

## **UNIVERSITI PUTRA MALAYSIA**

RELATIONSHIP BETWEEN NOISE EXPOSURE LEVELS, NOISEINDUCED HEARING LOSS AND NEUROBEHAVIORAL PERFORMANCE AMONG STEEL MILL MALE WORKERS

# PRIYA RATHANAK A/P EH LAI

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By

PRIYA RATHANAK A/P EH LAI

Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in Fulfilment of the Requirements for the Degree of Master of Science

May 2017

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Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Master of Science

## RELATIONSHIP BETWEEN NOISE EXPOSURE LEVELS, NOISE-INDUCED HEARING LOSS AND NEUROBEHAVIORAL PERFORMANCE AMONG STEEL MILL MALE WORKERS

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## PRIYA RATHANAK A/P EH LAI

May 2017

#### Chair : Assoc. Prof. Shamsul Bahri Mohd Tamrin, PhD

#### Faculty: Medicine and Health Sciences

Noise at workplace not only can cause hearing problems but also affect the performance of workers. Noise especially within the confine of steel manufacturing cannot be avoided since the operation revolving around machineries, devices and process which emitted high level of noise reaching up to 115dB(A). Approximately half of the steel mill workforce in Malaysia were reported to endure noise induced hearing loss. Therefore, the purpose of this study is to determine the effect of noise exposure towards deterioration of hearing threshold and the effect on neurobehavioral performance among male workers in steel manufacturing industries. This comparative cross-sectional study which involved 295 male steel manufacturing workers was conducted in one of the renowned steel making industries in Kemaman, Malaysia. Data collection is comprises of Questionnaires Survey, Audiometric Test, Personal Exposure Monitoring and Neurobehavioural Core Test Battery Noise (NCTB). The noise exposure of workers were gauge through personal noise dosimeter and the prevalence of noise-induced hearing loss (NIHL) among the workers were identified through audiometric test. Subsequently noise-induced hearing loss influence on neurobehavioural performance (cognition attributes) was further investigate by utilizing a set of seven tests consist in the Neurobehavioural Core Test Battery (NCTB). The study, resulted in 109 respondents were identified as non-NIHL respondents and 186 respondents endured NIHL. There is a difference of hearing threshold level between non-NIHL and NIHL respondents. Hearing threshold of the NIHL respondents portrayed that hearing loss with median value of 25dB(A) occur at the higher fence of frequency which is 4000Hz and 6000Hz for both of the ears. There are also difference of neurobehavioural performance between non-NIHL and NIHL respondents for overall score of NCTB (p<0.001). Furthermore, within sets of seven NCTB, only Digit Span (p<0.001), Digit Symbol (p<0.001) and Pursuit

Aiming (p=0.008) indicates significant difference between non-NIHL and NIHL respondents where neurobehavioral performance among the NIHL respondents are lower as compared to those non - NIHL. However, the result from the study shows that there are no significant difference between personal noise dosage exposure level between non-NIHL and NIHL respondents (z=-0.366. p=0.715). The study also demonstrates there are no significant difference between personal noise exposure level (Noise Dose) and neurobehavioural performance (Overall NTB Score) among non-NIHL (r=-0.061, p=0.513) and NIHL respondents (r=-0.012, p=0.870). Finally, the study suggested that risk factor to be considered in prediction model for Neurobehavioral Performance Score is category of NIHL cases for Digit Symbol, Digit Span and Overall NCTB Score. Whereas for Pursuit Aiming, the risk factor that played important roles is the age of the respondents. The findings in this study concluded that, noise may cause some impairment in the nervous system function towards worker in metallurgical industry. On top of auditory effect of the noise on the hearing ability, non-auditory effect which is the neurobehavioural performance is also deteriorate amongst workers. Therefore, besides deterioration of hearing threshold level, changes of neurobehavioural performance could be regarded as the early exposure manifestation of the occupational noise effect among steel mill workers.

