

UNIVERSITI PUTRA MALAYSIA

RELATIONSHIP BETWEEN LEARNING ABILITY AND GENOTOXICITY FROM ORGANOPHOSPHATE PESTICIDE EXPOSURE AMONG PRIMARY SCHOOL CHILDREN IN TANJUNG KARANG, SELANGOR, MALAYSIA

NURUL HUSNA BINTI MISWON

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NURUL HUSNA BINTI MISWON

Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in Fulfilment of the Requirements for the Master of Science

October 2016

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Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Master of Science

RELATIONSHIP BETWEEN LEARNING ABILITY AND GENOTOXICITY FROM ORGANOPHOSPHATE PESTICIDE EXPOSURE AMONG PRIMARY SCHOOL CHILDREN IN TANJUNG KARANG, SELANGOR, MALAYSIA

By

NURUL HUSNA MISWON

October 2016

Chair: Prof. Zailina Hashim, PhD Faculty: Medicine and Health Sciences

Introduction: Organophosphate pesticides (OPs) mainly malathion are used extensively in agriculture throughout the world and has been linked to neurodevelopmental deficit and genotoxic effect. The effects are particularly profound in children because at this phase they are active, their organ and systems especially their cognitive functions are developing. Depression of blood cholinesterase is used as a biomarker of the OPs toxicity. **Objective:** The aim of the study was to determine the relationship of organophosphate pesticides exposure with learning ability and genotoxicity. Methodology: A comparative cross-sectional study was conducted among 150 primary school children. They were selected as a study group as they went to school and lived near paddy field. Another 100 primary school children who were located further away from agriculture site served as the comparative group. The questionnaires were completed by their parents or caretakers. The children's capillary blood was collected using finger prick. The blood cholinesterase levels were determined using cholinesterase test kit LOVIBOND 412870 AF287 and the McCarthy Scales of Children's Abilities (MSCA) was used to determine the learning ability. Two assays were used to determine the chromosome breakage and DNA damage namely the micronuclei and comet assay. Buccal cells were collected from children for genotoxic effect. **Result:** There were significant differences (p<0.05) in blood cholinesterase, all scales in MSCA, micronuclei frequency and comet tail length between the study and the comparative group. There were significant relationships between blood cholinesterase and learning ability in all scales in MSCA (p<0.05). For genotoxicity assessment, only comet tail length showed significant relationship with blood cholinesterase (p<0.001). Other variable significantly influenced the blood cholinesterase and genotoxicity was distance from the house to paddy field (p<0.05). Blood cholinesterase was the most significant influencing factor on the all scales in the Conclusion: Blood cholinesterase which indicates learning ability (p<0.05). organophosphate pesticides exposure had significant relationship with the learning ability scales and genotoxicity in the study group.

Keyword: Organophosphate, learning ability, cholinesterase, genotoxicity

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Master Sains

HUBUNGAN KEUPAYAAN BELAJAR DAN KETOKSIKAN GENETIK DARI PENDEDAHAN RACUN PEROSAK ORGANOFOSFAT DALAM KALANGAN KANAK-KANAK SEKOLAH RENDAH DI TANJUNG KARANG, SELANGOR, MALAYSIA.

