



UNIVERSITI PUTRA MALAYSIA

***OCCURRENCE OF ANTIBIOTIC RESISTANT PATHOGENIC *Escherichia coli*
IN CATTLE, FARM ENVIRONMENT, MILK AND BEEF***

MIAN KHAQAN SHAH

FPV 2017 4



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IN CATTLE, FARM ENVIRONMENT, MILK AND BEEF**

By

MIAN KHAQAN SHAH

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in
Fulfillment of the Requirements for the Degree of Master of Science**

January 2017

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DEDICATION

This thesis is especially dedicated to:

My beloved parents,
MIAN USMAN SHAH (Late)
and
RIFFAT BIBI

My beloved siblings,
MARIA USMAN
SUMAYYA USMAN
MIAN HAROON SHAH

My grandmother and aunt
RAHAT BIBI (Late)
BUSHRA NOSHEEN

And my precious friend
COL LIN LEE

Who always pray, trust, support and encourage me to do the best



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UPM

Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfillment of the requirements for the degree of Master of Science

OCCURRENCE OF ANTIBIOTIC RESISTANT PATHOGENIC *Escherichia coli* IN CATTLE, FARM ENVIRONMENT, MILK AND BEEF

By

MIAN KHAQAN SHAH

January 2017

Chairman: Professor Saleha Abdul Aziz, PhD
Faculty : Veterinary Medicine

Antibiotic usage is one of the key factor which has been widely reported to cause the emergence and spread of antibiotic resistant microorganisms in both humans and animals. Animals may be affected with antibiotic resistant pathogenic *E. coli* being resistant to one or more antibiotics. The increase in multidrug drug resistance (MDR) among bacterial pathogens is a global threat for both human and animal health. Due to the limited data on the occurrence of multidrug resistant pathogenic *E. coli* in cattle, farm environment, milk and beef in Malaysia, the current study was carried out. The specific objectives were to determine the occurrence of pathogenic *E. coli* in cattle, farm environment, milk and beef retailed in the markets and to determine the antibiotic resistance and MDR profiles of the isolates.

A total of 222 samples were collected from eight farms and 60 beef samples from seven markets. In each farm, 12 faecal samples and 12 environmental samples were collected which included three samples each of feed, water from drinking buckets, swabs of the floor of stall and pooled samples of house flies which consisted, 5-7 flies per pooled sample. Thirty milk samples were collected from five dairy farms which consisted six milk samples in each farm. Beef samples were randomly chosen from retail stalls in each market. The number of beef samples collected in each visit to the markets varied from 6 to 18 per market, depending on the number of beef retailers in that market. *Escherichia coli* were isolated using conventional isolation methods. Immunomagnetic separation (IMS) technique was used to obtain higher concentration of *E. coli* O157 and then cultured on Sorbitol MacConkey agar supplemented with Cefexime Tellurite and on Chromagar O157. The suspected colonies were subjected to biochemical tests to identify *E. coli*.

A total of 55.2% (53/96) faecal samples and 43.7% (42/96) farm environmental samples were positive for *E. coli*. Among the environmental samples, *E. coli* were isolated from 37.5% (9/24) of feed, 62.5% (15/24) of floor of stalls, 33.3% (8/24) of pooled flies and 41.6% (10/24) of water. *Escherichia coli* were isolated from 33.3% (10/30) milk samples and 10% (6/60) of beef samples. The *E. coli* isolates were then

