



UNIVERSITI PUTRA MALAYSIA

***Oil PALM KERNEL SHELL CONCRETE MIX DESIGN AND BOND
STRENGTH***

ASAD MOHAMED ELMAGARHE

FK 2012 133

**OIL PALM KERNEL SHELL CONCRETE MIX DESIGN AND BOND
STRENGTH**

By

ASAD MOHAMED ELMAGARHE

**Thesis Submitted to the School of Graduate Studies, Universiti
Putra Malaysia, in Fulfilment of the Requirements for the Degree of
Master of Science**

May 2012

Abstract of thesis presented to the Senate of University Putra Malaysia in fulfillment of the requirement for the degree of Master of Science

OIL PALM KERNEL SHELL CONCRETE MIX DESIGN AND BOND STRENGTH

By

ASAD MOHAMED ELMAGARHE

May 2012

Chair: Prof. Dato' Ir. Mohd Saleh Jaafar, PhD

Faculty: Faculty of Engineering

Malaysia has been known for years to produce more than half of the world's output of palm oil and produces approximately 3.13 million tonnes as wastes in the form of oil palm shells (PKS) every year. A multitude of efforts have been made in the direction of waste management, and one of these plans are the use of PKS as a lightweight aggregate that can be used for construction purposes. However, the properties of Lightweight OPS concrete depend on the mix proportions, type of sand and the physical properties of the materials used.

In order to ensure that PKS concrete can be used for structural purposes the compressive strength should be at least 25 Mpa. The physical and mechanical properties of PKS concrete showed that the densities and the 28-day compressive strengths of the concrete vary in range from 1750-2050

kg/m³ and 12-24 N/mm², respectively, which are not acceptable to be utilized in structural application. Therefore, this project focuses on strength performance of PKS concrete by finding optimized mix design as well as the bond strength between concrete and steel bars. This work started by choosing a suitable mix to be used for PKS concrete design. ACI 211.2-98 and ASTM C 330-00 have been chosen in order to start conducting trial mixes and to prepare the materials used in optimized mix design. Metakaolin has been used as a mineral admixture to ascertain its contribution in improving the properties of PKS concrete. Tests on the mechanical properties were conducted and the relationship between mechanical properties was analysed. PKS concrete containing 10% metakaolin showed a stronger bond and an increase of 28-day compressive strength by almost 25%. The splitting tensile strengths and modulus of rupture of PKS concrete were found to be 7% and 20% of their compressive strengths. The modulus of elasticity was found to be around 12KN/mm² which is higher than values found in the previous studies. Higher experimental bond strengths were recorded for PKS concrete compared to predicted values and bond strengths were found to be approximately 18% and 9% of compressive strength for deformed and plain bars respectively.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia
sebagai memenuhi keperluan untuk ijazah Master Sains

REKAAN DAN KEKUATAN IKATAN KONKRIT CAMPURAN TEMPURUNG KELAPA SAWIT

Oleh

ASAD MOHAMED ELMAGARHE

Mai 2012

Chair: Prof. Dato' Ir. Mohd Saleh Jaafar, PhD

Faculty: Fakulti Kejuruteraan

Malaysia telah terkenal dalam penghasilan lebih daripada separuh pengeluaran minyak kelapa sawit sedunia dan menghasilkan anggaran 3.14 juta tan bahan buangan dalam bentuk tempurung kelapa sawit (TKS) setiap tahun. Pelbagai usaha telah dilakukan terhadap pengurusan bahan buangan, dan salah satu daripadanya adalah penggunaan TKS sebagai agregat ringan bagi tujuan pembinaan. Walaubagaimanapun, sifat konkrit TKS ringan bergantung kepada kadar campuran, jenis pasir dan sifat fizikal bahan yang digunakan.

Untuk menentukan bahawa konkrit TKS boleh digunakan untuk pembinaan, kekuatan mampatannya sepatutnya sekurang-kurangnya 25 Mpa. Sifat fizikal dan mekanikal konkrit TKS menunjukkan bahawa ketumpatan dan kekuatan mampatan 28-hari konkrit tersebut berubah dalam julat 1750-2050 kg/m³ dan 12-24 N/mm² masing-masing. Ia masih belum boleh diterima untuk penggunaan dalam pembinaan. Oleh itu, projek ini menumpu kepada

prestasi kekuatan konkrit TKS dengan menemukan rekaan campuran yang optima sekaligus dengan kekuatan ikatan di antara konkrit dan batang keluli. Penyelidikan ini dimulakan dengan memilih campuran yang sesuai untuk rekaan konkrit TKS. AC 211.2-98 dan ASTM C 330-00 dipilih untuk menjalankan campuran ujian dan menyediakan bahan untuk digunakan dalam rekaan campuran yang optima. Metakaolin telah digunakan sebagai galian campuran untuk menentukan sumbangannya dalam memperbaiki sifat konkrit TKS. Ujian ke atas sifat mekanikal dan modulus elastik telah dijalankan dan perkaitan di antara sifat mekanikal telah dikaji. Konkrit TKS yang mengandungi 10% metakaolin menunjukkan ikatan yang lebih kuat serta peningkatan kekuatan mampatan 28-hari hampir 25%. Kekuatan tegangan pecah dan modulus pecah bagi TKS konkrit didapati 7% dan 20% daripada kekuatan mampatannya. Modulus elastik didapati di sekitar 12 N/mm² iaitu lebih tinggi daripada nilai yang ditemui dalam kajian sebelumnya. Kekuatan ikatan teruji yang lebih tinggi telah direkod untuk konkrit TKS berbanding dengan nilai ramalan dan kekuatan ikatan didapati lebih kurang 18% dan 9% daripada kekuatan mampatan untuk batang terubah dan juga batang biasa.

ACKNOWLEDGEMENT

I would like to express my deepest gratitude to my supervisor and committee chair, Prof. Mohd Saleh Jaafar, for his support during my two years of graduate study. His guidance and knowledge have always helped and enlightened me. I would like also to thank Dr. Jenaan Alfeel for her advice, encouragement and patience throughout the research. I also thank Dr. Farah Abdul Aziz for her interest in my study and serving as my committee member.

This study is supported by the Department of Civil Engineering of UPM University. I thank Dr. Voo Yen Lei for his technical support for supplying the superplasticizers that used in this research. Palm kernel shells used in this study are generously donated by Soon Seng Palm Oil Mill Sdn. Bhd, and and their generosity are gratefully acknowledged.

I also appreciate and thank Mohamed Alhabshi, Ali Hasoon and Omar Awad for their involvement and assistance in the experimental portion of this study, and without their support and hard work, it is impossible for me to accomplish all the making of concrete, testing program and formatting the thesis.

