

UNIVERSITI PUTRA MALAYSIA

RELATIONSHIPS BETWEEN GENDER, CHILD TEMPERAMENT, PARENT CHILD RELATIONSHIP AND BEHAVIOR PROBLEMS AMONG PRESCHOOL CHILDREN IN KUALA LUMPUR

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FEM 2015 26



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Ву

YAP CHING CHING

Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in Fulfilment of the Requirement for the Degree of Master of Science

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DEDICATION

This thesis is dedicated to my beloved father and mother, who raised me with the unconditional love.



Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Master of Science

RELATIONSHIPS BETWEEN GENDER, CHILD TEMPERAMENT, PARENT-CHILD RELATIONSHIP AND BEHAVIOR PROBLEMSAMONG PRESCHOOL CHILDREN IN KUALA LUMPUR

By

YAP CHING CHING

June 2015

Chairman: Siti Nor Yaacob, PhD Faculty: Human Ecology

The study aims to examine the relationships between gender, child temperament, parent-child relationship, and behavior problems (internalizing and externalizing problems) among preschool children in Kuala Lumpur. A total of 405 parents of private preschool children (mean age=5.18) were involved in the present study. They were selected by using multistage cluster sampling method. Child Behavior Checklist for Ages 1½-5 (CBCL/1½-5; Achenbach &Rescorla, 2000) Malay version, the Very Short Form of the Children's Behavior Questionnaire (CBQ, Rothbart, 1996), and the Child-Parent Relationship Scale (CPRS; Pianta, 1992) were used to measure the key variables of the study. Univariate, bivariate and multivariate statistics were used in data analyses.

Findings of the study showed that children with negative affectivity temperament had high internalizing and externalizing problems. Children with surgency temperament had higher externalizing problems whereas children with effortful control temperament tend to exhibit lesser externalizing problems. Conflicts in parent-child relationship were found to be positively correlated with internalizing and externalizing problems. Finding of the study also indicated a negative relationship between positive aspects of relationship and children's externalizing problems. Negative affect and conflicts were significant predictors of internalizing problems. Externalizing problems was significantly predicted by conflicts, negative affect, effortful control, and surgency.

Findings of the study also indicated that the conflicts in parent-child relationship had a moderation effect on the relationship between effortful control temperament and behavior problems. Children with high effortful control tend to exhibit more internalizing problems, especially when there is low conflict in parent-child relationship; whereas when there is high conflict in parent-child relationship, children with high effortful control tends to exhibit lesser externalizing problems. Lastly, the results revealed that the effect of negative affectivity temperament on externalizing problems was dependent on child's gender. Findings imply that any efforts to enhance children's behavior outcomes should possibly focus on the quality of parent-child relationship, especially for boys.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk Ijazah Sarjana Sains

PERKAITAN ANTARA GENDER, TEMPERAMEN KANAK-KANAK, HUBUNGAN IBU BAPA DAN ANAK, DAN MASALAH TINGKAH LAKU DALAM KALANGAN KANAK-KANAK PRASEKOLAH DI KUALA LUMPUR

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Kajian ini bertujuan untuk meneliti perkaitan antara gender, temperamen, hubungan ibu bapa dan anak, dan masalah tingkah laku (masalah internal dan eksternal) dalam kalangan kanak-kanak prasekolah di Kuala Lumpur. Seramai 405 ibu atau bapa kanak-kanak prasekolah (min umur=5.18) terlibat dalam kajian ini. Mereka dipilih melalui metod persampelan berkelompok berbilang. *Child Behavior Checklist for Ages 1½-5* (CBCL/1½-5; Achenbach & Rescorla, 2000) versi Bahasa Melayu, *Children's Behavior Questionnaire* (CBQ, Rothbart, 1996) versi sangat pendek, dan *Child-Parent Relationship Scale* (CPRS; Pianta, 1992) telah digunakan untuk mengukur variabel utama kajian ini. Statistik univariat, bivariat, dan multivariat telah digunakan untuk menganalisis data.

Hasil kajian menunjukkan bahawa kanak-kanak yang mempunyai temperamen afektiviti negatif mempunyai masalah tingkah laku internal dan eksternal yang tinggi. Kanak-kanak yang mempunyai temperamen surgensi mempunyai masalah tingkah laku eksternal yang lebih tinggi manakala kanak-kanak yang mempunyai temperamen kawalan usaha cenderung untuk mempamerkan masalah tingkah laku eksternal yang lebih rendah. Hubungan ibu bapa dan anak yang berkonflik didapati mempunyai kolerasi positif dengan masalah tingkah laku internal dan eksternal. Dapatan kajian juga menunjukkan wujud korelasi negatif di antara aspek hubungan yang positif dan masalah tingkah laku eksternal kanak-kanak. Afek negatif dan konflik meramal masalah tingkah laku internal secara signifikan. Masalah tingkah laku eksternal diramal secara signifikan oleh konflik, afek negatif, kawalan usaha, dan surgensi.