screened for *E. coli* O157 using Dry Spot Latex agglutination test (Oxoid). A total of 33.3% (20/60) isolates from dairy cattle farms, 40% (18/45) isolates from beef cattle farms and 33.3% (2/6) beef in the markets were presumptively identified as *E. coli* O157. The confirmation of the *E. coli* O157 and pathogenic *E. coli* isolates was done by multiplex PCR (m-PCR) using five sets of primers, which were optimized to detect the presence of pathogenic *E. coli* genes namely *st*, *lt*, *lal*, *rfbO157* and *fliCH7* in one single reaction tube. However, all isolates were found negative for *st* and *lt* (ETEC), *lal* (EIEC), *rfbO157* (*E. coli* O157) genes indicating the absence of pathogenic *E. coli* while four (3.6%) isolates from cattle were positive for *fliCH7* (H7). The findings of this study showed high antibiotic resistance and MDR in *E. coli* isolated from beef cattle, dairy cattle, farm environment, milk and market beef. *Escherichia coli* isolates from cattle and farm environment showed resistance to all 12 antibiotics tested. The antibiotic resistance of *E. coli* isolates from cattle faeces and farm environment was observed to penicillin at 93.7%, erythromycin 61%, gentamicin 2.1% and streptomycin 8.4%, while no resistance was observed to ciprofloxacin, norfloxacin and enrofloxacin. Among *E. coli* isolates from milk, the resistance observed to erythromycin and penicillin was 100%, to ampicillin and tetracycline at 50%, streptomycin, amoxicilline-clavulanic acid and trimethoprim-sulfamethoxazole at 20% while no resistance was observed against ciprofloxacin, gentamicin, cefotaximine, norfloxacin and enrofloxacin. *Escherichia coli* isolates from beef showed resistance to all antibiotics. The resistance against ampicillin, erythromycin, penicillin and amoxicilline-clavulanic acid was 100% while to ciprofloxacin, gentamicin and norfloxacin was 16.7 %. The multidrug resistance among *E. coli* isolates from cattle faeces, farm environment and milk was 44.2 %, 52.5% and 70% respectively. The highest MDR observed was 100% in *E. coli* isolates from beef.

The absence of pathogenic *E. coli* may possibly indicate that dairy and beef cattle in these farms are not reservoirs of ETEC, EIEC, EHEC (*E. coli* O157). However, the risk of other zoonotic strains of pathogenic *E. coli* for humans is a rising concern because they may be present in the food chain. The presence of high MDR *E. coli* species could pose a serious threat towards compromising the treatment in humans, as bacteria are resistant to the drugs of choice and therefore is of an important concern and significant public health risk. Certainly, the prevalence of MDR *E. coli* in cattle farms, milk and market meat should be monitored. The awareness of farmers and meat sector workers towards hygienic measures should be practiced and there should be prudent use of antibiotics to control antibiotic resistance.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia
sebagai memenuhi keperluan untuk ijazah Master Sains

**KEHADIRAN PATOGEN *Escherichia coli* RINTANG ANTIBIOTIK PADA
LEMBU, PERSEKITARAN LADANG, SUSU DAN LEMBU**

Oleh

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Penggunaan antibiotik adalah salah satu faktor utama yang telah banyak dilaporkan menyebabkan kemunculan dan merebak mikroorganisma rintang antibiotik pada manusia dan haiwan. Haiwan mungkin terjejas oleh patogen *E. coli* rintang antibiotik yang rintang terhadap satu atau lebih antibiotik. Peningkatan kerintangan pelbagai drug (MDR) antara bakteria patogen merupakan ancaman global terhadap kesihatan manusia dan haiwan. Oleh kerana terdapat data yang terhad berkaitan kejadian *E. coli* patogen yang rintang pelbagai drug pada lembu, persekitaran ladang, susu dan daging lembu di Malaysia, kajian tersebut dijalankan. Objektif khusus adalah untuk menentukan kehadiran *E. coli* patogen pada lembu, persekitaran ladang, susu dan daging lembu yang dijual di pasar dan untuk menentukan rintangan antibiotik dan profil MDR bakteria yang diasingkan.