I also want to thank Mohd Fairus Ismail, Aminuddin b.Amdam and Mohd. Razali b. Abdul Rahman from Materials and Engineering Laboratory for their generous support of my research project.

I thank all my friends who have given me emotional support. Special thanks are given to my parents and my brothers and sisters for their love.

APPROVAL

I certify that a Thesis Examination Committee has met on **(to be announced by GSO)** to conduct the final examination of Asad Mohamed Elmagarhe on his thesis entitled **“Optimizing the Mix Design of Oil Palm Shell Concrete”** in accordance with the Universities and University Colleges Act 1971 and the Constitution of the University Putra Malaysia [P.U. (A) 106] 15 March 1998. The committee recommends that the student be awarded the Thesis of Science.

Members of the Thesis Examination committee were as follow:

Name of Chairperson, PhD

Title (e.g. Professor/ Associate professor/ Ir)
Name of Faculty
University putra Malaysia
(Chairman)

Name of Examiner 1, PhD

Title (e.g. Professor/ Associate professor/ Ir)
Name of Faculty
University putra Malaysia
(Internal Examiner)

Name of Examiner 2, PhD

Title (e.g. Professor/ Associate professor/ Ir)
Name of Faculty
University putra Malaysia
(Internal Examiner)

Name of External Examiner 2, PhD

Title (e.g. Professor/ Associate professor/ Ir)
Name of Department and/ or Faculty
Name of Organization (University/ Institute)
Country
(Internal Examiner)

ZULKARNAIN ZAINAL, PhD

Professor and Deputy Dean
School of Graduate Studies
Universiti Putra Malaysia
Date:

This thesis was submitted to the Senate of University Putra Malaysia and has been accepted as fulfillment of the requirement for the degree of Master.

The members of the Supervisory Committee were as follows:

Mohd Saleh b Jaafar

Professor
Faculty of Engineering
Universiti Putra Malaysia
(Chairman)

Farah Nora Aznieta binti Abdul Aziz

Senior Lecturer
Faculty of Engineering
Universiti Putra Malaysia
(Internal Member)

Jamaloddin Noorzaei

Professor
Faculty of Engineering
Universiti Putra Malaysia
(Internal Member)

Janan Rasheed Alfeel

Associate Professor
Mosul University
(External Member)

BUJANG BIN KIM HUAT, PHD

Professor and Dean
School of Graduate Studies
Universiti Putra Malaysia
Date:

DECLARATION

I declare that the thesis is my original work except for quotations and citations which have been duly acknowledged. I also declare that it has not been previously, and is not concurrently, submitted for any other degree at University Putra Malaysia or at any other institution.



ASAD MOHAMED ELMAGARHE

Date: 22 May 2012

TABLE OF CONTENTS

	Page
ABSTRACT	i
ABSTRAK	iii
ACKNOWLEDGEMENT	v
APPROVAL	vi
DECLARATION	viii
LIST OF TABLES	xiii
LIST OF FIGURES	xv
LIST OF ABBREVIATIONS	xvii
DEDICATION	xviii
 CHAPTER	
 1 INTRODUCTION	 1
1.1 General	1
1.2 Problem statement	3
1.2.1 Mix design of Palm Kernel Shell concrete	3
1.2.2 Using the metakaolin as mineral admixtures in PKS concrete	4
1.2.3 Utilization of Palm Kernel shell in structural applications	7
1.3 Research objectives	8
1.4 Scope of this research	8
 2 LITERATURE REVIEW	 10
2.1 Lightweight Concrete	10
2.1.1 Introduction	10
2.1.2 Types of lightweight concrete	11
2.2 Lightweight aggregates (LWAs)	12
2.2.1 Manufactured aggregates	12
2.2.2 Natural aggregates	14
2.3 Structural lightweight aggregate concrete (SLWC)	18
2.3.1 Properties of Structural Lightweight Aggregate Concrete	19
2.3.1.1 Fresh concrete	19
2.3.1.2 Density	19
2.3.1.3 Compressive strength	20
2.3.1.4 Tensile strength	21
2.3.1.5 Modulus of elasticity	23
2.3.1.6 Creep	24
2.3.1.7 Shrinkage	25
2.4 Palm Kernel shell as lightweight aggregates	25
2.4.1 Physical and mechanical properties	25

2.4.2	Improving the quality of PKS concrete	28
2.5	Palm kernel shell concrete (PKSC)	28
2.5.1	Preceding works performed on palm kernel shell concrete	28
2.5.2	Properties of palm kernel shell concrete	31
2.5.2.1	Density and workability	31
2.5.2.2	Compressive strength	34
2.5.2.3	Tensile strengths	36
2.5.2.4	Modulus of elasticity (MOE)	37
2.6	Mix Design of Palm kernel shell concrete	38
2.7	Structural behaviour	39
2.7.1	Bond strength	39
2.7.2	Flexural behaviour of reinforced concrete	41
2.8	Metakaolin as a cement replacement	43
2.8.1	Introduction	43
2.8.2	Pozzolanic reaction	44
2.8.3	Properties of Fresh Metakaolin Concrete	46
2.8.4	Effect of metakaolin as cement replacement on compressive strength of concrete	47
2.9	Concluding Remarks	48
3	METHODOLOGY	50
3.1	Introduction	50
3.2	Materials used in the investigation	52
3.2.1	Cement	52
3.2.2	High Reactivity Metakaolin (HRM)	52
3.2.3	Water	53
3.2.4	Superplasticizer (SP)	53
3.2.5	Aggregates and tests	54
3.2.6	Fine aggregate	54
3.2.7	Coarse aggregate	55
3.2.8	Testing of aggregates	57
3.2.8.1	Sieve Analysis	57
3.2.8.2	Specific gravity and absorption test (Coarse aggregate)	57
3.2.8.3	Specific gravity (SG) and absorption test (fine aggregate)	58
3.2.8.4	Bulk Density ("Unit Weight") and Voids in aggregate	59
3.2.8.5	Total Evaporable moisture content in the aggregates	60
3.2.9	Reinforcing bars	61
3.3	Mixture proportioning	61
3.3.1	The weight method for selecting proportions for structural lightweight concrete according to (ACI 211.2)	61
3.3.2	Trial batch adjustments	62
3.4	Preparation and Testing of specimens	63
3.4.1	Specimen preparation	63

