Natural radiological risk assessment around archaeological sites, El‑Dakhla Oasis (EDO), Egypt

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Received: 6 December 2023 / Accepted: 14 June 2024 / Published online: 10 July 2024 © The Author(s) 2024, corrected publication 2024

Abstract

The natural radionuclides in ancient El-Qasr village located in the El-Dakhla oasis (EDO), Egypt's Western Desert were measured using gamma-ray spectrometry equipped with a NaI (Tl) detector. The fndings indicate that the samples' mean activity concentrations were 18.61 ± 1.02 , 16.67 ± 0.9 , and 137.67 ± 6.9 Bq kg⁻¹ for ²²⁶Ra, ²³²Th, and ⁴⁰K, respectively. The values of Ra_{eq} , D, AED, H_{ex} , H_{in} , I γ , and ELCR for the samples ranged anywhere from 34.1 to 83.9 Bq kg⁻¹, 15.7 to 37 nGy h⁻¹, 19.26 to 45.384 Sv y⁻¹, 0.09 to 0.23, 0.12 to 0.23, 0.25 to 0.59, and 6.74E–05 to 1.59E–04, respectively. These values are significantly lower than the international limit of 370 Bq kg⁻¹ for Ra_{eq}, 59 nGy h⁻¹ for D, 70 Sv y⁻¹ for AED, 1 for H_{ex} and Hin, 2 for Iγ, and 29E−03 for ELCR. According to the obtained data, none of the samples seemed to be a signifcant risk when it came to radiation exposure. Using these data, we will determine the baseline level of radionuclides that occur naturally in the area that is the subject of the inquiry.

Keywords Baseline data · Radionuclide concentration · Radiation hazard

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Introduction

The western desert of Egypt encompasses around 68% of the entire land area of the country. This region also contains the New Valley (NV) District and the Mediterranean coastal zone. The New Valley (NV) comprises the three oasis communities of Kharga, Dakhla, and Farafra. Dakhla is the largest oasis in the Western Desert and is located the farthest away from Egypt's major towns. It is believed that 75,000 people are living there among 17 separate villages. The Dakhla Oasis is composed of several minor oasis communities that are never very far from one another and are isolated from one another by either hills or deserts [[1\]](#page-9-0).

The primary problem under study is the potential radiological risk posed by naturally occurring radioactive materials (NORM) in the El-Dakhla Oasis region. The presence of radionuclides such as potassium, uranium, and thorium in the soil, rocks, and building materials can lead to long-term health hazards, particularly through inhalation and gamma radiation exposure[\[2](#page-9-1)[–6](#page-9-2)].

Previous research has investigated the distribution of natural radionuclides in various regions globally. Studies have measured radionuclide concentrations in soil, water, and building materials to assess the associated health risks[[7,](#page-9-3) [8](#page-9-4)]. However, there has been limited research specifcally focused on the El-Dakhla Oasis, a region with signifcant archaeological and historical importance.

Brookes, 1993 states that only Mut and Qasr are considered to be towns among the 17 localities. The eastern region is dominated by the villages of Tenieda and Balat. The largest community in the oasis is Mut, which has 15,000 people living there. To the west of Mut are the settlements of Qasr and Mawhoub. Dakhla is situated at an elevation that is, on the whole, 122 m above the level of the mean sea. The lowest point of the Dakhla oasis may be found near Rashda, and it is around 88 m below sea level (a.m.s.l). After that, beginning in the southeast, the topography of the oasis begins to progressively ascend. The range of altitudes is from 110 to 140 m above mean sea level [\[9](#page-9-5)]. The natural radionuclides are present in trace amounts in all terrestrial formations, including rocks, soil, beach sand, sediments, and building materials, it is possible to locate radionuclides such as potassium, uranium, and thorium in these locations[\[10,](#page-9-6) [11\]](#page-9-7). Naturally occurring radioactive materials (NORM) such as 40K and 238U, 232Th, and their decay products that are present in environmental materials such as soil $[12–15]$ $[12–15]$ $[12–15]$, rock $[6, 6]$ $[6, 6]$ $[6, 6]$ [14\]](#page-9-10), water [\[16](#page-9-11)[–19](#page-9-12)], and building materials [\[20](#page-10-0)[–24\]](#page-10-1). Because long-term exposure to uranium and radium occurs through inhalation, it is possible to understand these radioactive efects by studying the distribution of radionuclides. This is because the radioactive effects that result from exposure of the body and lung tissues to gamma rays and inhalation of radon gas are caused by radioactivity.

To address this gap, our study aimed to evaluate the natural radiation levels at the ancient sites within the El-Dakhla Oasis. We measured the concentrations of NORM, calculated various radiological risk indices such as radium equivalent activity (Ra_{eq}) , absorbed dose rate (D), annual effective dose (AED), internal radiation hazard index (H_{in}) , representative level index (I_r) , and excess lifetime cancer risk (ELCR).

Understanding the levels of natural radionuclides in the region provides crucial insights for environmental pollution monitoring and assessing potential health risks. These fndings are relevant to regulators and policymakers for establishing guidelines and safety measures to protect the local population and preserve the archaeological heritage of the El-Dakhla Oasis.

