

# **UNIVERSITI PUTRA MALAYSIA**

# DEVELOPMENT OF NON-BOUNDARY-FITTED CARTESIAN GRID METHOD FOR NUMERICAL SIMULATION OF MECHANICAL HEART VALVE AND THE POTENTIAL FOR BLOOD CLOTTING

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By

MOHAMAD SHUKRI BIN ZAKARIA

Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in Fulfilment of the Requirements for the Degree of Doctor of Philosophy

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Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Doctor of Philosophy

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By

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April 2018

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Computational fluid dynamics (CFD) simulations are becoming a reliable tool in understanding disease progression, investigating blood flow patterns and evaluating medical device performance such as mechanical heart valves (MHV). Previous studies indicated that the non-physiological flow pattern (i.e. recirculation, stagnation, and vortex) might cause a trapped platelet and be responsible for the formation of blood clots in MHV. Accurate simulation of this flow requires a high order accuracy numerical scheme together with a scale resolving turbulence model such as large eddy simulation (LES). This requires the use of uniform orthogonal grids for the descretisation process, which is not able to handle complex branching arterial domains that contain MHV, where the generation are usually boundary-fitted (BF) grid with non-orthogonality and distortions. Therefore, nonboundary fitted (NBF) Cartesian grid method is an alternative solution. The objective of this study is to develop a new NBF method based on the volume of fluid (VOF), containing the colour function, namely NBF-VOF Cartesian grid method. A single set of governing equation is used for both solid and fluids identified by unity colour function and zero colour function respectively. The solid was treated as a fluid with very high viscosity to theoretically reduce its deformability, and subsequently satisfy a no-slip condition at the boundary. In the first attempt, we found that in prior, the treatment was not satisfied. To suppress the fluid velocities in the solid, we introduced the artificial term derived from the colour function into an algebraic system of momentum equations, which had a significant impact on the originality of this study. The developed solver, NBF-VOF, is then thoroughly validated using a variety of numerical and experimental results available in the literature which is Hagen-Poiseuille flow, lid-driven cavity, flow over a cylinder,  $90^{\circ}$  tube flow, and pulsatile flow through the real anatomic aorta. Opensource CFD software was used as our simulation platform. Although the second order method degenerates the spatial accuracy of convergence rate as function of the grid size from 2 to 1.5, an agreement was found for all cases qualitative and quantitatively. The grid uncertainty obtained was

less than 5%, which was within the acceptable range. The computational time was lower when the viscosity of solid was higher. However, higher solid viscosity gives lagging in the result for transient cases. Despite this, using higher time step, until the maximum Courant number of 4.0, can speed up the simulation time and preserved the stability. Finally, another breakthrough in this study was the application of the solver to simulate pulsatile blood flow of MHV placed in an axisymmetric and real patient anatomic aorta with the sinus, which reveals complex blood flow patterns, shear stress loading, and history of particles age in the local domain, that consequently can identified the potential of blood clotting.



# PEMBANGUNAN KAEDAH GRID-TIDAK-TERIKAT UNTUK SIMULASI BERANGKA PADA INJAP JANTUNG MEKANIKAL DAN POTENSI UNTUK PEMBEKUAN DARAH