3.4.2	Mixing, casting and curing procedures of the Materials	63
3.4.3	Testing of fresh concrete	65
3.4.3.1	Slump Test	65
3.4.3.2	Compacting factor Test	65
3.4.4	Specimens for mechanical properties of concrete	68
3.4.4.1	Compressive specimen	68
3.4.4.2	Modulus of elasticity specimen	68
3.4.4.3	Flexural Strength specimen	68
3.4.4.4	Splitting Tensile Strength specimen	70
3.4.4.5	Data analysis using ANOVA	70
3.5	Experiment on structural behaviour	71
3.5.1	Introduction	71
3.5.2	Pullout test	71
3.5.3	Instrumentation	73
3.5.3.1	Linear variable differential transformer (LVDT)	73
3.5.3.2	Data logger	73
3.5.3.3	Instron Universal Testing Machine (UTM)	73
4	RESULTS AND DISCUSSION	74
4.1	Introduction	74
4.2	Properties of aggregates used	75
4.2.1	Sieve analysis of coarse aggregate	75
4.2.2	Sieve analysis of fine aggregate	78
4.2.2.1	Fineness Modulus (FM)	79
4.2.3	Specific Gravity and absorption test for PKS	80
4.2.4	Bulk Density and Voids ratio PKS aggregates	82
4.2.5	Specific Gravity and absorption test for Mining Sand	83
4.3	Properties of concrete	84
4.3.1	Effect of variation in cement content & mineral admixture (Metakaolin) on workability	84
4.3.2	Effect of variation in cement content & mineral admixture (Metakolin) on density	88
4.3.3	Effect of variation in cement content & mineral admixture (Metakolin) on compressive strength	91
4.3.3.1	Introduction	91
4.3.3.2	Development of compressive strength with age	92
4.3.3.3	Strength to density ratio	96
4.3.3.4	Mode of failure in compression test	97
4.4	Mechanical properties of selected PKS Mix	99
4.4.1	Modulus of elasticity	99
4.4.2	Splitting Tensile Strength	101

4.4.3	Interpretation of ANOVA analysis of splitting tensile strength	102
4.4.4	Modulus of rupture	103
4.4.5	Interpretation of ANOVA analysis of flexural strength	105
4.4.6	Mode of failure in tensile strength	106
4.5	Bond behaviour	108
4.5.1	Comparison between NWC grade 30 and PKSC-C4	108
4.5.2	Comparison between two PKSC mixes with deferent cement content	109
4.5.3	The effect of plain and deformed bar size on the bond stress and slip of PKSC-C4	110
4.5.4	Modes of failure in bond for plain and deformed bar	113
4.5.5	A comparison between theoretical and experimental bond strength of PKSC-C4	115
4.6	Optimization performed in this research	117
4.6.1	Enhancement of compressive strength compared to published data	117
4.6.2	Enhancement of modulus of elasticity compared to published data	117
4.6.3	Enhancement of tensile strength compared to the published data	118
4.7	Cost analysis	122
5	CONCLUSIONS AND RECOMMENDATIONS	123
5.1	Introduction	123
5.2	Physical and mechanical properties of concrete	124
5.2.1	Workability and density	124
5.2.2	Compressive strength	124
5.2.3	Modulus of elasticity	125
5.2.4	Tensile strength	126
5.3	Structural behaviours	126
5.3.1	Bond behaviors	126
5.4	Recommendations	128
	REFERENCES	129
	APPENDICES	137
	BIODATA OF STUDENT	172
	LIST OF PUBLICATIONS	173

LIST OF TABLES

Table	Page
2.1: Groups of Lightweight Concrete (Shetty, 2005) [7]	11
2.2: Properties of various aggregate types (Sear, 2001) [27]	13
2.3: Typical properties of lightweight aggregates (Clarke John, 1993) [28]	14
2.4: Properties of some types of sintered diatomite concrete (Short and Kinniburghm, 1978) [6].	16
2.5: The physical and mechanical properties of palm kernel shell	27
2.6: The properties of palm kernel shell concrete	33
2.7: Pozolanic reactivity, Chapelle Test, (Kostuch et al., 2000) [63]	45
3.1: Chemical compositions of cement and high reactivity metakaolin	52
3.2: Requirements of metakaolin according to (ASTM C 618)	53
3.3: Testing of fine and coarse aggregates	57
3.4: Material characteristics used for mix design	62
3.5: Mix design for PKS concrete based on modified ACI mix proportions (mix proportion by weight) and water cement ratio of (0.35)	63
4.1: Grading Requirement for Coarse Aggregate	76
4.2: Limits of fine aggregates gradation	78
4.3: Specific Gravity Test results for Palm Kernel shell (ASTM C127)	81
4.4: The bulk density and void ratio of PKS aggregate	82
4.5: Specific Gravity Test results for mining sand (ASTM C128)	83
4.6: Fresh properties of PKS concrete mixes with variation of cement content and mineral admixture (Metakaolin)	84

4.7: Relationship between demoulded density & air-dry density with variation of cement content	88
4.8: Results of the mix designed according to ACI 211.1-98	91
4.9: Comparison of compressive strength of PKS & HS concrete with variation of cement and metakaolin content for W/C ratio 0.35	94
4.10: Compressive strength to De-moulded density & Air-dry ratio	96
4.11: Splitting tensile strength for PKSC-C4 and HSC-C1	101
4.12: One-way ANOVA of force and splitting tensile strength	102
4.13: One-way ANOVA of weight and splitting tensile strength	102
4.14: Modulus of rupture of PKSC-C4 and HSC-C1	103
4.15: One-way ANOVA of force and flextural tensile strength	105
4.16: One-way ANOVA of weight and flextural tensile strength	105
4.17: Bond strength of PKSC-C4 with plain and deformed bars	115
4.18: Data from published work and present research	120
4.19: The cost of production 1 m ³ of PKSC-C4	122
4.20: The cost of production 1 m ³ of NWC concrete (Alengaram et al. [12]) mix	122
4.2: Palm Kernel Shell Sieve analysis	142
4.3: Granite Sieve analysis	142

LIST OF FIGURES

Figure	Page
1.1: PKS Production in Peninsula Malaysia (By State) in 2004, (Dit, 2007) [4]	2
2.1: Palm Kernel Aggregates	17
2.2: Cube strength for a various types of lightweight aggregate. (Struct, 1987) [39]	21
3.1: The particle size distribution of sand and PKS (Palm Kernel Shell)	54
3.2: Treatment procedures for palm kernel shell aggregates	56
3.3: Slump Test	67
3.4: Compacting Factor Test	67
3.5: Modulus of Elasticity test	69
3.6: Flexural tensile strength test	69
3.7: Splitting tensile strength	70
3.8: Pullout Test	72
4.1: Particle Size Distribution of Palm Kernel Shell Aggregates	77
4.2: Particle Size Distribution of Granite Aggregates	77
4.3: Particle Size Distribution of Fine Aggregate	79
4.4: Slump behaviour for mix (A) with variation of cementitious materials and superplasticizer content	87
4.5: Slump behaviour for mix (B) with variation of cementitious materials content	87
4.6: Slump behaviour for mix (C) with variation of cementitious materials content	87
4.7: Relationship between de-moulded density and air-dry density in term of cement content & 0% metakaolin	89
4.8: Relationship between de-moulded density and air-dry density in terms of cement content & 5% metakaolin	90

