



**UNIVERSITI PUTRA MALAYSIA**

***ADSORPTION OF QUARTERNIZED PALM KERNEL SHELL FOR  
FLUORIDE REMOVAL***

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**ADSORPTION OF QUARTERNIZED PALM KERNEL SHELL FOR  
FLUORIDE REMOVAL**

By

**AYU HASLIJA BT ABU BAKAR**

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in  
Fulfilment of the Requirements for the Degree of Doctor of Philosophy**

**April 2018**

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**DEDICATION**

*TO:*

***MY DEAREST BELOVED PARENT:***  
*ABU BAKAR BIN HUSSAIN & HASNAH BT ABDUL RAHMAN*

***MY HUSBAND:***  
*SAIFUL MUNIR BIN MOHD. SAAD*

***MY CHILDREN:***  
*SYAUQEE HARRAZ*  
*SYIFA' HANNAN*  
*SYATHIR HAFFAZ*  
*SYAMINA HANNAH*

***MY FAMILY:***  
*AYU HASWIDA*  
*ABU HASWANDY*  
*ABU HASANIF*  
*AYU HASLELA*  
*ABU HASWIRA*

***MY FRIENDS***  
*ALL WHO ALWAYS PRAY FOR ME AND SUPPORT ME IN ALL STAGES OF MY*  
*PHD JOURNEY.*

***LOVE YOU ALL & MAY ALLAH BLESS YOU ALWAYS.***

Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Doctor of Philosophy.

**ADSORPTION OF QUARTERNIZED PALM KERNEL SHELL FOR  
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By

**AYU HASLIJA BT ABU BAKAR**

**April 2018**

**Chair : Professor Luqman Chuah bin Abdullah, PhD**  
**Faculty : Engineering**

The excess concentrations of fluoride in water for human consumption may cause severe health problems. Among several treatment technologies applied for fluoride removal, adsorption process has been explored widely and proven as an efficient method. An agricultural waste, palm kernel shell (PKS) was quaternized in order to improve the adsorption efficiency as an adsorbent for adsorbing fluoride from waste water by batch and fixed bed column process. Commercial palm kernel shell activated carbon (PKSAC) was used as a comparison to the quaternized palm kernel shell (QPKS). Effect of various factors on the fluoride removal was investigated, such as pH, initial concentration, adsorbent dosage and contact time. Adsorption capacity increased with the increased of adsorbent dosage and contact time. Optimum parameters which resulted in maximum adsorption capacity of 1.7 mg/g by QPKS and 1.3 mg/g by PKSAC was achieved at pH 3 with initial concentration of 20 mg/L, an adsorbent dosage of 8 g/L with contact time of 4 h. The adsorption behavior was further investigated using equilibrium isotherms. In batch process, isotherms such as Langmuir, Freundlich, Redlich-Peterson, and Sips were studied, in which Redlich-Peterson, Langmuir and Freundlich fit well with a coefficient correlation ( $R^2$ ), ranged from 0.95 to 0.99. Kinetic studies, such as pseudo first and second order, Boyd's model, Elovich model, Double Exponential model and Intraparticle Diffusivities model, were investigated and showed parallel transports exist in the adsorption process and intraparticle diffusion is the rate limiting step for both adsorbents. In fixed bed column process, breakthrough time was affected by bed height and initial fluoride concentration and kinetics studies investigated were Adam-Bohart, Thomas and Yoon-Nelson Model. Regeneration study showed that QPKS performance decreased by 63% compared to PKSAC which decreased by 80% after four cycles of adsorption-desorption. These results suggest that quaternized palm kernel shell (QPKS) has the potential to serve as a low-cost adsorbent for fluoride removal from aqueous solutions.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Doktor Falsafah.