Oleh

NURUL HUSNA MISWON

Oktober 2016

Pengerusi: Prof. Zailina Hashim, PhD Fakulti: Perubatan dan Sains Kesihatan

Pengenalan: Racun perosak organofosfat (OPs) terutama malathion digunakan secara meluas dalam bidang pertanian di seluruh dunia dan telah dikaitkan dengan kerencatan tumbesaran neuro dan kesan genotoksisiti. Kesan pendedahan akan menjejaskan kanak-kanak kerana mereka aktif, organ dan sistem terutamanya fungsi kognitif masih di peringkat pembesaran. Paras kolinesterase dalam darah yang rendah akan menjadi penanda biologi ketoksikan OP. Tujuan: Tujuan kajian ini adalah untuk mengetahui kaitan antara pendedahan racun perosak organofosfat dengan keupayaan belajar dan genotoksisiti. Kaedah: Satu kajian keratan rentas perbandingan telah dijalankan dalam kalangan 150 orang kanak-kanak sekolah rendah. Mereka dipilih sebagai kumpulan kajian kerana mereka bersekolah dan tinggal berhampiran sawah padi. Selebihnya, 100 orang kanak-kanak yang tinggal jauh dari kawasan pertanian dipilih sebagai kumpulan perbandingan. Borang kaji selidik telah dilengkapkan oleh ibubapa atau penjaga mereka. Persampelan darah kapilari kanak0kanak adalah melalui teknik tusukan jari. Analisis paras kolinesteras telah menggunakan kit ujian kolinesteras LOVIBOND 412870 AF287 dan ujian keupayaan belajar menggunakan McCarthy Scales of Children's Abilities (MSCA). Dua kaedah asai telah digunakan untuk menunjukkan kerosakan kromosom dan DNA iaitu mikronukleus dan komet asai. Sel bukal telah diambil daripada kanak-kanak untuk mengukur kesan genotoksisiti. Keputusan: Keputusan daripada kajian menunjukkan terdapat perbezaan yang signifikan (p<0.05) paras kolinesterase, semua skala ujian MSCA, bilangan kekerapan dalam mikronukleus dan panjang ekor komet di antara kumpulan kajian dengan kumpulan perbandingan. Keputusan menunjukkan terdapat hubungan yang signifikan antara paras kolinesteras dalam darah dan keupayaan belajar menggunakan MSCA (p<0.05). Untuk penilaian genotoksisiti, hanya panjang ekor komet menunjukkan hubungan dengan kolinesteras dalam darah (p<0.001). Faktor lain yang mempengaruhi paras kolinesteras dalam darah dan genotoksisiti adalah jarak di antara rumah dengan sawah padi (p<0.05). Paras kolinesteras dalam darah mempengaruhi kesemua skala keupayaan

belajar (p<0.05). **Kesimpulan:** Paras kolinesteras dalam darah menunjukkan pendedahan racun perosak organofosfat mempunyai hubungan yang signifikan dengan skala keupayaan belajar dan kesan genotoksisiti dalam kalangan kumpulan kajian.

Kata Kunci: organofosfat, keupayaan belajar, kolinesterase, genotoksisiti



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Members of the Thesis Examination Committee were as follows:

Associate Professor Dr. Juliana binti Jalaludin, PhD

Faculty of Medicine and Health Sciences, Universiti Putra Malaysia (Chairman)

Associate Professor Dr. Abdah binti Md Akim, PhD

Faculty of Medicine and Health Sciences, Universiti Putra Malaysia (Internal Examiner)

Associated Professor Dr. Zaleha Md Isa, PhD

Faculty of Health, Universiti Kebangsaan Malaysia, Malaysia (External Examiner)

> (**Prof. Dr. Nor Aini Ab. Shukor, PhD**) Deputy Dean School of Graduate Studies Universiti Putra Malaysia Date:

This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfilment of the requirement for the Master of Science. The members of the Supervisory Committee were as follows:

Zailina Hashim, PhD

Professor Faculty of Medicine and Health Sciences Universiti Putra Malaysia (Chairman)

Hayati Kadir @ Shahar, MD

Senior lecturer Faculty of Medicine and Health Sciences Universiti Putra Malaysia (Member)

(ROBIAH BINTI YUNUS, PhD) Professor and Dean School of Graduate Studies Universiti Putra Malaysia

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LIST OF ABBREVIATIONS

Ach	Acetylcholine
AcHE	Acetylcholinesterase enzyme
MSCA	McCarthy Scales of Children's Abilities
OPs	Organophosphates
SOP	Standard Operating Procedure
WHO	World Health Organization



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CHAPTER 1

INTRODUCTION

1.1 Background

Agriculture is one major important factor and the best contributor to overall economic growth and modernization in Malaysia. Agriculture growth and productivity increases are crucial to sustain economic development. In agriculture, pesticides are used in order to protect the plantation from any pests and to improve plant growth. Globally, the first use of synthetic pesticides was in 1940 and the consumption is increasing until now (Abdul Rani, 2002).

