



Zainal Abidin Jalil (fourth from right), Malakoff Corporation Bhd corporate affairs and external relations head Yusop Rashid (fifth from left) and race director Melody Tan (third from right) with Universiti Malaya, Universiti Putra Malaysia and Universiti Pertahanan Nasional Malaysia representatives at the launch of Malakoff University Duathlon Series 2012.

Register to run, bike, run in duathlon

KUALA LUMPUR: The Malakoff University Duathlon Series (MUDS) is back with an expected 800 participants. The run-bike-run duathlon will be held over three consecutive weekends — May 12 at Universiti Malaya (UM), May 19 at Universiti Putra Malaysia (UPM) and May 26 at Universiti Pertahanan Nasional Malaysia (UPNM).

The two categories open are individual and relay. The individual category is divided into five sub-cat-

egories: men's university, women's university, men's open, women's open and media. The relay has two sub-categories: men's team relay and mixed team relay. The first leg at UM is a 3.5km run-11.4km bike-3.5km run. The second leg at UPM is a 3km run-13km bike-3km run. The series ends on the third at UPNM with a 3km run-13.8km bike-3km run. The top five winners in the men's university, women's university, men's open and women's open

sub-categories, and the top three winners in team relay and media, will receive placing medals. Those who finish within the stipulated time will receive certificates. Trophies will be presented to the university with the highest participation and the university with the best results. Malakoff Corporation Bhd chief executive officer Zainal Abidin Jalil said the event was a platform for those who aspired to become professional duathletes.

"We are proud to see the young athletes, who had participated in MUDS, join international duathlon tournaments and show top-quality performances," he said. The tournament was first held in 2003. He said Malakoff also aimed to encourage student athletes to step up to the challenge of duathlons and grow the number of duathletes in the country. "We invite students from non-host universities to join MUDS, too." He said there were a plan to make

the event nationwide for all universities in Malaysia, including Sabah and Sarawak. The entry fee in the university category is RM30 to join one race or RM75 to join all three races. The fee is RM60 per race and RM150 for three races in the open categories, and RM90 per race and RM240 for three races in the relay category. The closing date for registration is May 10, 17 and 24 for the first, second and third legs of the race, respectively. **By Nor Ain Mohamed Radhi**