



UNIVERSITI PUTRA MALAYSIA

***PEAK PRESSURE ANALYSIS OF FOOT PLANTAR DISTRIBUTION
BASED ON IMAGE PROCESSING ALGORITHM***

ALI HUSSEIN SABRY

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By

ALI HUSSEIN SABRY

**Thesis Submitted to the School of Graduate Studies, Universiti Putra
Malaysia, in Fulfillment of the Requirements for the Degree of
Master of Science**

July 2018

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DEDICATION

This work is dedicated to.....

My family...

My country...



Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Master of Science

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By

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July 2018

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Plantar pressure measurement is used to access the external loads, which interpreted in order to distinguish between normal and abnormal. Plantar pressure also provides valuable insight in gait analysis and pasture research. Several factors have been associated with the distribution of plantar foot pressure, including the body weight, age, foot structure, and standing/walking strategy. Foot ulceration due to diseases is the main consideration because of the excessive foot plantar pressures in a particular area over time can give rise to such ulcers, but a lack in formulating accurately the distribution of pressure over the foot plantar and describing the relationship of the most parameters that effect on. The study objective is to examine the Body Mass Index through analyzing the relationships of seven levels of plantar pressure that distribute over the touch insole area with the four effective continuous predictor parameters (body mass, foot size, age, and gender), that have a direct effect on dynamic plantar pressure. The other main goal of this work is to create an algorithm which has the ability to formulate accurately and reliably the distribution of pressure over the foot plantar. Plantar pressure was profiled as an image at four measurement categories during standing and walking within two conditions of loading perspective; free, and loaded by carrying a simple weight during the subject inspect. Repeatability test together with the image processing tool is considered to classify seven levels of the plantar pressure and select the suitable category of measurements according to the relationships of each level with the studied parameters. The outcome of the repeatability test indicates that the dynamic with load (DL) is the best measurement category to consider in the plantar pressure data analysis. Seven levels of pressure have been successfully classified via image processing capabilities to simplify the creation of three modeling equations; polynomial, 3rd order, 5th, and 1st order equations to model each of the human body weight, foot size, and the age respectively. The present meta-analysis of the 79 subjects showed significant outcomes through the model equations that

evaluated by R^2 values, where 0.866 for human body weight equation, 0.602 for the age equation, and 0.308 for the foot size equation, all of them are formulated as a function of plantar pressure values. The proposed image processing that based on the related parameters. Thus, the image information of the pressure sensor can solve the balancing problem for those who have a problem during standing and walking.



Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Master Sains

**ANALISIS PENYEBARAN PUNCAK TEKANAN DIBAWAH TAPAK
KAKI BERDASARKAN ALGORITMA PEMROSESAN IMEJ**

Oleh

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Pengukuran tekanan plantar digunakan untuk mengakses beban luaran, yang ditafsirkan untuk membezakan antara normal dan tidak normal. Tekanan plantar juga memberikan wawasan yang berharga dalam analisis gait dan penyelidikan postur. Beberapa faktor telah dikaitkan dengan pengedaran tekanan kaki plantar, termasuk: berat badan, umur, struktur kaki, dan strategi berdiri berjalan. Ubat ulser kaki disebabkan oleh penyakit adalah pertimbangan utama kerana tekanan plantar kaki yang berlebihan di kawasan tertentu dari masa ke masa dapat menimbulkan ulser, tetapi kekurangan dalam merumuskan secara tepat pengedaran tekanan ke atas tapak kaki dan menggambarkan hubungan yang paling parameter yang mempengaruhi. Objektif kajian adalah untuk mengkaji Indeks Massa Tubuh dengan menganalisis hubungan tujuh tahap tekanan plantar yang mengedarkan di atas kawasan insole sentuhan dengan empat parameter peramal berterusan yang berkesan (jisim badan, saiz kaki, umur dan jantung), yang mempunyai arah langsung kesan pada tekanan plantar dinamik. Matlamat utama lain dalam kerja ini adalah untuk mencipta algoritma yang mempunyai keupayaan untuk merumuskan tepat dan tepat pengagihan tekanan ke atas tapak kaki. Dengan mengikuti pemeriksaan anggota bawah klinikal, tekanan plantar EMED digunakan dalam kajian ini. Tekanan plantar telah dipapar sebagai imej pada empat kategori pengukuran semasa berdiri dan berjalan dalam dua keadaan memandang perspektif; Percuma, dan Sarat dengan membawa berat yang sederhana semasa pemeriksaan subjek. Ujian pengulangan bersama dengan alat pemrosesan imej dianggap mengklasifikasikan tujuh tahap tekanan plantar dan memilih kategori pengukuran yang sesuai mengikut hubungan setiap peringkat dengan parameter yang dipelajari. Ujian pengulangan yang dinamik dengan beban (DL) adalah yang terbaik untuk dipertimbangkan antara pengukuran yang dijalankan. Tujuh tahap tekanan telah berjaya dikelaskan melalui kod pemrosesan imej. Tiga persamaan pemodelan; persamaan eksponen, polinomial, dan persamaan linear telah dibangunkan untuk memodelkan berat badan manusia, saiz kaki, dan umur masing-masing. Meta-

