



**UNIVERSITI PUTRA MALAYSIA**

***ENZYMATIC PRODUCTION OF MULTIFUNCTIONAL BIOACTIVE  
PEPTIDES FROM SEA CUCUMBER (*Actinopyga lecanora* Jaeger)***

**RAHELEH GHANBARI**

**FSTM 2014 41**



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PEPTIDES FROM SEA CUCUMBER (*Actinopyga lecanora* Jaeger)**

By

**RAHELEH GHANBARI**

**Thesis Submitted to School of Graduate Studies, Universiti Putra Malaysia, in  
Fulfillment of the Requirements for the Degree of Doctor of Philosophy**

**December 2014**

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## **DEDICATION**

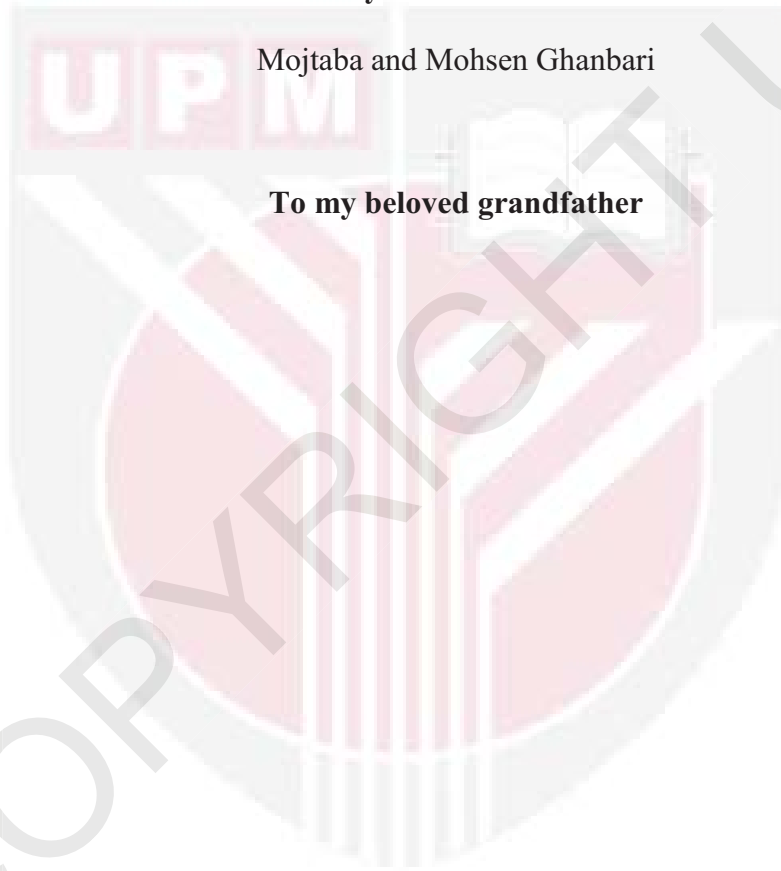
**To my beloved parents**

Thank you for your patience, support and understanding

**To my beloved brothers**

Mojtaba and Mohsen Ghanbari

**To my beloved grandfather**



Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfillment of the requirement for the degree of Doctor of Philosophy