The use of pesticides in agriculture has been one of the most important factors leading to increased yields and reduced product prices. Pesticides can save up 40% of crop losses, thus economically and socially justifying their use. Consequently, the sustainability of such a system depends on additional energy, artificial provided by farmers through common agriculture practice such as fertilization, irrigation and pesticides treatment. It has been estimated that currently, there are about 800 active ingredients used worldwide as pesticides. In 1991, 2.53 million metric tons of such substances were applied all over the world (USEPA, 2010).

In the year 2001, 2.26 million tons of active ingredients were used. Pesticides use was 25% of the world production in developing countries where 99% of deaths were due to pesticides. Pesticides consist of insecticides, herbicides and fungicides. Insecticides are mostly used in developing countries while fungicide or herbicide in developed countries (WHO, 2001). Insecticides used for killing insects such as organochlorines, organophosphate and carbamates.

Pesticides are the most important method in self-poisoning in the developing world. There are million cases of pesticides poisoning, nearly 220,000 fatal. It is occurring world-wide every year (Eddleston et al., 2002). While data on the acute toxicity of many of these chemicals are plentiful, knowledge on their delayed effects is much more limited. The International Agency for Cancer Research (IARC) has reviewed the potential carcinogen to laboratory animals. Associations with cancer have been reported in human studies for chemicals such as phenoxy acid herbicide, 2,4,5-trichlorophenoxyacetic (2,4,5-T), lindane, methoxychlor, toxaphene and several organophosphates (IARC, 2015).

Based on USEPA (2010), insecticides are chemicals used to control insects by killing or preventing them from engaging in behaviours deemed undesirable or destructive. They are classified based on their structure and mode of action. Many insecticides act

upon the nervous system of the insect (e.g., Cholinesterase (ChE) inhibition) while others act as growth regulators or endotoxins.

Insecticides are commonly used in agricultural, public health, and industrial applications, as well as household and commercial uses (e.g., control of roaches and termites). The most commonly used insecticides are organophosphates, pyrethroids and carbamates (USEPA, 2010).

Based on study "Pesticide Use in Malaysia" by Abdul Rani (2002), the pesticide industry is one of the most important support industries in Malaysian agriculture. The economic benefits of pesticides use in producing high crop yields and the role of pesticides in the control of disease-borne pests are undeniable. Equally the adverse effects of elevated pesticide residues in water, soil, and crops to man, domestic animals, wildlife, and the environment are well recognized and documented.

In a tropical country like Malaysia, crops such as rice and vegetables are particularly susceptible to the negative impacts of pesticides use (Fuad et al., 2012). This is attributed to the often indiscriminate and intensive use of pesticides associated with these crops. Other crops, including palm oil and rubber, also require intensive use of pesticides particularly herbicides and insecticides. The organophosphate pesticides affect the nervous system by disrupting the enzyme that regulates acetylcholine, a neurotransmitter and most organophosphates are insecticides (USEPA, 2010).

Blood cholinesterase can serve as a useful indicator in organophosphate poisonings and the level of activity in blood also are very well documented (Ryhanen, 1982). Organophosphate and carbamate are powerful inhibitors of acetylcholinesterase mainly found in blood. The inhibition of acetylcholinesterase in the nervous system leads to an accumulation of the neurotransmitter acetylcholine at synapses and myoneutral junction (El-Naggar et al., 2008).

