



SECURE LIGHTWEIGHT CLIENT FOR CLOUD-BASED E-HEALTH MODEL

By

ZHANG XIAOWEI

**Thesis Submitted to the School of Graduate Studies, Universiti Putra
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fulfilment of the requirement for the degree of Doctor of Philosophy

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November 2023

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A strict requirement for the security and privacy of Electronic Health Records (EHRs) is a primary issue for realizing a secure eHealth system. Based on an investigation of medical modes and a questionnaire survey on 114 medical practitioners of several of China's tertiary hospitals, the medical industry needs such high-security EHRs systems while the EHRs systems currently in use cannot meet requirements. The solution to this bottleneck is proposing a novel model for realizing a secure eHealth system.

In this study, a secure cloud-based electronic health system model (SCBEH) is proposed. It is a novel model integrating critical security technologies and manifesting four necessary features of a secure EHR system. The implementation of the four features is described as follows:

Firstly, the SCBEH model, which optimized a MONA benchmark model and absorbed all its security technologies, has four aspects to be considered: 1) the use of symmetric and asymmetric hybrid encryption technique (KEM-DEM), in which the latest elliptic curve cryptography algorithm (ECC) of asymmetric encryption is used; 2) the applications of group key distribution and group signature technologies are achieved; 3) the revocation and tracking of illegal group members are reimplemented; 4) the computational burden of client is alleviated. Compared with MONA, the proposed model initially achieves the client minimum storage cost reduction of 0 and the client time cost reduction of about 25.9% on generating the 10M file.

Secondly, a two-party session key protocol named password authentication key exchange based on verification elements for lightweight clients (LC-VE-PAKE) is proposed. This protocol enables the client to transfer its computational operations to a specified proxy server securely. Compared with SCBEH without implementing this protocol, the time cost of client users is further reduced on average by 15.8% on generating 10M files, while the time cost of accessing 10M files is significantly reduced by about 10%-79.8%.

Thirdly, an authorization algorithm named federated proxy implements for fine-grained access control based on CP-ABE (FPI-CP-ABE) is proposed. This algorithm verifies the identity and permission of non-group members to meet the strict privacy protection requirements of EHRs data. Compared with the initial SCBEH, the calculation costs of the data owner were all close to 0, while those of the data requester were a little more. Meanwhile, it must be noticed

that the time cost of the data requester on accessing the 10M file is about 0.62s, which is about 13.4% of the proxy server.

Fourthly, an assessment and prediction module named network security situation awareness based on task execution time (TET-NSSA) is proposed to prevent possible security threats timely. The time cost of each component in the security state is extracted as parameters to compute the perceived and predicted values of the security situation of the proposed model. According to the calculated results, the confidence interval of NSSA values on accessing the 10M file is 0.17~0.23. The error between the calculated NSSP values and the measured NSSA values does not exceed 5%.

The results of this study will remarkably facilitate the development of a practical secure cloud-based eHealth system.

Keywords: *E-Health System, Fine-Grained Access Control, Lightweight Clients, Network Security Situation Awareness, Session Key Protocol*

SDG: GOAL 9: Industry, Innovation, and Infrastructure

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia
sebagai memenuhi keperluan untuk ijazah Doktor Falsafah

**KLIEN RINGAN YANG SELAMAT UNTUK MODEL E-KESIHATAN
BERASASKAN AWAN**

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Keperluan yang tegas untuk keselamatan dan privasi Rekod Kesihatan Elektronik (EHR) adalah isu utama dalam mewujudkan sistem eKesihatan yang selamat. Berdasarkan penyelidikan mod perubatan dan kaji selidik soal selidik ke atas 114 pengamal perubatan dari beberapa hospital tertiar di China, industri perubatan memerlukan sistem EHR berkeselamatan tinggi yang sedemikian, manakala sistem EHR yang digunakan setakat ini tidak dapat memenuhi keperluan tersebut. Penyelesaian kepada kesesakan ini adalah dengan mencadangkan model baharu untuk mewujudkan sistem eKesihatan yang selamat.

