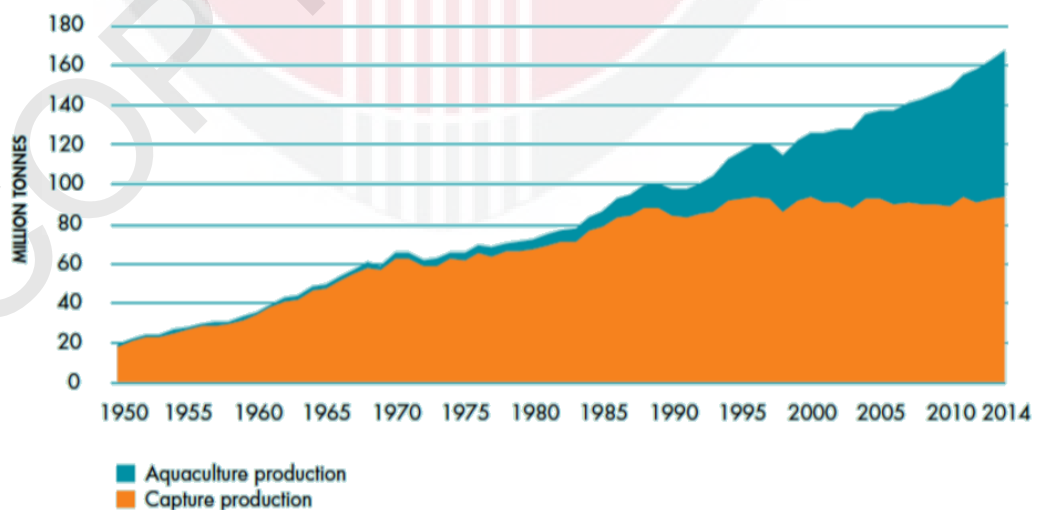
ANFs	Anti-nutritional factors
ANOVA	Analysis of Variance
CF	Condition factor
CSGM	Carob seed germ meal
FM	Fishmeal
DFI	Daily Feed Intake
DO	Dissolved Oxygen
EAA	Essential Amino Acid
FA	Fatty Acid
FC	Foaming Capacity
FCR	Feed Conversion Ratio
FS	Foam Stability
HSI	Hepato-somatic Index
MUFA	Monounsaturated Fatty Acid
n-3	Omega 3
n-6	Omega 6
PER	Protein Efficiency Ratio
PUFA	Polyunsaturated Fatty Acid
OAC	Oil Absorption Capacity
SBM	Soybean meal
SD	Standard Deviation
SCFAs	Intestinal Short-Chain Fatty Acids
SFA	Saturated Fatty Acids
VSI	Viscera-somatic Index
WAC	Water Absorption Capacity
WG	Weight Gain

## CHAPTER 1

### INTRODUCTION

The global total consumption of seafood per capita has increased from an average of 5.2 kg in 1961 to 20 kg in 2014 varying according to region and type of fish (FAO, 2016b; Tidwell, 2012). In 2014, the total fisheries and aquaculture production reached 160 million tonnes of which 146.3 million tonnes was for human consumption (FAO, 2016b). The Food and Agriculture Organisation (FAO) predicted that the global production of the fisheries and aquaculture sector would reach 172 million tonnes in 2021, primarily because of higher demand for fish and continuous growth of human population (FAO, 2012). Further expansion of capture fisheries is unlikely in the future as most fishing grounds have been subjected to over-fishing and improper stock management. Therefore, aquaculture must play a more important and dominant role in the future seafood production and its production need to be increased by 33% between 2012 and 2021 to meet the demand (FAO, 2012).

The global aquaculture production has increased by 80% in the last two decades (Fig. 1.1, (FAO, 2016b). Asia has accounted for about 88.91% (6.56 million tonnes) of the world aquaculture production in 2014. America, Europe and Africa improved their respective shares by 4.54% (3.35 million tonnes), 3.97% (2.93 million tonnes) and 2.32% (1.71 million tonnes), respectively. In comparison, the total production of Oceania only improved by only 0.26% (189.2 tonnes). Aquaculture is now an important part of the economy in several countries creating many jobs. An estimated 16.7 million people were employed in aquaculture in 2014 (FAO, 2016b).



**Figure 1.1 : World capture fisheries and aquaculture production**  
(Source: (FAO, 2016b))



Due to the increasing demand for farmed fish, the industry must produce large quantities of aquafeeds from readily accessible/available ingredients (Naylor et al., 2000). The major bulk of commercial aquafeeds, especially protein, originates from fishmeal and soybean meal (Tacon et al., 2012). It has been estimated that the aquaculture feed sector utilises over 73% of total global FM production or nearly 21% of total fish production (FAO, 2014). Given the current very rapid increase in the intensification of fish farming in Asia and globally, intense competition for limited global supplies of fishmeal and soybean meal is likely to arise in the near future. This strong demand for available feed resources is expected to have considerable impact on global commodity markets and fish feed prices. (FAO, 2016b).

Consequently, aquafeeds have become costly (Tacon et al., 2012). Aquafeeds for both carnivorous and omnivorous fish species contain fishmeal which has been the main source of protein in the past (Hardy, 2010). In general, 45% of the fishmeal is used in aquafeeds for carnivorous fish species such as salmon, trout, sea bass, sea bream, and yellowtail. Meanwhile, 21% of the fishmeal is used in aquafeeds for omnivorous species such as fry and fingerling carps, tilapia and catfish (Hardy, 2010). Due to the escalating price and lack of stability in the supply of fishmeal, many studies have been conducted to replace fishmeal with less expensive plant and animal protein sources.

Soybean is the second most important source of protein used by the aquafeed industry (El-Sayed, 2007). Soybean meal appears to be an excellent substitute of fishmeal and is being increasingly used in aquafeeds (Nguyen, 2008). However, the heavy dependence on soybean meal in aquafeeds has also increased its price (Akinleye et al., 2012). According to FAO (2016b), the price of soybean meal per tonne rose from US\$343 in March 2004 to \$506.9 in March 2014, representing an increase of 47%. In addition, soybeans are also used in the production of human foods. Hence, there is an urgent need to explore alternative inexpensive plant protein sources for use in fish diets. Current and future research need to be focused on introducing technologies for producing practical, cheap and readily available new protein sources (Nunes et al., 2014; Tiamiyu et al., 2016).

Carob seed germ meal is an example of a cheap dietary food source that does not compete with human needs. It is the by-product of the food grade gum industry and comparatively cheaper to fishmeal or soybean meal. The potential of carob seed germ meal as an alternative protein source in aquafeeds has attracted the intention of several researchers (Alexis, 1990; Couto et al., 2016; Martínez-Llorens et al., 2012).

## 1.1 Objectives of the study

The general objective of this study was to evaluate the nutritional value of carob seed germ meal as an alternative source of dietary protein for red tilapia. The specific objectives of this study were:

1. To investigate potential of carob seed germ meal as a partial soybean meal replacement in the diet of red hybrid tilapia
2. To evaluate the effects of several pre-treatment methods on the nutritional components, anti-nutritional components and functionality of carob seed germ meal
3. To determine the performance of pretreated carob seed germ meal as an alternative plant protein in the red tilapia diet
4. To study the effects of pretreatment on the digestibility of carob seed germ meal and plasma glucose, cholesterol and amylase in red tilapia, and
5. To assess the effects of multi-enzyme pre-treatment of carob seed germ meal and delivery method on growth and feed utilisation in red tilapia.

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