Sebanyak 222 sampel telah dikumpul daripada lapan ladang dan 60 sampel daging lembu daripada tujuh gerai jualan daging lembu di pasar. Dalam setiap ladang, 12 sampel najis dan 12 sampel persekitaran telah dikumpul yang terdiri daripada tiga sampel setiap satu bagi makanan, air dalam baldi minuman, swab lantai kandang dan kumpulan lalat rumah yang terdiri daripada lima-tujuh lalat dalam setiap sekumpulan sampel. Tiga puluh sampel susu dikumpulkan daripada lima ladang tenusu yang terdiri enam sampel susu di setiap ladang. Sampel daging lembu telah dipilih secara rawak daripada gerai jualan daging lembu di setiap pasar. Bilangan sampel daging lembu yang dikumpul dalam setiap lawatan ke pasar adalah 6 hingga 18 sampel bagi setiap pasar, bergantung kepada bilangan gerai jualan daging lembu di pasar tersebut. *Escherichia coli* telah diasingkan dengan menggunakan kaedah pengasingan konvensional. Teknik pemisahan immunomagnetik (IMS) telah digunakan untuk mendapatkan konsentrasi *E. coli* O157 yang lebih tinggi dan kemudian dikultur pada Sorbitol MacConkey agar yang tambah dengan Cefexime Tellurite dan pada Chromagar O157. Koloni yang disyaki dikenakan ujian biokimia untuk mengenal pasti *E. coli*.

Sebanyak 55.2% (53/96) sampel najis dan 43.7% (42/96) sampel persekitaran ladang adalah positif untuk *E. coli*. Antara sampel persekitaran ladang, *E. coli* telah diasingkan daripada 37.5% (9/24) makanan, 62.5% (15/24) daripada lantai kandang, 33.3% (8/24) daripada kumpulan lalat dan 41.6% (10/24) daripada air. *Escherichia coli* telah diasingkan daripada 33.3% (10/30) sampel susu dan 10% (6/60) sampel daging lembu. Pencilan *E. coli* kemudiannya disaring untuk *E. coli* O157 dengan menggunakan ujian Dry Spot Latex agglutination (Oxoid). Sebanyak 33.3% (20/60) pencilan daripada ladang lembu tenusu, 40% (18/45) pencilan daripada ladang daging lembu dan 33.3% (2/6) daging lembu daripada pasar, kemungkinan dikenalpasti sebagai *E. coli* O157. Pengesahan untuk pencilan *E. coli* O157 dan patogenik *E. coli* dilakukan dengan multipleks PCR (m-PCR) menggunakan lima set primers, yang dioptimumkan untuk mengesan kehadiran gen patogenik *E. coli* iaitu *st*, *lt*, *Ial*, *rfbO157* and *fliCH7* dalam satu tiub reaksi tunggal. Walaubagaimanapun, semua pencilan didapati negatif untuk *st* dan *lt* (ETEC), *Ial* (EIEC), *rfbO157* (*E. coli* O157) menunjukkan kemungkinan tiada *E. coli* patogen dikesan hanya empat (3.6%) pencilan yang diasingkan daripada lembu adalah positif untuk gen *fliCH7* (H7). Kajian ini menunjukkan rintangan antibiotik dan MDR yang tinggi pada *E. coli* yang telah dipencilkan daripada lembu daging, lembu tenusu, persekitaran ladang, susu dan daging lembu di pasar. *Escherichia coli* yang diasingkan daripada lembu dan persekitaran ladang menunjukkan rintangan terhadap semua 12 antibiotik yang diuji. Rintangan antibiotik yang diperhatikan di kalangan pencilan *E. coli* yang diasingkan daripada najis lembu dan persekitaran ladang terhadap *penicillin* adalah 93.7%, *erythromycin* 61.0%, *gentamicin* 2.1% dan *streptomycin* 8.4%, manakala tiada rintangan diperhatikan terhadap *ciprofloxacin*, *norfloxacin* dan *enrofloxacin*. Antara *E. coli* diasingkan daripada susu, rintangan diperhatikan terhadap *erythromycin* dan *penicillin* adalah 100%, terhadap *ampicillin* dan *tetracycline* pada 50.0%, *streptomycin*, *amoxicilline-clavalunic acid* dan *trimethoprim-sulfamethoxazole* pada 20.0% manakala tiada rintangan ditunjukkan terhadap *ciprofloxacin*, *gentamicin*, *cefotaximine*, *norfloxacin* dan *enrofloxacin*. *Escherichia coli* diasingkan daripada daging lembu menunjukkan rintangan terhadap semua antibiotik. Rintangan terhadap *ampicillin*, *erythromycin*, *penicillin* dan *amoxicilline-clavalunic acid* adalah 100% manakala untuk *ciprofloxacin*, *gentamicin* dan *norfloxacin* adalah 16.7%. Rintangan pelbagai drug di kalangan *E. coli* yang diasingkan daripada najis lembu, persekitaran ladang dan susu adalah masing-masing pada 44.2%, 52.5%, dan 70%. MDR tertinggi diperhatikan adalah 100% pada *E. coli* yang diasingkan daripada daging lembu.