Dalam kajian ini, model sistem kesihatan elektronik berasaskan awan selamat (SCBEH) dicadangkan. Ia adalah model baru yang mengintegrasikan teknologi keselamatan kritikal dan menunjukkan empat ciri-ciri penting sistem

EHR yang selamat. Pelaksanaan empat ciri-ciri tersebut diterangkan seperti berikut:

Pertama, model SCBEH, yang mengoptimumkan model penanda aras MONA dan menyerap semua teknologi keselamatannya, mempunyai empat aspek yang perlu dipertimbangkan: 1) penggunaan teknik penyulitan hibrid simetri dan asimetri (KEM-DEM), di mana kriptografi lengkung eliptik terkini algoritma (ECC) penyulitan asimetri digunakan; 2) aplikasi pengedaran kunci kumpulan dan teknologi tandatangan kumpulan dicapai; 3) pembatalan dan pengesanan ahli kumpulan haram dilaksanakan semula; 4) beban pengiraan klien diringankan. Berbanding dengan MONA, model yang dicadangkan pada mulanya mencapai pengurangan kos storan minimum klien sebanyak 0 dan pengurangan kos masa klien sebanyak kira-kira 25.9% apabila menjana fail 10M.

Kedua, pertukaran kunci pengesahan kata laluan protokol kunci sesi dua pihak berdasarkan elemen pengesahan untuk klien ringan (LC-VE-PAKE) dicadangkan. Protokol ini membolehkan klien memindahkan operasi pengiraannya dengan selamat ke pelayan proksi yang ditentukan. Berbanding dengan SCBEH tanpa melaksanakan protokol ini, kos masa pengguna klien dikurangkan lagi secara purata sebanyak 15.8% untuk menjana fail 10M, manakala kos masa untuk mengakses fail 10M dikurangkan dengan ketara sebanyak kira-kira 10%-79.8%.

Ketiga, algoritma kebenaran bersekutu proksi melaksanakan untuk kawalan capaian terperinci berdasarkan CP-ABE (FPI-CP-ABE) dicadangkan.

Algoritma ini mengesahkan identiti dan kebenaran ahli bukan kumpulan untuk memenuhi keperluan perlindungan privasi yang ketat bagi data EHR. Berbanding dengan SCBEH asal, kos pengiraan pemilik data semuanya hampir 0, manakala peminta data adalah lebih sedikit. Sementara itu, perlu diperhatikan bahawa kos masa peminta data untuk mengakses fail 10M adalah kira-kira 0.62s, iaitu kira-kira 13.4% daripada pelayan proksi.

Keempat, modul penilaian dan ramalan yang dinamakan penilaian situasi keselamatan rangkaian berdasarkan masa pelaksanaan tugas digunakan (TET-NSSA) untuk mencegah kemungkinan ancaman keselamatan tepat pada masanya. Kos masa setiap komponen dalam keadaan keselamatan diekstrak sebagai parameter untuk mengira nilai yang dirasakan dan diramalkan bagi situasi keselamatan model yang dicadangkan. Mengikut keputusan yang dikira, selang keyakinan nilai NSSA untuk mengakses fail 10M ialah 0.17~0.23. Ralat antara nilai NSSP yang dikira dan nilai NSSA yang diukur tidak melebihi 5%.

Hasil kajian ini akan memudahkan pembangunan sistem eHealth berasaskan awan selamat yang praktikal.

Kata Kunci: Kawalan Capaian Terperinci, Klien Ringan, Penilaian Keadaan Keselamatan Rangkaian, Protokol Kunci Sesi, Sistem eKesihatan

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LIST OF ABBREVIATIONS

ABAC	Attribute-based access control model
ABE	Attribute-based encryption
ACP	Access control policy
ACT	Access control tree
AES	Advanced encryption standard
APT	Advanced Persistent Threats
CP-ABE	Ciphertext-policy attribute-based encryption
CSP	Cloud service provider
DAC	Discretionary access control model
DoS	Denial of Service
ECC	Elliptic curve cryptosystem
EHRs	Electronic healthcare records
EMR	Electronic medical record
FPI-CP-ABE	Federated proxy implements for Fine-grained access control based on CP-ABE
HIPAA	The health insurance portability and accountability act
HIS	Hospital information system
HTIM-CN	The healthcare teamwork investigation model in China's tertiary hospitals
IoT	Internet of Things
KEM-DEM	Key encapsulation mechanism - data encapsulation mechanism
KP-ABE	Key-policy attribute-based encryption
LC-VE-PAKE	Password authentication key exchange based on verification element for lightweight clients
MAC	Mandatory access control model