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**RAHELEH GHANBARI**

**December 2014**

**Chairman: Professor Nazamid Saari, PhD**

**Faculty: Food Science and Technology**

Food protein-generated bioactive peptides are natural products that have nutraceutical and pharmaceutical properties. They have been reported to have anti-oxidative, anti-bacterial, anti-hypertensive and anti-inflammatory properties. Due to their potential, there is an increasing interest in the use of these peptides for general health maintenance and well-being. Sea cucumbers have been utilized as a folk remedy to cure some diseases in some Asian countries for decades. Among the species, *Actinopyga lecanora*, commonly known as stone fish was chosen due to its relatively high protein content (58.30%). Moreover, it is considered as a by-catch of the Malaysia's fishing industry. This study was targeted to generate multifunctional bioactive peptides against cardiovascular diseases and its risk factors (hypertension and oxidative stress), inflammation and microbial infections, from an edible species of sea cucumber through enzymatic proteolysis. Thus, the protein was proteolysed using six proteases namely alkalase, papain, bromelain, flavourzyme, pepsin, and trypsin under their optimum conditions for 24 h. The degree of proteolysis and peptide content were evaluated using *O*-phthaldialdehyde based on a spectroscopic method. The amino acid compositions of *A. lecanora* and its generated proteolysates were evaluated. The multifunctional activities of the *A. lecanora* generated proteolysates including anti-hypertensive, anti-oxidative, anti-bacterial and inhibition of nitric oxide (NO) activities were determined. The anti-oxidative activity was measured using DPPH<sup>•</sup> radical scavenging and ferrous-ion chelating activities. The anti-bacterial activity was measured as growth inhibition (%) against *Pseudomonas aeruginosa*, *Pseudomonas* sp., *Escherichia coli* and *Bacillus subtilis* and *Staphylococcus aureus*. The inhibition of NO-production was evaluated using Griess assay in RAW 264.7 cells. The bromelain-generated proteolysate showed the highest multifunctional activities after 1 h of proteolysis. The abilities of proteolysate to inhibit ACE, scavenge DPPH free radicals and chelate iron (Fe<sup>2+</sup>) were 48.80%, 40.00% and 30.24%, respectively. The potency of proteolysate to inhibit NO-production in RAW 264.7 cell was 60.02%. Subsequently, this proteolysate showed the highest anti-bacterial activities against *Pseudomonas* sp., *P. aeruginosa*, *E. coli* and *S. aureus* of 51.85, 30.07, 30.00 and 24.30%, respectively. The proteolysate was

further profiled by fractionation methods based on hydrophobicity using RP-HPLC and isoelectric properties using isoelectric focusing technique. The best fraction in terms of multifunctional properties was selected for peptide identification and sequencing using an UPLC-QTOF-MS system, where a total of 12 peptides were identified. The multifunctional activities of the identified peptides were studied. Based on the results obtained 3 peptides namely LREMLSTMCTARGA, VAPAWGPWPKG and ATSFREALRCGAE showed the strongest ACE inhibitory activities of 98.10, 95.23 and 59.95%, radical scavenging activity of 93.30, 70.44 and 78.20% and ferrous ion chelating activity of 57.00, 43.50 and 54.00%, respectively. NO-production was inhibited by these peptides with values of 76.30, 69.90 and 30.00% and their NO scavenging activities were 51.14, 50.32 and 34.85%, respectively. These peptides exhibited growth inhibition against *P. aeruginosa*, *Pseudomonas* sp., *E. coli* and *S. aureus* with values ranging from 50.00 to 75.30%. The effect of the proteolysate and its derived peptides on the viability of RAW 264.7 cells were evaluated using MTT assay. Results showed that these samples had no cytotoxic effect and the cell viability was higher than 90%. Kinetic studies of ACE inhibition of multifunctional peptides demonstrated un-competitive and mixed-mode patterns. Results showed that *A. lecanora* could be used as an economical protein source to generate invaluable multifunctional proteolysate and bioactive peptides which could be exploited in the formulation of various functional foods or used as a source of nutraceuticals.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk Ijazah Doktor Falsafah