According to the World Health Organization (WHO, 2001) around three million children under the age of five die due to environmental-related diseases every year. Children are more susceptible to chemicals than adult and estimates that 50% of life pesticides exposure occurs during the first five years of life. Children take in more pesticides relatively to body weight than adults and have developing organ systems that are more vulnerable and less able to detoxify toxic chemicals (Lizardi et al., 2008).

Human especially children who are vulnerable show that pesticides poisoning can lead to poor performance on test involving intellectual functioning, academic skills, abstraction, flexibility of thought, and motor skills also memory disturbance and inability to focus attention reaction time, and manual dexterity, besides, reduced perceptual speed (Lizardi et al., 2008).

Genotoxicity potential is a primary risk factor for long-term effects such as carcinogenic and reproductive toxicology. The majority of pesticides have been tested in a wide variety of mutagenicity assays covering gene mutation, chromosomal alteration and DNA damage (Bolognesi & Merlo, 1995; IARC, 1987). Genetic damage at the chromosomal level entails an alteration in either chromosome number or chromosome structure, and such alteration can be measured as Chromosomal aberrations (CA), micronuclei (MN) frequency or comet tail length. Children may be more sensitive than adults to genotoxicity agents, and the genetic damage occurring at a younger age may affect the lifetime risk of delayed adverse health outcome (Landrigan et al, 2003).

1.2 Problem statement

Organophosphate and carbamate are used in large quantities around the world as agricultural insecticides. Toxic exposure to these chemicals is a serious global public health problem, with more than three million poisoning and 200,000 deaths reported each year (El-Naggar et al., 2008). The widespread use of organophosphate (OP) pesticides in paddy fields has led to frequent exposure in adults and children. Even though the use of pesticide is to kill specific pests, the exposure may cause adverse health effects particularly in children (Lu et al., 2008). These pesticides can be absorbed rapidly via all routes such as respiratory, gastrointestinal, ocular and dermal. The onset of symptoms is quickest after inhalation. Oral ingestion is often accidental by children (El-Naggar et al., 2008).

Organophosphate (OP) pesticides are a group of chemical compounds used for control and elimination of insects in agriculture, and in some instances for residential or industrial applications. OP pesticides are widely used in agriculture. They are wellknown acute neurotoxicants, which inhibit acetylcholinesterase, resulting in the buildup of acetylcholine in neuronal junctions (Eskenazi et al., 1999).

They act as acetylcholinesterase (AChE) inhibitors, which prevent breakdown of the neurotransmitter acetylcholine, increasing both its concentration and duration of action in the body (Munoz-Quezada et al., 2013). OP pesticides may cause synaptic dysregulation and disrupt the establishment of neuronal architecture (Bigbee et al., 1999). Recent studies have reported that level of chronic in utero and child OP pesticide exposures are associated with poorer cognitive and behavioural problems, for example are attentiveness problems in children (Bouchard et al., 2010).

Exposure to OP pesticides can be toxic to humans and animals (Levine, 2007; Tadeo et al., 2008). During development, neurologic effects of OP exposure, even at low levels, may be detrimental because neurotransmitter, including acetylcholine, play essential roles in the cellular and architectural development of the brain (Barr et al., 2006). Excessive exposure in humans results in overexcitation of muscarinic and nicotinic receptors of the nervous system, inducing an over-accumulation of this

neurotransmitter in the cholinergic synapse due to phosphorylation of the active cholinesterase molecule site. This effect can result in a variety of symptoms including salivation, nausea, vomiting, lacrimation, seizures and ultimately death (Costa, 2006).

Humans may be exposed to OP pesticides through a variety of pathways including working on or living in close proximity to a farm that applies OP pesticides, home or industrial use of OP pesticides, inhalation or non-dietary ingestion of OP pesticide-laden dust, and consumption of produce containing OP pesticide residues (Curwin et al., 2005). For children, dietary exposure is believed to be the predominant exposure pathway (Whyatt et al., 2003). In addition, occupational exposure example is exposure caused by contact with an occupationally exposed person or items that the person has come in contact with, such as clothing or surface, continues to be an important exposure pathway in children or spouse of farmers or farmworks (Vida and Moretto, 2007).