MK	Master key
MONA	Secure multi-owner data sharing for dynamic groups in the cloud
NIST	The national institute of standards and technology, information technology laboratory
NSSA	Network security situation assessment
NSSP	Network security situation prediction
PHRs	Personal healthcare records
PK	Public key
PRE	Proxy re-encryption
RBAC	Role-based access control model
SCBEH	Secure cloud-based electronic health system
SPA	Set pairs analysis
TET-NSSA	Network security situation assessment based on task execution time
UCON	Usage control model
WBDHE	Weak bilinear Diffie-Hellman exponent

CHAPTER 1

INTRODUCTION

1.1 Background

Electronic health records (EHRs) refer to patients' data generated and handled mainly by healthcare professionals, while Personal Health Records (PHRs) refer to measurements such as blood pressure and heart rate, which patients themselves maintain. Both are important and sensitive personal information of relevant patient privacy rights, so the health industry has stringent security regulatory requirements (Pussewalage & Oleshchuk, 2017). The vision of the PHRs system reported by The U.S. Department of Health and Human Services is to "create a PHR that patients, doctors, and other healthcare providers could securely access through the Internet, no matter where a patient is seeking medical care" (Al-Issa, Ottom, & Tamrawi, 2019). The effectiveness of security and privacy control of health information is the most threatening barrier and is still an area of active research within cloud computing (Ali, Shrestha, Soar, & Wamba, 2018). The Security Rule of the Health Insurance Portability and Accountability Act (HIPAA) has been mapped to the Cybersecurity Framework of the National Institute of Standards and Technology (NIST, 2017), which can be used to help organizations to assess the completeness of their cybersecurity programs (CMU/SEI-2018-TN-001).

Teamwork in healthcare settings is widely recognized as essential in the medical industry (Valentine, Nembhard, & Edmondson, 2014). Nurse-

physician collaboration is mainly embodied in sharing patient information. In contrast, collaboration failures, such as the doctor ignoring the nurse's response to checking drugs, would result in clinical errors (Y. Wang et al., 2018, Fang, Feng, & Xu, 2018). The medical laboratory's diagnoses are also critical (Tam, Chi-shing Cho, & Bun Ng, 2018). Understanding a natural medical environment with EHRs is the premise of this research, for which a questionnaire including questions such as team size, EHRs access frequency, and EHRs survival time was conducted in several China tertiary hospitals involving 114 medical practitioners. The questionnaire is arranged in Appendix A, and the analysis of collected data is arranged in Appendix B.

Because cloud computing architecture consists of different types of distributed systems, service security, rational computing overhead and access control management are three necessary mechanisms (Indu, Anand, & Bhaskar, 2018). In terms of security, encryption on highly private data, which enables secure accessing and sharing over the network, is critical to eHealth's success (Edemacu, Park, Jang, & Kim, 2019), while an online/offline encryption scheme was proposed, which was equipped with the Attribute-Based Encryption (ABE) technique for realizing fine-grained data sharing and security protection (Jin Li, Zhang, Chen, & Xiang, 2018). In terms of computing overhead, an access control EHR model was proposed, in which complex computation of senders and receivers was outsourced to public cloud servers, suiting inexpensive mobile phones with constrained resources (Ma et al., 2020). Similarly, a model used two servers for proxy re-encryption and receiver verification, respectively, to reduce the computational burden on the user side

(Zhan et al., 2020). In terms of access control, an attribute-based authorization mechanism was used to authorize users who access EHR resources (Pussewalage & Oleshchuk, 2017). As an extension of cloud computing, ciphertext operations were carried out by fog computing for achieving thin clients so that more resource-constrained devices could join the cloud computing platform (P. Zhang, Chen, Liu, Liang, & Liu, 2018). Furthermore, A solution for security monitoring and analysis functions was implemented by highlighting the outliers created by rejecting certain legitimate activities (Cogranne, Doyen, Ghadban, & Hammi, 2018).