Hasil kajian juga menunjukkan hubungan ibu bapa dan anak yang berkonflik mempunyai peranan signifikan sebagai moderator antara temperamen kawalan usaha dan masalah tingkah laku. Kanak-kanak yang mempunyai temperamen kawalan usaha yang tinggi cenderung untuk mempamerkan masalah tingkah laku internal yang tinggi, terutamanya apabila wujud konflik yang rendah dalam hubungan ibu bapa dan anak. Manakala, apabila terdapat konflik yang tinggi dalam hubungan ibu bapa dan anak, kanak-kanak yang mempunyai temperamen kawalan usaha yang tinggi cenderung untuk mempamerkan masalah tingkah laku eksternal yang rendah. Akhirnya, hasil kajian mendedahkan bahawa kesan temperamen afek negatif terhadap masalah tingkah laku eksternal bergantung kepada gender kanak-kanak. Dapatan kajian ini memberi implikasi bahawa sebarang usaha untuk menambahbaik hasil tingkah laku kanak-kanak mungkin boleh memberi tumpuan kepada kualiti hubungan ibu bapa dan anak, terutamanya bagi kanak-kanak lelaki.

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Yap Ching Ching, February 2015

I certify that a Thesis Examination Committee has met on 26 June 2015 to conduct the final examination of Yap Ching Ching on her thesis entitled "Relationships between Gender, Child Temperament, Parent-Child Relationship and Behavior Problems among Preschool Children in Kuala Lumpur" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Master of Science.

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LIST OF ABBREVIATIONS

SCT Social Cognitive Theory

CBCL/1½-5 Child Behavior Checklist for Ages 1½-5

CBQ Children's Behavior Questionnaire

CPRS Child-Parent Relationship Scale

CFA Confirmatory Factor Analysis

MLR Multiple Linear Regression

SPSS Statistical Package for Social Sciences

SD Standard Deviation

SE Standard Error

Min Minimum

Max Maximum

S Surgency

NA Negative Affect

EF Effortful Control

C Conflicts

PAR Positive Aspects of Relationship

IP Internalizing Problems

EP Externalizing Problems

Adj. Adjust

VIF Variance Inflation Factor

IQR Interquartile Range

SMPK Sistem Maklumat Prasekolah Kebangsaan

UPM Universiti Putra Malaysia

JKEUPM Jawatankuasa Etika Universiti untuk Penyelidikan

Melibatkan Manusia

CHAPTER 1

INTRODUCTION

1.0 Background of the Study

Early childhood is the development period that extends from the end of infancy to about 5 to 6 years of age, sometimes called the preschool years (Santrock, 2011). Preschool children learn to become more self-sufficient and to care for themselves during this time; they also develop school readiness skills such as following instructions and identifying letters, and spend more time in play and with their peers (Santrock, 2009). However, studies (Gross, Sambrook, & Fogg, 1999; Keenan et al., 1998) in Western countries indicated that up to one third of preschool-age children own serious disruptive behavior problems.

According to Cohen and Spenciner (2007), behavior problems include aggression, delayed social skills, difficulties with interpersonal relationships, and antisocial and withdrawal behaviors. Generally, behavior problems are divided into two dimensions, which are external behavior problems, and internal behavior problems (Kauffman, 2005). The term externalizing behaviors refers to a broad array of disruptive and antisocial behaviors, whereas the term internalizing behaviors includes social withdrawal, anxious or inhibited behaviors, or somatic problems. The behavior can occur many times or only occasionally (frequency), can last a long or short time (duration), can occur immediately or after a period of time (latency), can be described (topography), can be performed strongly or weakly (intensity), and can occur in one or more locations (locus) (Cohen & Spenciner, 2007).

Studies (Coie & Dodge, 1998; Keiley, Lofthouse, Bates, Dodge, & Pettit, 2003; Kovacs & Devline, 1998) revealed that internalizing and externalizing problems may develop at the beginning of early childhood and can place children on a developmental pathway to peer problems, delinquency, negative relationships with parents, and other negative social and behavioral outcomes. Individual and environmental early childhood risk factors have the additive effects in influencing the development of chronic externalizing problems (Fanti & Henrich, 2010). It means that individual factor such as child temperament, and environmental factor such as parent-child relationship could influence the development of child behavior problems.

Temperamental characteristics, which refer to activity level and response to novelty, are somewhat predictive of later behaviors (Kagan & Snidman, 1991). Child temperament is defined as the stable emotional and behavioral reactions that appear early and are influenced in part by genetic constitution (Kagan, 1994). Some temperament characteristics pose more parenting challenges than others (Bates & Pettit, 2007; Rothbart & Garstein, 2008). When children are prone to distress, their parents may eventually respond by ignoring the distress of a child or trying to force the child to "behave". The study of Lengua and Kovacs (2005) also suggested that child irritability may elicit parents' inconsistent discipline. Consequently, it will influence child outcomes.