Ketiadaan *E. coli* patogen mungkin menunjukkan bahawa tenusu dan daging lembu di ladang-ladang ini adalah bukan reservoir untuk ETEC, EIEC, EHEC (*E. coli* O157). Walau bagaimanapun, risiko strain zoonotik *E. coli* patogen yang lain terhadap manusia adalah satu kebimbangan yang semakin meningkat kerana mereka boleh hadir dalam rantaian makanan. Kehadiran spesies *E. coli* MDR tinggi boleh menimbulkan ancaman serius terhadap rawatan pada manusia, oleh kerana bakteria rintang terhadap ubat pilihan dan oleh itu adalah suatu kebimbangan yang penting dan merupakan risiko kesihatan awam yang bererti. Sudah tentu, prevalen MDR *E. coli* dalam ladang lembu, susu dan daging di pasar perlu dipantau. Kesedaran petani dan pekerja sektor daging ke arah langkah-langkah kebersihan perlu diamalkan dan perlu berhemat dalam penggunaan antibiotik untuk mengawal rintangan antibiotik.

ACKNOWLEDGEMENTS

All praises be to Allah (SWT), the creator, nourisher, cherisher, sustainer and provider of one and all who bestowed the ability in me making my dreams a reality. I would like to express my sincere appreciation and profound gratitude to the Chairman of my supervisory committee Prof. Dr. Saleha Abdul Aziz for her unwavering support, scholarly criticisms throughout the research and the program as a whole. Her thorough scrutiny and suggestions made this reality. I am grateful and indebted to supervisory committee member, AP. Dr. Zunita Binti Zakaria for her valuable suggestions throughout this study. I also thank AP. Dr. Malaika Watanabe, AP. Dr. Siti Khairani-Bejo, Prof. Hussni Omar Mohammed, Dr. Siti Zubaidah Ramanoon, AP. Dr. Goh Yong Meng, AP. Dr. Latiffah Hassan and AP. Dr. Abdul Rahim Mutalib for their valuable assistance during my studies. Special thanks to Prof. Son Radu of Microbiology Lab, Faculty of Food Sciences and Technology, UPM for providing positive control for my research work.

Many thanks to Puan Fauziah Nordin of Veterinary Public Health Lab, Mohd Azri Roslan and Krishnammah Kuppusamy of Bacteriology Lab, Puan Siti Khatijah Muhammad of Virology Lab, Puan Maizatul Akmal Mokhtar of Parasitology Lab and Md Nazim Razali Kanini of Large Animal Unit of the Faculty of Veterinary Medicine for their kind support, assistance and cooperation throughout my laboratory work and sampling.