4.9: Relationship between de-moulded density and air-dry density in terms of cement content & 10% metakaolin	90
4.10: Development and comparison in compressive strength for Mix (A1), (A2), (A3) and (A4)	94
4.11: Development and comparison in compressive strength for Mix (B1), (B2), (B3) and (B4)	95
4.12: Development and comparison in compressive strength for Mix (C1), (C2), (C3) and (C4)	95
4.13: Mode of surface failure (A) & Bond failure between PKS and cement matrix	98
4.14: Mode of surface failure (A) & Bond failure between PKS and cement matrix	98
4.15: Mode of failure for high strength concrete	98
4.16: Stress and strain relationship for PKSC and HSC	100
4.17: Mode of surface failure in splitting tensile strength for PKSC-C4	107
4.18: Mode of surface failure in flexural tensile strength for PKSC-C4	107
4.19: Bond stress and slip for PKSC-C4 and NWC-grade 30	108
4.20: Bond stress and slip for PKSC-C4 and PKSC (Alengaram et.al) [8]	109
4.21: Effect of the size of the plain bar on the bond stress and slip for PKSC-C4	112
4.22: Effect of the size of the deformed bar on the bond stress and slip for PKSC-C4	112
4.23: Mode of failure in bond between PKSC-C4 and plain bar	114
4.24: Mode of failure in bond between PKSC-C4 and deformed bar size 10mm	114
4.25: Mode of failure in bond between PKSC-C4 and deformed bar size 16mm	114

LIST OF ABBREVIATIONS

FA	:Fly Ash
HRM	:High Reactivity Metakaolin
HSC	:High Strength Concrete
LVDT	:Linear Variable Differential Transformer
LWA	:Lightweight Aggregate
LWAC	:Lightweight aggregate Concrete
MK	:Metakaolin
MOR	:Modulus of Rupture
NA	:Not available
NWC	:Normal Weight Concrete
OPC	:Ordinary Portland Cement
OPS	:Oil Palm Shell
PFA	:Pulverized fuel ash
PKS	:Palm Kernel Shell
PKSC	:Palm Kernel Shell Concrete
SEM	:Scanning Electron Microscopy
SF	:Silica Fume
SLWAC	:Structural Lightweight Aggregate Concrete
SP	:Superplasticizer
SSD	:Saturated Surface Dry

DEDICATION

This thesis is dedicated to my family who have always given me emotional support.



CHAPTER 1

INTRODUCTION

1.1 General

The use of agro-waste materials in construction is becoming more popular due to current economic and environmental concerns. Large amount of agro-waste materials or green materials such as sawdust ash, vegetables fibers, palm oil kernel shells, rice husk ash, etc. are being utilized as raw materials for blended components in concrete. However, broad utilization of green materials is still limited due to excessive treatments that may be required before they can be effectively used with cement [1].

Malaysia, Nigeria, Thailand and Indonesia are the countries that produce the largest quantities of palm oil. Consequently, they are also processing a large amount of industrial waste, which is dumped in factory yards. Over the last 30 years, awareness has grown particularly in Malaysia and Nigeria regarding disposal management strategies. One of the successful strategies is the potential of utilizing agricultural and industrial waste as construction materials. Thus, the use of waste materials, particularly in the manufacture of Lightweight Aggregates (LWA) is considered productive and vital. The PKS production in Malaysia is shown in Figure 1.1.

For this research, palm kernel shell (PKS), sometimes referred to as oil palm shells (OPS) is the industrial waste used as a LWA. Okpala [2] stated that the African people had used PKS in the past to build their mud houses and even nowadays the reaming is still in good condition. Teo et al [3] reported

that in Malaysia, PKS was implemented in the construction of low-cost houses by using PKS hollow blocks for the walls and PKS concrete for the footings. He also expressed that lintels and beams showed acceptable performance with no serious structural problems during sustained load.

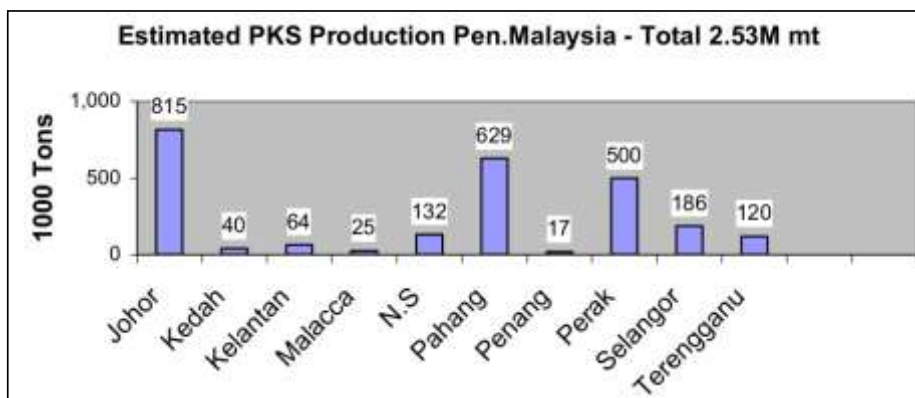


Figure 1.1: PKS Production in Peninsula Malaysia (By State) in 2004, (Dit, 2007) [4]

1.2 Problem statement

1.2.1 Mix design of Palm Kernel Shell concrete

There were several preliminary investigations done by Mannan and Ganapathy [5] to identify an appropriate mix design for palm kernel shell concrete. Three different methods were followed, ACI mix design method for normal weight concrete and the mix design method mentioned in references [5, 6]. None of these procedures as presented in their findings achieved the targeted compressive strength of 25 N/mm^2 . The maximum compressive strength that was gained was around 14 N/mm^2 , which is also below the minimum strength of structural lightweight concrete; 17 N/mm^2 [8]. Finally, Mannan and Ganapathy [5] concluded that PKS mix design should be subjected to a trial-and error method in order to obtain a proper mix proportion.

Another mix design approach was presented by Alengaram et al [9] and Shafigh et al [10] as their mixes displayed high compressive strengths of 37 and 45 N/mm^2 , respectively. Nevertheless, both mixes contain high cement content, (535 kg/m^3) for Alengaram and (550 kg/m^3) for Shafigh. Thus, using high cement content with aggregates classified as waste materials will achieve a low-cost concrete. Hence, for this study the optimized mix design focuses on lowering the cement content, which will has tremendous effect on the cost besides achieving an acceptable compressive strength for LWAC.