Erik Erikson's theory of psychosocial development (1950, 1968 in Santrock, 2011) mentioned that people progress through stages of personality development based on their resolution of conflicts between potentially positive or negative outcomes of behavioral changes. Children at the age of five and six are in the stage of initiative

versus guilt; they take more initiative in dealing with their environments, but may experience guilt as a result of conflicts with caregivers (Harwood, Miller, & Vasta, 2008). This implies that a positive parent-child relationship in the environmental context is important for children to develop initiative and positive outcomes of behavioral changes.

Furthermore, the Attachment Theory (Bowlby, 1969/1982, 1973) stated that an emotional bond between the children and their caregivers at the early age of six to eight months have a tremendous impact that continues throughout their life. The success or failure to form a secure attachment early in life can result in either a positive or negative impact on a child's behavior in later childhood and throughout life. This means that parent-child relationship or the attachment between mother-child will cause either a positive or negative impact on child behavior in later childhood.

When investigating early childhood relationships, Driscoll and Pianta (2011) proposed that it is important to consider gender as it has the potential for affecting the relationship between childhood behavioral problems, harsh parenting, and maternal anxiety (Harper, 2011). Besides, gender in a variety of observed emotion processes (Brody, 1999; Buss, Brooker, & Leuty, 2008; Keenan & Shaw, 1997) was found to be related to different components of behavior problems. Boys generally display more physical aggression than girls, especially aggression involving violence (Harwood, Miller, & Vasta, 2008). Studies (Webster-Stratton, 1996) found that rates of externalizing problems are higher in boys than in girls, whereas girls exhibit greater internalizing problems (Campbell, 2002). Furthermore, previous studies (Laucht, Becker & Schmidt, 2006; Pitzer, Esser, Schmidt & Laucht, 2007) supported that gender-specific temperamental trajectory is present in the development course. Pitzer, Esser, Schmidt and Laucht (2009) indicated that girls' difficultness at 8 years old and approach/extraversion at 11 years old accounted for an additional portion of adolescent externalizing problems, and adolescent boys' easiness at 8 years old made an additional significant contribution on the delinquent problems, but it was not significant for girls. It is evident that a child's gender did play a significant role in the relations between temperament and problem behaviors.

On the other hand, temperament is suggested to interact with parenting that affects parent-child relationship to influence children's behavior development (Belsky, 1997, 2005; Belsky, Bakermans-Kranenburg, & Ijzendoorn, 2007; Belsky, Hsieh, & Crnic, 1998). Children of different temperaments may be susceptible to the effects of caregivers' behaviors differentially. The impact of the interaction between children's temperament and parenting behaviors can be positive or negative on a variety of child outcomes (e.g. internalizing and externalizing problem behaviors). When gender is taken into account, it is believed that it might influence the variation of these variables respectively. In order to understand its correlation and influences more deeply, the present study aims to examine the relationships between gender, child temperament, parent-child relationship, and child behavior problems.

In summary, a child's developmental outcomes comprise many aspects in development and the progress of the changes is affected by several indicators. Three indicators are used in the present study to determine behavior problems among preschool children. Child temperament as an individual factor and parent-child relationship as an environmental factor are crucial psychological indicators to child outcomes. Difficult temperament and conflicts of parent-child relationship are negative indicators for child

developmental outcomes, while easy temperament and positive parent-child relationship being positive indicators for child developmental outcomes. The gender of the child may also influence the relationship between temperament and behavior problems.

1.1 Statement of Problems

Child temperament, parent-child relationship and gender's impact on children's developmental outcomes are evident. Thus, the present study is aimed to examine the relationships between gender, child temperament, parent-child relationship, and behavior problems (externalizing and internalizing problems) of preschool children. Furthermore, the present study examined parent-child relationship and child's gender as moderators between child temperament and child behavior problems.

Approximately 10%-15% of preschoolers have mild to moderate problems (Campbell, 1995). The prevalence rate of mental health problems, which is defined as encompassing both internalizing and externalizing behaviors (Achenbach, 1991) in children was found to be 17.7% in Australia (Zubrick et al., 1995), 18.1% in Canada (Offord et al., 1987), 17.6% in New Zealand (Anderson et al., 1987), 26% in the Netherlands (Verhulst, Berden, & Sanders-Woudstra, 1984), and 17.9% in Puerto Rico (Bird et al., 1988). For Malaysian children aged 5–15, the mental health problems' prevalence rate has been found to be 13% (Toh et al., 1997).