Continued stimulation must take into account the clinical signs and symptoms of organophosphate poisoning, including muscarinic, nicotinic and central nervous system effects. The effects particularly affect children because they are all active at this phase and their organs and systems especially their cognitive functions are in developing stage (El-Naggar et al., 2008).

Hence, school children studying near paddy fields tend to be exposed to insecticides and may affect their learning ability in the long term. The exposure of pesticides such as organophosphate insecticides may affect their nervous systems and contribute to neurological problems among children and affects their learning ability (Landrigan et al., 1999).

The number of studies evaluating the effect of environmental exposure to genotoxicity agents in children has rapidly grown in the last ten years (Neri et al, 2005; Suk et al, 2003). Among the several adverse health effects that have been studied in children exposed to environmental hazards, genetic damage has received a particular interest, especially after recent publication of epidemiologic study showing that high frequency of chromosome damage predicts cancer in healthy adults (Bonassi et al, 2004).

Recent studies indicated that pesticide exposure is widespread and presents potential risks to humans, especially to susceptible populations such as pregnant women and children (Whyatt et al., 2004; Eskenazi et al., 2004). The potential adverse effects of pesticides exposure to children's health including reproductive outcomes, childhood cancers, neurobehavioral toxicity, and endocrine distruption have been well established (Garry, 2004). Oxidative stress has been frequently proposed as an important mechanism that could link pesticides exposure to a number of health outcomes (Bagchi et al., 1995; Banerjee et al., 2001; Halliwell, 2002; Muniz et al., 2008).



1.3 Study justification

Residents of Tanjung Karang are actively doing agricultural activities. Due to this agricultural activities, they used pesticides widely in their agricultural work especially for organophosphate (OP) mainly malathion. Organophosphate is neurologic at high dose and has well-known neurotoxicity properties, with the primary mechanism of action involving inhibition of acetylcholinesterase at high doses (Kousba et al., 2004).

The data collection was carried out in end of January until early February 2015. Usually, in January, the workers start with a new plantation that the water started to flow to the blocks of the paddy field. All the seeds were being planted and fertilizer was being added to initiate growth of the paddy. In the end of January to February, insecticide was sprayed to control the growth of weed or attacked from any unwanted insects or pests.

The association between pesticides exposure and neurobehavioral as well as neurodevelopmental effects is an area of increasing concern. Postnatally, children are at greater risk from OP toxicity than adults because the brain is rapidly developing, the dose of pesticides per body weight is likely to be larger in children and they have a reduced capacity for detoxifying xenobiotics. In children, OP exposure has been associated with behavioural problems. OP exposure has been associated with behavioural problems, poorer short-term memory and motor skills, and longer reaction time (London et al., 2012).

Children are at higher risk of pesticides toxicity than adults because the developing brain is more susceptible to neurotoxins and the dose of pesticides per body weight is likely to be higher in children (Weiss et al., 2004). Young children may be highly exposed to these pesticides because they are prone to explore their environment, combined with their proximity to potentially contaminated floors, surfaces, and air. Characteristics of young children, such as high intake of food, water, and air per unit of body weight, may also increase their exposures (Eskenazi et al., 2007).

Children are the future generation to develop our country, hence their health are important especially in their learning ability that affect their learning process. The level of cholinesterase in blood can be either high or low and some control measures can be done to decrease the exposure towards the children.

A study by How et al. (2014) stated that the assessment of genotoxicity showed that the reduced blood cholinesterase level from organophosphate pesticides exposure is significantly associated with an increase in chromosome breakage and DNA strand breaks. Farm children's early chronic OP exposure causing cholinesterase inhibition is likely to establish genotoxicity risks that may lead to cancerous cell development if not repaired properly. From the subtle effects observed in this study, it can still be

unequivocally stated that a reasonable genotoxicity risk from OP pesticides exposure during the early life of farm children might not cause a direct correlation of cancer incidence, but it is sufficient to postulate a high risk of cancer development in their adulthood.

