

DISTRIBUTION AND RISK FACTORS OF CANINE HEART DISEASES AND SURVEY FOR OWNERS TREATMENT INTENTION

By

NORHIDAYAH BINTI NOORDIN

Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in Fulfilment of the Requirements for the Degree of Master of Veterinary Science

February 2023

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Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Master of Veterinary Science

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February 2023

Chair Faculty : Khor Kuan Hua, PhD : Veterinary Medicine

Heart disease accounts for up to 10.0% of canine cases reported in a primary veterinary healthcare centresoverseas. Risk factors may assist clinicians in establishing a differential diagnosis and planning a diagnostic approach. Early detection and treatment of heart disease had been shown to improve quality of life and prolong lifespan. This study reports the distribution and risk factors of canine heart disease and the survivability of dogs diagnosed with degenerative mitral valve disease (DMVD). The level of awareness, knowledge, and factors affecting the intention to treat canine heart disease among local dog owners were also investigated.

Records of all dogs presented to the University Veterinary Hospital (UVH) between July 2013 and July 2020 were retrospectively analysed through logistic regression. The distribution of canine heart disease patients in this population is (n=734, 7.9%). Most of these dogs had acquired valvular disease (n=528, 76.0%) and DMVD (n=291, 38.0%) was the most common valvular affliction, followed by heartworm disease (n=113, 14.8%) and dilated cardiomyopathy (DCM) (n=90, 11.6%). The risk factors identified were gender, age group and breed size. Senior (Odds ratio, OR 3.54, p<0.001), and small breed (OR 6.74, p<0.001) dogs had a higher risk for valvular disease, while the large breed (OR 7.18, p<0.001) dogs had a greater risk for heartworm disease. Male (OR 1.83, p=0.02) and large breed (OR 3.12, p<0.001) dogs were at risk for DCM.

A total of 261 respondents who owned or had experience caring for dogs were recruited to determine their level of awareness and knowledge of canine heart disease. The respondents' intentions to treat were investigated using the Theory of Planned Behavior (TPB) items: attitude, subjective norm, and perceived behavioural control (PBC). Empathic concern was made as a moderator through

the partial least squares method. Most of the respondents (83.5%) claimed that they were aware of the disease, however, their ability to identify clinical signs was fair. Most dog owners (92.3%) were willing to seek treatment if their pet dogs were diagnosed, but the cost (39.5%) was a primary concern for long-term treatment. Attitude, subjective norms, and PBC were significant predictors of the intention to treat. Females and owners with good knowledge of canine heart disease have a higher intention to treat it. Owners with low empathic concern can be motivated to treat affected dogs by cultivating their PBC.

The survival of dogs diagnosed with DMVD was further investigatedby the Kaplan-Meier curve. Males (n= 156, 51.0%) senior-aged (n= 256, 84.7%), and small breed (n=258, 79.4%) dogs were frequently affected. Small breed dogs (OR: 3.95,p <0.001) were more likely affected by the disease compared with other breed sizes. Out of the total, 126 DMVD dogs (50.8%) had cardiac-related death. Dogs with treatment compliance had a longer median survival time (MST) (P<0.05). With compliant owners, MST of the dogs was 42.1 months (95% CI 35.7-48.5), and 25.2 months (95% CI 17.2-33.2) for stage C and stage D respectively.

In conclusion, gender, age group, and breed size were significant predictors for the likelihood of heart diseases in dogs and are best applied in the context of specific heart diseases. Compliance with long-term treatment significantly improved the lifespan of DMVD dogs. Veterinarians may play an essential role in motivating owners' intention to treat through education, support, and guidance, especially in terms of tasks perceived as challenging by the owners. Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Master Sains Veterinar

DISTRIBUSI, FAKTOR RISIKO PENYAKIT JANTUNG ANJING DAN TINJAUAN NIAT PEMILIK UNTUK MERAWATNYA

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Penyakit jantung meliputi hampir 10.0% kes anjing yang dilaporkan di pusat kesihatan veterinar asas di luar negara. Faktor risiko membantu veterinawan untuk merancang diagnosis pembezaan dan pendekatan diagnostik. Pengesanan dan rawatan awal telah menunjukkan peningkatan kualiti hidup dan memanjangkan jangkahayat anjing. Kajian ini melaporkan distribusi, faktor risiko penyakit jantung anjing dan kemandirian pesakit anjing yang didiaknos penyakit injap mitral degeneratif (DMVD). Tahap kesedaran, pengetahuan dan faktor yang mempengaruhi tujuan merawat penyakit ini dalam kalangan pemilik anjing tempatan juga diselidiki.