The mental health problems' prevalence differs according to age. In Malaysia, a study by Toh et al. (1997) showed that the age group of 10-12 year-olds (15.5%) is reported to have the most problems, followed by 13-15 year-olds (16%), and the 5-6 years old (9.7%) age group reported the least problems. However, another contemporary Malaysian context study (Ahmad et al., 2015) showed that children and adolescents aged 5 through 15 years showed an increasing trend from 13.0% in 1996 to 19.4% in 2006 and 20.0% in 2011 for the prevalence of mental health problems. In 2011, the prevalence was higher among the 5-6 and the 13-15 years old groups. Based on the study, the prevalence almost doubled in the 5-6 years-old group from 1996 to 2006. Therefore, further work needs to be focused on behavior problems amongst younger children especially for this age group.

Children manifesting continuous externalizing problem or continuous co-occurring externalizing and internalizing problems are more likely to be involved in risky behaviors, be associated with deviant peers, be asocial with peers, and be rejected by peers at early adolescence (Fanti & Henrich, 2010). Externalizing and internalizing problems may develop at the beginning of early childhood and can place children on a developmental pathway to peer problems, delinquency, negative relationships with parents, and other negative social and behavioral outcomes (Coie & Dodge, 1998; Keiley, Lofthouse, Bates, Dodge, & Pettit, 2003; Kovacs & Devline, 1998). A study (Peters, 2010) based on quantitative estimates suggested a total of 1.4 million children in Malaysia with mental health difficulties experience interference with normal functioning and development. Thus, efforts need to be made in preventing both internalizing and externalizing problems, which require the understanding of related and predictive factors, both within the young child and within the environment (Karreman, de Hass, van Tuijl, van Aken, & Dekovic, 2010).

Numerous literature (Eisenberg et al., 2009; Gartstein, Putnam, & Rothbart, 2012; Rettew et al., 2006) have identified that various temperamental factors predict different internalizing and externalizing problems. Eisenberg and his colleagues (2009) revealed that externalizing problems either pure or co-occurring with internalizing problems are related to low effortful control, high impulsivity and negative emotionality, especially anger. Meanwhile internalizing problems are associated with sadness, low impulsivity, and sometimes with high anger. Low levels of effortful control and high in negative emotionality are linked to both externalizing and internalizing difficulties (Gartstein, Putnam, & Rothbart, 2012).

Moreover, past studies (Burt et al., 2003, 2007; Klahr, McGue, Iacono, & Burt, 2011) revealed that parent-child conflict accounted for approximately 12% of the total variance in child externalizing problems, predicts the development of conduct problems, and is associated with adolescent delinquency. Positive parent-child relationships play a crucial role in offsetting the risks of children's emotional problems that are exhibited by difficult temperament or vulnerable children, whereas negative relationships amplify the risks (Karaddemas, Peppa, Fotiou, & Kokkevi, 2008; Kochanska, Kim, Boldt, & Yoon, 2013). When investigating early childhood relationships, it is important to consider gender as it has the potential in affecting the relationship between childhood behavioral problems, harsh parenting, and maternal anxiety (Driscoll & Pianta, 2011; Harper, 2011). In Malaysia, male children and adolescents were significantly related to mental health problems in 2011 (Ahmad et al., 2015).

However, Small (1998) revealed that parents respond differently to children's cues and behaviors; it depends on their own personal history, temperament, cultural beliefs and goals, and current life situation. Several children's characteristics of temperament pose more parenting challenges than others, for example, when children are prone to distress as exhibited by frequent irritability and crying, parents may eventually respond by ignoring the child or trying to force the child to "behave" (Rothbart & Gartstein, 2008 in Santrock, 2011). These children temperament aspects and other traits influenced by genetics, along with their unique reactions to particular parenting styles and behaviors, also influence the parent-child relationship (Deater-Deckard & O'Connor, 2000). These evidences suggest that there are bidirectional relations between temperament and parenting.

The inconsistency and disparity in the literature regarding the influence of temperament characteristics and parent-child relationship on behavior problems were found mainly in Western studies. Research indicated that literature and the understanding of child behavior problems in Malaysia remain unclear. Although studies have been conducted using Asian samples (Muhtadie, Zhou, Eisenberg, & Wang, 2013; Zhou et al., 2008; Zhou, Lengua, & Wang, 2009; Zhou, Main, & Wang, 2010), they are mainly focused on the Chinese culture. Hence, the suggestion here is that there may be a different pattern of child temperament, parent-child relationship, and behavior problems among Malaysian and Asian samples, which has generated the first research question, "What are the patterns of child temperament, parent-child relationship, and behavior problems among preschool children in the Federal Territory of Kuala Lumpur, Malaysia?" Nevertheless, inconsistent findings from studies on the relationship between gender, child temperament, parent-child relationship, and behavior problems generated the second research question, which is "To what extent do gender, child temperament, and parent-child relationship contribute to behavior problems among preschool children in the Federal Territory of Kuala Lumpur, Malaysia?"