**PENJERAPAN TEMPURUNG ISIRONG KELAPA SAWIT YANG TELAH  
DIKUARNISASIKAN UNTUK PENYINGKIRAN FLUORIDA**

Oleh

**AYU HASLIJA BT ABU BAKAR**

**April 2018**

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Kepekatan fluorida yang berlebihan di dalam air untuk penggunaan manusia boleh menyebabkan masalah kesihatan yang teruk. Di antara beberapa teknologi rawatan yang digunakan untuk penyingkiran fluorida, proses penjerapan telah diterokai secara meluas dan terbukti sebagai kaedah yang cekap. Sisa pertanian tempurung isirong kelapa sawit telah dikuatniskasikan untuk meningkatkan kecekapan penjerapan sebagai satu bahan penjerap untuk menjerap fluorida daripada air sisa buangan secara proses kelompok dan proses berterusan. PKSAC telah digunakan sebagai perbandingan kepada QPKS. Kesan daripada pelbagai faktor penyingkiran fluorida telah dikaji seperti pH, kepekatan larutan permulaan, dos bahan penjerap dan masa penjerapan. Kapasiti penjerapan meningkat dengan peningkatan dos bahan penjerap dan masa penjerapan. Parameter optimum yang menghasilkan kapasiti maksimum penjerapan 1.7 mg/g oleh QPKS dan 1.3 mg/g oleh PKSAC telah dicapai pada pH 3 dengan kepekatan awal larutan fluorida 20 mg/L, dos bahan penjerap 8 g/L dengan masa penjerapan 4 jam. Mekanisma aktiviti penjerapan dikaji menggunakan isoterma keseimbangan. Dalam proses kelompok, isoterma Freundlich, Redlich-Peterson, Langmuir, dan Sips telah dikaji dan menunjukkan Redlich-Peterson, Langmuir dan Freundlich sepadan dengan baik dengan nilai  $R^2$  daripada 0.95 hingga 0.99. Kajian kinetik seperti model pertama dan kedua Pseudo, model Boyd, model Elovich, model Double Exponential dan model Intraparticle Diffusivities telah dikaji dan pergerakan selari wujud dalam proses penjerapan dan penyebaran intrapartikel adalah kadar yang membataskan langkah untuk kedua-dua bahan penjerap. Dalam proses berterusan hasil penyingkiran fluorida dipengaruhi oleh ketinggian turus dan kepekatan awal larutan fluorida. Kajian kinetik yang digunakan adalah model Adam-Bohart, Thomas dan Yoon-Nelson. Kajian penjana semula menunjukkan bahawa selepas empat pusingan penjerapan-penyahjerapan, prestasi QPKS menurun sebanyak 63% berbanding dengan PKSAC yang menurun sebanyak 80%. Keputusan ini mencadangkan bahawa QPKS mempunyai potensi untuk menjadi bahan penjerap berkos rendah bagi penyingkiran fluorida daripada larutan akueus.

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I certify that a Thesis Examination Committee has met on 27 April 2018 to conduct the final examination of Ayu Haslija bt Abu Bakar on her thesis entitled "Adsorption of Quarternized Palm Kernel Shell for Fluoride Removal" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Doctor of Philosophy.

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## TABLE OF CONTENTS

	<b>Page</b>
<b>ABSTRACT</b>	i
<b>ABSTRAK</b>	ii
<b>ACKNOWLEDGEMENTS</b>	iii
<b>APPROVAL</b>	iv
<b>DECLARATION</b>	v
<b>LIST OF TABLES</b>	xi
<b>LIST OF FIGURES</b>	xii
<b>LIST OF NOTATIONS/SYMBOLS</b>	xiv
<b>CHAPTER</b>	
<b>1 INTRODUCTION</b>	<b>1</b>
1.1 Background	1
1.2 Health Effects and Toxicology of Overdose Fluoride Intake	2
1.3 Methods of Fluoride Removal	2
1.4 Problem Statement	3
1.5 Objectives	4
1.6 Scope of Research	5
<b>2 LITERATURE REVIEW</b>	<b>6</b>
2.1 Methods of Fluoride Removal from Aqueous Solutions	6
2.1.1 Precipitation and Coagulation	6
2.1.2 Reverse Osmosis	6
2.1.3 Electrodialysis	7
2.1.4 Adsorption	7
2.2 Adsorption Theory	16
2.3 Palm Kernel Shell	17
2.3.1 Palm Kernel Shell as Low Cost Adsorbent	19
2.3.2 Characteristic of Adsorbents	20
2.4 Quaternization of Agricultural By Products	22
2.4.1 Quaternization Process	22
2.4.2 Quaternization of Palm Kernel Shell	24
2.5 Adsorption Isotherms	24
2.5.1 Langmuir Isotherm	25
2.5.2 Freundlich Adsorption Isotherms	25
2.5.3 Sips Adsorption Isotherm	26
2.5.4 Redlich-Peterson Adsorption Isotherm	26
2.6 Batch Adsorption kinetics	26
2.6.1 Pseudo First Order and Second Order Model	26
2.6.2 Elovich's Model	28
2.6.3 Double Exponential model	28
2.6.4 Liquid film Diffusion Model	30
2.6.5 Intraparticle Diffusivities	31
2.7 Fixed-bed Column Adsorption Kinetic	36
2.7.1 Yoon – Nelson Model	36
2.7.2 Thomas Model	37
2.7.3 Adam-Bohart and Bed Depth Service Time Model	37