Oleh

#### MOHAMAD SHUKRI BIN ZAKARIA

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Pengkomputeran dinamik bendalir (CFD) telah menjadi alat yang boleh dipercayai dalam memahami perkembangan penyakit, menyiasat corak aliran darah dan menilai prestasi peranti perubatan seperti injap jantung mekanik (MHV). Kajian terdahulu menunjukkan bahawa corak aliran bukan fisiologi, menyebabkan platelet terperangkap, bertanggungjawab ke atas pembentukan darah beku pada MHV. Ketepatan simulasi aliran ini memerlukan darjah ketepatan yang tinggi dengan skala yang dapat menyelesaikan masalah pergolakan seperti simulasi eddy besar (LES). Ini memerlukan penggunaan grid ortogonal seragam, yang tidak dapat dikendalikan oleh bentuk arteri yang komplek yang mengandungi MHV, di mana grid biasanya digunakan adalah kaedah grid terikat (BF) yang tidak ortogonal dan terherot. Oleh itu, kaedah grid tidak terikat (NBF) adalah penyelesaian alternatif. Objektif kajian ini adalah untuk membangunkan kaedah NBF baru berdasarkan jumlah cecair (VOF) yang mengandungi warna berfungsi diberi nama NBF-VOF. Satu persamaan digunakan untuk mengenali kedua-dua pepejal dan bendalir adalah melalui warna fungsi uniti dan kosong. Pepejal dianggap sebagai bendalir dengan kelikatan yang sangat tinggi yang secara teorinya mengurangkan perubahan bentuk, dan memenuhi syarat tidak-slip di sempadan. Pada percubaan awal, kami dapati bahawa, kaedah itu tidak memuaskan. Untuk terus menyekat halaju bendalir dalam pepejal, kami memperkenalkan istilah buatan yang diterbitkan dari warna fungsi ke dalam sistem algebra persamaan momentum. Seterusnya, kaedah NBF-VOF disahkan menggunakan pelbagai hasil kaedah berangka dan eksperimen yang terdapat dalam literatur melalui perisian sumber terbuka OpenFoam. Aliran Hegen-poissuelle, rongga yang didorong, aliran ke atas silinder,  $90^{\circ}$ aliran tiub, dan aliran denyutan melalui aorta anatomik sebenar. Kesamaan yang sangat baik telah dihasilkan untuk semua kes. Walaupun menggunakan ketepatan kaedah darjah kedua, ketepatan kadar konvergen kaedah NBF-VOF berpndukan saiz grid merosot daripada 2.0 kepada 1.5, perbandingan yang hampir dengan ujikaji diperoleh dari segi kulitatif dan kuantitatif. The grid uncertainty obtained was less than 5%, which was within the acceptable range. Ketidakpastian grid diperoleh < 5%, berada pada anggaran yang boleh diterima. Masa pengiraan adalah rendah apabila menggunakan kelikatan pepejal yang tinggi. Tetapi kelikatan pepejal yang tinggi memberikan hasil yang ketinggalan untuk kes bergantung masa. Nisbah kelikatan antara pepejal dan cecair pada magnitud 100, memberikan keadaan optimum untuk kestabilan dan masa pengaliran. WAlaubagaimanapun, menggunakan nombor Courant setinggi Co = 4, dapat mempercepatkan masa simulasi. Akhirnya, aplikasi kaedah ini telah dijalankan untuk mensimulasikan aliran darah MHV yang diletakkan dalam aorta simetri dan anatomik, yang mendedahkan corak aliran darah yang kompleks, beban tekanan ricih, dan tempoh masa sejarah zarah di domain setempat,yang seterusnya dapat mengenal pasti potensi pembekuan darah.



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# LIST OF ABBREVIATIONS

AF accelerating flow

ALE arbitrary lagrangian eulerian ATS american thoracic society

avg average

BD blended bifferencing
BDI blood damage indexs
BF boundary fitted

BHV bioprosthetic heart valve
BMHV bileaflet mechanical heart valve

CD central cifferencing

CFD computational fluid dynamics
CPU central processing unit
CT computed tomography

CURVIB curvilinear immersed boundary method

CVD cardiovascular diseases
DES detached eddy simulation

DF decelerating flow

DFG Deutsche Forschungsgemeinschaft (German Research

Association)

DNS direct numerical simulation
EFD experimental fluid dynamics
FCT flux corrected transport
FD fictitious domain

Fs safety factor

FVM finite volume method
GCI grid convergence index
immersed boundary

IIM immersed interface method

IJN Institut Jantung Negara (National Health Institute)

IMM immersed membrane method
LBM lattice boltzman method

LC left coronary

LES large eddy simulation
LUD Linear upwind differencing

LV left ventricle

MHV mechanical heart valve
MPI message passing interface
MRI magnetic resonance imaging

MULES Multi-dimensionsal limiter for explicit solution

NBF non-boundary fitted

NBF-VOF non-boundary fitted/volume of fluid PCG preconditioned conjugate gradient PDEs partial differential equations PF peak flow

PIV particle image velocimetry

PLIC piecewise linear interface construction

RANS reynolds average navier stokes

RBC red blood cell
RC right coronary
RSS reynolds shear stress
SA spalart almaras
SGS sub-grid scale
sim simulation
SJM st jude medical

