

Fatin coasts to an easy gold

NATIONAL compound archer Fatin Nurfatehah Mat Salleh left no room for drama as she eased to the women's individual compound gold at the Malaysian Institutions of Higher Learning Games (Sukipt) in Johor Baru yesterday.

Despite tricky weather conditions, the Universiti Sains Malaysia (USM) student remained calm as she notched a total score of 686 to grab the gold at the Universiti Teknologi Malaysia (UTM) campus.

USM teammate Low Jiun Sien came in second on 670 while Universiti Teknologi Mara's (UiTM) Nurul Syazhera M. Asmi took the bronze on 664.

Fatin, part of the women's team that won a historic gold at the World Cup in Shanghai and three gold at the Singapore Sea Games last year, said her win was the perfect way to start the season.

"It rained during the first round (yesterday), it stopped in the second but then it became very windy, so it was quite tough as everyone had to adapt," said the 24-year-old, who has won the event at every edition of Sukipt since it started in 2012.

"My score was only one point off the 687 games record I had set in 2012, so I am quite satisfied, especially as this is my first competition



Nur Assyira Zainal Abidin (Politeknik Selangor) and **Muhammad Ridhuan Ahmad** (Politeknik Pulau Pinang) won gold in the women's and men's cross country Olympic mountain bike at Sukipt yesterday.



this year.

"I have been making good progress in training and I hope to continue improving and do well at the Asia Cup in Bangkok next month.

"I won a gold in the individual event there last year, hopefully I can go a few steps further this time."

Universiti Tenaga Nasional's M. Akmal Khairul Adnan took the

men's individual compound gold on 669.

The cross Olympic mountain bike (MTB) event saw Muhammad Ridhuan Ahmad (Politeknik Pulau Pinang) clinching the men's individual gold after finishing seven laps of the 5.49km track in a respectable 1:31:47s.

Nur Assyira Zainal Abidin (Politeknik Selangor) emerged as the winner in the women's event after completing five laps around the same track in 1:16:18s.

UiTM bagged both team MTB gold medals through Nurul Syuhadah Jamin, Siti Farah Eliza Zainuddin and Nur Khairunnisatulaina Mohd who notched a combined 4:02:06s in the women's event while Charles Kin Diking, Muhamad Adib Nor Akhsan and Muhammad Izdihelmi Samsudin clocked 4:42:24s in

the men's.

In tenpin bowling, Faten Najihah Ahmad Faik added to UiTM's haul after winning the women's Masters while Universiti Tun Hussein Onn's Muhammad Faridz Mohd Rodzi bagged the men's gold.

Mohd Azly Ghazali of Kolej Komuniti Pulau Pinang set a new games record of 2.10m en route to winning the men's high jump. The former record of 2.04m was set by Sea Games gold medallist Nauraj Singh Randhawa (UM) in 2014. The 10,000m men's walk witnessed UPM's Muhammad Khairil Harith Harun clinching the gold in 51:26.04s.

UiTM remain on track to defending their overall title as they comfortably led the overall standings with 41 gold, 39 silver and 35 bronze.

Inaugural edition winners UPM are in second place on a distant 22-13-13 while UM (18-11-15) are third. **By Fadhli Ishak**