2.7.4	Conclusion	38
<b>3</b>	<b>METHODOLOGY</b>	<b>39</b>
3.1	Introduction	39
3.2	Palm Kernel Shell	41
3.3	Preparation of Quaternized Adsorbent	41
3.3.1	Pretreatment of Palm Kernel Shell (PKS)	41
3.3.2	Quaternization of Palm Kernel Shell (PKS)	41
3.4	Adsorbent Analysis	42
3.4.1	Functional Group Analysis	42
3.4.2	Surface Morphology and Elemental Analysis	42
3.4.3	Porosity and Surface Area Analysis	42
3.4.4	Crystallinity Analysis	42
3.4.5	Particle Size Distribution Analysis	42
3.5	Fluoride Solution	43
3.5.1	Preparation of Fluoride Stock Solution	43
3.5.2	Preparation of Initial Fluoride Concentration	43
3.5.3	Calibration Curve	43
3.6	Batch Equilibrium Study	43
3.6.1	Adsorption Isotherm	44
3.6.2	Surface Chemistry Analysis	44
3.6.3	Effect of pH	45
3.6.4	Effect of adsorbent dosage	45
3.7	Batch Kinetics Study	45
3.8	Fixed-Bed Column Adsorption Studies	45
3.9	Desorption Study	46
3.10	Experimental Data Analysis Methods	46
3.10.1	Equilibrium Isotherm Modelling	47
3.10.2	Kinetics Modelling	47
3.10.3	Desorption Analysis	47
<b>4</b>	<b>RESULTS AND DISCUSSION</b>	<b>48</b>
4.1	Introduction	48
4.2	Characterization of Adsorbents	48
4.2.1	Surface Morphology Analysis	48
4.2.2	Surface Elemental Analysis	49
4.2.3	Porosity and Surface Area Analysis	51
4.2.4	Functional Group Analysis	52
4.3	Surface Chemistry Analysis	57
4.4	Batch Adsorption	58
4.4.1	Effect of pH	58
4.4.2	Effect of Adsorbent Dosage	60
4.4.3	Effect of Initial Concentration and Contact Time	60
4.4.4	Isotherm Study	62
4.4.5	Kinetic Study	65
4.4.6	Summary of Fluoride Removal by Batch Adsorption	80
4.5	Fixed Bed Column Study	81
4.5.1	Breakthrough Profile	82
4.5.2	Fixed Bed Adsorption Kinetics	86
4.6	Regeneration Study	95

4.7	Adsorbent Preparation Cost Analysis and Comparison	96
<b>5</b>	<b>CONCLUSION AND RECOMMENDATIONS</b>	99
5.1	Conclusion	99
5.2	Recommendations	99
	<b>REFERENCES</b>	101
	<b>APPENDICES</b>	115
	<b>BIODATA OF STUDENT</b>	120
	<b>LIST OF PUBLICATION</b>	121