analisis semasa dari 79 subjek menunjukkan perwakilan yang signifikan yang dinilai oleh nilai R^2 untuk berat badan manusia 0.8661, untuk umur 0.1088, dan 0.3 untuk saiz kaki, semua adalah sebagai fungsi nilai tekanan penanam. Algoritma berasaskan pemprosesan imej yang dicadangkan juga boleh mempromosikan lebih banyak model berguna mengenai analisis kaki.



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I certify that a Thesis Examination Committee has met on 12 July 2018 to conduct the final examination of Ali Hussein Sabry on his thesis entitled "Peak Pressure Analysis of Foot Plantar Distribution Based on Image Processing Algorithm" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Master of Science.

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TABLE OF CONTENTS

	Page
ABSTRACT	i
ABSTRAK	iii
ACKNOWLEDGEMENTS	v
APPROVAL	vi
DECLARATION	viii
LIST OF TABLES	xii
LIST OF FIGURES	xiii
LIST OF ABBREVIATIONS	xv
CHAPTER	
1 INTRODUCTION	1
1.1 Overview	1
1.2 EMED Hardware	1
1.3 Problem Statement	3
1.4 Objectives	4
1.5 Scope of Work	4
1.6 Research Contributions	5
1.7 Thesis layout	5
2 LITERATURE REVIEW	7
2.1 Overview	7
2.2 Case Study of Plantar Foot Pressure	7
2.3 Foot Plantar Pressure	8
2.3.1 Peak pressure	11
2.4 Foot Model	12
2.5 Plantar Pressure Systems	12
2.5.1 Platform Systems	13
2.5.2 In-Shoe Systems	14
2.6 Repeatability Test	15
2.7 Image Processing	19
2.8 Summary	20
3 METHODOLOGY	22
3.1 Overview	22
3.2 Gait Analysis	22
3.3 Experimental Setup	28
3.3.1 Selecting a group of EMED subjects images	29
3.3.2 Types of EMED Plantar measurements	29
3.3.3 Importing images from EMED and Data Cleaning	30

3.3.4	Generating a File for PressureParametersof PredictionResult	30
3.4	Image Processing for Foot Plantar Pressure Distribution	30
3.5	Image Processing Module	31
3.6	Data Selection and RepeatabilityTest Algorithm	33
3.7	Proposed Modeling	36
	3.7.1 Data Fitting Equations	37
	3.7.2 Body Mass and Plantar Pressure Distribution	38
3.8	PC Software (GUI)	39
3.9	Summary	40
4	RESULTS AND DISCUSSION	42
4.1	Overview	42
4.2	Data Selection and Repeatability Results	42
4.3	Image processing	47
4.4	Results of Body Mass related to Plantar Pressure Distribution	52
4.5	Proposed GUI	57
4.6	Summary	59
5	CONCLUSION AND FUTURE WORKS	60
5.1	Conclusions	60
5.2	Future Work	61
	REFERENCES	62
	BIODATA OF STUDENT	81
	LIST OF PUBLICATIONS	82

LIST OF TABLES

Table	Page
1.1 Technical data for emed-a, systems[3]	3
2.1 A summary of noteworthy contributions of Plantar pressure systems for healthy subjects and under walking measurements	9
2.2 Mean, standard deviation and standard error for contact time peak pressure and contact area for each shoe condition	11
2.3 A summary of noteworthy contributions of Plantar pressure Repeatability Test for healthy persons	17
3.1 List of colors with associated range of pressure measurement	33
3.2 A List of the standard mathematical fitting equations	38
4.1 The developed model equations of (age, body mass, and foot size)	56

LIST OF FIGURES

Figure	Page
1.1 EMED-x[3]	2
2.1 Optimal plantar pressure displacement[24]	8
2.2 A platform-based foot plantar pressure sensor emed® by Novel	13
2.3 A platform based foot plantar pressure sensor by Zebris Medical GmbH[61]	13
2.4 An in-shoe based foot plantar pressure sensor [22]	14
2.5 Image acquisition system by means of frustrating total internal reflection of light [116]	19
3.1 Plantar pressure distribution of right foot in the major phase of one full gait cycle. (a–e) images measured by our developed system. (f–k) images obtained by a commercial pressure measurement device[126]	23
3.2 The Workflow Diagram of the proposed methodology	24
3.3 Methodology Diagram	27
3.4 Experimental setup and Plantar-Pressure device screen during the test	28
3.5 Image Processing algorithm	32
3.6 Data Selection and Repeatability Test Diagram	35
3.7 Proposed GUI.	40
4.1 Dynamic (normal walking)	43
4.2 Dynamic with load (normal walking, carrying 1.5Kg)	43
4.3 Static (Standing test)	44
4.4 Static with load (Standing, carrying 1.5Kg)	44
4.5 Barchart for the four measurement categories	46
4.6 Selecting a category (DL) from the results of the Weighted equation of the pressure for all measurable levels of 79 samples	47

