



(above) Medical practitioners at UPM's health screening camp provided services for Kajang residents (left, and right).



UPM health camp a success

UNIVERSITI Putra Malaysia (UPM), under the management of UPM's Nuclear Diagnostic Imaging Center (PPDN), recently organised a free health screening camp for residents of the Kajang, Selangor area, including about 100 senior citizens from welfare homes.

The screenings were part of UPM's Family Health Campaign 2018, held in collaboration with the Selangor State Women's Awareness Organisation.

Other organisations involved in this project are the Cancer Resource and Education Centre (CaRE) UPM, Makna, Malaysian Medical Association (MMA), the Hulu Langat District Health Office,

and INTI International College.

About 40 medical specialists from UPM provided health screenings for high blood pressure, breast cancer, and prostate cancer at the makeshift 'medical centre' at SRK (T) Kajang.

Thirty-three UPM medical students who were volunteers from the Asian Malaysia Medical Students' Association (AMSA) also participated in the event.

Apart from that there were specialists on hand providing screenings for eye and vision problems, ear nose and throat (ENT) issues, as well as dental and physiotherapy services. Reading glasses were distributed to needy

senior citizens, and health talks and health-themed games were also organised to help educated visitors.

According to PPDN Director, Associate Professor Dr Fathinul Fikri Ahmad Saad, special attention was paid to the elderly during the health screening camp, as this group is more prone to infections, as well as the risk of developing non-infectious diseases such as cancer.

Dr Fathinul advised that early detection would increase the likelihood of a person recovering completely, or reducing morbidity and mortality associated with cancer.