## LIST OF TABLES

<b>Table</b>	<b>Page</b>
1.1 Effects of fluoride in water on human health (Meenakshi & Maheshwari, 2006).	2
2.1 Optimum Condition for maximum adsorption of fluoride on CSC and CAC (Sivabalan et al., 2003)	13
2.2 Comparison of some fluoride removal technologies (Loganathan, Vigneswaran, Kandasamy, & Naidu, 2013)	15
2.3 Production of Palm Kernel Shell in metric tonnes (MT) until November 2017 (MPOB, 2017)	18
4.1 EDX Analysis of PKS, QPKS, PKSAC	50
4.2 Pore Characteristics of Adsorbents	51
4.3 Parameters for selected adsorption isotherm models by non-linear regression method for QPKS & PKSAC.	64
4.4 $R_L$ value for fluoride sorption on QPKS & PKSAC	64
4.5 Pseudo first order kinetics data for removal of Fluoride by QPKS & PKSAC at different initial concentration.	68
4.6 Pseudo second order kinetics data for removal of Fluoride by QPKS & PKSAC at different initial concentration.	68
4.7 Weber-Morris model constants and correlation coefficients for adsorption of fluoride by QPKS and PKSAC	71
4.8 Elovich's constants parameter of fluoride sorption onto QPKS and PKSAC	73
4.9 Constant values of Liquid Film Diffusion Model for QPKS and PKSAC	75
4.10 Parameters of Double Exponential Model for QPKS and PKSAC at	76
4.11 Intraparticle Effective Diffusivity of Fluoride in QPKS and PKSAC	78
4.12 Value of pore and surface diffusion parameter for QPKS and PKSAC	79
4.13 Summary of isotherm models of Fluoride removal by batch process.	80
4.14 Summary of kinetic models of Fluoride removal by batch process.	81
4.15 Breakthrough time and exhausted time at different bed height by QPKS and PKSAC	84
4.16 Breakthrough time and exhausted time at inlet fluoride concentration of QPKS and PKSAC	85
4.17 Adams-Bohart constants at different conditions for the fluoride adsorption by QPKS and PKSAC using linear regression analysis	89
4.18 BDST Constants Values for QPKS and PKSAC	90
4.19 Yoon Nelson Constant Values at different bed height for QPKS and PKSAC	90
4.20 Yoon-Nelson parameters at different inlet fluoride concentration by QPKS and PKSAC	92
4.21 Constant values of Thomas Model at different bed height for QPKS and PKSAC	94
4.22 Constant values of Thomas Model at different initial fluoride concentration for QPKS and PKSAC	95
4.23 Cost Comparison of Adsorbent Production (1 kg)	97
4.24 Detail calculation of QPKS production	98