Keywords: noise induced hearing loss, neurobehavioral performance, steel mill

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ljazah Master Sains

## HUBUNGKAIT ANTARA TAHAP PENDEDAHAN BUNYI, KEHILANGAN PENDENGARAN AKIBAT BUNYI BISING DAN PRESTASI NEUROTINGKAHLAKU DI KALANGAN PEKERJA LELAKI KILANG BESI

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Bunyi bising di tempat kerja bukan sahaja menyebabkan kehilangan Kebisingan pendengaran malah boleh menjejaskan prestasi pekerja. terutamanya di dalam sektor pembuatan besi tidak dapat dielakkan operasi pembuatan besi melibatkan jentera, peralatan dan memandangkan proses yang mencetuskan tahap bunyi bising menjangkau 115dB(A). Lebih kurang separuh daripada tenaga kerja di dalam kilang pembuatan besi dilaporkan mengalami masalah kehilangan pendengaran akibat bunyi bising.mDengan itu, tujuan kajian ini adalah untuk menentukan kesan pendedahan bunyi bising terhadap kemerosotan ambang pendengaran dan seterusnya kesan terhadap prestasi neurotingkahlaku di kalangan pekerja lelaki di industri pembuatan besi. Kajian keratan rentas perbandingan ini melibatkan 295 pekerja lelaki di salah sebuah kilang pembuatan besi yang terkemuka di Kemaman, Terengganu.Proses pengumpulan data terdiri daripada kaji soal selidik, pengujian audiometri, pemantauan bunyi bising individu dan ujian teras bateri neurotingkahlaku. Pendedahan bunyi bising pekerja diukur menggunakan alat dosimeter peribadi dan kelaziman kehilangan pendengaran akibat bunyi bising dikalangan pekerja dikenalpasti melalui ujian audiometrik. Seterusnya, pengaruh kehilangan pendengaran akibat bunyi bising terhadap prestasi neurotingkahlaku (sifat –sifat kognitif) dikaji dengan menggunapakai tujuh set ujian yang terkandung dalam Ujian Teras Bateri Neurotingkahlaku (NCTB). Keputusan kajian menunjukkan 109 orang responden telah dikenalpasti sebagai bukan mengalami masalah kehilangan keupayaan mendengar akibat bunyi bising (non-NIHL) dan selebihnya 186 responden mengalami kehilangan keupayaan mendengar akibat bunyi bising (NIHL). Selain itu, terdapat perbezaan dalam ambang pendengaran di antara non-NIHL dan NIHL responden, dimana kekurangan pendengaran dengan nilai median 25kHz wujud di ambang pendengaran yang berfrekuensi tinggi iaitu 4000Hz dan 6000Hz bagi

kedua- dua belah telinga. Terdapat juga perbezaan yang ketara terhadap prestasi neurotingkahlaku di antara *non-NIHL* dan NIHL responden bagi skor keseluruhan *NCTB* (p<0.001). Tambahan pula, antara tujuh set ujian yang terkandung di dalam NCTB, hanya tiga ujian iaitu; Ujian Jarak Digit (p<0.001), Ujian Simbol Digit (p<0.001) dan Ujian Sasaran Mengejar (p=0.008) yang menunjukkan perbezaan yang signifikan di kalangan non-NIHL dan NIHL responden dimana prestasi neurotingkahlaku dikalangan non-NIHL responden adalah rendah berbanding kepada NIHL responden.