Thin-client realization is to reduce its computing burden under the premise with an excellent security scheme, and an attribute-based authorization mechanism can be used to authorize users who access EHR resources while utilizing a proxy re-encryption scheme to facilitate users' decryption operation (Pussewalage & Oleshchuk, 2017). The security of this mechanism was proven able to resist collusive attacks. A scheme was proposed leaving only one modular exponentiation to the client for realizing security (R. Zhang, Ma, & Lu, 2017). A scheme was proposed to revoke and update user credentials by Cloud Service Providers (CSPs) to deal with the secure access of dynamic user groups (Xu, Yang, Mu, & Deng, 2018). Besides, in a biometric identification outsourcing scheme, users' biometric data are encrypted by data owners and then submitted to the cloud, which can resist collusive attacks of illegal users and CSP (Zhu, Zhang, Xu, Liu, & Huang, 2018). An asymmetric three-party-based authentication scheme was proposed utilizing the visual out-of-band (OOB) channel, two-dimensional codes (QR codes), and the secure

device pairing method (S. Liu, Hu, Weng, Zhu, & Chen, 2016). Furthermore, a mutual authentication scheme was proposed to establish secret session keys for secure communication between users and wearable sensor nodes (Jangirala, Das, Kumar, & Rodrigues, 2020). A publication-subscription lightweight protocol was proposed between Fog and IoT nodes (Diro, Chilamkurti, & Kumar, 2017).

A secure scheme developed by IRCCS "Bonino Pulejo" clinical and research center (Italy) was discussed, in which clinical data can be authorized to clinical operators who match the settled access policy (Galletta et al., 2017). Dynamic user management was realized by allowing a data owner to re-encrypt his data using his private attribute key, tantamount to changing the authorization object (H. Cui, Deng, & Li, 2018). A black-box accountable CP-ABE scheme was proposed for malicious users, which can trace malicious users through an embedded secret value in a key generated for an auditing ciphertext (Z. Liu, Ding, Yuan, & Wang, 2023). Accumulator-based encryption integrating with CP-ABE was introduced to achieve an additional black box traceability feature by just adding the $O(1)$ element to the ciphertext and the public key (Song, Wu, & Huang, 2010). A particular attribute "id" provided and saved by a specified component "manager" was employed for tracing and revoking malicious users (Premkamal, Pasupuleti, & Alphonse, 2021). Regarding relevant algorithms, the Merkle hash tree was used to achieve fine-grained access control (Xue et al., 2019). A scheme was proposed for multi-authority models to dynamically remove any user from its authorized access domain (Wei, Liu, & Hu, 2018). An Elliptic Curve Cryptography-based CP-ABE scheme was adopted for IoT-

enabled healthcare systems, using multiple attribute authorities responsible for user certificates to perform authentication tasks (Das & Namasudra, 2023).

Network Security Situation Awareness (NSSA) is an integral part of cybersecurity defense and is essential for managers to respond to increasingly sophisticated cyber threats (J. Zhang, Feng, Liu, & Zhao, 2023). A method was proposed to classify security factors as awareness indexes and further process them hierarchically for predicting security situations on a grey neural network (Shen & Wen, 2019). A method based on the Bayesian game model was proposed for identifying fake feedback values (Siadat, Rahmani, & Navid, 2017), while a general model was presented to explain how disinformation can be used to monitor and resist Advanced Persistent Threats (APTs) (Ahmad, Webb, Desouza, & Boorman, 2019). NSSA technologies are versatile, and a method used in distribution networks was proposed, in which weight values of situation indexes were calculated based on a data mining technology named the convolution-gating cyclic network (N. Wang, Han, & Wang, 2023). An awareness model was designed for a multi-element integrated power grid based on the fusion processing of massive heterogeneous measurement data (Qian & Xu, 2023). It was highlighted that the focus of NSSA research would move from fundamental principles to applied research and experimental development (Husák, Jirsík, & Yang, 2020). A laboratory insider detection system was proposed for monitoring IP and physical addresses accessing irrelevant websites illegally (Yamin, Katt, Sattar, & Ahmad, 2020), and a detection strategy on sensor networks was proposed to defeat Hello flooding

attacks by making a statistic analysis of the amount of packet loss (Gill & Sachdeva, 2018).