## LIST OF FIGURES

Figure	Page
2.1 Zeta potential of $\alpha$ -Al <sub>2</sub> O <sub>3</sub> as a function of pH at 20°C with three different concentrations (Bahena et al., 2002)	8
2.2 Zeta potential of $\alpha$ -Al <sub>2</sub> O <sub>3</sub> as a function of pH at various temperatures using 0.01 M sodium nitrate, NaNO <sub>3</sub> , as the supporting electrolyte (Valdivieso et al., 2006).	9
2.3 (a) Adsorption isotherms of fluoride on La-AA and AA (pH = 7.0, T = 25°C) (b) Column filtration results for F <sup>-</sup> removal from spiked tap water by AA and La-AA (Adsorbent volume = 5 mL, influent F <sup>-</sup> concentration = 10 mg/L, pH = 7.0 ± 0.2, flow rate = 1 mL/min), (Cheng et al., 2014).	10
2.4 Intraparticle diffusion plot for the adsorption of fluoride ion onto graphite (Karthikeyan & Elango, 2008)	12
2.5 Possible mechanism of Fluoride removal by PPy/BC (Li et al., 2016)	14
2.6 Schematic Diagram of Adsorption Process (Viegas et al., 2014)	17
2.7 Global Palm Oil Production Country in 2015 in million tonnes (Oil World, 2016)	18
2.8 Structures of (a) Oil Palm Fruit (Teoh, 2002) (b) Palm Kernel Shell	19
2.9 Schematic Diagram of an Adsorbent (Sushrut Chemicals, 2016)	20
2.10 Lignocellulose quaternization reaction scheme: (1) cellulose, (2) N-(3-chloro-2-hydroxypropyl), (3) trimethylammonium chloride epoxide, and (4) quaternized cellulose (de Lima <i>et al.</i> 2012)	22
2.11 Adsorption of an adsorptive molecule onto the internal surface of a porous adsorbent pellet. Step 1 is film diffusion, and Step 2 is pore diffusion (Tan & Hameed, 2017).	30
3.1 Research flow of Fluoride adsorption using adsorbent derived from Palm Kernel Shell	40
3.2 (a) Schematic diagram of column (b) Setup of column	46
4.1 (a) Raw Palm kernel shell (b) Palm Kernel Shell Activated Carbon (PKSAC) (c) Quaternized Palm Kernel Shell (QPKS)	49
4.2 EDX spectra for (a) PKS (b) QPKS and (c) PKSAC	51
4.3 Nitrogen adsorption isotherm of QPKS & PKSAC	52
4.4 FTIR spectra of (a) raw PKS and QPKS (b) peak of -CN (c) peak of Cl (d) peak of -COC; ether on QPKS	54
4.5 FTIR spectrum of PKSAC	55
4.6 XRD peaks of (a) Raw PKS (b) QPKS (c) peak different between raw PKS & QPKS	56
4.7 XRD peak of PKSAC	56
4.8 Point of Zero Charge (pH <sub>pzc</sub> ) of PKSAC and QPKS	57
4.9 Effect of pH on PKSAC & QPKS (C <sub>o</sub> = 5 mg/L, Dosage = 1 g/L, Contact time = 1 hour)	59
4.10 Effect of Adsorbent Dosage on PKSAC and QPKS (C <sub>o</sub> = 5 mg/L, pH = 3, Contact time = 1 hour)	60
4.11 Effect of initial concentration and contact time (a) QPKS	61
4.12 Equilibrium curve for adsorption of Fluoride onto (a) QPKS	65
4.13 (a) Pseudo-first order kinetics plots at various initial concentrations of fluoride (QPKS dosage: 8 g/L, pH: 3) (b) Pseudo-second order	



	kinetics plots at various initial concentrations of fluoride (QPKS dosage: 8 g/L, pH: 3)	66
4.14	(a) Pseudo first order kinetics plots at various initial concentrations of fluoride (PKSAC dosage: 8 g/L, pH: 3) (b) Pseudo second order kinetics plots at various initial concentrations of fluoride (PKSAC dosage: 8 g/L, pH: 3)	67
4.15	Plot of Weber-Morris model for adsorption of Fluoride on	70
4.16	Plots of Elovich model with various initial concentrations of fluoride (a) QPKS (dosage: 8 g/L, pH: 3) (b) PKSAC (dosage: 8 g/L, pH: 3)	72
4.17	Plot of Liquid Film Diffusion Model (Boyd's) for fluoride sorption onto (a) QPKS (b) PKSAC	74
4.18	Kinetic curve comparison of Experimental data and Double Exponential Model data for $C_0 = 20$ mg/L between QPKS & PKSAC	76
4.19	Plot of uptake data for adsorption of fluoride on (a) QPKS	77
4.20	Plot of intraparticle effective diffusivities for (a) QPKS	79
4.21	Schematic diagram of pore and surface diffusion of fluoride adsorption onto adsorbent.	79
4.22	Effect of Bed Height on Breakthrough Profile	83
4.23	Effect of Inlet Fluoride Concentration on Breakthrough Profile	85
4.24	Adam-Bohart model at different bed height (a) QPKS (b) PKSAC; (pH = 3, treated volume = 100ml, flow rate = 4ml/min, initial fluoride concentration = 2mg/L)	87
4.25	Adam-Bohart model at different Initial Fluoride Concentration	88
4.26	Plot of BDST model (a) QPKS (b) PKSAC	89
4.27	Yoon-Nelson model at different bed heights	91
4.28	Plot of Yoon-Nelson model at different initial fluoride concentration (a) QPKS (b) PKSAC	92
4.29	Plot of Thomas model at different bed height (a) QPKS	93
4.30	Plot of Thomas model at different initial fluoride concentration	94
4.31	Regeneration of adsorbents	96
4.32	Flow process of manufacturing of activated carbon (Capital Carbon, 2017)	97

