

Jackie breaks own record

Aravinn too fast for the rest in 200m

By **AFTAR SINGH**

SHAH ALAM: Jackie Wong Siew Cheer rewrote his own national men's hammer record with a hurl of 64.50m at the 50th Pahang Open Athletics Championships.

The Sarawak-born athlete beat his previous record of 63.71m, set at last year's Philippines Open, thrice on the last day of the championships at the Darul Makmur Stadium in Kuantan yesterday.

He hurled 63.85m on his second attempt, 64.20m in the fourth and 64.50m in the sixth and final throw.

Universiti Putra Malaysia's (UPM) Michael Sia Sung Dak won the silver with a throw of 49.28m and Perak's Eng Chun Hau bagged the bronze with a 42.13m effort.

The 24-year-old Jackie, the bronze medallist at last year's Singapore SEA Games, was thrilled to bits with his performance.

"This is my first competition of the year. I'm happy to shatter my record for the fifth time since 2013. I will continue to work hard to hit the 65m mark," said Jackie, who represented the Malaysia Athletics Federation (MAF).

National sprinter G. Aravinn Thevarr was also in his element, clocking a personal best of 21.13 to win the men's 200m gold. Aravinn's previous best was 21.40, which he clocked at last year's Kinta Open to qualify for the Singapore SEA Games.

Malacca's Khairul Hafiz Jantan, the silver medallist in Saturday's 100m, again settled for second place with a time of 21.26. Mohd Haiqal Hanafi of Negri Sembilan clocked 21.69 to take the bronze.



High five: Jackie Wong Siew Cheer shattered the national hammer record a fifth time since 2013.

The women's 200m gold was won by Perak's Noor Cewan Syafiqah, who clocked 24.70.

Kang Woan Yi clocked 26.23 for a 1-2 finish for Perak while Sabah's Elice Grenggori settled for the bronze in 27.00.