Cancer of the lung, pancreas, liver, and bones can result from exposure to thorium, according to research published by [\[25](#page-10-2), [26](#page-10-3)]. Radium exposure can cause tumors in the bones and nose, while thorium exposure can cause cancer in those organs as well as the bones. Knowing the levels of natural

radionuclides in the samples under investigation is signifcant, as it provides crucial insights into the monitoring of environmental pollution and the potential risks to human health arising from natural radioactivity. This is important because natural radioactivity can have a negative impact on human health.

This research was carried out to evaluate the concern of natural radiation of the ancient sites, in Egypt, and assessed the radiological risk indexes in the study area. For this purpose, the NORM concentration, radium equivalent activity (Ra_{eq}) , absorbed dose rate (D), annual effective dose (AED), internal radiation hazard index (H_{in}) , representative level index (I_r) , and excess lifetime cancer risk (ELCR) were calculated in the study area.

Materials and methods

The geographical position of the study site

El-Qasr village is situated in the El-Dakhla oasis, located in the New Valley (NV) Governorate of Egypt. El-Dakhla is renowned as one of the oldest Islamic cities, serving as a crucial path for pilgrims and caravans travelling from the Maghreb en route to the Hijaz lands. The village is positioned 32 km north of the capital of El-Dakhla, Mutt. The El-Dakhla Oasis (EDO) is located approximately 120 kms west of the Kharga Oasis and around 300 kms west of the New Valley (NV). Furthermore, it lies approximately 300 kms southeast of the Farafra Oasis (as shown in Fig. [1\)](#page-2-0). The geographic coordinates of El-Qasr village fall between latitudes 25°25′00′′ and 25°45′00′′N and longitudes 28°35′00′′ and 29°15′00′′ E (as illustrated in Fig. [2](#page-3-0)).

Accessibility

The Area under investigation is accessible through two roads. First, the northern part of the Area can be accessed through Through Cairo-Al-Wahat asphaltic road. Second, the eastern part of the Area can be accessed through the Assiut-El-Kharga Governorate asphaltic road, passing by El-Kharga and El-Dakhla oasis (EDO) (Fig. [1\)](#page-2-0).

Physiography

The physiography of the study area was analyzed using a Digital Elevation Model (DEM) obtained from the Shouttle Radar Topography Mission (SRTM). This model was acquired from the United States Geological Survey (USGS)

Fig. 1 displays a map indicating the geographical position of the area under investigation

website: [http://earthexplorer.usgs.gov/.](http://earthexplorer.usgs.gov/) Additionally, a topographic contour map at a scale of 1:50,000 was published by the Egyptian Survey Authority in 1988 (as shown in Fig. [3](#page-3-1)). The analysis of these data sets reveals that the study area exhibits low to moderate topographical relief.

The importance of the study area

El-Qasr village is without a doubt one of the most crucial Islamic cities in the western Egypt and a main road to the Maghreb pilgrims' convoys (Fig. [4\)](#page-4-0). The archaeological village of the El-Qasr includes ancient houses, and it contains the ruins of a mosque that date back to the frst century after the common period, and it reaches its peak under the reign of the Ayyubids. The settlement served as both the oasis's city and the ruler's palace. There are several mosques from the Turkish and Mamluk eras; as well as a temple gate for the god Thoth. El-Qasr village isn't only a historical place, but it is an oasis for healing and treatment of diseases, especially rheumatic ones, as it is famous for its sulfur springs, especially with the availability of silt in the pools of these springs because of its therapeutic properties that cure many diseases.

Stratigraphy and structure of the study area

The Dakhla depression is characterized by a series of sedimentary formations that dip continuously with a slight inclination northward, resulting in large outcrops for each formation. The structures are typically not visible in the oasis depression but can be observed at the clif to the north of the depression. The study area is dominated by late Mesozoic-early Cenozoic rocks that are separated into diferent **Fig. 2** The study area is depicted in the Landsat-8 (OLI) image

mappable lithostratigraphic units. These units can be broadly classifed into two groups: (a) a Campanian Lower Eocence (CLE) open-ocean Sequence of Transgression and Regression and (b) a Jurassic Campanian (JC) sequence that is primarily continental but has marine intercalations.

The Jurassic-Campanian sequence comprises sandstone and clay strata primarily from the continent and was previously referred to as the "Nubia Sandstone" formation. This sequence was deposited during a cyclic period of continental and marine deposition and includes the 6 Hills conglomeration (Late Jurassic- lower Cetaceous), the Sabaya Formation, and the Taref Formation, which were deposited in continental basins. The shallow marine deposits consist of the AB Formation (Aptian) and the Maghrabi Formation (Cenomanian) [[27–](#page-10-4)[29](#page-10-5)].