SLIC simple line interface calculation SPH smooth particle hydrodynamics

SST shear stress transport
TSS turbulent shear stress
TVD total variation diminishing

URANS unsteady reynolds average navier stokes

UD upwind differencing
VS vortical structural
VOF volume of fluid

w width

WSS wall shear stress

XFEM extended finite element method

# Symbol

a matrix coefficient

a,b recirculation length location for the flow around cylinder

[A] squared matrix of the coefficients

C model constants for BDI

Co courant number

 $Co_{\alpha}$  interface courant number  $C_k, C_e$  turbulent coefficient for LES

 $C_p$  pressure coefficient

 $C_u$  turbulent variable dependent on the rate of deformation

and spin tensors

d diameter

**f** forcing function

F flux

 $\overline{fN}$  distance between center of cell P and face center of cell P

G elasticity coefficient

h grid sizeH height

 $\mathbf{H}(\mathbf{U})$  original off-diagonal matrices coefficient  $\mathbf{H}(\mathbf{U})^*$  modified off-diagonal matrices coefficient

 $I_{red}$  reduced moment of inertia

K dean number

 $k_{SGS}$  turbulent kinetic energy  $L_w$  recirculation length

L<sub>2</sub> error norm normal direction

 $\mathbf{n}_f$  normal vector of the cell surface

N total number of grid

P pressure

p order of accuracy  $P_{\infty}$  free stream Pressure

 $\overline{PN}$  distance between center of cell P and center of cell N

Q second tensor invariant [R] source term vector

smoothness monitor or r-factor for TVD differencing schemes

or grid refinement ratio reynolds number

 $R_c$  radius of curvature for bend

S deformation rate (strain-rate) tensor or surface area vector

or symmetric part of the velocity gradient

St strouhal number

 $S_p$  linear part of the source term  $S_u$  constant part of the source term

 $S_{\phi}$  source term time

 $\mathbf{u}$ velocity vectoruvelocity magnitude $\mathbf{u}_c$ relative velocity

 $egin{array}{lll} V & & ext{volume} \\ oldsymbol{\omega} & & ext{vorticity} \end{array}$ 

 $(x_a, y_a)$  coordinate at front of cylinder  $(x_e, y_e)$  coordinate at end of cylinder

#### Greek

Re

α VOF color function

 $\alpha_{\text{max}}$ maximum value of color function  $\alpha_{\text{min}}$ minimum value of color function

 $\Gamma$  interface or diffusivity  $\gamma$  forcing function constant  $\delta$  curvature ratio of the tube bend

 $\Delta$  difference time step size  $\Delta t_{max}$  max time step

 $\varepsilon$  turbulent energy dissipation, Penalization parameter

 $\zeta$  damping coefficient forcing function constant  $\theta$  angle or leaflet's angle separation angle

κ Interface curvature or bulk viscosity
 λ lagrange multiplier or tensor eigenvalue

 $\lambda_2$  second invariant of tensor  $\lambda_1, \lambda_2$  adaptive time step coefficient

μ	dynamic viscosity
$\mu_f$	fluid dynamic viscosity
$\mu_s$	solid dynamic viscosity
$\mu_t$	turbulent dynamic viscosity
$\mu_{SGS}$	eddy viscosity
v	kinematic viscosity
ρ	density
σ	surface tension
τ	shear stress or period of vortex shedding
$ au_w$	wall shear stress
$ au_{eq}$	equivalent shear stress
$ au_e$	stress tensor for hyperelastic material
	general scalar property
$\phi \ \xi$	
5	moment around the hinge axis
	antisymmetric parts of the velocity gradien
$\Omega_f$	Continuous of fluid domain
$\Omega_{\scriptscriptstyle S}$	embedded or solid domain
Ψ	TVD limiter
$\Omega_1$	continuous domain properties
$\Omega_2$	embedded domain properties

# Superscripts

,	fluctuating component
T	transpose
α	model constants for BDI
β	model constants for BDI
n	discrete time level
L	linear term for the flux F
NL	non-linear term for the flux F
$ar{\phi}$	filtered variable