Generally, parent-child relationship is viewed as a criteria and indicator for children's externalizing and internalizing problems. It means that parent-child relationship plays the role as an independent variable. Yet, there is still a lack of comprehensiveness and in-depth study on the secondary role of parent-child relationship as a moderator (Lerner, Castellino, Patterson, Villaruel, & McKinsey, 1995 in Annemiek Karreman, Haas, Tuijl, Aken, & Dekovic, 2010). Based on an online search using database (e.g. Google Scholar and UPM library databases) on the latest ten years online published research, there is a knowledge gap on the role of parent-child relationship as a moderator between child temperament and problem behaviors in a collectivist culture such as Malaysia. It may be due to the fact that most of the studies (Belsky, Bakermans-Kranenburg, & van Ijzendoorn, 2007; Karreman, Haas, Tuijl, Aken, & Dekovic, 2010) are focused on parenting as a moderator in the relations between temperament and behavior problems rather than parent-child relationship. Karreman, Haas, Tuijl, Aken, and Dekovic (2010) indicated that parenting moderates the relations between temperament and behavior problems in the Western context such as the Netherlands. Hence, the knowledge gap in the Asian context generated the third research question, which is "Does parent-child relationship moderate the relationship between child temperament and child behavior problems among preschool children in the Federal Territory of Kuala Lumpur, Malaysia?"

Gender is also viewed as a criteria and indicator for children's developmental outcomes. In other words, gender plays the role as an independent variable. It is evident that a child's gender plays a secondary role as a moderator in the relations between temperament and problem behaviors (Schermerhorn et al., 2013). However, the study was based on an individualistic culture such as the United States of America. There is a knowledge gap on the role of gender as a moderator between child temperament and problem behaviors in an Asian context such as Malaysia (based on an online search using Google Scholar and UPM library databases on the latest ten years online published research). Hence, the knowledge gap in a collectivist culture generated the fourth research question, which is "Does a child's gender moderate the relationship between child temperament and child behavior problems among preschool children in the Federal Territory of Kuala Lumpur, Malaysia?"

Hence, the primary purpose of the current study is to examine the relationships between gender, child temperament (surgency, negative affect, effortful control), parent-child relationship (conflicts, positive aspects of relationship), and behavior problems (internalizing and externalizing behavior) among preschool children in the Federal Territory of Kuala Lumpur, Malaysia. Four research questions in relation to the primary purpose were addressed in this study:

- 1. What are the patterns of child temperament (surgency, negative affect, effortful control), parent-child relationship (conflicts, positive aspects of relationship) and behavior problems (externalizing and internalizing problems) among preschool children in the Federal Territory of Kuala Lumpur, Malaysia?
- 2. To what extent do gender, child temperament (surgency, negative affect, effortful control), and parent-child relationship (conflicts, positive aspects of relationship) contribute to behavior problems (externalizing and internalizing problems) among preschool children in the Federal Territory of Kuala Lumpur, Malaysia?
- 3. Does parent-child relationship (conflicts, positive aspects of relationship) moderate the relationship between child temperament (surgency, negative

- affect, effortful control) and behavior problems (externalizing and internalizing problems) among preschool children in the Federal Territory of Kuala Lumpur, Malaysia?
- 4. Does a child's gender moderate the relationship between child temperament (surgency, negative affect, effortful control) and behavior problems (externalizing and internalizing problems) among preschool children in the Federal Territory of Kuala Lumpur, Malaysia?

1.2 Objectives of the Study

1.2.1 General Objective

The general objective of the study is to examine the relationships between gender, child temperament (surgency, negative affect, effortful control), parent-child relationship (conflicts, positive aspects of relationship), and behavior problems (internalizing and externalizing problems) among preschool children.

1.2.2 Specific Objectives

- 1. To describe the child's background characteristics and all the key variables (child temperament, parent-child relationship, and behavior problem) of the study.
- 2. To determine the predictors of internalizing and externalizing problems of preschool children in Federal Territory of Kuala Lumpur, Malaysia.
- 3. To determine the moderation effect of parent-child relationship (conflicts, positive aspects of relationship) and a child's gender in the relationships between child temperament (surgency, negative affect, effortful control) and behavior problems (internalizing and externalizing problems) among preschool children in the Federal Territory of Kuala Lumpur, Malaysia.

1.3 Research Hypotheses

In line with Objectives 2 and 3, the following hypotheses were proposed in this study:

- H_a1. All selected independent variables entered into the regression model significantly predict internalizing problems.
- H_a2. All selected independent variables entered into the regression model significantly predict externalizing problems.
- H_a 3. Parent-child relationship (conflicts) moderates the relationship between temperament (surgency) and internalizing problems among preschool children.
- H_a 4. Parent-child relationship (conflicts) moderates the relationship between temperament (negative affect) and internalizing problems among preschool children.
- H_a 5. Parent-child relationship (conflicts) moderates the relationship between temperament (effortful control) and internalizing problems among preschool children.
- H_a 6. Parent-child relationship (conflicts) moderates the relationship between temperament (surgency) and externalizing problems among preschool children.