1.2 Problem statement

Based on the questionnaire survey, relevant regulations, and related research on the usage of EHR, the requirements of a secure eHealth model development are learned, such as the working methods of medical team collaboration and information sharing (Y. Wang et al., 2018), the mapping standard of medical information usage security rules (HIPAA) to network security frameworks (NIST, 2017), the importance of EHR encryption (Edemacu et al., 2019), the widespread use of resource-constrained devices by the EHRs model terminals (Ma et al., 2020), the inevitability of shifting the computational burden on clients (Pussewalage & Oleshchuk, 2017), and the necessity of user authentication for accessing EHR (Das & Namasudra, 2023). The benchmark model MONA was chosen because it is configured with basic security mechanisms and implements some of the above functions. Specifically, MONA's security mechanism adopts the latest symmetric encryption algorithm AES and asymmetric encryption algorithm ECC and their hybrid use, group key distribution and group member sharing of encrypted files, group file signature and verification, and user verification; The seven essential functions implemented by MONA include security system initialization, user registration, member revocation, file ciphertext generation, file deletion, file access control, and illegal user tracking. However, for an eHealth system with strict security requirements, the MONA model could be better in four aspects:

model component composition, thin client, secure communication, and self-security monitoring, which are needed to be optimized and improved. Below, we will elaborate on these four aspects separately.

An eHealth system faces challenges such as data security protection, flexible data sharing, efficient authority delegation, computation efficiency optimization, Etc. (Ma et al., 2020). A model's primary work is to design components' functions as well as solutions for security and privacy protection (Tabrizchi & Kuchaki Rafsanjani, 2020). Cryptographic mechanisms apply security measures directly to the data, and better functions can be achieved through appropriate cryptographic suites (Indu et al., 2018). Attribute-Based Encryption (ABE) is a necessary ingredient and the most suitable candidate for the eHealth system (Edemacu et al., 2019). Outsourced ABE can vastly reduce the computation cost for users (Jiguo Li, Lin, Zhang, & Han, 2017), while the proxy re-encryption scheme and support verification can reduce users' computational burden (Zhan et al., 2020). In brief, a secure model with a thin client is crucial in implementing an excellent cloud-based eHealth system. However, the component structure setting of the benchmark model MONA needs to be revised, resulting in unnecessary storage and a heavy computational burden on the client. Therefore, the MONA model is to be optimized as a thin-client model with a proxy server, which can transfer the client's storage cost and computing burden. This is the key to achieving an excellent cloud-based eHealth system.

Measures supporting secret transfer of information is very necessary (Venkatesan, 2023). Password authenticated Key exchange which allows two parties with a shared password to establish a session key is considered one of the most secure transmission methods (Lian, Yang, & Zhao, 2022). An enhanced key generation technique was implemented with the use of string comparison based on Diffie-Hellman key exchange algorithm (Prabakar, Sukumar, & SureshBabu, 2022). A protocol was presented through employing biometric resilient authenticated key exchange (Silde et al., 2022). A zero-knowledge proofs-based authenticated key agreement protocol was proposed for the Internet of healthcare applications (Gaba et al., 2022), while a lightweight and secure key exchange scheme was presented based on ECC for fog federation environments (Salami & Khajehvand, 2021). In summary, it is necessary to design a password authenticated key exchange protocol for communication between thin-clients and other components. Given the important role of authentication protocols, it is necessary to develop a session key between the proxy server and the client to ensure secure communication security between them, thereby further transferring operations except file symmetric encryption and decryption to the proxy server for execution as much as possible.

Ciphertext-policy attribute-based encryption for the eHealth system can effectively serve medical professionals to achieve fine-grained sharing of EHRs (Z. Liu et al., 2023). A Merkle tree-based access structure was proposed to allow a data requester to obtain access permission after providing only the correct attributes being verified by hashed values of tree nodes (Reddy &

Adilakshmi, 2023). An access tree-based mechanism combining ECC was adopted to achieve higher efficiency (Sammy & Vigila, 2022). A multi-authority CP-ABE access scheme was proposed to re-encrypt the data involving access attribute revocation to revoke some users' access permissions (Das & Namasudra, 2022). However, this model was computationally heavy. A multi-authority traceable and revocable ABE system was proposed (Sethi, Pradhan, & Bera, 2021). However, some components can be removed without compromising security, and its computational burden was very high. To solve the problems mentioned above, a flexible, scalable, and efficient fine-grained access control scheme is desired in this study. Due to the inability of the MONA model to use the group key distribution scheme to authorize non-group members to access group-shared files, it is necessary to design a fine-grained access control scheme based on CP-ABE in our proposed model to meet the flexible authorization of file owners for non-group members to access group sharing files.

