

The role of well being as mediating variable and frustration in the relationship between deprivation and aggressive behavior among inmates of Nigerian congested prison

ABSTRACT

The article analyses the use of mediating variable, well being and frustration in the relationship between deprivation and aggressive behavior among the inmates in congested Nigerian prison. However, the study elaborated the meaning of well being types of well being, theory of social well being, conclusion and method of information collection and data analysis. The most easy means to see this is to mention that it may have exceptions. It may fail to be a good thing, for instance, when wicked people are well off; perhaps it would be more beneficial if they were badly off. Lastly, our question is not, What sort of life makes for a morally upright life? It seems that we can well conceive of someone leading a morally upstanding life that turns out to be of no benefit to her yet if we became persuaded, through philosophical argument, that this is not possible, perhaps because moral virtue is its own reward, it even appears that being well turned and being moral are distinct phenomena. It hardly needs arguing that the question of what makes a person's life work well is important. First, the question is just inherently interesting, and worth reading in its own right, even if answering it were relevant to no other important queries. It also has obvious practical implications: most of us want to get a good life, and knowing what one is might help us become one, from these direct reasons to be interested, our subject is relevant to many of the most significant questions we face as people face. One cause is that the subjective well being of individuals entails important information about the character of the social system in which they exist. If people typically feel bad, the social system is apparently not easily suited for human habitation. One of the aims of sociology is to contribute to a safer society, and the work of subjective well-being provides clues for a more livable society.

Keyword: Well being; Inmate; Social well being; Physical well being and psychological well being