Subscripts	
(i,j)	(x,y) cell coordinates
x, y, z	coordinate components
f	face interpolation
N	neighbouring cell N
P	owner cell P
SGS	turbulent SGS properties

# CHAPTER 1

# INTRODUCTION

# 1.1 Motivation

Imagine that a person has accidentally cut his finger. After some time, the blood will begin to clot to stop the finger from bleeding. That is the good function ofblood clotting. However, if a blood clot develops in a patients heart valve due to some abnormal flow, there is a possibility that the clot may break off and go to the brain (causing a stroke) or to other organs in the body. In certain cases, the blood could clot at the valve itself and cause it to malfunction. To avoid this, blood thinners (usually warfarin) must be taken at the right dosage everyday with periodic blood tests and dietary restrictions (Cannegieter et al., 1994; Shoeb and Fang, 2013). This routine may change the lifestyle of the patient. A second complication is bleeding due to the use of blood thinners. A patient taking a blood thinner may encounter a problem when he is injured or requires surgery, whereby during the surgery, the use of the blood thinner has to be controlled to prevent excessive bleeding during the operation. This puts the patient at risk. It has been reported that the risk of both bleeding and blood clots is 1-2% each year. Therefore, for a patient who receives a artificial heart valve at the age of 40 years and lives to the age of 80 years, there is a 40-80% chance of both bleeding and blood clotting occurring (Shoeb and Fang, 2013). Moreover, the use of blood thinners will also cause birth mortality among young women who wish to have children (Vitale et al., 1999; Neumann et al., 2016).

Scientific knowledge of the heart dates back as far as the beginnings of recorded history. Among the first people to investigate and write about the anatomy of the heart was the Greek physician, Erasistratus (around 250 BC), and Claudius Galenus (around 129-201) who was a Greek-born Roman physician. Later, Leonardo da Vinci (1452-1519) also made some advances in the understanding of blood flow (Gharib et al., 2002). Briefly, da Vinci believed that the valve was closed during a forward flow by the vortex that forms behind the valve leaflets through his drawing in Figure 1.1. Nevertheless, after nearly 500 years later, finding an accurate quantitative description of the cardiac function still poses a challenge. Only just recently, in 2014, da Vincis vortex formation and re-circulation were reported in-vivo (Bissell et al., 2014) and in-vitro (Querzoli et al., 2014) studies and direct comparison have been made.



Figure 1.1: Similar pattern between postulated (da Vinci's) and measured blood vortices in the aortic root

(Source: Bissell et al., 2014)

Cardiovascular disease (CVD) remains the leading global cause of death, accounting for more than 17.3 million deaths per year in 2013 worldwide, according to the American Heart Association's 2017 Heart Disease and Stroke Statistics Update (Benjamin et al., 2017). Its represents 31 % of all global deaths, a number that is expected to grow to more than 23.6 million by 2030. More than 75% of CVD deaths occur in low-income and middle-income countries, and 80% of all CVD deaths are due to heart attacks and strokes.

One of the CVD is associated with the malfunction of heart valves such as stenosis (heart valve that does not open properly) and regurgitation (backflow of blood as the valves are closing). Figure 1.2 shows the flow direction of blood through the valves. Unrepaired valves necessitate surgery so that the artificial heart valves replacement can be done. It is estimated that more than 300,000 replacement heart valves are implanted annually worldwide (Jahandardoost et al., 2016). Since the first implantation of artificial heart valves in 1952, significant risks, such as the need for anticoagulation drugs and re-surgery operation, are still present. Current artificial heart valves suffer from several problems such as blood cell damage (haemolysis) and formation of the blood clot (thrombosis) (Yoganathan et al., 2004; Borazjani, 2015; Bark et al., 2016). This complication requires patients to undergo anticoagulant therapy, which may lead to life-threatening haemorrhage or stroke if poorly managed.