The critical research on NSSA, which reflects the security status of the entire network, depends on the relevance of the extracted situation values of the main elements (Manickam & Chong, 2015). Network Security Situation Prediction (NSSP) is the next stage of NSSA and can predict the following few situations change (Xi, Jin, Yun, & Zhang, 2011). A risk index system including 240 secondary indicators of situational awareness was constructed to assess the whole-link network status using the logistic regression model (Sun, Deng, & Du, 2022). A zero-trust architecture was proposed to extract indexes from four dimensions, subject, object, behavior, and environment, to achieve the

real-time NSSA and NSSP system of the 5G smart healthcare platform (B. Chen et al., 2021). In terms of the algorithms used, an approach was proposed based on both entropy and packet number time series for testing distributed Denial-of-Service in an academic network (Bojović, Bašičević, Ocovaj, & Popović, 2019). A prediction approach was proposed via data set handling of tracking time series from elements (Nguyen, Lee, Nguyen-Xuan, & Lee, 2019). However, its efficiency was achieved at the expense of tracking time. Therefore, our proposed model's reliable awareness and prediction module is essential. Summing up the above, designing a reliable perception and prediction module for our proposed model is necessary, while MONA lacks this security mechanism.

1.3 Research objectives

According to the problems stated above, the research objectives of this study are as follows:

- To propose a cloud-based eHealth model with reasonable components and comprehensive security measures to reduce time and storage costs on the client side.
- To propose a password authentication key exchange protocol for securing communication by reducing time and storage costs between thin client and proxy server.

- To propose a fine-grained access control scheme that can perform flexible authorization of potential data requesters.
- To propose a network security situation awareness and prediction module that can enhance the proposed model security.

1.4 Research significance

The main significance of this study is firstly to propose a novel model suitable for cloud-based eHealth systems on the premise of completely understanding the requirements of the medical environment by organizing a detailed questionnaire on medical practitioners. Furthermore, we targeted our research in three aspects: realizing a lightweight thin-client protocol, designing a fine-grained access control scheme, and proposing an awareness and prediction module. The results of this research will remarkably facilitate the implementation of the practical eHealth system.

1.5 Thesis contribution

Our contributions to this thesis are based on four aspects. Firstly, we propose a novel secure eHealth model of implementing basic, excellent security measures such as dynamic broadcast group application, reasonable usage of asymmetric and symmetric encryption algorithms, necessary security verification, and so forth. Secondly, with a full understanding of the widespread application of resource-restricted portable devices in medical environments, this proposed model further focuses on the thin-client design with a specific

protocol that matches the above-mentioned security measures to ensure communication security. Thirdly, we design a fine-grained access control scheme with patients as the center to authorize uncertain dynamic users who have requirements for access to EHRs, and with the quality of being compatible with the above-stated security measures. Fourthly, we have designed a network security situation awareness and prediction module that can ensure the integral security of this proposed model.

In summary, the main contributions of this study can be summarized as follows:

- Development of a novel security cloud-based eHealth model, SCBEH, which is used for reducing storage and time costs for the client;
- Development of an authentication and key exchange protocol, LC-VE-PAKE, which is used for secure communication between client and proxy server;
- Development of a scheme, FPI-CP-ABE, which is used for implementing fine-grained access control authorization over non-group members;
- Development of a module, TET-NSSA, which is used for realizing security situation awareness and prediction on this proposed model.

1.6 Thesis organization

This thesis comprises five chapters, the remaining ones are listed as follows:

Chapter 2 is about a literature review. The methodologies for the proposed SCBEH model and the results of re-implementing the benchmark model MONA are demonstrated in Chapter 3. Then, the detailed description, implementations, and results of the four proposals, which are the preliminary optimization of MONA model, the LC-VE-PAKE protocol, the FPI-CP-ABE scheme, and the TET-NSSA module, are demonstrated and discussed in Chapter 4, Chapter 5, Chapter 6, and Chapter 7, respectively. Finally, the conclusion and future work are stated in Chapter 8. It must be supplemented that a questionnaire is arranged in Appendix A, and the collected data with analyses are arranged in Appendix B.

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