**PENGELUARAN ENZYMATIK BIO-AKTIF PEPTIDAMULTIFUNGSI  
DARI GAMAT (*Actinopyga lecanora* Jaeger)**

Oleh

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**Disember 2014**

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Peptida bioaktif makanan protein yang dihasilkan ialah produk semula jadi yang mempunyai ciri-ciri nutraseutikal dan farmaseutikal. Mereka telah dilaporkan mempunyai sifat anti-pengoksidaan, anti-bakteria, anti-hipertensi dan anti-radang. Oleh kerana potensi mereka, terdapat minat yang semakin meningkat dalam penggunaan peptida untuk mengekalkan kesihatan umum dan kesejahteraan. Timun laut telah digunakan sebagai ubat tradisional untuk mengubati beberapa penyakit di beberapa negara Asia selama beberapa dekad. Diantara spesies, *Actinopyga lecanora*, biasanya dikenali sebagai ikan batu dipilih kerana kandungan protein yang tinggi. Selain itu, ia dianggap sebagai mempunyai hasil buangan tangkapan industri perikanan Malaysia, dan didapati dengan banyaknya tanpa pada nilai komersial. Kajian ini disasarkan untuk menjana bio-aktif peptida pelbagai fungsi terhadap penyakit kardiovaskular dan faktor-faktor risikonya (tekanan darah tinggi dan tekanan oksidatif), keradangan, dan jangkitan mikrob dari pada satu spesies timun laut yang boleh dimakan melalui proteolisis enzim oleh itu, proteolysis protein dijalankan menggunakan enam protease iaitu alkalase, papain, bromelain, flavourzyme, pepsin dan trypsin, di bawah keadaan optimum selama 24 jam. Darjah proteolisis dan kandungan peptida telah dinilai menggunakan *O*-phthaldialdehyde (OPA) berdasarkan kaedah spektroskopi. Komposisi asid amino *A. lecanora* dan proteolisat yang dijana telah nilai. Aktiviti pelbagai-fungsi proteolisat *A. lecanora* termasuk aktiviti anti-hipertensi, anti-pengoksidaan, anti-bakteria dan perencatan aktiviti nitrik oksida (NO) telah ditentukan. Aktiviti anti-pengoksidaan diukur melalui pemerangkap radikal DPPH<sup>•</sup> dan pengkelatan ion ferus. Aktiviti anti-bakteria diukur melalui perencatan pertumbuhan (%) *Pseudomonas aeruginosa*, *Pseudomonas* sp., *Escherichia coli* dan *Staphylococcus aureus*. Perencatan NO-penghasilan telah dinilai menggunakan kaedah Griess dalam sel RAW 264.7. Proteolisat yang dihasilkan oleh bromelain mencatatkan aktiviti pelbagai-fungsi yang tertinggi selepas 1 jam proteolisis. Keupayaan proteolisat untuk merencat ACE, mengskaveng radikal bebas dan mengkelat ion ferus masing-masing adalah 48.80%, 40.00% dan 30.24%. Potensi proteolisat untuk menghalang pengeluaran NO dalam sel RAW 264.7 adalah 60.02%. Proteolisat ini turut mempamerkan aktiviti anti-

bakteria tertinggi terhadap *Pseudomonas* sp., *P. aeruginosa*, *E. coli* dan *S. aureus*, masing-masing mencatat nilai perencatan sebanyak 51.85, 30.07, 30.00 dan 24.30%. Proteolisat tersebut seterusnya diprofil menggunakan furutan dua kaedah fraksinasi berdasarkan kehidrofobian peptida dengan RP-HPLC dan cirian isoelektrik dengan teknik pernofokusan isoelectric. Fraksi terbaik dari segi aktiviti pelbagai-fungsi telah dipilih untuk pengenalpastian dan penjujukan peptida melalui sistem UPLC-QTOF-MS, di mana sebanyak 12 peptida telah dikenalpasti. Aktiviti pelbagai-fungsi peptida yang dikenalpasti telah dikaji. Berdasarkan keputusan yang diperolehi, tiga (3) peptida iaitu LREMLSTMCTARGA, VAPAWGPWPKG dan ATSFREALRCGAE, mencatat aktiviti perencatan ACE terkuat pada 98.10, 95.23 dan 59.95%, aktiviti pengskaveng radikal 93.30, 70.44 dan 78.20% dan aktiviti pengkelatan ion ferus sebanyak 57.00, 43.50 dan 54.00%. Pengeluaran nitrik oksida pula direncat oleh peptida-peptida tersebut dengan nilai perencatan 76.30, 69.90 dan 30.00% manakala aktiviti pemerangkap NO mencatat nilai masing-masing sebanyak 51.14, 50.32 dan 34.85%. Kesemua peptida ini mempamerkan perencatan pertumbuhan terhadap *P. aeruginosa*, *Pseudomonas* sp., *E. coli* dan *S. aureus* dengan nilai antara 50.00-75.30%. Kesan proteolisat dan peptida ke atas kebolehhidupan sel RAW 264.7 telah dikaji melalui asai MTT. Keputusan menunjukkan bahawa sampel-sampel ini tidak mempamerkan kesan sitotoksik dan kebolehhidupan sel adalah lebih daripada 90.00%. Kajian kinetik peptida pelbagai-fungsi ke atas perencatan ACE menunjukkan mod tidak kompetitif dan mod bercampurcorak. Keputusan ini menggambarkan bahawa *A. lecanora* boleh digunakan sebagai sumber protein yang ekonomi untuk penjanaan proteolisat pelbagai-fungsi yang tidak ternilai dan peptida bioaktif ini boleh dieksploitasi ke dalam formulasi pelbagai makanan fungsian atau digunakan sebagai sumber nutraseutikal.