Rekod-rekod pesakit anjing di Hospital Veterinar Universiti (UVH) di antara Julai 2013 dan Julai 2020 dianalisis secara retrospektif menggunakan regresi logistik. Sebanyak 734 (7.9%) anjing yang didiagnos penyakit jantung. Majoriti anjing mempunyai penyakit injap perolehan (n=528, 76.0%) di mana DMVD ialah penyakit injap yang paling lazim, diikuti oleh penyakit cacing jantung (n=113, 14.8%) dan kardiomiopati terdilat (DCM) (n=90, 11.6%). Faktor risiko yang dikaji adalah jantina, kumpulan umur dan saiz baka anjing. Anjing senior (Nisbah ods, (OR) 3.54, p <0.001),) dan baka kecil (OR 6.74, p <0.001) lebih berisiko mempunyai penyakit injap, manakala baka besar (OR 7.18) berisiko tinggi mempunyai penyakit cacing jantung. Anjing jantan dan baka besar (OR 1.83, p =0.02) berisiko tinggi untuk DCM.

Sebanyak 261 responden yang memiliki anjing atau mempunyai pengalaman menjaga anjing direkrut untuk menentukan tahap kesedaran dan pengetahuan tentang penyakit jantung anjing. Niat para responden untuk merawat diselidiki menggunakan metod *partial least squares structural equation modelling* melalui item-item Teori Kelakuan Terancang (TPB) iaitu sikap, norma subjektif dan

persepsi kawalan gelagat (PBC). Empati ditetapkan sebagai moderator. Majoriti responden (83.5%) menyatakan bahawa mereka sedar akan penyakit ini, walaubagaimanapun kebolehan mereka mengenalpasti tanda klinikalnya adalah di tahap sederhana. Kebanyakan responden rela mendapatkan rawatan jika anjing berpenyakit jantung, namun kos (39.5%) merupakan isu untuk rawatan jangkamasa panjang. Sikap, norma subjektif, dan PBC adalah peramal niat merawat yang signifikan. Pemilik anjing wanita dan pemilik dengan pengetahuan penyakit yang tinggi lebih cenderung untuk merawat anjing mereka,. Pemilik anjing yang berempati rendah boleh dimotivasikan dengan meningkatkan PBC mereka.

Kemandirian anjing yang didiagnos DMVD dikaji dengan lebih mendalam menggunakan keluk Kaplan Meier. Anjing jantan (n= 156, 51.0%, 95 Cl% 45%-56%), berusia tua (84.7%) dan baka kecil (79.4%) lazim terjejas. Anjing baka kecil (OR: 3.95, 95% Cl 2.68-5.82) adalah lebih berisiko untuk menghidap DMVD berbanding saiz baka lain. Daripada jumlah keseluruhan, 126 anjing DMVD (50.8%, 95% Cl 79%-90%) menghadapi kematian yang berkait dengan penyakit jantung. Anjing dengan pemilik yang patuh pada rawatan mempunyai masa mandiri median (MST) yang lebih panjang (P<0.05). Dengan pemilik yang patuh pada rawatan, MST anjing-anjing tersebut adalah selama 42.1 bulan (95% Cl 35.7-48.5), dan 25.2 bulan (95% Cl 17.2-33.2) di peringkat C dan D masing-masing.