## LIST OF NOTATIONS/ SYMBOLS

AC	Activated carbon
$C_o$	Initial concentration of solute in solution
$C_e$	Concentration of solute in solution at equilibrium
CHMAC	N-(3-chloro-2-hydroxypropyl)trimethylammonium chloride
EFB	Empty fruit bunch
FFB	Fresh fruit bunch
PKS	Palm kernel shell
PKSAC	Palm kernel shell activated carbon
QPKS	Quaternized palm kernel shell
$q_e$	Amount of adsorbate adsorbed per gram of adsorbent at equilibrium
$q_m$	Maximum adsorption capacity per gram of adsorbent
$q_t$	Amount of adsorbate adsorbed per gram of adsorbent in time $t$ .
$R^2$	Correlation coefficient

## CHAPTER 1

### INTRODUCTION

#### 1.1 Background

Fluoride, a salt of the element fluorine, occurs mainly as sellaite ( $\text{MgF}_2$ ), fluor spar ( $\text{CaF}_2$ ), cryolite ( $\text{Na}_3\text{AlF}_6$ ), and fluorapatite [ $3\text{Ca}_3(\text{PO}_4)_2 \text{Ca}(\text{F},\text{Cl}_2)$ ]. It is an essential constituent for both humans and animals depending on the total amount ingested or its concentration in drinking water. Fluoride in drinking water is known for both beneficial and detrimental effects on health. An appropriate concentration of fluoride in drinking water is required to prevent dental cavities but long-term ingestion of water that contains more than a suitable level of fluoride causes bone disease and mottling of the teeth.

The presence of fluorine in drinking water, within permissible limits of 0.5–1.5 mg/L, is beneficial for the production and maintenance of healthy bones and teeth. Meanwhile, excessive intake of fluoride causes dental or skeletal fluorosis, which is a chronic disease manifested by mottling of teeth in mild cases, softening of bones, and neurological damage in severe cases (Liu, Guo, & Shan, 2010). In fact, there has been an escalation in daily fluoride intake via the total human food and beverage chain (Roy & Dass, 2013). Carbonated soft drinks have considerable amounts of fluorides. Fluoride is also present in most of everyday needs; for example, toothpaste, drugs, cosmetics, chewing gums, mouthwashes (Tikki, 2014).

Recently, an increase in industrial activities and water bodies with excess levels of fluoride has become a matter of great concern. Besides, high fluoride level wastewater is produced every day from industries using hydrofluoric acid as a cleaning agent such as the semiconductor, solar cell or metals manufacturing industries or as a reactant or catalyst in the plastics, pharmaceutical, petroleum refining, and refrigeration industries. Untreated high fluoride level wastewater is also one of the key contributors to groundwater and surface water pollutions (Malakootian, Fatehizadeh, Yousefi, Ahmadian, & Moosazadeh, 2011).

Fluoride contamination in groundwater also has been recognised as one of the serious problem worldwide. Fluoride is classified as one of the contaminant of water for human consumption by the World Health Organisation (WHO), in addition to arsenic and nitrate, which cause large-scale health problems (WHO, 2006). Elevated fluoride concentrations in the groundwater occur in various parts of the world such as Kenya, Poland, China, Tanzania, Mexico, and Argentina (Bhatnagar, Kumar, & Sillanpää, 2011). Furthermore, fluoride is widely distributed in the geological environment and generally released into the groundwater by slow dissolution of fluorine-containing rocks. Various minerals; e.g., fluorite, biotites, topaz, and their corresponding host rocks such as granite, basalt, syenite, and shale contain fluoride that can be released into the groundwater. Thus, groundwater is a major source of fluoride intake among humans.

In addition, Hanumantharao (2011) reported that in Nalgonda District, Andhra Pradesh, India, maximum fluoride content in the groundwater was found to be 4.5 mg/L. This high concentration of fluoride affected the villagers which most of the residents suffer from dental discoloration, early tooth decay and bone deformations.