## ACKNOWLEDGEMENTS

All praise to Allah who has showered me with kindness and affection during the course of my study that I cannot adequately thank for his endless grace and love that has provided me with the strength to finish this study.

There has been a lot of support for the present study, of which the majority has come from professionals, knowledgeable and experienced individuals from the Faculty of Food Science and Technology. Many people I came to know through professional interaction have become true friends, which I cannot express my words enough for their valuable friendship.

First, I would like to gratefully acknowledge my supervisor, Prof. Dr. Nazamid Saari, whose guidance and support from the initial to the final level enabled me to develop the subject.

I have very great pleasure in acknowledging the valuable and endless help that I have received from Prof. Azizah Abdul-Hamid throughout my study. My sincere appreciation also goes to Prof Amin Bin Ismail for his valuable advices during my study and correction of my thesis. Next, my sincere appreciation also goes to Dr. Afshin Ebrahimpour for his advice throughout this project.

Last but not least, my deepest thanks go to my both beloved parents and family for their love, endless support and encouragement during all these years.

I certify that a Thesis Examination Committee has met on 18 December 2014 to conduct the final examination of Raheleh Ghanbari on her thesis entitled "Enzymatic Production of Multifunctional Bioactive Peptides from Sea Cucumber (*Actinopyga lecanora* Jaeger)" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Doctor of Philosophy.

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This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfillment of the requirement for the degree of Doctor of Philosophy. The members of the supervisory committee were as follows:

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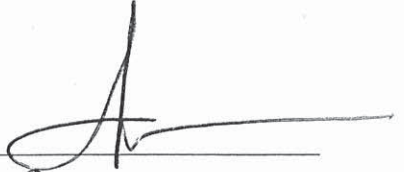
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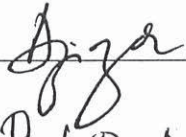
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## LIST OF ABBREVIATIONS

a.a	Amino acid
ABTS	2, 2'-azinobis-(3-ethylbenzothiazoline-6-sulfonic acid)
ACN	Acetonitrile
ACE	Angiotensin I-converting enzyme
AOAC	Association of official analytical chemists
ANOVA	Analysis of variance
AT-I	Angiotensin I
AT-II	Angiotensin II
BHA	Butylated hydroxyanisole
BHT	Butylated hydroxytoluene
DPPH	2,2-diphenyl-1-picryl hydrazyl
°C	Degrees celsius
CID	Collision induced dissociation
CAT	Catalase
CVDs	Cardiovascular diseases
cGMP	Cyclic guanosine monophosphate
Da	Dalton
DNA	Deoxyribonucleic acid
DW	Dry weight
et al.	And others
E/S	Enzyme-substrate ratio
g	Gram
GI	Gastrointestinal
GPx	Glutathione peroxidase
GSH	Glutathione
h	Hour
HPLC	High performance liquid chromatography
HCL	Hydrochloric acid
H <sub>2</sub> O <sub>2</sub>	Hydrogen peroxide
IC <sub>50</sub>	The half maximal inhibitory concentration
IEF	Isoelectric focusing
IPG	Immobilized pH gradient gel
iNOS	inducible nitric oxide synthase
IL-1 $\alpha$	Interleukin 1-alpha
KDa	Kilodalton
Km	Michaelis constant or enzyme-substrate dissociation constant
L	Liter
LC-MS/MS	Liquid chromatography tandem mass spectrometry
LDL	Low-density lipoprotein
L-NAME	L-NG-nitro arginine methyl ester
LPS	Lipopolysaccharide