Jantina, kumpulan umur dan saiz baka anjing memainkan peranan penting dalam meramal kebarangkalian penyakit jantung dalam kalangan anjing tetapi lebih sesuai diaplikasi dalam konteks penyakit jantung yang spesifik. Kepatuhan dengan rawatan jangka panjang meningkatkan jangkahayat anjing DMVD. Veterinawan memainkan peranan penting dalam menggalakkan niat merawat penyakit ini dalam kalangan pemilik anjing melalui pendidikan, sokongan dan bimbingan dalam melaksanakan tugas penjagaan yang sukar bagi pemilik.

ACKNOWLEDGEMENTS

All praises be to You Allah, Lord of the worlds, for bestowing me the chance to study Your magnificent creations and granting me the chance to complete this postgraduate study. For truly, You are the Al-Hakeem and Al-Kareem. To my family especially my beloved Mak and Ayah, for their never-ending support and faith in me.

I would like to express my gratitude to Universiti Malaysia Kelantan (UMK) and the Faculty of Veterinary Medicine, UMK for their trust and for providing me with financial support throughout the completion of my studies. To Prof Dr. Azam Khan Goriman Khan, and Prof Dr. Jasni Sabri for their assistance and faith in me. Thank you to Assoc. Prof. Dr. Ibrahim Abdul Azeez Okene and Dr. Farhan Hanif Reduan for their continuous support from the beginning.

I am forever thankful to Allah SWT for crossing my path with my supervisor Dr. Khor Kuan Hua. With grace and patience, she helped me fight my fears and was always around to guide me, especially at the toughest times. Years under her tutelage had shaped me into a better person overall. I also would like to thank her for allowing me to reproduce some of the beautiful echocardiography images from her cases in this thesis.

Thank you to my co-supervisors, Assoc. Prof. Dr. Lau Seng Fong and Dr. Siti Zubaidah Ramanoon for their patience and never-ending guidance throughout my study completion. Many thanks to Dr. Jolyne Khor Kuan Siew for her support and for being generous with her wisdom, knowledge, and opportunities for me to improve my statistical analysis skills.

I also would like to thank the University Veterinary Hospital, Universiti Putra Malaysia (UVH-UPM) staff for all the assistance given especially during the period of data collection. Special thanks to the VOs, AVOs, and VAs for their selfless assistance and for sharing their knowledge with me.

Finally, to all the four-legged buddies (of course, the three-legged ones too-Charlie the Schnauzer!) which I have met throughout completing this postgraduate study. They are the reason why I soldier on even when the going gets tough and motivate me to do better. To some of the dogs that had fallen due to these nasty diseases, they are forever free of pain and their battle stories will forever live through generations of young veterinarians to come. The experience that I gained while caring for them is my best clinical knowledge to share. This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfilment of the requirement for the degree of Master of Veterinary Science. The members of the Supervisory Committee were as follows:

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LIST OF ABBREVIATIONS

5-HT	5-hydroxytryptamine, 5-HT
ACEI	angiotensin-converting enzyme inhibitor
Angll	angiotensin II
AT1-R	angiotensin type 1- receptor
ATP	adenosine triphosphate
AUC	area under curve
CHF	congestive heart failure
CMV	common method variable
DCM	dilated cardiomyopathy
DMVD	degenerative mitral valve disease
HDL	high-density lipoprotein
L-carnitine	levocarnitine
LVIDDn	left ventricle internal diameter at diastole normalized to body weight
MST	median survival time
NTproBNP	N-terminal-pro B- type natriuretic peptide
PDK4	pyruvate dehydrogenase kinase 4
PLS-SEM	partial least squares structural equation modelling
SNP	single nucleotide polymorphism
STRTN	Straitin gene
TGFß	transforming growth factor-beta
ТРВ	Theory of Perceived Behaviour
UPM	Universiti Putra Malaysia

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- UVH University Veterinary Hospital
- VHS vertebral heart score

G

- VIF variation inflation factor
- VLAS vertebral left atrium score
- vLDL very low-density lipoprotein



CHAPTER 1

INTRODUCTION

1.1 Background of Study

Heart disease is commonly reported among dogs; approximately 10.0% of dog cases were presented to primary veterinary healthcare practices (Keene et al., 2019). For acquired heart diseases, 75.0 % of the cases consist of valvular disease. The mitral valve was the most affected (Mattin et al, 2015). Local data on canine heart disease is still lacking. However, a retrospective study in a veterinary centre in Kuala Lumpur revealed a similar finding, where degenerative mitral valve disease (DMVD), followed by dilated cardiomyopathy (DCM), was the most diagnosed heart disease among dogs (Yap et al., 2021).