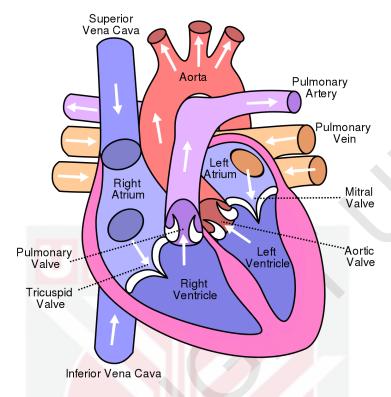


Figure 1.2: Direction of blood through the valves

# 1.2 Computational Modelling of Cardiovascular Flow

A thorough understanding of the aerodynamic characteristics in blood flow is needed to improved artificial heart valve performance. Although the measurement of aerodynamic properties through current advance medical imaging devices are feasible, such as magnetic resonance imaging (MRI), computed tomography (CT) scans, and echocardiography (Mittal et al., 2016), it remains to be a complicated process for determining the local influence of fluid mechanical factors such as viscous stress on the blood constituents (Yokoi et al., 2005). Furthermore, experimental work in this focus area is expensive and limited. Alternatively, using mathematical equations through a numerical method and simulation should be adopted.

Being able to look into the heart through mathematical equations would be a fantastic achievement. The visualisation of the blood flow behaviours in the heart, for example through the heart valve has become an interest in the computational fluid dynamics (CFD) community for the last few decades due to the increasing use of supercomputer nowadays.

CFD simulations can provide valuable information to the medical device manufacturers and surgeons in making critical decisions in the treatment of heart valve repair or replacements. The visualisation will enable them to access the level of disease (such as blood clotting) in great detail. Whether either CFD information will allow access to the level of disease in great detail or not, it will continue to be the subject of intense debate in literature (Yun et al., 2014a; Jahandardoost et al., 2016).

Nevertheless, CFD modelling is widely used to unravel many engineering problems, for example, in the design and manufacturing of aircrafts (Ahmad et al., 2005; Firdaus et al., 2016; Ismail and Roe, 2009; Aftab et al., 2016), marine technology (Carrica et al., 2013; Zakaria et al., 2013), electronic cooling (Abdullah et al., 2009), and recently in the biomedical field (Riazuddin et al., 2010; Zakaria et al., 2016; Basri et al., 2016). Many of these engineering problems involve complex geometries that do not fit exactly in Cartesian co-ordinates (Versteeg and Malalasekera, 2007). When the flow boundary does not coincide with the co-ordinate lines of a cartesian grid, one could proceed by non-Cartesian grid coordinate systems (i.e. cylindrical, axisymmetric three-dimensional or spherical co-ordinates). For the worst cases, randomized, skewed and distorted grid may be used.

Grid generation represents a critical step in modelling complex geometry and is usually performed using unstructured meshing algorithms conforming to the surface geometry which leads to poor mesh generation. The poor mesh in turn will influence the accuracy, stability and convergence of the numerical solution. Although hexahedral Cartesian meshes are known to provide a higher accuracy and reduce the computational costs, their application in computational cardiovascular studies is challenging due to the complex and branching topology of vascular territories. Due to this restraint, the use of accurate CFD simulations in the medical field is still sparse in literature, and its numerical development continues to be of major interest in research.

There are two main types of grid meshes for complex geometry: boundary fitted (BF) methods and non-boundary-fitted (NBF) methods. BF volume mesh is created around the imported geometry. The BF method will usually generate a poor unstructured tetrahedral mesh quality. Poor quality surface and volume meshes can result in difficulties with the solution of the flow problem, ranging from inaccurate solutions to non-convergence of the solution process. Therefore, to generate a high-quality mesh, significant user effort is usually required to perform the meshing procedure at the boundary when the boundary-fitted (BF) grid method is used. This task is an additional burden and is tedious. With the NBF method, the underlying grid does not coincide with the geometry of the surface being treated, thus efficiently generating the Cartesian hexahedral mesh.

The earlier study of fluid flow using the NBF method in the biomedical field was done by Peskin (1977), where the so-called immersed boundary (IB) method was introduced to simulate the fluid flow problem in a heart valve. Later, further improvements to the method were developed such as the fictitious domain method (Glowinski et al., 1999; Yu et al., 2013), cut cell method (Meinke et al., 2013; Qin and Krivodonova, 2013), and

ghost fluid method (Fedkiw et al., 1999; Liu, 2014), just to name a few. These methods use local forcing function to identify a solid object, which comes with several issues such as unaligned between boundary and grid, blur interface, and stiffness of the governing equations. Another method is volume of fluid (VOF) (Hirt and Nichols, 1981; Takagi et al., 2012) mostly used to solve multiphase fluid flow problem. In VOF method, colour function  $\alpha$  is used to distinguish between fluid and solid, where  $\alpha=1$  is solid, and  $\alpha=0$  is fluid. The implementation VOF method for fluid-solid geometry is sparse but rarely can be found in literature such as in (Ravoux et al., 2003; Ng, 2009). A schematic view comparison between the traditional BF, common NBF and VOF methods representation grid is shown in Figure 1.3.