MALDI/TOF	Matrix-assisted laser desorption/ionization/time of flight
μg	Microgram
μM	Micromolar
mL	Mililiter
mg	Miligram
min	Minute
MW	Molecular weight
MWCO	Molecular weight cut off
NADPH	Nicotinamide adenine dinucleotid phosphate
NADH	Nicotinamide adenine dinucleotide
NO <sub>2</sub> <sup>•</sup>	Nitrogen dioxide
NO	Nitric oxide
NOS	Nitric oxide synthase
O <sub>2</sub> <sup>•-</sup>	Superoxide anion radical
<sup>1</sup> O <sub>2</sub>	Singlet oxygen
OD	Optical density
OH <sup>•</sup>	Hydroxyl radical
OPA	O-phthaldialdehyde
ORAC	Oxygen radical absorbance capacity
P	Probability
pI	Isoelectric point
Q-TOF	Quadrupole time-of-flight
RCS	Reactive chloride species
RNS	Reactive nitrogen species
SNP	Sodium nitroprusside
ROS	Reactive oxygen species
ONOO <sup>-</sup>	Reactive peroxynitrite
ROO <sup>•</sup>	Peroxyl radical
RT	Retention time
RP-HPLC	Reverse-phase high performance liquid chromatography
rpm	Revolutions per minute
SD	Standard deviation
SOD	Superoxide dismutase
TAAAs	Total amino acids
TFA	Trifluoroacetic acid
TSB	Tryptone soy broth
TNF-α	Tumour necrosis factor-alpha
V <sub>max</sub>	Maximum enzyme reaction rate
WHO	World Health Organization
UV	Ultraviolet
%	Percentage

## CHAPTER 1

### INTRODUCTION

Bioactive peptides are considered as specific protein fragments that have positive impacts on human health (Kitts & Weiler, 2003). These peptides are inactive within the sequence of the parent protein, and may exert various physiological functions upon proteolysis (Sarmadi, Ismail, & Hamid, 2011). Food protein hydrolysates including bioactive peptides have the potential to provide numerous functional and health benefits based on their structural properties that is reflected by amino acid composition and sequences. They have shown a number of multiple biological activities, including anti-thrombotic and anti-hypertensive activities, anti-oxidant and hypocholesterolemic effects, anti-microbial function, opiate-like effects, immunomodulatory, anti-cancer activities, and mineral binding functions (specially for  $\text{Ca}^{2+}$ ) (Kim & Wijesekara, 2010).

Hypertension is one of the major causes of disease worldwide, and mainly is identified as a cardiovascular risk factor. It is directly connected to stroke, heart attack, and kidney failure. Hypertension is ranked third as a cause of disability-adjusted life-years (Aleman, Gomez-Guillen, & Montero, 2013; Ezzati et al., 2002). The prevalence of hypertension is increasing. It has been projected that more than 1.56 billion people worldwide will suffer by 2025 (Kuo & Pu, 2011). In Malaysia, one out of three adults aged 30 and above suffers from hypertension, according to the National Health and Morbidity Survey conducted in 2011. Angiotensin-I-converting enzyme (ACE) plays a crucial role in the regulation of blood pressure via its two mechanisms on body systems, including the renin-angiotensin and the kinin-kallikrein systems. In fact, ACE promotes the conversion of angiotensin I into the potent vasoconstrictor angiotensin II as well as inactivating the bradykinin (Murray & FitzGerald, 2007). Bradykinin is a vasodilator that regulates vascular endothelial nitric oxide (NO) release. NO contributes in the regulation of blood pressure by promoting vascular relaxation, and angiogenesis (Fleming, 2006). The dual functions of ACE cause an increase in blood pressure and finally lead to the development of hypertension as a risk factor of cardiovascular diseases (Wijesekara & Kim, 2010). The effect of ACE inhibitors on hindering or reducing the formation of angiotensin II, and accordingly on reducing the occurrence of elevated blood pressure has been demonstrated (Pfeffer & Frohlich, 2006). In the condition of high blood pressure, angiotensin II, increases the oxidative stress as it intervenes with several of its cellular actions through stimulating the formation of intracellular reactive oxygen species (ROS) (Schiffirin & Touyz, 2004). Therefore, apart from control of blood pressure, ACE inhibitors have been shown to increase the anti-oxidative defense system in animals and humans through inhibition of the formation of angiotensin II (Cavanagh et al., 2000). Moreover, hypertension can be considered as a proinflammatory activity (Schiffirin & Touyz, 2004). However, various ACE-inhibitory compounds that have been developed as anti-hypertensive drugs, have shown some undesirable side effects in humans such as coughing, dizziness, headaches, skin rashes and taste distortion. Apart from being sources of metabolic energy and essential amino acids, food protein-generated peptides as natural ACE inhibitors are considered to be milder and safer without the side effects associated with the synthetic drugs (Wijesekara & Kim, 2010).