Early detection and treatment of heart disease allow the chance to prolong the preclinical period and lifespan (Boswood et al., 2016; Summerfield et al., 2012). Therefore, as a provider and caretakers, dog owners' awareness and knowledge play an important role in early screening and pursuance of diagnosis and treatment. Combinations of patient history, physical examination findings, and diagnostic imaging assist the clinician in establishing the heart disease diagnosis and planning the necessary prescription. In facilities where diagnostic modalities may be limited or when faced with owners with cost constraints, risk factors helped clinicians in establishing a more accurate differential diagnosis. Heart disease requires long-term treatment to prolong the preclinical period, relieving clinical signs and reducing the heart workload. Successful management of chronic diseases relies on compliance with long-term prescriptions and commitment to nursing tasks. Proper commitment allows the disease to be managed appropriately, and check-ups and monitoring allow surfacing complications or worsening of the disease to be picked up quickly, hence allowing change or improvement in the prescription.

Barriers to long-term treatment among dog owners may include exhaustible or bounded factors such as cost and time. Other than that, owners' internal limitations and motivations may also play an important role in their decision to pursue treatment. According to Ajzen (1991) in the Theory of Planned Behaviour (TPB), a behaviour can be predicted by the intention to engage in the behaviour. The intention can be influenced by attitude, subjective norms, and perceived behavioural control. Empathy, which is the ability to perceive, identify, and share in another being's emotional state (Eisenberg, 2000), may also play a role in strengthening their owners' intention to pursue treatment, especially upon witnessing their pets battling the clinical signs. This study documented the distribution and risk factors of developing heart disease among dogs presented in UVH-UPM from July 2013 to July 2020. Gender, age group, and breed size were selected as the risk factors and tested using two different logistic regression models. The models were: i) involving overall heart disease dogs, and ii) a model where the dogs were separated based on the three common heart diseases, which were valvular disease, heartworm disease, and dilated cardiomyopathy. As DMVD was commonly diagnosed in the population, a specific survival analysis was carried out where the relationship between median survival time (MST) with the aforementioned risk factors and owners' compliance was investigated. Finally, a two-part questionnaire study was carried out to a) investigate the awareness and knowledge of canine heart disease, barriers to long-term treatment, and willingness to treat canine heart disease in their dogs, and b) investigate the role of TPB items which were attitude, subjective norm, and perceived behavioural control in intention to treat canine heart disease with empathic concern as its moderator. The results of this study would improve the knowledge of clinicians on canine heart disease in dogs within the local population and assist clinicians in the diagnosis and outline of a suitable treatment and management plan for heart disease and other chronic diseases.

1.2 Problem Statement

It was observed that heart disease was among the common chronic illnesses diagnosed in senior-aged dogs. Prevalence and survival of canine DMVD have been documented on specific predisposed breeds worldwide (Borgarelli et al., 2008; Mattin et al., 2015; Yap et al., 2021), but information may not be applied readily due to the differences in the presentation of the dog population locally. Hence, preliminary data from this study will allow comparison with previous studies. The relevancy of previous studies for local use can be considered. Despite the abundance of survival analyses that reported the positive roles of treatment and management of valvular diseases, the role of compliance to treatment on the lifespan of the patients remained under-studied. By understanding the owners' level of awareness and knowledge of canine heart disease, reasonable efforts can be taken by the clinicians to educate the owners. This may in return help owners in their decision-making, and increase the quality of care received by the pets at home. Unfortunately, this information is not widely studied locally. Similarly, factors affecting the intention to treat the disease among dog owners locally are also unknown. Both aspects are important for successful canine heart disease management as early intervention can help prolong lifespan and provide good quality of life for affected dogs. However, longterm treatment requires commitment and compliance from their owner(s).