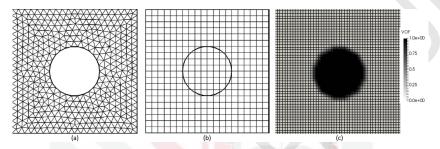


Figure 1.3: Schematic view comparison of grid structure between (a) BF, (b) NBF and (c) VOF methods

In this work, a robust procedure of new NBF method combining with VOF method without the local forcing function was proposed. The methodology adopted in this work is designed so that it could be suitably implemented in an open source code, OpenFOAM, and could be used to solve fluid flow problems in the biomedical field faced by scientists and researchers. Such a numerical study may not require substantial changes to existing CFD codes, particularly those codes done in-house by specific researchers. Furthermore, medical imaging techniques provide the multi-component geometry as voxel data for each patient, which would share the same ground as the Cartesian grid VOF colour function. As far as the authors know, present work is the first to implement an NBF grid technique through a simple extension of the VOF interface capturing scheme, particularly for MHV flow in blood clotting estimation.

#### 1.3 Problem Statement

The MHV is prone to blood clotting. A blood clot can be estimated from the accumulation of the shear stress and residence time of the platelet. For the Newtonian fluid, the shear stress was proportional to the velocity gradient. The velocity gradient can yield the complex flow such as vorticity, stagnation flow, and separation. To be able to capture this rich dynamic complex flow structure in pulsation and highly turbulent flow, high order accurate numerical methods are needed to discretising and solving the governing equations numerically.

The numerical accuracy and stability are mainly influenced by the mesh quality. For a simple 2D test case on uniform Cartesian grids, a second-order method should remain close to the second-order accuracy. However, when the grids are uniformly distorted (skewed), a second-order finite volume method (FVM) can drop to less than the second-order (Ismail et al., 2010; Chizari and Ismail, 2015). Furthermore, in randomised grids, a second-order FVM can behave very erratically (negative order of accuracy) (Chizari and Ismail, 2016). The meshing for complex geometry using conventional BF method is always either unstructured, high aspect ratio, high skewness, or non-orthogonal. These characteristics affect the accuracy and stability of the numerical method. To ensure uniform Cartesian grid used for the whole computational domain regardless the complexity of the geometry, non-boundary-fitted (NBF) grid method is a perfect candidate.

However, previous NBF grid method faced several issues. Firstly, the grid point did not necessarily coincide with the boundary node (Fadlun et al., 2000); making interpolating the velocity is necessary. Secondly, the resolution at the interface is smeared in a few grid cells, thus required very fine mesh at the interface. Finally, the forcing function in previous NBF method required a user-defined parameter. This parameter must be chosen in as such a way that to balance between producing solid nature of embedded domain and to avoid numerical oscillation, at a reasonable computational cost. Too large forcing function parameter will increase the stiffness of the governing equations and, therefore, affect convergence properties (Engels et al., 2015).

Therefore, this study intends to fill the gap of knowledge to develop a new NBF method for a pseudo-rigid-body, using the idea of mixture properties of viscosity  $\mu$  and colour function  $\alpha$  of the volume of fluid (VOF). As no additional forcing function is needed, the new method hypothesises that the global user defines parameters that do not affect the overall accuracy, convergence and total computational cost. The newly developed method will be demonstrated for the first time with real MHV flow implant in the aorta to see the potential of blood clotting. It is hypothesised that the developed method is feasible for modelling the blood flow in through MHV in the aorta.