- H_a7. Parent-child relationship (conflicts) moderates the relationship between temperament (negative affect) and externalizing problems among preschool children.
- H_a8. Parent-child relationship (conflicts) moderates the relationship between temperament (effortful control) and externalizing problems among preschool children.
- H_a9. Parent-child relationship (positive aspects of relationship) moderates the relationship between temperament (surgency) and internalizing problems among preschool children.
- H_a 10. Parent-child relationship (positive aspects of relationship) moderates the relationship between temperament (negative affect) and internalizing problems among preschool children.
- H_a11. Parent-child relationship (positive aspects of relationship) moderates the relationship between temperament (effortful control) and internalizing problems among preschool children.
- H_a 12. Parent-child relationship (positive aspects of relationship) moderates the relationship between temperament (surgency) and externalizing problems among preschool children.
- H_a 13. Parent-child relationship (positive aspects of relationship) moderates the relationship between temperament (negative affect) and externalizing problems among preschool children.
- H_a 14. Parent-child relationship (positive aspects of relationship) moderates the relationship between temperament (effortful control) and externalizing problems among preschool children.
- H_a 15. Gender moderates the relationship between temperament (surgency) and internalizing problems among preschool children.
- H_a 16. Gender moderates the relationship between temperament (negative affect) and internalizing problems among preschool children.
- H_a 17. Gender moderates the relationship between temperament (effortful control) and internalizing problems among preschool children.
- H_a 18. Gender moderates the relationship between temperament (surgency) and externalizing problems among preschool children.
- H_a 19. Gender moderates the relationship between temperament (negative affect) and externalizing problems among preschool children.
- H_a 20. Gender moderates the relationship between temperament (effortful control) and externalizing problems among preschool children.

1.4 Significance of the Study

This study leads to the identification and understanding of the relationships between gender, child temperament, parent-child relationship, and behavior problems in a multiracial country such as Malaysia. The study among Malaysia children adds knowledge to the body of literature for Asian children's gender, temperament, parent-child relationship, and behavior problems that would address the literature and knowledge gap in the related field.

This study will also shed light on the pattern of child temperament, parent-child relationship, and behavior problems of Malaysian preschool children. The information gained from the descriptive findings is beneficial to the relevant government authorities such as the Ministry of Women, Family and Community Development, the Ministry of Health, and the Department of Social Welfare. These authorities are able to take

initiatives in providing necessary assistance to parents and children such as organizing campaigns or interventions to teach parents about the skills of nurturing a positive parent-child relationship in developing healthy behavioral outcomes for children. Thus, the quality of parent-child relationship and child outcome can be improved and enhanced for the betterment of the country.

At the same time, it is hoped that the findings on the moderating role of parent-child relationship signifies the role of parent-child relationship in developing or maintaining positive developmental outcomes for children. Since there is an existing gap on the role of parent-child relationship as a moderator between child temperament and behavior problems in a collectivist culture, results from the multivariate analysis may be able to narrow this literature gap. In addition, this study also expanded on past research by including gender as one of the important moderators between child temperament and behavior problems in a collectivist culture to enhance the existing knowledge in the area and to serve as a basis for a more comprehensive study concerning gender role and parent-child relationship in future.

It is also believed that the results of the study have important implications for those who work with parents and children, such as psychologists, therapists, and practitioners, to integrate the relationships between parent-child relationship in the relations between child temperament and behavior problems among preschool children. Moreover, the findings are also beneficial for preschool children education authorities that work with preschool children who have the potential to experience externalizing and internalizing problems. It is also believed that the results of this study have important implications for parents in increasing their awareness about the importance of maintaining a positive parent-child relationship for the well-being of the children.

1.5 Limitation of the Study

The limitation of the current study is that the research is only carried out in the area of Kuala Lumpur; the respondents are also obtained from this area, thus it might not be generalized to others places. Besides, the scope of the current study on respondents only focused on 5 years-old children, as those who are older or younger than this age range were not taken into account as respondents. Hence, it cannot be generalized to children of all age groups.

Next, the current study focused on gender, child temperament, and parent-child relationship as the predictors of child behavior problems. Other variables which might cause the variation of child behavior problems were not taken into account. Moreover, another limitation of the present study might be that the rating of children's internalizing and externalizing problems was relied exclusively on parents' reports. A more complete picture of child behavior problems from different informants such as teachers was limited. Even so, parents are considered to be a crucial source for reporting on their child's behavior (Shaw et al., 2003), and parents might be more observant of the internalizing symptoms of their children compared with teachers or other informants (Keiley et al., 2000).