Namun, keputusan dari kajian menunjukkan tiada perbezaan dos bunyi dari pemantauan bunyi bising individu di antara responden (z=-0.366, p=0.715). Kajian ini juga mendapati tidak terdapat perbezaan yang nyata di antara tahap pendedahan bunyi bising (dos bunyi) dan prestasi neurotingkahlaku di kalangan non-NIHL (r=-0.061, p=0.513) dan NIHL responden (r=-0.012, p=0.870). Akhir sekali, hasil kajian juga mencadangkan faktor risiko yang diambil kira dalam model ramalan bagi Skor Prestasi Neurotingkahlaku adalah kategori kes kehilangan pendengaran (NIHL) untuk Ujian Jarak Digit, Ujian Digit Simbol dan Skor Keseluruhan Prestasi Neurotingkahlaku. Manakala bagi Ujian Sasaran Mengejar, faktor risiko yang memainkan peranan yang penting adalah umur responden. Hasil penemuan daripada kajian ini, menyimpulkan bahawa bunyi bising boleh menyebabkan kelemahan dalam fungsi sistem saraf para pekerja di industri pembuatan besi. Di samping kesan audiotori bunyi bising terhadap kebolehan pendengaran, kesan bukan auditori jaitu prestasi neurotingkahlaku juga merosot dikalangan pekerja. Oleh itu, di samping kemerosotan tahap ambang pendengaran, perubahan dari segi prestasi neurotingkahlaku dapat dianggap sebagai manifestasi pendedahan awal terhadap kesan bunyi bising pekerjaan.

Kata kunci: kehilangan pendengaran, prestasi neurotingkahlaku, kilang besi

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I certify that a Thesis Examination Committee has met on 24 May 2017 to conduct the final examination of Priya Rathanak a/p Eh Lai on her thesis entitled "Relationship between Noise Exposure Levels, Noise-Induced Hearing Loss and Neurobehavioral Performance among Steel Mill Male Workers" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Master of Science.

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## LIST OF ABBREVIATIONS

DOSH dB E & I HPD HR Hz IQR Lavg NCTB NIHL NIOSH OR PEL PERKE PTS SD SHO SLM SLR SME SPL SRT TTS TWA USEPA WAIS WHO	Permanent Threshold Shift Standard Deviation Safety and Health Officer Sound Level Meter Simple Linear Regression Small and Medium Industries Sound Pressure Level Simple Reaction Time Temporary Threshold Shift Time Weighted Average
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## CHAPTER 1

#### INTRODUCTION

## 1.1 Background

Undesired, unpleasant and loud are all the ways that the Oxford English dictionary describes noise. When it comes to workplace, noise can be damaging for workers and lead to devastating consequences. The noise within the workplace not only cause hearing problems, but can also affect performance at work, including not being able to read effectively, attentiveness disrupted problem solving and memory. Who would have thought that a noise can hinders worker from remembering simple work task thus become unproductive. Noise can also be the cause of accidents due to reduced signal recognition, limited auditory localisation and speech communication, misunderstanding oral instructions and masking the sounds of approaching danger or warning (Carter, 2014).

Asia is the most populated continent and its population is estimated at four billion people. This represent 60% of the world's current human population. In China alone from 1979 to 1991, the number of industrial enterprises increased by factor of 12 and the number of employees has multiplied by 2.4 times (Carter, 2014).

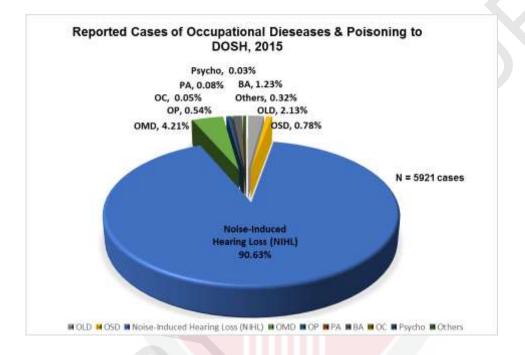
Since there are high trend in the production of merchandises, it has created issues within workplaces including source of noise. Some countries within Asia will have periodic measurement and actions taken to reduce hazardous noise but this control measure cannot be conclude for all developing countries. Since there are high number noise emissions sources, most Asian labourers are exposed to uncontrollable noise within workplace every day.