The difference between desirable and toxic doses of fluoride is ill-defined, and fluoride may, therefore, be considered as an essential mineral with a narrow margin of safety (WHO, 2011). The fact that the problems associated with the excess fluoride in drinking water are highly endemic and widespread in the third world countries has prompted many researchers to explore quite a good number of organic and inorganic materials by adopting various processes from coagulation, precipitation through adsorption, and ion exchange. Some are good under certain conditions, while others are good in other conditions.

## 1.2 Health Effects and Toxicology of Overdose Fluoride Intake

The standards prescribed by various regulatory bodies for fluoride concentration in drinking water are different according to their climatic conditions. According to WHO, the standard prescribed for fluoride ion concentration in drinking water is 1.5 mg/L. Fluoride in smaller doses (0.8-1.0 mg/L) helps to prevent dental caries particularly among children below eight years of age. Fluoride in higher concentration causes dental fluorosis (1.5-2.0 mg/L) and skeletal fluorosis (>3.0 mg/L) (WHO, 2011). Table 1.1 shows the effect of prolonged exposure to higher fluoride concentrations from dental fluorosis progresses to skeletal fluorosis.

**Table 1.1: Effects of fluoride in water on human health** (Meenakshi & Maheshwari, 2006).

F <sup>-1</sup> concentration, (mg/L)	Effects
<1.0	Safe limit
1.0-3.0	Dental fluorosis (discoloration, mottling and pitting of teeth)
3.0-4.0	Stiffened, brittle bones and joints and skeletal fluorosis
4.0-6.0 and above	Deformities in knee and hip bones and finally paralysis making the person unable to walk or stand in straight posture, crippling fluorosis

Chemically, fluorine is the most electronegative element and is always present in a combined state as fluoride due to its high chemical reactivity. Fluoride is a great calcium-seeking element and can affect the calcified structure of bones and teeth in the human body at higher concentration, resulting in dental fluorosis or skeletal fluorosis. Fluoride toxicity can also cause non-skeletal diseases like aches and pain in the joints, non-ulcer dyspepsia, Polyurea (tendency to urinate more frequently) and polydipsia (excessive thirst), muscle weakness, fatigue, and anemia with very low haemoglobin levels (Roy & Dass, 2013).

### 1.3 Methods of Fluoride Removal

Over the years, many techniques and processes have been developed and used in the treatment and removal of fluoride from the contaminated water effluent. These techniques include coagulation and flocculation, chemical precipitation, the use of membranes for membrane separation, aerobic and anaerobic degradation using various microorganisms, chemical oxidation, ion exchange, electrodialysis, reverse osmosis, foam flotation, electrolysis, and adsorption (Onyango & Matsuda, 2006). Some of these techniques have been proven to be effective, although they displayed some limitations such as the excess amount of chemical usage or accumulation of highly concentrated sludge causing disposal problems, lack of effective fluoride reduction, and sensitivity towards various wastewater inputs (Santhy & Selvapathy, 2006).

Amongst the processes mentioned above, the use of adsorption has been the most prominent and widely used because of its cost-effectiveness, efficiency, and technology readiness due to the fact that it produces effluents containing very low levels of dissolved organic compounds (Chandra, Mirna, Sudaryanto, & Ismadji, 2007). In addition, many adsorption techniques have been employed for the treatment of drinking water as reviewed in the work reported by Tikki (2014).

### 1.4 Problem Statement

Source of fluoride and several health problems caused by fluoride has been discussed in detail in previous section. As conclusion, it can be stated that high concentrations of fluoride ions in water mainly affected by natural minerals and industrial activities. Lv et al. (2007) reported that concentration of fluoride in the wastewater from Zhejiang Juhua Fluorine Chemical Co. Ltd. exceeded 1000 mg/L (pH = 5-7). Meanwhile, one of the wastewater treatment plant in Malaysia produced 1.35 mg/L of fluoride from its boiler effluent which exceeded Malaysian Drinking Water Quality Standard, in which the acceptable limit is 0.4 - 0.6 mg/L, as shown in Appendix A2. According to Ruan et al. (2017), most natural rocks and minerals contain large quantities of fluoride which are released as fluoride ions into water, thus, contributing to levels of fluoride concentrations rise in water that exceed the acceptable limit set by WHO, 1.5 mg/L. Therefore, fluoride content in wastewater and drinking water should be reduced in order to improve the health quality.