1.3 Objectives

The objectives of this study were as follows:

- 1. To determine common heart diseases among canine patients in UVH-UPM and respective prevalence and risk factors.
- 2. To evaluate awareness and knowledge on canine heart disease among canine owners and barriers to long-term heart disease treatment
- 3. To evaluate the role of attitude, subjective norm, perceived behavioural control, and empathic concern in affecting the intention to treat canine heart disease among local dog owners
- 4. To determine the survival probability and factors affecting it in canine valvular disease patients in UVH-UPM

1.4 Hypotheses

The hypotheses for this study were:

- 1. Valvular disease is the most common type of heart disease among canine patients in UVH-UPM.
- 2. There is a relationship between gender, breed size, age group, and risk of having heart disease, valvular disease, heartworm disease and DCM.
- 3. There is a relationship between gender, breed size, age group, and treatment compliance in MST of DMVD patients.
- 4. Awareness and knowledge of canine heart diseases are still low among local dog owners
- 5. Attitude, subjective norm, perceived behavioural control, and empathic concern positively affect the intention to treat canine heart disease among dog owners
- 6. Empathic concern positively moderates attitude, subjective norm, and perceived behavioural control in leading to the intention to treat heart disease by dog owners

1.5 Justification of Study

To date, there is a lack of information regarding the distribution and risk factors of dogs being diagnosed with heart disease locally (Yap et al.,2021). Information from worldwide may vary geographically, for example, with the different breeds (Swift et al., 2017) and genetic predisposition (Lewis et al., 2010). Other than that, knowledge of risk factors and characteristics of common heart disease will assist clinicians in making a differential diagnosis. Data from survival analysis of dogs with valvular heart disease can help manage the owner's expectations and assist in clinical therapeutic decision-making (Borgarelli et al., 2008). There is a need to understand the level of knowledge and awareness among dog owners locally. Besides that, it is essential to understand factors affecting the owner's intention to treat canine heart disease, as clinicians can strategise and plan to assist client needs, manage their expectations, and eventually motivate owners to provide their dog(s) to improve quality of life despite being diagnosed with heart disease.

In general, this study was conducted to answer the following research questions:

- 1. What is the common heart disease diagnosed among dog patients in UVH-UPM?
- 2. How do gender, age group, and breed size affect the risk of heart disease among dog patients in UVH-UPM?
- 3. What is the MST of canine DMVD patients in UVH-UPM?
- 4. How do treatment compliance, gender, age group, and breed size affect MST of canine DMVD patients?
- 5. What is the level of awareness and knowledge on canine heart disease among local dog owners?
- 6. How does attitude, subjective norm, perceived behavioural control, and empathic concern affect intention to treat heart disease among local dog owners?

1.6 Relationship Between the Objectives

Successful management of canine heart disease requires a diagnosis, suitable treatment, and dog owners' pursuance and compliance with the treatment. Investigation of risk factors for canine heart disease among the local population of dogs may assist clinicians in deriving diagnoses and promoting early screening. Previous studies have documented that DMVD as the most common acquired heart disease. However, local data with regards to incidents of DMVD

remain lacking, despite that the disease has been noted as very common among dogs with a long preclinical period. After receiving the diagnosis, understanding the survival rate and effect of compliance on prolonging the lifespan of DMVD dogs may motivate owners to pursue treatment. Being a progressive chronic disease that often requires lifelong medication and management, it is of utmost importance to identify and acknowledge the challenges and barriers among local dog owners in treating heart disease beyond materialistic aspects. Following the prospect of adjustments to their daily activities, and having the emotional burden of witnessing the suffering of their dogs, decisions on becoming a caregiver for a chronically ill dog may require psychosocial consideration. Therefore, by predicting their intention to treat and understanding factors influencing it, efforts can be made by clinicians to assure the need of both dog owners and their pet dogs fairly.



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