Oxidation is a very important process in aerobic organisms, particularly in vertebrates and humans; however, it contributes to the formation of free radicals (Pham-Huy, He, & Pham-Huy, 2008; Poli et al., 2004). When these unstable free radicals exist in excess or cellular defences are deficient due to absence of anti-oxidative molecules; bio-molecules are damaged by a process called oxidative stress. Oxidative stress would damage nucleic acids (DNA or RNA), lipids and proteins, thereby resulting in cell death and tissue damages (Kehrer, 1993). Oxidative stress leads to different kinds of human disease including cancer, cardiovascular diseases (Tain & Baylis, 2006), stroke, hypertension (Chan et al., 2009), cataracts, neurodegenerative disorders, inflammatory diseases and aging (Ames, Shigenaga, & Hagen, 1993). Although the human body has its own defence system against free radicals, it is not very effective in preventing damage completely (Kris-Etherton et al., 2002). Thus, food supplements containing anti-oxidative agents can be used to help and protect the human body against such oxidative damage (Makinen et al., 2012).

Inflammation is part of the complex biological response of vascular tissues to harmful stimuli, such as microbial infections, damaged cells, or irritants (Ferrero-Miliani et al., 2007). The classical signs of acute inflammation are pain, heat, redness, swelling, and loss of function. Inflammation is a protective attempt to remove the injurious stimuli and to initiate the healing process. After the invasion of pathogens or tissue injuries, inflammation as a defense mechanism is initiated by activation of macrophages. The macrophages are ubiquitous cells that release inflammatory mediators such as nitric oxide (NO) and proinflammatory cytokines such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-6, and interleukin-1 $\beta$  (IL-1 $\beta$ ), to enhance defense capacity (Je & Kim, 2012).

In addition, lipopolysaccharides (LPS), which are found in the outer membrane of gram-negative bacteria, acts as endotoxins to activate macrophages to generate high amounts of NO (Ashino et al., 2008). Functions of NO are dependent on where it is located. In arterial endothelium cells, NO has been recognized as an important modulator of vascular diseases. NO has several intracellular effects that lead to vasorelaxation, endothelial regeneration and inhibition of platelet adherence and aggregation (Cannon, 1998). Over-production of NO has been shown to participate in human diseases such as arthritis, atherosclerosis, cancer, diabetes, inflammation, numerous degenerative neuronal diseases and stroke (Guslandi, 1998; Ritchlin et al., 2003). The cellular toxicity of NO has been related to its reaction with  $O_2^-$  in cellular tissues. Moreover, the reaction of NO derivatives such as ONOO $^-$  could lead to DNA fragmentation and protein structure modification (Pacher, Beckman, & Liaud et, 2007). Thus, NO scavengers could decrease the risk of cellular and tissue damages associated with over-production of NO.