1.2.2 Using the metakaolin as mineral admixtures in PKS concrete

Generally, according to previous researches, the failure of PKSC is controlled by two things, i.e., the failure of the shell itself or by the bond between PKS and cement matrix. This problem has been addressed by a couple of researchers by adding the mineral admixtures such as fly ash and silica fume to the PKSC. Basri et al [11] proved that using fly ash (FA) with class F as a mineral admixture in PKSC did not achieve the desired outcome to optimize compressive strength. Moreover, they indicated a reduction in compressive strength of almost 25% by using 15% fly ash as a cement replacement.

Alengaram et al [12] used silica fume (SF) as a cement additive. They found that the 28-day compressive strength was around 37 N/mm^2 . This finding gave evidence that the weaker zone, i.e. the zone between the aggregate and cement's interface was strengthened by utilizing SF. Hence, eventually, the bond strength increased to produce a higher compressive strength.

PKS has a flaky and irregular shape so it has an explicit effect on workability. According to Alengaram et al [9], SF should be used between 8% and 10% in order to cover the entire shell's surface. Consequently, using 10% SF as a cement additive combined with the irregularity shape effect of the shells will cause a high demand for water to maintain workability. Eventually, a special or high-water reducer (superplasticizer) will also be needed to make the concrete more workable.

In this research, 5 and 10% of metakaolin (MK) has been used as a cement replacement in order to optimize the mix design of PKSC. MK was chosen in

this study rather than other types of supplementary materials for four important reasons:

- The reactivity of metakaolin was very high when compared with other types of pozzolanic materials. Metakaolin comprises the highest percentage of aluminosilicates between the pozzolanic materials, enabling it to maximise the durability of concrete binder [13]. Metakaolin extremely reacts with lime more than flyash that its reaction with lime in concrete may take up to two months [14], while metakaolin, the reaction may occur within two weeks [15].
- Metakaolin has a low specific gravity in the range of 2.10 to 2.60 compared to other types of supplementary materials such as fly ash, 2.6 to 3.0, and blast furnace slag, 2.80 to 2.95. Therefore, using metakaolin to replace the cement that has a specific gravity in the range of 3.0 to 3.10 will have a tangible effect upon density. This fact was approved from Al-Sibahy and Edward [16] who used the metakaolin to replace cement for lightweight concrete containing recycled glass. According to their findings they noticed that by increasing the percentage of metakaolin from 0, 5 and 10% as cement replacement, the density had a reduction around 1680, 1670 and 1620 kg/m³, respectively. Thus, using metakaolin instead of other types of supplementary materials not only will enhance the mechanical property of PKS concrete but also will provide more acceptable density for structural lightweight concrete.
- Another advantage is that metakaolin is not classified as a by-product, unlike other pozzolanic materials which their engineering properties cannot

be control [17]. Therefore, implementing metakaolin will promise some benefits comparable to other supplementary materials. In this study, evaluation the performance of metakaolin-PKS concrete will be compared to other lightweight PKS concrete contains incorporation different supplementary materials from previous published work.

- Dubey and Banthia [18] reported that the slump values for concrete mixes comprised of 10% SF were found to be equal to half the values of mixes that contain the same proportion of MK. That means MK concrete requires less quantity of high water reducer compared to SF.
- There were no previous research studies investigating the effect of MK on the mechanical properties of PKSC.

1.2.3 Utilization of Palm Kernel shell in structural applications

In 1984, Abdullah [19] carried out a first study concerning usage of PKS as a lightweight aggregate to produce LWC. Abdullah proved from his findings that the resulting concrete has an air-dry density in the range of 1840-2050 kg/m³ and 28-day compressive strength between 5 and 20 N/mm². However, most codes and standards require a specified minimum strength for structural lightweight aggregate concrete, for example, ASTM C330 [20] specified that the minimum strength for structural lightweight concrete is 17 N/mm². BS 5400 [21] required minimum allowable cube strength of 25 N/mm² for LWAC to be used in structural application such as reinforced concrete bridges. In this research the target strength of 30 N/mm² was allocated to ensure PKSC to be use in structural application. Shafigh et al [22] and Ng et al [23] did an investigation of in the structural integrity of palm kernel shell reinforced concrete, they reported that although PKSC has good mechanical properties such as perfect insulation, it still needs additional investigation for their structural behavior as the PKS concrete slab for instance failed to fulfilled the minimum strength requirement at the time of lifting, transporting and the time of service. Eventually, they concluded that a further tests regarding of structural behavior are required.

Another study was done by Alengaram et al. [12], who studied the effect of silica fume in the bond strength of PKSC beam, they observed that PKSC beam exhibited under ductile load several cracks with a very small crack width which gave an indication of strong bond between PKSC and reinforced bars. Eventually, they concluded that using silica fume as cement

replacement enhanced the bond strength of PKS concrete. There are various factors that affect the bond strength of palm kernel shell concrete (PKSC) such as mix proportions, density and curing conditions. Thus, in this study metakaolin has been used as cement replacement not only to enhance the bond strength of PKSC but also by limiting the air-density to be in the margin of structural lightweight concrete. Herewith, the bond strength was chosen as the margin to indicate the development in the structural behavior for proposed mix designation.

1.3 Research objectives

The objectives of this study can be summarized as given below:

- i) To determine the optimum mix design of PKSC by limiting the cement content between 400 to 480 kg/m³ and To study the effect of metakaolin as a mineral admixture in PKS concrete.
- ii) To identify the enhancement in the bond strength between PKSC and steel bar.

1.4 Scope of this research

The development of the mix design of PKSC was done by limiting the cement content to be in the range of 400 to 480 kg/m³. Also, this research work addressed the potentiality of using high reactive metakaolin (HRM) as a supplementary cementitious material in PKS concrete mixes. Four different mixes were used and every mix proportion was incorporated with 0, 5 and 10% of high-reactivity metakaolin (HRM) in order to optimize the compressive strength and mechanical properties of PKSC. The PKS

aggregate for the four mixes was fully replaced with granite aggregate and nominated as the control mix.

The fresh and hardened concrete properties of PKSC were chosen to be the base of this study, by analyzing and comparing the behaviors for each concrete mix. Slump and compacting factor test was chosen to evaluate the workability of concrete mixes. All concrete samples were cured under water tank regimes for almost one month. The mixes that incorporated 10% metakaolin showed the highest compressive strength of more than 30 N/mm². One mix that is considered as an optimized mix was selected according to its low cement content and high compressive strength. The mechanical properties of the selected mix was investigated and compared with the same concrete mix but fully replaced with granite aggregate. The bond stress of the selected mix of PKSC was compared to a similar grade of NWC. Twenty-one cylindrical concrete reinforced with plain and deformed bars of different sizes was tested and compared concerning its bond strength behaviour.