The researcher used two types of assays to indicate genotoxicity because the researcher needs two type of findings which were micronucleus assay is specifically test on chromosome damage while comet assay is directly very sensitive test in DNA damage (Sestili et al., 2006). In addition, the used of two types of assays were to strengthen this study findings regarding genotoxicity among children. Finally, these assays are non-invasive which suitable for children and the cost was reasonably economical (Blasiak and Trzeciak, 1998).

1.4 Conceptual framework

Figure 1.1 shows the conceptual framework of the study that aim to determine the relationship between blood cholinesterase level and the primary school children's learning ability and genotoxicity.

Agriculture is the main source of pesticides use in the country. Pesticides especially organophosphate (OP) is transferred from agriculture to the atmosphere and deposited into the terrestrial environment. The emission resulted in the increase of episodic exposure of pesticides into the environment. The affected groups are children, adults and the elderly. In this research, the focus group was children who are most vulnerable.

Children may be exposed to pesticides through inhalation, ingestion and direct contact which affect blood cholinesterase level. This finally may affect the learning ability and the genotoxicity such as micro nucleus frequency and comet tail length. Blood cholinesterase levels were measured using Model Lovibond 412670 AF267 test kit, the learning ability of these children was measured using McCarthy Scales of Children's Ability (MSCA) while genotoxicity was measured using micronucleus assay and comet assay.

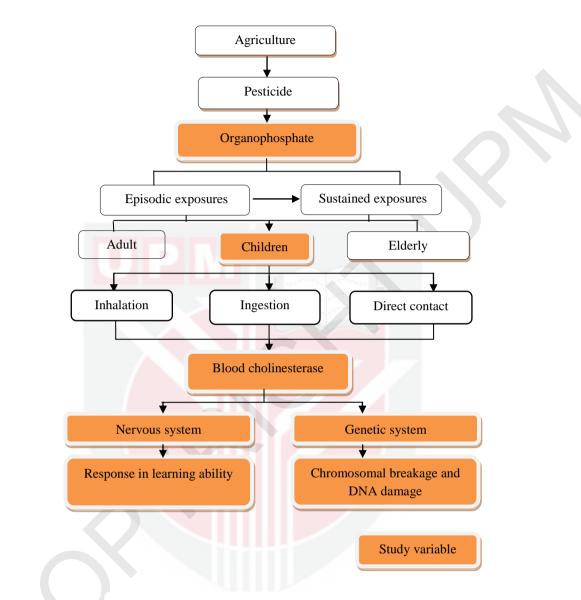


Figure 1.1: Conceptual Framework

1.5 Research objective

1.5.1 General objective

To determine the relationship between organophosphate pesticides exposure and the learning ability and genotoxicity among primary school children in Tanjung Karang, Selangor.

1.5.2 Specific objectives

- 1. To determine the socio-demographic characteristics of the respondents.
- 2. To determine the reported signs and symptoms of the respondents.
- 3. To determine the correlation between blood cholinesterase levels and learning ability of the study group.
- 4. To determine the correlation between blood cholinesterase level and genotoxicity (micronucleus frequency and comet tail length) of the study group.
- 5. To compare blood cholinesterase levels and learning ability between the study and comparative groups.
- 6. To compare total micronucleus and comet tail length between the study and comparative groups.
- 7. To determine variables that may influence the blood cholinesterase levels in the area of the study group.
- 8. To determine variables that may influence the learning ability scales (MSCA) and genotoxicity of the study group.