I am indeed very grateful to my lab mates Dauda Goni, Jalo Ibrahim, Abdur Rasheed, Yousif, Emelia and Abdelrahman for their friendly support and cooperation which I cherish a lot. I am very thankful to my cousins and friends Mian Shahab Shah, Mian Samiullah Jan, Mian Farhan Shah, Saad Zulkifl, Syed Rizwan Shah, Mian Mohd Umer, Mohd Hayat Khan, Sumaira Farid, Shahfaisal Mian, Yasir Gohar, Adnan Umer, Shahzeb, Inayat Ullah Zeb, Ibrar Zeb, Col Lin Lee, Liew Pit Sze, Lim Jin Nee, Faiz Fawzi Jalil, Shoaib Khan, Danish Ali, Chang Wei San, Loo Yuet Ying, Hameed Ullah, Nabeel Khattak, Omar Ijaz, Haseeb Fazal, Shakeeb Fazal, Munir Khan, Saad Akbar, Sufiyan Mohammad, Hamadh Imam, Dr. Konto, Sani Yahaya, Asinamai Bitrus, Maqsood Kasi, Wasay Khan, Anwar Khan, Ali Asif Raza, Aamir Hussain and many others whom space would not permit me to mention.

My special gratitude and thanks go to my uncles Mian Qasim Shah, Mian Bukhari Shah, Faridullah Shah Mian, Mian Mohd Asif, Mian Mohd Wisal, Mian Sakhawat Shah and Mian Mohd Nasir for their well wishes, prayers and support.

I certify that a Thesis Examination Committee has met on 13 January 2017 to conduct the final examination of Mian Khaqan Shah on his thesis entitled "Occurrence of Antibiotic Resistant Pathogenic *Escherichia coli* in Cattle, Farm Environment, Milk and Beef" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Master of Science.

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LIST OF ABBREVIATIONS

<i>E. coli</i>	<i>Escherichia coli</i>
ExPEC	extraintestinal <i>E. coli</i>
ETEC	enterotoxigenic <i>E. coli</i>
EHEC	enterohaemorrhagic <i>E. coli</i>
EPEC	enteropathogenic <i>E. coli</i>
EIEC	enteroinvasive <i>E. coli</i>
EAEC	enteroaggregative <i>E. coli</i>
DAEC	diffusely adherent <i>E. coli</i>
AIEC	adherent invasive <i>E. coli</i>
STEC	Shiga-toxin
VTEC	Vero toxin producing
HUS	hemolytic uremic syndrome
PCR	polymerase chain reaction
UTI	urinary tract infection
Bfp	Bundle-forming pili
LEE	Locus for enterocyte effacement
CFA	colonization factor antigen
AAF	aggregative adherence fimbria
Daa	diffuse adhesion
AIDA	adhesion involved in diffuse adherence
Ipa	Invasion plasmid antigen
LA	localized adherence
AA	aggregative adherence
ST/ <i>st</i>	heat stable
LT/ <i>lt</i>	heat labile
H ₂ O	Water
Na ⁺	Sodium
Cl	Chloride
CT	cholera enterotoxin
CFs	colonization factors
IECs	intestinal epithelial cells
BFP/ <i>bfp</i>	bundle forming pulse
AE/ <i>eae</i>	attaching and effacing
ESP	<i>E. coli</i> secreted proteins
HC	hemorrhagic colitis
<i>Stx-1</i>	shiga toxin 1
<i>Stx-2</i>	shiga toxin 2
VT1	Vero toxins 1
VT2	Vero toxins 2
HEp-2	HeLa cells
DAF	decay accelerating factor
CD	Crohn's disease
IBD	inflammatory bowel disease
CAECAM6	carcino-embryonic antigen-related cell adhesion molecule 6
OMVs	outer membrane vesicles
OmpA	outer membrane protein A
ER	endoplasmic reticulum
EMB	Eosin Methylene Blue
CT	Cefixime and Tellurite