However, some limitations were set which would not cover for this study:

- Studies related to durability and thermal conductivities are not included.
- No studies on long term properties such as shrinkage and creep.

REFERENCES

- [1] M. A. Mannan, J. Alexander, C. Ganapathy, and D. C. L. Teo, "Quality improvement of oil palm shell (OPS) as coarse aggregate in lightweight concrete," *Building and environment*, vol. 41, no. 9, pp. 1239–1242, 2006.
- [2] D. C. Okpala, "Palm kernel shell as a lightweight aggregate in concrete," *Building and Environment*, vol. 25, no. 4, pp. 291–296, 1990.
- [3] D. C. L. Teo, M. A. Mannan, V. J. Kurian, and C. Ganapathy, "Lightweight concrete made from oil palm shell (OPS): Structural bond and durability properties," *Building and environment*, vol. 42, no. 7, pp. 2614–2621, 2007.
- [4] M. Dit, "Palm kernel shell (PKS) is more than biomass for alternative fuel after 2005," in *Proceedings of Chemistry and Technology Conference*, Kuala Lumpur, Malaysia, 2007.
- [5] M. A. Mannan and C. Ganapathy, "Mix design for oil palm shell concrete," *Cement and concrete research*, vol. 31, no. 9, pp. 1323–1325, 2001.
- [6] A. Short and W. Kinniburgh, *Lightweight concrete*, 3rd ed. London, UK: Applied Science Publishers, 1978.
- [7] M. S. Shetty, *Concrete Technology Theory and Practice*, 1st ed. New Delhi, India: Chand (S.) & Co Ltd, 2005.
- [8] ACI Committee 213, *Guide for Structural Lightweight Aggregate Concrete*. US: American Concrete Institute, Farmington Hills, MI, 1987.
- [9] U. J. Alengaram, H. Mahmud, and M. Z. Jumaat, "Comparison of mechanical and bond properties of oil palm kernel shell concrete with normal weight concrete," *International Journal of the Physical Sciences*, vol. 5, no. 8, pp. 1231–1239, 2010.
- [10] P. Shafigh, M. Z. Jumaat, and H. Mahmud, "Oil palm shell as a lightweight aggregate for production high strength lightweight concrete," *Construction and Building Materials*, vol. 25, no. 4, pp. 1884–1853, 2010.
- [11] H. B. Basri, M. A. Mannan, and M. F. . Zain, "Concrete using waste oil palm shells as aggregate," *Cement and concrete research*, vol. 29, no. 4, pp. 619–622, 1999.
- [12] U. J. Alengaram, M. Z. Jumaat, and H. Mahmud, "Ductility behaviour of reinforced palm kernel shell concrete beams," *European Journal of Scientific Research*, vol. 23, no. 3, pp. 406–420, 2008.

- [13] R. Siddique, *Waste materials and by-products in concrete*. London, UK: Springer Verlag, 2007.
- [14] J. M. Justice, L. H. Kennison, B. J. Mohr, S. L. Beckwith, L. E. McCormick, B. Wiggins, Z. Z. Zhang, and K. E. Kurtis, "Comparison of two metakaolins and a silica fume used as supplementary cementitious materials," in *SP-228, ACI, Farmington Hills, Mich*, Washington D.C, USA, 2005, pp. 213–236.
- [15] E. Güneyisi, M. Gesoğlu, and K. Mermerdaş, "Improving strength, drying shrinkage, and pore structure of concrete using metakaolin," *Materials and Structures*, vol. 41, no. 5, pp. 937–949, 2008.
- [16] A. Al-Sibahy and R. Edwards, "Mechanical and thermal properties of novel lightweight concrete mixtures containing recycled glass and metakaolin," *Construction and Building Materials*, vol. 31, pp. 157–167, 2012.
- [17] E. Badogiannis and S. Tsivilis, "Exploitation of poor Greek kaolins: durability of metakaolin concrete," *Cement and Concrete Composites*, vol. 31, no. 2, pp. 128–133, 2009.
- [18] A. Dubey and N. Banthia, "Influence of high-reactivity metakaolin and silica fume on the flexural toughness of high-performance steel fiber reinforced concrete," *ACI Materials Journal*, vol. 95, no. 3, pp. 284–292, 1998.
- [19] A. A. A. Abdullah, "Basic strength properties of lightweight concrete using agricultural wastes as aggregates," in *Proceedings of International Conference on Low-cost Housing for Developing Countries, Roorkee, India*, 1984.
- [20] ASTM C330., *Standard Specification for Lightweight Aggregates for Structural Concrete*. Annual Book of ASTM Standards.
- [21] BS 5400, *Steel, Concrete and Composite Bridges, Part 10, Code of Practice for Fatigue*. London, UK: British Standards Institution, 1990.
- [22] P. Shafigh, M. Hassanpour, S. V. Razavi, and M. Kobraei, "An investigation of the flexural behaviour of reinforced lightweight concrete beams," *International Journal of the Physical Sciences*, vol. 6, no. 10, pp. 2414–2421, 2011.
- [23] C. H. Ng, Z. Ideris, S. P. Narayanan, M. A. Mannan, and V. J. Kurian, "Flexural Behavior of Oil Palm Shell (Ops) Hybrid Precast Concrete Flooring Slab," presented at the World Engineering Congress, Penang, Malaysia, 2007.
- [24] A. M. Neville, *Properties of Concrete*. Essex, UK: Longman Group Limited, 1995.

- [25] N. Krishna Raju, *Design of concrete mixes*. New Delhi, India: CBS Publishers, 2002.
- [26] S. Chandra and L. Berntsson, *Lightweight aggregate concrete: science, technology, and applications*. New Delhi, India: William Andrew, 2002.
- [27] L. K. A. Sear, *Properties and use of coal fly ash: a valuable industrial by-product*. London, UK: Thomas Telford, 2001.
- [28] J. L. Clarke, *Structural lightweight aggregate concrete*. Glasgow, UK: Blackie Academic & Professional, 1993.
- [29] G. G. Artioli, *Scientific methods and cultural heritage: an introduction to the application of materials science to archaeometry and conservation science*, 1st ed. US: Oxford University Press, 2010.
- [30] L. J. Csetenyi, *Innovations and developments in concrete materials and construction: proceedings of the International Conference held at the University of Dundee, Scotland, UK on 9-11 September 2002*, vol. 1. Thomas Telford, 2002.
- [31] P. Klieger and J. F. Lamond, *Significance of tests and properties of concrete and concrete-making materials*, 3rd ed. US: ASTM International, 1994.
- [32] S. Chandra, *Waste materials used in concrete manufacturing*, 1st ed. New Delhi, India: William Andrew, 1997.
- [33] M. A. Mannan and C. Ganapathy, "Engineering properties of concrete with oil palm shell as coarse aggregate," *Construction and Building Materials*, vol. 16, no. 1, pp. 29–34, 2002.
- [34] F. O. Okafor, "Palm kernel shell as a lightweight aggregate for concrete," *Cement and Concrete Research*, vol. 18, no. 6, pp. 901–910, 1988.
- [35] P. N. Ndoke, "Performance of Palm Kernel Shells as a Partial replacement for Coarse Aggregate in Asphalt Concrete," *Leonardo Electronic Journal of Practices and Technologies*, vol. 5, no. 9, pp. 145–152, 2006.
- [36] B. EN, "206-1 (2000). Concrete—Part 1: Specification, Performance, Production and Conformity," *British Standards Institution, UK*, 2001.
- [37] F. béton, *Structural concrete: textbook on behaviour, design and performance*, 2nd ed., vol. 3. France: FIB-Féd. Int. du Béton, 1999.
- [38] J. B. Newman, *Advanced concrete technology*, 1st ed. Elsevier/Butterworth-Heinemann, 2003.