1.6 Research hypothesis

- 1. There is a significant correlation between blood cholinesterase levels and learning ability of the study group.
- 2. There is a significant correlation between blood cholinesterase levels and genotoxicity of the study group.
- 3. The blood cholinesterase levels and learning ability among study group (high exposed group) is significantly lower than the comparative group (low exposed group).
- 4. The micronucleus frequency and comet tail length among study group significantly have higher impairment than the comparative group.
- 5. The distance from house to paddy field among study group significantly influenced the blood cholinesterase levels of the study group.
- 6. Blood cholinesterase levels significantly influenced the learning ability scale and micronucleus frequency
- 7. Distance from house to paddy field significantly influenced the comet tail length of the study group.

1.7 Definition of term

1.7.1 Conceptual definition

i) Organophosphate pesticides

Organophosphate pesticides are chemical used to control insects by killing or preventing them from engaging in behaviours deemed undesired or destructive. They are classified based on their structure and mode of action (US EPA, 2010).

ii) Primary school children

Primary school children are children aged 7 to 12 years old who go to school to develop knowledge and understanding (Mangeot et al., 2001).

iii) Blood cholinesterase

Cholinesterase is a family of enzymes that catalyze the hydrolysis of the neurotransmitter acetylcholine into choline and acetic acid, a reaction necessary to allow a cholinergic neuron to return to its resting state after activation (El-Naggar et al., 2008).

iv) Learning ability

Learning ability is ability of learning as a relatively permanent change in behaviour including both observable activity and internal process such as thinking, attitudes and emotions based on an individual's interactional experience with the environment. Learning behaviours may exist for a lifetime, but they may also not appear throughout an individual's life. Learning might not manifests itself in observable behaviour until sometime after the educational programme has taken place (Burns, 1995).

v) Genotoxicity

Genotoxicity is a word in genetics defined as a destructive effect on a cell's genetic material (DNA, RNA) affecting its integrity. Genotoxicity leads to mutations in various cells and other bodily systems. Mutations can lead to a host of other problems, from cancer to a wide variety of different diseases. Mutations can come in many different forms; genetic information can be duplicated, deleted, or inserted (Shaily, 2012).

1.8.2 Operational definition

i) Organophosphate pesticides (OPs)

OP will inhibit the cholinesterase in the synapse, then, determine the exposure of pesticides in body through monitoring of the cholinesterase. The major used of OP were malathion, parathion and chlopyrifos. Blood cholinesterase level was used to determine the exposure of the pesticide in the school children.

ii) Primary school children

Primary school children involved were children between the age group of 7 to 8.5 years who were suitable for the use of McCarthy Scale of Children Ability (MSCA). The children who study and live 1km radius from paddy field area were selected as study group while children study and live more than 1km radius from paddy field as comparative group.

iii) Blood cholinesterase

Blood cholinesterase activity level in individual respondents of primary school children were measured using cholinesterase test kit Model LOVIBOND 412670 AF267 by taking 0.05 ml of children's blood through finger prick technique. The levels of blood cholinesterase are classified as normal (75-100%), over exposure (74.9-50.0%), serious over exposure (49.9-25.0%) and very serious and dangerous over exposure (24.9-0.0%).

iv) Learning ability

McCarthy Scale of Children's Abilities (MSCA) was used to measure the learning ability of the primary school children. The study group answered 18 core subtests to create six Index Scores which are verbal, perceptual, quantitative, general cognitive index, memory and motor. The classification of general cognitive index are very superior(\geq 130), superior(120-129), bright normal(110-119), average(90-109), dull normal (80-89), borderline(70-79) and mentally retarded(\leq 69) (McCarthy, 1972).

v) Genotoxicity

Genotoxicity was a primary risk factor for long-term effects such as carcinogenic and reproductive toxicology. The majority of pesticides had been tested in a wide variety of mutagenicity assays covering gene mutation, chromosomal alteration and DNA damage (Bolognesi & Merlo, 1995; IARC, 1987). Genotoxicity was measured by micronucleus assay and comet assay.



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