Anti-microbial peptides (AMPs) have the ability to kill a wide range of microorganisms (Jenssen, Hamill, & Hancock, 2006). They mainly participate in the innate immune system and are used as a first line of immune defense (Gallo et al., 2002) in higher organisms such as plants, insects, and mammals (Zhang et al., 2008). In addition to their anti-microbial activity, these peptides have been considered to play a greater role in regulating host immune responses to infections. Some AMP peptides have been shown to be involved in the neutralization of lipopolysaccharides (LPS)-induced endotoxic effects (Bowdish, Davidson, &

Hancock, 2005; Yang et al., 2004). Recently, the demands for AMPs generated from edible protein sources has become more important since they are effective, non-toxic and they are unaffected by antibiotic-resistance mechanisms (Shahidi & Zhong, 2008).

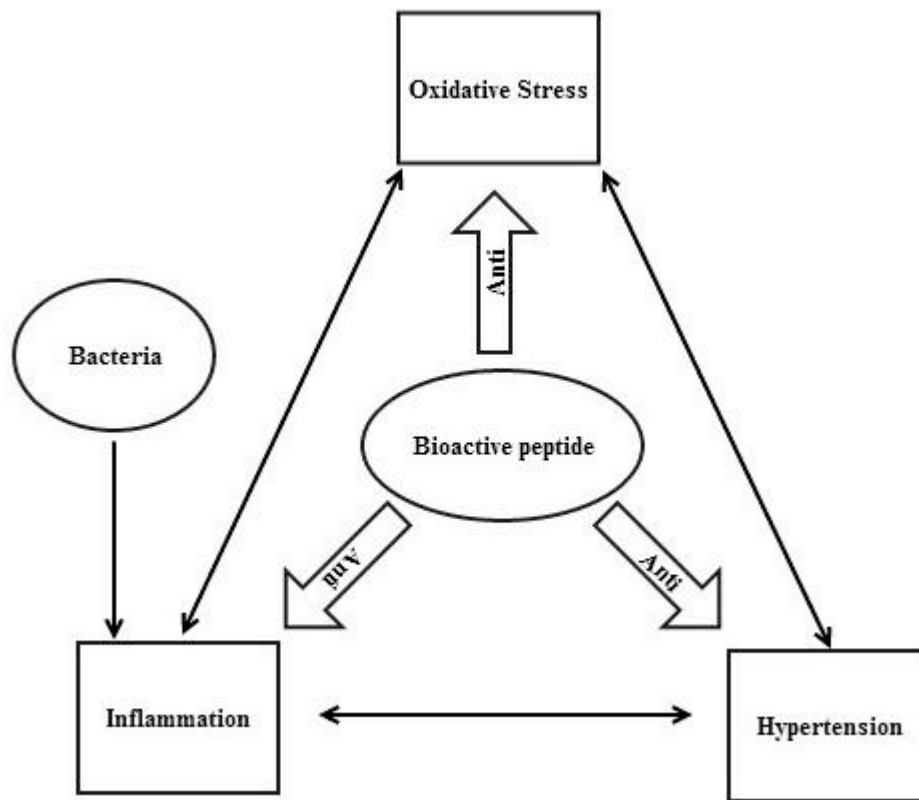
Lipopolysaccharides (LPS) are released from the outer membrane of gram-negative bacteria during bacterial killing. LPS is an endotoxin that causes to release of pro-inflammatory cytokines and NO in many cells (Correa et al., 2014), thereby resulting in increased inflammation. Owing to the role of LPS in septic shock and inflammation, neutralizing the bacterial endotoxin must be considered during the killing of bacteria by anti-bacterial peptides. Thus, generating of AMPs that simultaneously kill the bacteria, neutralize the LPS or reduce the NO production is of interest.

