Five Malaysian food technology students from Universiti Putra Malaysia have bagged the first prize at the International Food Technology Competition in Chicago.

The team, comprising Sew Chang Chew (leader), Tan Tai Boon, Mohd Asraf Mohd Zainudin, Kuan Chee Hao and Najla Gooda Sahib, won US$3,000 (RM9,585) and a trophy with their product “EnerTEIN”, a food supplement to nourish HIV patients.

This is the second time the group won the competition, organised by the Institute of Food Technologists (IFT). The first was last year, Sew said.

He said the Chicago event had two competitions — one for candidates from North America (the United States and Canada and another for international candidates. The international contest had three competing teams — one from Malaysia and two from Indonesia.

He said the competition, which was held on July 15, was part of a conference and food expo with the theme “Producing food supplement to help people living with HIV”, which encouraged contestants to offer solutions in the form of nutritional food.

“We did some brainstorming and came up EnerTEIN. It is a combination of energy and protein for HIV patients.”

He said his team won the first prize last year which had a cash prize of US$3,500 with their product “Vita-A-Go”, an energy-booster that looks and tastes like gummy bears except it has mango texture.