Noise at workplace especially within the confine of steel manufacturing cannot be avoided since the operation revolving around machinery, devices and process which emitting high level sound. Therefore, workers in steel industries are highly likely to endure hearing problem. Occupational disease and poisoning cases reported as shown in Figure 1.1 by Department of Occupational Safety and Health (DOSH) Malaysia, out of the total of 5921 cases, 90.6 % is due to Noise Induced Hearing Loss. Figure 1.2 in the other hand, shown that metal industries are the second highest industries in this country with 55% of its workers endure noise-induced hearing loss. Besides that, Figure 1.3 portrayed a significant increasing of noise -induced hearing loss reported cases by Social Security Organization (SOCSO) Malaysia from 2001 till 2015.

Therefore, the purpose of this study is to investigate whether steel manufacturing workers who is exposed to high noise level endure deterioration in term of hearing threshold and neurobehavioral performance. Identification of tasks at



steel manufacturing plant that are associated with hearing loss and/or exposures to hazardous noise levels will allow control strategies to be targeted to the tasks that represent the most risk. The outcome of the study will raise the level of awareness among the industrialist and workers on the health risks of their workplace environment, and this will help to formulate the strategies for protection of workers from the hazardous noise levels prevailing in this industry especially.



# Figure 1.1 : Occupational disease and poisoning cases reported out 5921 total cases.

(Source: Department of Occupational Safety and Health Malaysia, 2015)

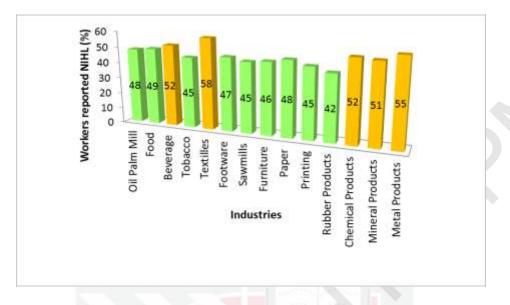


Figure 1.2 : Noise -induced hearing loss cases distribution by type of industries. (Source: Department of Occupational Safety and Health (DOSH) Malaysia, 2010)

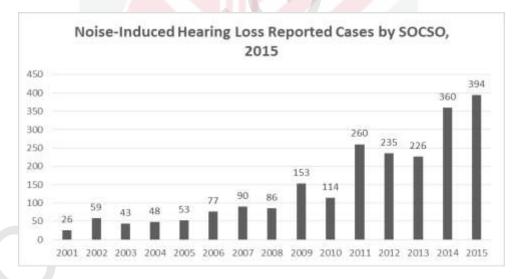


Figure 1.3: Workplace noise -induced hearing loss reported cases from 2005 to 2015. (Source: Social Security Organization Malaysia (SOSCO), 2015)

## 1.2 Problem statement

Seeing that natural resource abundance, human capital and economic growth in the developing Asia regions, millions of the workers are employed. Noise is known as the major hazard within the workplace around the world, particularly in the manufacturing industries. The current problem arises among industry from the Asia region is that they tend to emit noise which is either lack of legislation to control or lack of capital to ensure the noise reduction measures are carried out within their business.

Iron and steel manufacturing is one of the noisiest manufacturing industries and NIHL is common. Studies by Tahir et al., (2014) cited that occupational noiseexposed workers were observed to be highest in the metal industry followed by textile and food. This is also consistent with survey done by DOSH Malaysia in 2010 stated that metal industries are the second highest industries in this country with fifty-five percent of its workers endure noise-induced hearing loss. The major source of noise includes fume extraction system, vacuum systems using steam ejectors, electrical transformers, and the arc process in electrical arc furnaces, rolling mills and the large fans used for ventilation (Narlawar et al., 2006). The noise emission of steel making ranging from 91dB(A) to 140dB(A) is normally detected at arc furnace during electric charging of raw material and scrap to form molten steel at 1700 degree Celsius. Therefore, working in iron and steel industry were associated with the higher prevalence of hearing impairment and noiseinduced hearing loss among noise-exposed workers (Pal Singh et al., 2012; Abdel-Rasoul et al., 2009). However, a standard threshold shift based on audiometric findings showed that hearing conversation program is somehow unsuccessful among the steel company workers (Attarchi et al., 2010). This may due to the long term inappropriate of the type of ear protection devices use and also duration and method of application of ear protection devices by the workers.