# 1.4 Research Objectives

The ultimate goal of this research is to develop a new fluid flow numerical method using NBF grid method on the Cartesian grid for the flow on a complex stationary domain. The method must be able to integrate medical images and accurately simulate the flow field through the heart valves, showing the non-physiological flow patterns, responsible for blood clotting. To achieve this objective, the focus of the thesis will be on the following specific aims:

1. To identify issues and current reseach direction on numerical method, and aerody-

namics characteristics on blood clot potential for MHV simulation.

- 2. To develop a new Cartesian NBF grid method for complex geometry namely, non-boundary-fitted/volume of fluid (NBF-VOF) Cartesian grid method.
- To validate a new develop NBF-VOF Cartesian grid method with conventional BF method, previous NBF method, and previous experimental result using a series of benchmark tests.
- 4. To verify the develop NBF-VOF Cartesian grid method in simulating blood flow through the MHV located in an axisymmetric and anatomic aorta to access the flow pattern and location of blood clot potential.

# 1.5 Scopes of the Studies

The present study was bounded by the following scopes,

- 1. This study involved numerical works, where a new mathematical method was introduced and integrated with Opensource OpenFOAM CFD platform via editable C++ code. Nevertheless, to validate the solver, comparison with available numerical and experimental data was made. For MHV, existing experimental work in literature was used for validation purposes.
- 2. The turbulent model available in the literature varied, ranging from RANS, LES and DNS. In this study, only one model was used, which was the LES turbulent model, since a previous study (Nguyen et al., 2012) reported it could handle rich dynamic flow field in MHV. Furthermore, LES is more superior than common RANS model because it can solve instantaneous details of flow field, which is required in blood clot formation simulation (Anupindi et al., 2013; Yun et al., 2014b). Therefore, investigating or implementation of any other turbulent model is currently beyond the scope of the study.
- 3. Among the variety of MHV available in the market for clinical practice, present study used the St Jude Mechanical (SJM) heart valve model as the computational model. This type has good hemodynamic flow and covers over 80% implanted into the patient (Mirkhani et al., 2016). It has plenty of numerical and experimental data solution. Furthermore, many researchers use them as a model for CFD code validation purpose (i.e. (Yun et al., 2014b; Jahandardoost et al., 2016)).
- 4. The leaflet was treat stationary which is sufficient to access the blood clot potential. Therefore, present study developed a method that was suitable for fixed boundaries only, and the fixed valve's leaflet was chosen instead.
- 5. The blood properties were assumed to be Newtonian since the size of the heart and surrounding blood vessels was larger by at least three orders of magnitude than

the typical blood cell (the typical size of blood cells is of the order of  $10~\mu m$ ). Therefore, when considering flow phenomena associated with heart valves, it is treated blood, for the most part, as a continuum medium that was incompressible and Newtonian (Sotiropoulos et al., 2016). Therefore discussion up to molecular level is also beyond the scope of the study.

#### 1.6 Thesis Outline

This thesis is divided into five chapters including an introductory chapter (Chapter 1). Followed by Chapter 2, where present study provided the comprehensive literature review concerning numerical methodologies for the solution of the BF and NBF method, method for estimating blood clotting, experimental cases suitable for the heart valve validation, and some parametric study that contribute to blood clotting.

Furthermore, Chapter 3 is the primary framework of this thesis where the gap was illustrated. The mathematical formulation and solution strategy for the modified NBF method, namely NBF- VOF grid method is shown. This chapter also show the bridging between previous old method to present new method. Two treatments were made: 1) impose high viscous solid and 2) modification of the linear system of Navier-Stokes equations. In Chapter 3, a comprehensive validation and verification was also done. The validation data was taken from analytical solution, established existing numerical and experimental data. Furthermore, the new method also validated using conventional BF method with real aorta vessel as test geometry.

Moreover, Chapter 4 discusses the application or practical contribution of current NBF-VOF method in a real complex geometry of medical image data. Although the validation of the solver is extensively done in Chapter 3, present study continue to provide the model validation using asymmetric aorta case, where an experimental and numerical solution exists. Present study also compared the flow field between the axisymmetric and anatomic aorta and accessed the potential of blood clot potential.

Finally, the conclusion of the entire finding is done in Chapter 5 together with a recommendation for future work. It is also worth to mention that some content of this thesis has been published in journal articles and the list of publication is presented in the appropriate section.

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