SMAC	Sorbitol MacConkey
VP	Voges-proskauer
TSI	Triple sugar iron
SIM	Sulfide Indole Motality
H ₂ S	Hydrogen Sulfide
IMS	Immunomagnetic separation
DNA	Deoxyribonucleic acid
PFGE	pulsed-field gel electrophoresis
m-PCR	multiplex polymerase chain reaction
GEMS	Global Enteric Multicenter Study
ECDC	European Centre for Disease Prevention and Control
CDC	Centre for Disease Control and Prevention
USA	United States of America
WHO	World Health Organization
S	susceptible
R	Resistant
I	Intermediate
EU	European Union
UPM	University Putra Malaysia
BPW	Buffered Peptone Water
TSB	Trypton Soy Broth
ml	milliliter
µm	micrometer
°C	degree centigrade
PBS	Phosphate buffer saline
µl	microliter
min	minute
mins	minutes
TBE	Tris-Borate-EDTA
UV	Ultra violet
bp	base pair
<i>P</i>	probability
SPSS	Statistical Package for the Social Sciences
M	marker
L	Ladder
MDR	multidrug resistance
CLSI	Clinical and Laboratory Standards Institute
BSAC	British Society for Antimicrobial Chemotherapy
Amp	ampicillin
Te	tetracycline
E	erythromycin
Cn	gentamicin
Ctx	cefotaxime
Nor	norfloxacin
Enr	enrofloxacin
Amc	amoxicillin-clavalunic acid
Sxt	trimetophrim-sulfamethoxazole
NaCl	Sodium chloride
ATCC	American Type Culture Collection

CHAPTER 1

INTRODUCTION

Foodborne illness is an unavoidable public health concern worldwide. Consumption of contaminated food may lead to foodborne illness in humans (Jianghong and Carl, 2007). Most pathogens cause infection while a number produce toxins inside the host after ingestion which may lead to mild to severe diarrhea and even death in severe infection. The occurrence of death is mostly due to septicemia and/or hypovolemic shock in which there is an excessive loss of body fluids due to diarrhea and vomiting. Over 250 bacterial species are reported to cause foodborne illnesses among which *Escherichia coli* (*E. coli*) is considered to be causing most of these illnesses (Carlos *et al.*, 2003). *Escherichia coli* is divided into two types, pathogenic *E. coli* and non-pathogenic *E. coli*. The non-pathogenic strains of *E. coli* described as commensal *E. coli* are present in the normal microflora of intestine which are harmless, hinders the growth of harmful bacteria and produces vitamins (Nataro and Kaper, 1998; Beauchamp and Sofos, 2010). The pathogenic *E. coli* strains can be further classified into intestinal diarrheagenic *E. coli* which causes diarrhea and extraintestinal *E. coli* (ExPEC) which causes wide range of illnesses in humans such as the neonatal meningitis, chronic urinary tract infections, septicemia and hemolytic uremic syndrome (Nataro and Kaper, 1998; Chomvarin *et al.*, 2005; Beauchamp and Sofos, 2010; Croxen and Finlay, 2010).

Intestinal diarrheagenic *E. coli* strains are known to be the major contributor of diarrheal diseases worldwide, leading to mortality among children especially under the age of 5 years (Croxen *et al.*, 2013). Based on the mechanism of the disease and presence of virulence factors, at least seven classes of diarrheagenic *E. coli* are identified, namely, enterotoxigenic *E. coli* (ETEC), enterohaemorrhagic *E. coli* (EHEC), enteropathogenic *E. coli* (EPEC), enteroinvasive *E. coli* (EIEC) include *Shigella*, enteroaggregative *E. coli* (EAEC), diffusely adherent *E. coli* (DAEC) (Beauchamp and Sofos, 2010; Jafari *et al.*, 2012; Allocati *et al.*, 2013;) and the recently emerged, adherent invasive *E. coli* (AIEC) (Allocati *et al.*, 2013; Martinez-Medina and Garcia-Gil, 2014).

Of all diarrheagenic *E. coli* identified, Shiga-toxin or Vero toxin producing (STEC/VTEC) EHEC is the most important pathotype in human diseases (Wani *et al.*, 2003). There are many serotypes in STEC and among them, the EHEC serotype O157:H7 is found to be highly virulent, responsible for causing outbreaks of bloody diarrhea and hemolytic uremic syndrome (HUS) around the globe. Ruminants are recognized as natural reservoir hosts for *E. coli* O157:H7 (Nataro and Kaper, 1998). No treatment has yet been found for the infections caused by EHEC (Goldwater and Bettelheim, 2012). The non-availability of treatment of EHEC imparts more attention towards the study of epidemiology, pathology and control measures in case of outbreak.