Noise induced hearing loss (NIHL) is among the highest reported auditory health risks among industries. It is estimated that about 600 million workers are exposed to workplace noise worldwide (Chou et al., 2009; Ferrite and Santana, 2005), and there is mounting evidence that workers exposed to noise in the workplace have an increased risk of accident (Picard et al., 2008). Even though countries in South-East Asia generally have NIHL prevention programmes and legislation, there are often poorly implemented and enforced and workers are ignorant of the problem (Palmer et al., 2002; Reilly et al., 1998; WHO, 1997).

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Past record gathered by Tahir et al., (2014) showed that the total annual cost of NIHL per worker was RM 32,700 of which 14% was direct cost and 86% was indirect cost. The major payer for the cost (96%) was mainly attributed to medical care/rehabilitation, investigation procedures and benefit expenditure. Past review showed that the highest mean cost component for NIHL cases which were investigated and benefit expenditure (83%); followed by medical care and rehabilitation (14%) and loss of productive time (9%). Estimated national economic burden of NIHL was RM1.142 billion which is equivalent to 0.13% of

the Gross National Income 2011 (Tahir et al., 2014). In view of this, workplace noise exposure and hearing loss are considered as the contributing factors in accident circumstances which are of paramount importance since work-related accidents represent significant capital and productivity losses for the industry (Picard et al., 2008).

As discussed earlier, the increasing cases of NIHL among workers indicated that both the employer and employee obtained higher awareness on noise pollution and its relevant health effect. Even though the prevalence of NIHL has been reported among the steel workers, measures to deal with the risk of developing NIHL are often inadequate as in steel rolling mill (Ologe et al., 2005).

Noise pollution is not merely a form of workplace pollution; it has wide-ranging adverse health which interferes with sleep, concentration, communication and recreation (Goines & Hagler, 2007). The body reacts to noise with a fight or flight response, with resultant nervous, hormonal, and vascular changes that have far reaching consequences. For instances, chronic exposure to noise may increase the arousal and decreases attention through distraction (by noise). It may also decrease the ability to focus on stimuli peripheral to the task, altering the decision on task strategy and slowing one's memory (Söderlund et al., 2010; Clark et al., 2005; Carlson et al., 1997; Standsfeld & Haines, 1997). A number of studies have investigated the NIHL effects from chronic exposure to noise from steel making industries. However, there is still limited study on worker's neurobehavioral performance due to chronic exposure to noise from this well recognized noise polluted industry.

The research question is to find out whether long-term exposure to noise at the workplace may exacerbate the auditory effect that causing noise-induced hearing loss (NIHL), and non-auditory effect, particularly affect the neurobehavioral performance.

#### 1.3 Study Justification

The steel market for South East Asia is expanding rapidly over the year. This region comprises several countries whose economies are growing and changing, and it is well located on major seaborne trade routes. It also has free-trade agreements in place with over half of the world's population. Therefore, Malaysian steel industry is predicting to provide an insight into the potential development of the steel industry in the region as a whole.

Despite providing efficient solutions for Malaysian economic progress, most of the major industries face the same noise pollution due to workplace environment (Gllani, 2012).

Thus far, it is importance to identify the tasks at steel making mill that are associated with hearing loss and/or exposures to hazardous noise levels which will allow control strategies to be targeted to the tasks that represent the most risk. Besides, the outcome of the study will raise the level of awareness among the industrialist and workers on the health risks of their workplace environment, and this will help to formulate the strategies for protection of workers from the hazardous noise levels prevailing in the industries.

Nevertheless, the direct effect of NIHL and its association to neurobehavioral performance among worker was kept inconclusive. Since there is a trending of increase in hearing impairment from PERKESO, this study is to evaluate the exposure-effect association between the degree of noise hazards that existed in steel making industries towards workers' health by assessing the prevalence of NIHL and their neurobehavioral performance.