- [39] I. Struet, *Guide to the Structural Use of Lightweight Aggregate*. London: Institution of Structural Engineers, 1987.
- [40] T. W. Bremner and T. A. Holm, "Elastic compatibility and the behavior of concrete," *ACI Journal Proceedings*, vol. 83, no. 2, pp. 244–250, 1986.
- [41] ACI.318, *Building Code Requirements for Reinforced Concrete (ACI 318-05) and Commentary*, 2nd ed. American Concrete Institute, 2005.
- [42] E. G. Nawy, *Fundamentals of high-performance concrete*, 2nd ed. Wiley, 2001.
- [43] S. Khan and M. Williams, *Post-tensioned concrete floors*. Laxton's, 1995.
- [44] U. J. Alengaram, M. Z. Jumaat, and H. Mahmud, "Influence of sand content and silica fume on mechanical properties of palm kernel shell concrete," in *International conference on construction and building technology ICCBT*, Malaysia, 2008, pp. 251–262.
- [45] BS 3797, *Specification For lightweight Aggregate For Masonry Units And Structural Concrete*. London, UK: British Standards Institution, 1990.
- [46] M. Z. Jumaat, U. J. Alengaram, and H. Mahmud, "Shear strength of oil palm shell foamed concrete beams," *Materials & Design*, vol. 30, no. 6, pp. 2227–2236, 2009.
- [47] M. A. Mannan and C. Ganapathy, "Concrete from an agricultural waste-oil palm shell (OPS)," *Building and environment*, vol. 39, no. 4, pp. 441–448, 2004.
- [48] E. A. Olanipekun, K. O. Olusola, and O. Ata, "A comparative study of concrete properties using coconut shell and palm kernel shell as coarse aggregates," *Building and environment*, vol. 41, no. 3, pp. 297–301, 2006.
- [49] U. J. Alengaram, H. Mahmud, and M. Z. Jumaat, "Enhancement and prediction of modulus of elasticity of palm kernel shell concrete," *Materials & Design*, vol. 32, no. 4, pp. 2143–2148, 2010.
- [50] F. A. Olutoge, "Investigations On Sawdust And Palm Kernel Shells As Aggregate Replacement," *ARNP Journal of Engineering and Applied Sciences*, vol. 5, no. 4, pp. 7–13, 2010.
- [51] M. A. Mannan and C. Ganapathy, "Long-term strengths of concrete with oil palm shell as coarse aggregate," *Cement and concrete research*, vol. 31, no. 9, pp. 1319–1321, 2001.

- [52] A. H. Nilson, D. Darwin, C. W. Dolan, and C. Zhan, *Design of concrete structures*, 13th ed. New York: McGraw-Hill, 1997.
- [53] P. Shafigh, H. Mahmud, and M. Z. Jumaat, "Effect of steel fiber on the mechanical properties of oil palm shell lightweight concrete," *Materials & Design*, vol. 32, no. 7, pp. 3926–3932, 2011.
- [54] J. M. Khatib and P. S. Mangat, "Absorption characteristics of concrete as a function of location relative to casting position," *Cement and concrete research*, vol. 25, no. 5, pp. 999–1010, 1995.
- [55] E. Ahmed and H. R. Sobuz, "Flexural and time-dependent performance of palm shell aggregate concrete beam," *KSCE Journal of Civil Engineering*, vol. 15, no. 5, pp. 859–865, 2011.
- [56] D. J. Cook, "Calcined clay, shale and other soils," *Cement replacement materials*, vol. 3, no. 4, pp. 40–72, 1985.
- [57] R. A. Aguilar, O. B. Diaz, and J. E. Garcia, "Lightweight concretes of activated metakaolin-fly ash binders, with blast furnace slag aggregates," *Construction and building materials*, vol. 24, no. 7, pp. 1166–1175, 2010.
- [58] C. Shi, P. V. Krivenko, and D. M. Roy, *Alkali-activated cements and concretes*. Spon Press, 2006.
- [59] K. A. Gruber, T. Ramlochan, A. Boddy, R. D. Hooton, and M. D. A. Thomas, "Increasing concrete durability with high-reactivity metakaolin," *Cement and concrete composites*, vol. 23, no. 6, pp. 479–484, 2001.
- [60] F. M. Lea and C. H. Desch, *The chemistry of cement and concrete*, 3rd ed., vol. 727. London: Edward Arnold London, 1970.
- [61] A. M. Dunster, J. R. Parsonage, and M. J. K. Thomas, "The Pozzolanic Reaction of Metakaolinite and Its Effects on Portland-Cement Hydration," *Journal of Materials Science*, vol. 28, no. 5, pp. 1345–1350, 1993.
- [62] M. Murat, "Hydration reaction and hardening of calcined clays and related minerals. I. Preliminary investigation on metakaolinite," *Cement and Concrete Research*, vol. 13, no. 2, pp. 259–266, 1983.
- [63] J. A. Kostuch, V. Walters, and T. R. Jones, "High performance concretes incorporating metakaolin: a review," *concrete*, vol. 2, no. 1993, pp. 1799–811, 2000.
- [64] M. Frias and J. Cabrera, "Pore size distribution and degree of hydration of metakaolin-cement pastes," *Cement and Concrete Research*, vol. 30, no. 4, pp. 561–569, 2000.

