

Relationship between perfectionism and marital satisfaction among graduate students

ABSTRACT

This study aimed to examine the relationship between self-perfectionism, dyadic perfectionism, and marital satisfaction among graduate students. Respondents were recruited based on purposive sampling. A total of 30 graduate students participated in the study. The result shows that dyadic perfectionism is significantly correlated with marital satisfaction in a negative direction. Respondents who hold high standard and high discrepancy to their partner tend to be less satisfied in their marriage. Implication to counselling service is discussed.

Keyword: Self-perfectionism; Dyadic perfectionism; Marital satisfaction; Graduate students