#### 1.4 Conceptual Framework

Figure 1.4 shows the conceptual framework in the study which outlines the exposure of workplace noise level by gauging through personal noise dosimeter as well as audiometric test and effect on neurobehavioral performance by utilizing the Neurobehavioral Test Battery (NCTB) (WHO, 1986) among male steel making workers in renowned steel making industries Terengganu, Malaysia.

The noise can hinder one's health through auditory effect or non-auditory effect. Through the auditory effect, sensorineural pathway is investigated where higher level of sound leads to a collapse of the stereocilia and the hair cells in the vestibulocochlear which eventually damaged permanently. If the outer hair cells are not functioning, a greater stimulation is required to initiate a nervous impulse; thus, the threshold sensitivity of inner hair cells is raised, which is perceived as a hearing loss. Audiometric test is then used to identify the noise induce hearing loss in a workers by using the arithmetic average of the individual experiencing hearing loss with a threshold shift of 25dB at a range of octave band frequencies (500, 1000, 2000, 4000, 6000, and 8000Hz).

This study applied the concept of exposure-effect principle to outline the association of auditory and non-auditory effect due to chronic noise exposure at the steel making industry. After the auditory effect of noise exposure is determined by audiometric testing, the non-auditory effect will be examined to evaluate worker's memory, sensory, motor skills and etc. by performing the Neurobehavioral Test Battery (NCTB) (WHO, 1986). NCTB Test batteries consist of seven tasks that measure performance of particular neurologic function, such as ability to learn, reaction time, memory, and coordination.

In addition, it is also noted that risk factors (e.g. age, education, working hour, and years of employment, smoking status and use of hearing protective devices) may impact on the neurobehavioral performance among the worker. For instances, the older subjects (age) made significantly more errors with increasing numbers of distractors in the serial search task (Oken et al., 1994); or female (gender) consistently outperformed males on the verbal and visual memory performance test (Trahan & Quintana, 1990). Therefore, these factors may also be considered as part of the confounding factors through self-administered questionnaire in the study.



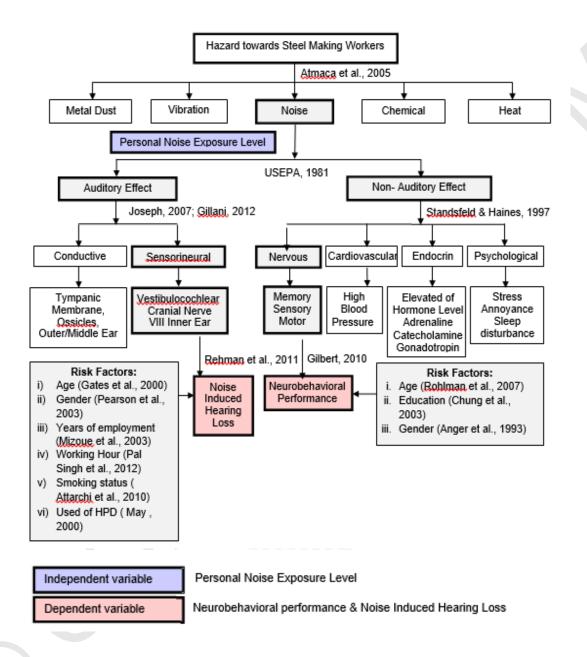


Figure 1.4 : Conceptual Framework of Noise Exposure and its relation to Noise Induced Hearing Loss and Neurobehavioral Performance

## 1.5 Definition

## 1.5.1 Conceptual Definition

## i) Noise

Physically, noise is a complex sound whose characteristic are not easily amenable to analysis and uninformative signal with variable intensity. Psychologically, any sound that is unpleasant, noxious or unwanted is noise irrespective of its waveform (Alberti, 2001).