In order to solve the excess of fluoride concentration in water, adsorption process is chosen due to the cost-effectiveness and its efficiency as stated by Chandra et al. (2007). In adsorption process, activated carbons are the most widely used adsorbents due to their excellent adsorption abilities for organic pollutants. Activated carbon has a high-surface-area, pore volume, and porosity which resulted in higher adsorption capacities. Many researchers have shown that activated carbon is an effective adsorbent for removing pollutants. However, its high initial cost resulted from the thermal activation process that consumes high energy making it less economical as an adsorbent (Ahmaruzzaman, 2008; Robinson, McMullan, Marchant, & Nigam, 2001). Reflecting to this issue, a more economic and efficient technique, which lead to the application of chemically-treated agricultural waste as adsorbents, is favored. The advantage of chemically-treated adsorbents is of their low production cost in terms of

energy saving which will reduce the total production cost as compared to the production of activated carbon.

Palm kernel shell waste from oil palm mill was chosen as the adsorbent in this study because it is a locally available as abundant material. Since millions of kilograms of palm kernel shells are produced annually, the production of chemically-treated palm kernel shell to produce high value added adsorbent has become an attractive waste reduction solution. Chemical modification on palm kernel shell, such as quaternization to produce adsorbent, is considered. Only few researchers were reported in studying the chemically-treated adsorbent specifically through quaternization process on palm kernel shell for anion removal. Koay, et al. (2014) quaternized PKS to remove reactive dye and Bashir, et al. (2015) quaternized PKS to remove fluoride and nitrate. In their study, potassium hydroxide (KOH) was used instead of sodium hydroxide (NaOH) in mercerization process. Moreover, different ranges of operation parameters are applied from current study.

### 1.5 Objectives

This study aims to synthesise and analyse quaternized palm kernel shell (QPKS) as an adsorbent to remove fluoride from aqueous solution and commercial palm kernel shell activated carbon (PKSAC) as the control adsorbent.

The specific objectives of this work are described as follows:

1. To synthesise quaternized palm kernel shell as an adsorbent via quaternization process using N-(3-chloro-2-hydroxypropyl) trimethylammonium chloride (CHMAC) as quaternization agent.
2. To investigate the effect of initial pH, the dosage of PKSAC and QPKS and initial fluoride concentration in batch process of fluoride removal and reusability of QPKS and PKSAC.
3. To evaluate the adsorption isotherm and kinetics for removal of fluoride from aqueous solution by both PKSAC and QPKS.
4. To investigate the adsorption process of fluoride removal using QPKS in a fixed bed continuous column with different bed height and initial concentration.

## 1.6 Scope of Research

The scope of this research covered the chemical modification process of the adsorbent which is the palm kernel shell (PKS). PKS was first mercerized using NaOH then chemically modified using quaternizing agent, N-(3-chloro-2-hydroxypropyl) trimethyl ammonium chloride (CHMAC) to produce quaternized palm kernel shell (QPKS). In order to verify the QPKS efficiency, batch and continuous (column) adsorption processes by removing fluoride from the solution were done in UPM laboratories. Parameters such as pH, contact time, adsorbent dosage, initial concentration, and bed height were varied. Data obtained from the experimental work were analysed using isotherm models such as Langmuir, Freundlich, Redlich-Peterson, Sips, Adam-Bohart, Yoon-Nelson, and Thomas. Meanwhile, kinetic studies were analysed using models of Pseudo First and Second Order, Weber-Morris, Elovich, Boyd's, Double Exponential and Intraparticle Diffusivity. The regeneration of the adsorbent was also studied to analyse the reusability of the adsorbents.

All results for QPKS were compared with control adsorbent which was Palm PKSAC, a commercial activated carbon originated from Palm Kernel Shell.

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