4.7	3D Image processing outcome of one subject test	48
4.8	The 7 plantar pressure range levels (a) magenta, (b)red, (c)Yellow (d) green, (e)cyan, (f)blue, (g)black, each level in an ascending order versus a number of subjects.	52
4.9	The relationship between the body mass and the total weighted plantar pressure over all the considered subjects	53
4.10	The relationship between the body mass (weight) and the total average pressure	54
4.11	The relationship between the age of individuals and total average pressure	55
4.12	The relationships of individuals' foot size and total average pressure	56
4.13	The proposed GUI descriptions	58

LIST OF ABBREVIATIONS

Fsize	Foot size
DL	Dynamic with load
D	Dynamic
S	Static
SL	Static with load
PPR	Plantar Pressure Ranges
GUI	Graphical User Interface
P _i	Range of values
BW	Body Weight
a ₁ ,a ₂ ...a ₅	The coefficients of the weight formula.
P _{t_i}	Total pressure
Mag	Magenta, 7 th level of pressure (kPa) >300
Red	Red, 6 th level of pressure (kPa) 220~295
Yel	Yellow, 5 th level of pressure (kPa) 150~215
Gr	Green, 4 th level of pressure (kPa) 100~145
Cy	Cyan, 3 rd level of pressure (kPa) 60~95
Blu	Blue, 2 nd level of pressure (kPa) 30~55
Blk	Black, 1 st level of pressure (kPa) 10~25

CHAPTER 1

INTRODUCTION

1.1 Overview

The human foot is an amazingly engineered arrangement of bones, ligaments, tendons, and muscles that allow mobility by absorbing and supporting up vigorous pressure from everyday activities.

The foot is the most important anatomical part of the body to help along with the body's natural balance-keeping system. The function of the foot is providing a first stage of cushioning of the impact forces during walking, running, climbing, and other activities and transferring forces produced by the muscles to the ground. During daily activities, interactive forces are transferred between the body and the ground. As mentioned above, plantar pressure measurement can be used to access the external loads, which interpreted in order to distinguish between normal and abnormal. Plantar pressure also provides valuable insight in gait analysis and posture research.

Foot pressure distribution and timing information provide valuable insight on a variety of biomechanical and neurological disorders, as well as aiding in the treatment and prevention of wounds caused by high foot pressure. Accurate measurement of foot pressure distribution throughout the gait cycle illuminates gait asymmetries and provides insight on lower limb dysfunction, helping clinicians find and treat the root cause of biomechanical problems that can lead to pain throughout the lower body. The magnitude of the ground reaction force acting on the plantar foot (bottom of the foot) present in bipedal standing is in the order of $0.5 \times$ body weight (BW), $1.0 \times$ BW whilst walking, and $(2.5 \text{ to } 3.0) \times$ BW during running. It is the largest external force experienced a by any region of the human body [1], [2].

This work discusses the variables with a realistic potential contribution to the outcome factors that are based on indications from the literature reviewed and the potential predictor parameters that provided by EMED system.

1.2 EMED Hardware

emed systems are available in six models: x, XL, q, n, c and a. All three systems collect and display the plantar pressure measurement from the emed platforms. The premier of the platforms is the emed-x Figure 1.1.



Figure 1.1 : EMED-x[3]

The emed®-x system is the premier version of the novel pedography measurement platforms. This system functions like all emed® platforms with calibrated capacitive sensors. The emed systems work with a notebook or desktop PC and connect directly to the USB interface of the PC. The emed-x system can be used either in a high speed mode with a sensor resolution of 1 sensor/cm² and a frame rate of 400 Hz or in a high sensor resolution mode with a sensor resolution of 4 sensors/cm² and a frame rate of 100 Hz. With a user-defined sensor area, the platform can be scanned at a rate greater than 400 Hz. The emed®-x supplies frame by frame in- and out- synchronization for motion analysis, digital video, and EMG and a built-in synchronization LED. Synchronization via the microphone input of the digital video camera allows simultaneous collection of dynamic pressure measurement and multiple digital video cameras. The emed systems can be started from novel databases and include extensive software for patient monitoring and foot analysis (see analysis and reporting section [3] for more information).