## ii) Noise Induced Hearing Loss (NIHL)

NIHL occurs when too much sound intensity is transmitted into and through the auditory system. An acoustic signal from an energy source, is funneled through to the tympanic membrane (eardrum) and drives the ossicular chain of the middle ear system into motion which transfer mechanical energy to the cochlea by hammering against the oval window of the cochlea. This hammering causes the fluid within the cochlea (perilymph and endolymph) to push against the stereocilia of the hair cells. When the ear is exposed to excessive sound levels over time, the overstimulation of the hair cells leads to heavy production of reactive oxygen species, leading to oxidative cell death. Structural damage and cell death will result in noise induced hearing loss.

## iii) Neurobehavioral Performance

Neurobehavioural performance is a non-invasive method used to evaluate the performance of the central nervous system in an individual or a group with similar exposures. Test batteries consist of tasks that measure performance of particular neurologic function, such as ability to learn, reaction time, memory, and coordination (Gilbert, 2010). The World Health Organization (WHO) group selected seven (7) of the most widely used tests in human behavioural neurotoxicology research which were judged to be sensitive as the marker of neurotoxic chemicals exposure. This set of test which recommended by WHO are simple reaction time (SRT), digit span, digit symbol, Benton visual retention, pursuit aiming II, and Santa Ana.

## 1.5.2 Operational Definition

## i) Noise

Noise is level of sound that is measured using measuring equipment which known as dosimeter and sound level meter. The unit that it measured is decibel dB (A). Noise in the context of this research is sound being produce above 90dB (A) gauge by dosimeter at workplace in duration of 8 hours working hour.

#### ii) Noise Induced Hearing Loss

Noise induced hearing loss (NIHL) is a sensori-neural hearing deficit that begin at the higher frequencies (3000 to 6000 Hz) and develops gradually as a result of chronic exposure to excessive sound level (Harmadji & Kabullah 2004). In the context of this studies noise induced hearing loss was detected from the audiogram done where using the arithmetic average of the individual experiencing hearing loss with a threshold shift of 25dB at a range of octave band frequencies (500, 1000, 2000, 4000, 6000, and 8000Hz).

#### iii) Neurobehavioral Performance

In the context of this research, neurobehavioural performance was gauge by Neurobehavioural Core Test Battery (NCTB). A series of test is utilized to measure potential adverse health adverse health effect to nervous system. It is consist of six test that is Benton Visual Retention Test, Digit Span Test, Santa Ana Manual Dexterity, Time Reaction/Movement Test, Trial Making Test and Pursuit Aiming Test.

## 1.6 Research Objectives

## 1.6.1 General Objectives

To determine the effect of noise exposure towards noise induced hearing loss and the effect on neurobehavioral performance among male steel manufacturing workers.

## 1.6.2 Specific Objectives

- i) To identify the socio-demographic information among respondent.
- ii) To determine the hearing threshold (Noise-induced hearing loss (NIHL) and Non- NIHL) among the studied respondent.
- iii) To determine the noise exposure level between each operation department among the steel manufacturing workers.
- iv) To compare the differences of neurobehavioral performance among noise-induced hearing loss (NIHL) and Non- NIHL respondent.
- v) To compare the differences between the noises exposure level and among noise-induced hearing loss (NIHL) and Non- NIHL respondent.
- vi) To determine the association between personal noise exposure level and neurobehavioral performance among noise-induced hearing loss (NIHL) and Non- NIHL respondent.
- vii) To develop the relationship between selected risk factors from neurobehavioral performance score among noise-induced hearing loss (NIHL) and Non- NIHL respondent.

## 1.7 Research Hypothesis

- i) There is a difference of hearing threshold level between noise-induced hearing loss (NIHL) and Non- NIHL respondent.
- ii) There is a difference of neurobehavioral performance between among noise-induced hearing loss (NIHL) and Non- NIHL respondent.
- iii) There is a relationship between noise exposure level and hearing threshold level among studied population.
- iv) There is an association between noise exposure level and neurobehavioral performance.
- v) There is a relationship between selected risk factors from neurobehavioural performance score among noise-induced hearing loss (NIHL) and Non- NIHL respondent.

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