- [65] M. Frías, M. I. de Rojas, and J. Cabrera, "The effect that the pozzolanic reaction of metakaolin has on the heat evolution in metakaolin-cement mortars," *Cement and concrete research*, vol. 30, no. 2, pp. 209–216, 2000.
- [66] M. Oriol and J. Pera, "Pozzolanic activity of metakaolin under microwave treatment," *Cement and Concrete Research*, vol. 25, no. 2, pp. 265–270, 1995.
- [67] M. A. Caldarone, K. A. Gruber, and R. G. Burg, "High reactivity metakaolin (HRM): a new generation mineral admixture for high performance concrete," *Concrete International*, vol. 16, no. 11, pp. 37–40, 1994.
- [68] S. Wild, J. M. Khatib, and A. Jones, "Relative strength, pozzolanic activity and cement hydration in superplasticised metakaolin concrete," *Cement and Concrete Research*, vol. 26, no. 10, pp. 1537–1544, 1996.
- [69] B. B. Sabir, "The effects of curing temperature and water/binder ratio on the strength of metakaolin concrete," in *Sixth CANMET/ACI International Conference on Fly Ash, Silica Fume, Slag and Natural Pozzolans in Concrete, Supplementary volume. Bangkok, Thailand*, 1998, pp. 495–506.
- [70] S. Rols, M. Mbessa, J. Ambroise, and J. Pera, "Influence of Ultra-Fine Particle Type on Properties of Very-High Strength Concrete," in *In proceedings of the second CANMET/ACI International Conference on High Performance Concrete and Performance and Quality of Concrete Structure, Gramado, RS., Brazil*, 1999, pp. 671–686.
- [71] J. Bai, S. Wild, B. B. Sabir, and J. M. Kinuthia, "Workability of concrete incorporating pulverized fuel ash and metakaolin," *Magazine of Concrete Research*, vol. 51, no. 3, 1999.
- [72] J. S. Lota, K. Kendall, and J. Bensted, "Mechanism for the modification of Portland cement hydration using polyacrylic acid," *Advances in cement research*, vol. 12, no. 2, pp. 45–56, 2000.
- [73] S. Wild and J. M. Khatib, "Portlandite consumption in metakaolin cement pastes and mortars," *Cement and concrete research*, vol. 27, no. 1, pp. 137–146, 1997.
- [74] F. Curcio, B. A. DeAngelis, and S. Pagliolico, "Metakaolin as a pozzolanic microfiller for high-performance mortars," *Cement and Concrete Research*, vol. 28, no. 6, pp. 803–809, 1998.
- [75] J. J. Brooks, M. A. Johari, and M. Mazloom, "Effect of admixtures on the setting times of high-strength concrete," *Cement and concrete Composites*, vol. 22, no. 4, pp. 293–301, 2000.

- [76] ASTM C618., *Standard Specification for Coal Fly Ash and Raw or Calcined Natural Pozzolan for Use in Concrete*. Annual Book of ASTM Standards.
- [77] ASTM 1602, *Standard Specification for Mixing Water Used in the Production of Hydraulic Cement Concrete*. Annual Book of ASTM Standards.
- [78] ASTM C136., *Standard Test Method for Sieve Analysis of Fine and Coarse Aggregates*. Annual Book of ASTM Standards.
- [79] ASTM C127, *Standard Test Method for Density, Relative Density (Specific Gravity), and Absorption of Coarse Aggregate*. Annual Book of ASTM Standards.
- [80] ASTM C128, *Test Method for Specific Gravity and Adsorption of Fine Aggregate*. Annual Book of ASTM Standards.
- [81] ASTM C29/C29M, *Standard Test Method for Bulk Density ("Unit Weight") and Voids in Aggregate*. Annual Book of ASTM Standards.
- [82] ASTM C566, *Standard Test Method for Total Moisture Content of Aggregate by Drying*. Annual Book of ASTM Standards.
- [83] ACI 211.2, *Standard Practice for Selecting Proportions for Structural Lightweight Concrete*. US: American Concrete Institute, 1998.
- [84] BS EN 12390-2, *Testing hardened concrete. Making and curing specimens for strength tests*. London: British Standards Institution, 2000.
- [85] ASTM C143, *Standard test method for slump of hydraulic-cement concrete*. Annual Book of ASTM Standards.
- [86] IS 1199-1959, *Indian Standard Methods of Sampling and Analysis of Concrete*. New Delhi, India: Bureau of Indian Standards,.
- [87] BS EN 12390-3, *Testing hardened concrete-Part-3: Compressive strength of test specimens*. London: British Standards Institution, 2002.
- [88] ASTM C469, *Standard Test Method for Static Modulus of Elasticity and Poisson's Ratio of Concrete in Compression*. Annual Book of ASTM Standards.
- [89] ASTM C78, *Standard Test Method for Flexural Strength of Concrete (Using Simple Beam with Third-Point Loading)*. Annual Book of ASTM Standards.
- [90] ASTM C496, *Standard Test Method for Splitting Tensile Strength of Cylindrical Concrete Specimens*. Annual Book of ASTM Standards.

- [91] ASTM C234, *Standard test method for comparing concretes on the basis of the bond developed with reinforcing steel*. Annual Book of ASTM Standards.
- [92] ASTM C33, *Standard Specification for Concrete Aggregate*. Annual Book of ASTM Standards.
- [93] Y. A. Abdel-Jawad and W. S. Abdullah, "Design of maximum density aggregate grading," *Construction and Building Materials*, vol. 16, no. 8, pp. 495–508, 2002.
- [94] K. H. Khayat, "Workability, testing, and performance of self-consolidating concrete," *ACI Materials Journal*, vol. 96, pp. 346–353, 1999.
- [95] P. A. Gutierrez and M. F. Canovas, "High-performance concrete: requirements for constituent materials and mix proportioning," *ACI Materials Journal*, vol. 93, no. 3, pp. 233–241, 1996.
- [96] U. J. Alengaram, H. Mahmud, M. Z. Jumaat, and S. Shirazi, "Effect of aggregate size and proportion on strength properties of palm kernel shell concrete," *Int J Phys Sci*, vol. 5, no. 12, pp. 1848–1856, 2010.
- [97] S. Y. Thian and C. Y. Lee, "Stress history effect on mining sand with fines contents," *International Journal of Geomatics and Geosciences*, vol. 2, no. 1, pp. 1–10, 2010.
- [98] Z. Li and Z. Ding, "Property improvement of Portland cement by incorporating with metakaolin and slag," *Cement and concrete research*, vol. 33, no. 4, pp. 579–584, 2003.
- [99] ASTM C567, *Standard test method for unit weight of structural lightweight concrete*. Annual Book of ASTM Standards.
- [100] D. C. L. Teo, M. A. Mannan, and J. V. Kurian, "Flexural behaviour of reinforced lightweight concrete beams made with oil palm shell (OPS)," *Journal of Advanced Concrete Technology*, vol. 4, no. 3, pp. 459–468, 2006.
- [101] BS 8110-3, *Structural use of concrete. Design charts for singly reinforced beams, doubly reinforced beams and rectangular columns*. London: British Standards Institution.