1.6 Definitions of Term

1.6.1 Behavior Problem

Conceptual Definition:

Behavior problem is defined as a behavior that deviates from the norms of the larger society, both legal and social; it is a behavior that is socially disapproved by the authority institutions and that tends to evoke some form of social control response whether it is social rejection, mild reproof, or even incarceration (Richard, 1987). Generally, there are two dimensions of behavior problems – internalizing and externalizing problems (Kauffman, 2005). Externalizing problems take the form of aggression, defiance, hyperactivity, and destructive behavior, whereas internalizing problems emerge in the form of anxiety, fearfulness, withdrawal, and depression (Achenbach 1991, 1992; Campbell, 1995).

Operational Definition:

Behavior problem refers to a respondent's score on the subscales of the Child Behavior Checklist for Ages 1½-5 (CBCL/1½-5; Achenbach & Rescorla, 2000), which are internalizing and externalizing behavior problems. A high score on the subscales of CBCL/1½-5 indicates high internalizing and externalizing behavior problems.

1.6.2 Parent-child Relationship

Conceptual Definition:

Parent-child relationship is defined as the socialization between parent and child (Sears, 1951).

Operational Definition:

Operationally, parent-child relationship refers to a respondent's score on the subscales of the Child-Parent Relationship Scale (CPRS; Pianta, 1992), which are conflicts and positive aspects of relationship. Conflicts refer to the patterns of negative emotions that have previously been identified in relationships between parents and children. Positive aspects of relationship refer to the patterns of positive emotions that exist in the parent-child relationship (Driscoll & Pianta, 2011). A high score on the conflicts and parent-child relationship subscales indicate high conflicts and high positive aspects of relationship between parent and child.

1.6.3 Child Temperament

Conceptual Definition:

Conceptually, child temperament is defined as an emotional response of characteristic and behavioral style of an individual (Santrock, 2009). Besides, temperament also can be defined as "the stable behavioral and emotional reactions that appear early and are influenced in part by genetic constitution" (Kagan, 1994).

Operational Definition:

Child temperament refers to a respondents' score on The Very Short Form of the Children's Behavior Questionnaire (CBQ, Putnam & Rothbart, 2006), which comprised three subscales, which are surgency, negative affect and effortful control. Surgency includes a combination of positive affects and rapid approach tendencies that show strong similarities to the extraversion personality construct. Negative affect includes early irritable forms of distress, followed by more organized states related to fear and frustration. Effortful control refers to voluntarily deployment of attention, allowing individuals to regulate their reactive tendencies, and to suppress a dominant response in order to perform a subdominant response (Rothbart & Derryberry, 2000). A high score on the subscales of CBQ indicates high surgency, high negative affect, and high effortful control.

1.7 Theoretical Framework

The present study is guided by the vulnerability model introduced by Nigg (2006). The vulnerability model proposes that particular temperaments predispose children to the development of behavior problems, especially in some context. Children who are high in negative emotionality temperament are at a higher risk in developing maladaptive outcomes, especially when parents are interfering by using negative control (Morries et al., 2002; Putnam et al., 2002; Rubin et al., 1997, 2002).

Based on Nigg's (2006) perspective, certain temperament traits may place children at greater risks to develop a particular form of behavior problems. Contemporary studies that have applied the vulnerability model reported that internalizing and externalizing problems are predicted by different temperament characteristics. In specific, high scores on impulsivity and anger were related to more externalizing prolems, and low scores on impulsivity and high socres on fear were associated with more internalizing problems (Karreman, de Hass, van Tuijl, van Aken, & Dekovic, 2010). In other words, particular temperament characteristics have direct impact on the development of behavior problems. For example, an increase in frustration increased the risk of mental disorders (internalizing and externalizing symptoms) proportionally (Laceulle, Ormel, Vollebergh, van Aken, & Nederhof, 2013).

Other studies (e.g. Rothbart & Bates, 2006 in Damon & Eisenberg, 2006) had also supported the idea and discovered that there has been increasing evidence of concurrent and longitudinal relations between children's temperamental characteristics and their maladjustment. A study by Gartstein, Putnam and Rothbart (2012) indicated that low levels of effortful control and high levels of negative emotionality were connected to both internalizing and externalizing problems. Negative affect was concurrently related to internalizing behavior problems. Associations between components of negative affect and externalizing problems were observed only for sadness, frustration, and low falling reactivity. A high level in surgency was related to an increasing risk for externalizing behavior problems, whereas a low level in surgency increased the probability of internalizing problems.

Moreover, the vulnerability model also assumed that certain types of temperament predispose to behavior problems, especially in some context. Earlier studies had supported the idea and identified that children with difficult temperaments exhibit

lesser externalizing problems when living in well-functioning families in comparison with a difficult temperament children living in dysfunctional families (Karremen et al., 2009; Van Aken et al., 2007). The quality of parent-child relationships acts as an aspect of family well-being and serves as a protective factor for children in difficult family circumstances (Fahey, Keilthy, & Polek, 2012). When the children are able to experience the positive bonding with parents, it would be beneficial for the children to boost child development and school readiness (Mastergeorge et al., 2013), and drive their intellectual, emotional, and physical development (Brazelton & Cramer, 1990). Furthermore, temperament is suggested to interact with parenting that affects parent-child relationship to influence children's behavior development (Belsky, 1997, 2005; Belsky, Bakermans-Kranenburg, & Ijzendoorn, 2007; Belsky, Hsieh, & Crnic, 1998). Paternal positive control was found to buffer the relation between impulsivity and externalizing problems, whereas maternal and paternal negative control were found to strengthen the association between fear and internalizing problems (Karreman, de Hass, van Tuijl, van Aken, & Dekovic, 2010).