Table 1.1 : Technical data for emed-a, systems[3]

Specification	EMED-a
Dimensions	610x323x 16(18)
Sensor area	380x240
Number of sensors	1760
Platform thickness (mm)	18
Sensor resolution (sensors/cm ²)	2
Sampling frequency (Hz)	50/60*
Pressure range (kPa)	10-950
Pressure threshold (kPa)	10
Accuracy	±7% ZAS
Hysteresis	<3%
Temperature range (°C)	15-40
Maximum total force (N)	67,000
Crosstalk (db)	-40
Cable length (m)	5
Connection to computer	USB
Operating systems	Windows 7, 8, 10
Synchronization	None

*User must specify either a 50 or 60 Hz platform

1.3 Problem Statement

The main consideration for the foot ulceration is the pressure distribution [4][5] because of the excessive foot plantar pressures in a particular area over time can give rise to such ulcers. Referring to the foot peak pressure and its distribution, several factors have been associated including; the body weight, age, foot structure, and standing/walking strategy. Gaps in this knowledge have been raised:

- A need for more analysis and description of the plantar pressure distribution in a selected group of healthy recruited people is required toward future reference information for a healthy foot to highlight their differences in standing and gait

cycle, which follow the involvement of the foot in systemic diabetic neuropathy.

- There is a lack in terms of accurate formulation for the pressure distribution over the foot plantar due to measurement category and the test conditions.
- Foot plantar pressure distribution has limitations in terms of accurate analysis and formulating the effect of different parameters on the distribution of foot plantar pressure.

Image processing-based algorithm is proposed to promote more useful models to formulate the plantar pressure distribution with the body weight, foot size, and age.

1.4 Objectives

The objectives of this study are:

1. To investigate the differences of pressure distribution on the touch insole area by considering EMED Plantar Pressure and classify the measurements according to classified pressure levels.
2. To examine the suitable measurement category, during standing and walking within two conditions of loading perspective for the processed image.
3. To analyze and formulate the main parameters that affect the foot plantar pressure distribution, such as; the body weight, age, and foot structure with the classified levels of the pressure.

1.5 Scope of Work

The study initially performs foot examine and ensure that the participants have no lower limb ailments, in good general health, within the age category of 20–63, and without any prior no history of lower limb surgery ulceration neurological or orthopedic impairments.

This work discusses the variables with a realistic potential contribution to the outcome factors that are based on indications from the literature reviewed and the potential predictor parameters that provided by EMED system. The data initially obtained from EMED are organized, classified, and processed for as preparation for analysis and modeling. Some preliminary arrangements are carried out on the foot planter data, for instance, these may involve placing data into rows and columns in a table format as structured data for further analysis. This work uses the Microsoft Excel for the data organization and MATLAB for the data processing and analysis.

The study focuses to examine the Body Mass Index through analyzing the relationships of 7 levels of plantar pressure that distribute over the touch insole area with the four effective continuous predictor parameters (body mass, foot size, age, and gender), that have a direct effect on dynamic plantar pressure. The other main goal of this work is to create an algorithm which has the ability to formulate accurately and reliably the distribution of pressure over the foot plantar. Plantar pressure is profiled as an image at four measurement categories during standing and walking within two conditions of loading perspective; Free, and Loaded by carrying a simple weight during the subject inspect. Repeatability test together with the image processing tool either considered to classify seven levels of the plantar pressure and select the suitable category of measurements according to the relationships of each level with the studied parameters.

1.6 Research Contributions

Pressure distribution measurement techniques are useful in analyzing the mechanical behavior of the human foot during static and dynamic loading situations in adult subjects. Foot complications are common in diabetic patients and are considered one of the most expensive complications to treat. The main contribution of this research is as follows:

- Classification 7 levels of the plantar pressure and selecting the suitable category of measurements according to the relationships of each level with the studied parameters.
- Image processing algorithm has been employed to classify the levels of the plantar pressure. The proposed image processing-based algorithm can also promote more useful models concerning foot analysis.
- Three modeling equations; exponential, polynomial, and linear equations have been developed to model the human body weight, foot size, and age respectively.

1.7 Thesis layout

The **first chapter** gives an overview of the foot, of its anatomy and its functions. Furthermore, a definition of all the phases of the gait cycle is provided.

In the **second chapter**, the literature review concerning the previous related work has been discussed in some details. In particular, it has been emphasized in the relationship of a healthy foot with the human weight, age, and foot structure to be a reference for the diabetic foot and its consequences.

The **third chapter** explains the details all the materials and method used to perform this work as a proposed methodology, focusing on collecting data

classification, the instruments used as a plantar pressure, the pressure mapping, and in the protocols of modeling the distribution of the foot pressure.

The **fourth chapter** is dedicated to discussion on the results of the data analysis, image processing outcome, Modelling, and the graphical user interfacing in particular on how to obtain a model of the foot pressure as a function of the three considered parameters.

The **fifth chapter** concludes the achievements of the method used to perform this work of thesis and recommend steps for the future to expand the application of the developed work.



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