NO can react with  $O_2^{\cdot-}$  and lead to the formation of highly reactive peroxynitrite ( $ONOO^-$ ). The  $ONOO^-$  is readily soluble in lipids and has the potential to cause lipid peroxidation. This is the main cause of cellular damages that is attributed to NO (Pacher et al., 2007). It is accepted that the reactive oxygen species (ROS) is produced because of hypertension and contributes to hypertension (Harrison & Gongora, 2009). Cardiovascular risk factors such as hypertension increase vascular reactive oxygen species (ROS) production through the action of nicotinamide adenine dinucleotide phosphate (NADPH) oxidase, which is activated by angiotensin II. Although, NO acts as the vasodilator, increase reactive oxygen species (ROS) can quench endothelial-derived nitric oxide resulting in reduced bio-availability of NO in the vascular endothelium and consequently decreased vasodilation (Wilcox et al., 1997). Therefore, hypertension, oxidative stress, inflammation and anti-bacterial activity are interrelated (Figure 1.1). This suggests that prevention or control of any one of these conditions can lead to the prevention or control of the others. Thus, peptides with more than one bioactive property, which are defined as multi-functional bioactive peptide (Meisel, 1997) such as ACE inhibition, anti-oxidative, anti-inflammation and anti-bacterial activities can be beneficial in diseases with multiple symptoms such as cardiovascular diseases.

Food protein-generated bioactive peptides are considered as natural products that have nutraceutical and pharmaceutical properties. Due to their potential, there is an increasing interest in the utilization of food protein-generated peptides against human diseases and for maintenance of general well-being. Marine organisms are rich sources of various bioactive compounds with valuable nutraceutical, pharmaceutical and cosmeceutical potentials (Shahidi & Zhong, 2008). Sea cucumbers are of those marine organisms, which are distributed around the world, with the highest diversity in shallow tropical waters. Sea cucumbers have been used as part of the diet in some East Asian countries such as the Philippines, Malaysia, Japan, Korea and China for hundreds of years (Venugopal et al., 2010), where extensive commercial fisheries operate (FAO, 2008). The biological and medicinal activities of sea cucumber species such as anti-angiogenic (Tian et al., 2005), anti-cancer (Roginsky et al., 2004), anti-coagulant (Chen et al., 2011), anti-hypertension (Forghani et al., 2012), anti-inflammatory (Collin, 2004), anti-microbial (Beauregard et al., 2001; Hing et al., 2007), anti-oxidative (Althunibat et al., 2009), anti-thrombotic (Pacheco et al., 2000), anti-tumor (Tong et al., 2005), and wound healing (Miguel-Ruiz & Garcia-Arraras,



2007) have been reported which is related to the presence of different bioactive compounds.



**Figure 1.1. Relationship between oxidative stress, hypertension and inflammation as well as the preventive roles of bioactive peptides**

Sea cucumbers have been considered as a potential source for generating the bioactive peptides due to their high protein content. In this regard, bioactive peptides with ACE-inhibitory and anti-hypertensive activities have been isolated from sea cucumber (*Acaudina molpadioidea*) gelatin using bromelain and alkalase (Zhao et al., 2007; Zhao et al., 2009; Zhao et al., 2012). In another study, the giant red sea cucumber (*Parastichopus californium*) collagen proteolysates showed the ACE-inhibitory activity (Liu et al., 2011). The anti-oxidative activity of sea cucumber peptides has also been examined (Jianrong, 2010; Zhou, Wang, & Jiang, 2012).

*Actinopyga lecanora* commonly known as stonefish is classified among the edible species of sea cucumber (Shiell, 2004). It is considered as a by-catch of Malaysia's fishing industry and it is an unutilized species of sea cucumber and well-founded data has not yet reported on medicinal properties of this species. On the other hand, large quantities of stonefishes are discarded every year globally due to the lack of popularity. Due to its relatively high protein content, *A. lecanora* could be a potential commercial source to generate enzymatic proteolysates and bioactive peptides with multifunctional properties. Thus, this study aimed to generate multifunctional bioactive peptides with anti-hypertensive, anti-oxidative, inhibition of nitric oxide (NO) production and anti-bacterial activities from *A. lecanora* proteins. To the researcher's knowledge, this is the first time study reported on the aforementioned

multifunctional properties of *A. lecanora* proteolysates. The finding of current study can provide fundamental information for further work in this field.

The main objectives of the present study were:

1. To generate multifunctional proteolysate from *Actinopyga lecanora* protein through controlled enzymatic proteolysis
2. To fractionate and profile the multifunctional proteolysate
3. To identify and characterize the multifunctional properties (ACE inhibitory, anti-oxidative, NO-inhibitory and anti-bacterial) of *A. lecanora* bioactive peptides



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