According to the vulnerability model, in some context, particular temperament traits predispose the development of behavior problems. An earlier study had supported the idea and found that there were different relations between temperament and behavior problems for boys and girls (Colder, Mott, & Berman, 2002). Effortful control has a stronger association with concurrent externalizing problems in boys than in girls; while effortful control showed a greater long-term effect on externalizing problems for girls (Karreman et al., 2009). Moreover, the study also showed that shy temperament of kindergarten-aged children significantly predicted internalizing behavior problems, and it is evident for girls only (Fan, 2011).

1.8 Conceptual Framework

Figure 1.2 presents an overview of the conceptual framework for the current study. It outlines the relationships between the independent variable (child temperament), the moderating variables (parent-child relationship and child's gender), and the dependent variables (internalizing and externalizing problems).

The conceptual framework was developed based on the vulnerability model's perspective (Nigg, 2006). According to the vulnerability model, particular temperaments predispose children to the development of behavior problems, especially in some context. For temperament, the present study has focused on surgency, negative affect, and effortful control. For behavior problems, externalizing and internalizing problems are focused. Moreover, the contexts are that focused in the current study are parent-child relationship (conflicts and positive aspects of relationship) and child's gender.

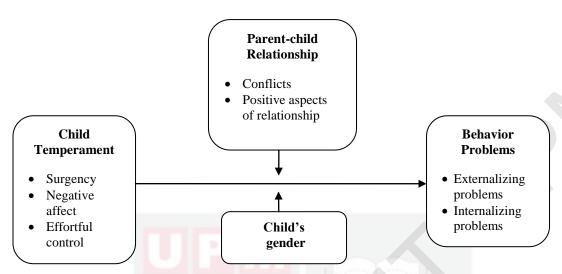


Figure 1.1: The Conceptual Framework of the Study on Relationships between Gender, Child Temperament, Parent-child Relationship and Behavior Problems among Preschool Children in Kuala Lumpur

Temperament acts as a predictor of internalizing and externalizing problems. Difficult temperament is hypothesized to be associated with more internalizing and externalizing problems than easy temperament. As mentioned before, Eisenberg and his colleagues (2009) revealed that low attentional effortful control was associated with internalizing Meanwhile, the parent-child relationship acts as a moderator that strengthens or buffers the relationship between child temperament and externalizing and internalizing problems. Positive parent-child relationship will buffer the relationship between difficult child temperament and behavior problems, and vice versa, negative parent-child relationship will strengthen the relationship between difficult temperament and behavior problems. A growing body of literature provides evidence that unresponsive parenting aggravates the risks of behavior problems for temperamentally difficult children, whereas responsive parenting was found to effectively buffer the risks conferred by temperament (Kochanska & Kim, 2013). Other research (Bradley & Corwyn, 2008; Karreman, van Tuijl, van Aken, & Dekovic, 2009) revealed that preschoolers with difficult temperaments seem to benefit from sensitive and positive control parenting by exhibiting fewer externalizing problems.

Child's gender is also assessed as a moderator between child temperament and internalizing and externalizing problems. Schermerhorn and her colleagues (2013) found that gender as a moderator was significant for males, but not for females in the stress—externalizing path. The results provided limited evidence that boys might be prone to exhibit externalizing problems in the context of stress than girls among highly resistant, unadaptable children. Hence, in order to meet the requirements for establishing a moderating effect, the relationship between gender, child temperament, parent-child relationship, and behavior problems were explored.

1.9 Chapter Summary

The development of a child includes multifaceted aspects. These aspects include the biological, physical, behavioral, and emotional aspects. Children experience changes in these aspects as they grow up to achieve a certain standard set by the society. The progress of these changes is monitored by several indicators that serve as a pioneer for a healthy or unhealthy development. Child temperament was selected as one of the indicators of internalizing and externalizing problems in the current study. Of the different relationships formed over the course of life span, the relationship with parents is usually the most important relationship for children. The quality of the parent-child relationships, as well as child's gender, play crucial roles in psychological development for children, thus the present study give due attention to parent-child relationship and child's gender. Therefore, the main goal of the study is to examine the relationships between gender, child temperament, parent-child relationship and behavior problems among preschool children in the Federal Territory of Kuala Lumpur, Malaysia. Subsequently, reviews of past literature in relation to the key variables are discussed in the next chapter.

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