Pathogenic *E. coli* can be found in contaminated environment (water and soil) because they are being shed in the faeces of infected animals and humans. Contamination of animal products may be due to inappropriate practices during slaughtering and dressing process, especially from intestinal contents and faeces during evisceration (Bhunja, 2007).

It is of utmost public health importance to differentiate between the pathogenic and nonpathogenic *E. coli*. The techniques and selective media can be rather expensive. Special selective media are used with the addition of antibiotics for good growth of pathogenic strains of *E. coli*. Immunomagnetic separation is one of the important techniques used in clinical isolation of *E. coli*. The technique increase the sensitivity of detection of pathogenic *E. coli* using special magnetic beads coated with the specific antigen for specific pathogens which produce beadbacteria complex by binding with the target bacteria (Weagant and Bound, 2001; Wright *et al.*, 1994). Some other media are also used to produce abundant growth of the pathogenic *E. coli* such as Sorbitol MacConkey agar with Cefixime Tollurite and Chromagar O157 (Khanjar and Alwan, 2014). For characterization of different strains of *E. coli*, polymerase chain reaction (PCR) method is used and is based on amplification of specific virulent genes (Nataro & Kaper, 1998). Watterworth *et al.*, (2005) designed a multiplex PCR assay by using six sets of primers to identify four different types of pathogenic *E. coli*. Chang *et al.*, (2013) designed a duplex PCR assay by using two sets of primers for the detection of *E. coli* O157:H7.

Bacterial enteric pathogens showed resistance to antimicrobial drugs that are used in food producing animals as well as humans and is an unavoidable consequence in both developed and developing countries (Bogaard and Stobberingh, 2000; Threlfall *et al.*, 2000). The pathogens which are resistant to antibiotics are being spread in the environment through contaminated faeces from infected animals (Fofana *et al.*, 2006; Diarrassouba *et al.*, 2007; Pallecchi *et al.*, 2007; Ahmed *et al.*, 2010). The antibiotic resistant genes carried by antibiotic resistant bacteria decrease the therapeutic effects of antibiotics which leads to increase in morbidity and mortality among animals and humans and may lead to outbreaks (Da Costa *et al.*, 2009).

In United States, a study by Aarestrup *et al.*, (1999) showed 20% of pathogenic *E. coli* isolates showed resistance to more than one antibiotic. Later on, Lee (2009) reported 70% of strains were resistant to more than one antibiotic. The study revealed the most predominant resistance was to ampicillin (88%) and streptomycin (81%) which are the most widely used antibiotics in human medicine. In Spain, a study by Mora *et al.*, (2005), reported most of the isolates of STEC serotype O157 from humans, sheep, cattle and food showed antibiotic resistance to more than one antibiotic especially to tetracycline and ampicillin.

In Malaysia, not many studies were reported on the occurrence of pathogenic *E. coli* in beef and milk, however very limited studies on pathogenic *E. coli* in cattle and farm environment and their antibiotic resistance patterns. The occurrence of pathogenic *E. coli* and their antibiotic resistance patterns were reported among many workers to vary because of many factors such as management and environmental differences.

Therefore, it is of great importance to determine the occurrence of pathogenic *E. coli* in cattle farms through the detection of virulent genes and the antibiotic resistance patterns of the isolates.

The hypothesis of this study was: There is a low prevalence of pathogenic *E. coli* in cattle, farms environment, milk and beef and the occurrence of multiple drug resistance (resistant to three or more classes of antibiotics) in *E. coli* isolates is low.

Therefore the objectives for the current study were:

1. to determine the occurrence of pathogenic *E. coli* in cattle, farm environment, milk and beef.
2. to detect the virulent genes of pathogenic *E. coli* isolates using multiplex polymerase chain reaction.
3. to determine the antibiotic resistance patterns of the pathogenic *E. coli* isolates.

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