Massive aeolian accumulations may be discovered in the depression, and they are what constitute the quaternary sediments. The playas in the area are located between Tenieda and west of Mawhoub and consist of lacustrine playa deposits, which are arranged horizontally and alternately and contain bands of soft, friable sand, clay, and silt with plant

Fig. 4 displays photomicrographs that exhibit the study area's historical structures, namely (**A**) an old house, (**B**) a temple gate dedicated to the god Thoth, and (**C**) the remains of a mosque from the frst century AH

remnants. Layers of salt crusts, caused by capillary rising groundwater, accumulate and intercalate with the lacustrine deposits in some locations [[30](#page-10-6)[–33](#page-10-7)]**.**

Generally, the structure of the area under examination lies inside the safe confnes of the shelf that occupies the southern part of the Western Desert. It lies within the Dakhla Depression, which is considered a major plunging syncline which forms part of the regional Dakhla basin. The Dakhla syncline is thrown into several small anticline and synclinal undulations of diferent intensities, whose axis runs in a NE—SW direction and passes by Mut [[34–](#page-10-8)[36](#page-10-9)] considered the Dakhla depression as a structurally

Fig. 5 Samples distribution in the studied Area

low area occurring between major structural highs. Generally, the Dakhla depression is considered a major broad syncline. This Dakhla major syncline is formed of small anticlines and synclines of diferent intensities. These anticlines are Bodkholou, Tawil and the Tartur highland, alternating with these are the synclines of El Mawhoub, Mut and Teneda.

Samples gathering and handling

A total of 18 samples were taken from El Qasr, which is an oasis in the Western Desert of Egypt (WDE) and is located in the El-Dakhla region. The number of samples was determined based on ensuring a representative distribution across the study area, considering various geographical and archaeological features. 10 samples were taken in the direction of the east and north. Eight samples were taken in the direction of the west and south (Fig. [5\)](#page-4-1). The samples were oven-dried at 110° for twenty hours to guarantee that all traces of moisture were removed without altering the sample composition. This temperature is sufficient to evaporate water content while preserving the integrity of the samples. After placing the samples in beakers, the beakers were sealed entirely for 4 weeks, during which time the researchers waited for the samples to reach a state of secular equilibrium. This procedure is critical for assuring that the Rn-gas, as well as the daughters of the radon, will be confned inside the volume, according to the research carried out by [\[37\]](#page-10-10).

Instrumentation and calibration

The radiation levels were determined with the use of a spectrometer that had a sodium iodide detector (NaI (Tl) 3 by 3 inches. The detection limit of the detector was established through repeated measurements of standard reference materials and background samples[\[38,](#page-10-11) [39](#page-10-12)]. To characterise the detector's surrounding background distribution, a counting procedure was performed on an empty, hermetically sealed beaker of the same shape and dimensions that were used for the samples. The lower detection limit was 2.4, 1.4, and 5.8 Bq kg⁻¹ for ²²⁶Ra, ²³²Th, and ⁴⁰K, respectively., which ensures the accuracy and sensitivity required for our measurements [[40](#page-10-13)]. In all, 43,200 s were spent determining whether the measurement was of the action or the background. The background spectra were used as a point of reference to adjust the area under the peak produced by the discovered isotopes. Finally, ^{40}K was evaluated from the 1461 keV peak of 40 K itself [[25](#page-10-2), [41,](#page-10-14) [42](#page-10-15)]. ²²⁶Radium was computed from ²¹⁴Bi at energies of (609.3, 1120.3, and 1728.6 keV), and ^{214}Pb at 1764 keV. ^{232}Th was calculated at an energy of 911.2 keV from ²²⁸Ac, and 238.6 keV from 212P.

Table 1 The Specifc activities of 226 Ra, 232 Th and 40 K present in the samples

Table 2 displays the mean levels of activity concentrations of 226 Ra, 232 Th and 40 K in soil samples that were studied, as well as in soil samples from other countries

NA not available

Results and discussion

Activity concentrations

Table [1](#page-5-0) presents the activity concentrations of ^{226}Ra , 232 Th, and 40 K in the analysed soil samples. The mean and range of the activity concentrations (Bq kg⁻¹) in the samples were 18.61 ± 1.02 ($10 \pm 5.0 - 31 \pm 3.1$) for ²²⁶Ra, 16.67 ± 0.9 (8 \pm 1–31 \pm 1.5) for ²³²Th and 137.67 \pm 6.9 $(112 \pm 5.6 - 186 \pm 9.3)$ for ⁴⁰K. The (W8) sample has the maximum concentrations of ²²⁶Ra (31 \pm 3.1) and ²³²Th (31 ± 1.5) , while the (W14 and W17) samples have the lowest concentrations of radium-226 and thorium-232, respectively. The sample with the code W17 also had the greatest value of 40 K concentration, whereas the sample with the code had the lowest concentration (W6). The study found that the mean concentrations of ²²⁶Ra, ²³²Th, and ⁴⁰ K in the soil samples collected were lower than the global average levels (33, 45, and 420) for ²²⁶Ra, ²³²Th, and ⁴⁰K respectively, as reported by UNSCEAR in 2008 [\[43](#page-10-16)]. Table [2](#page-6-0) presents the analysis of the current study's soil samples about previous reports of the activity concentrations of these radionuclides. The results indicate that the concentrations of these radionuclides in the soil samples collected from Brazil were higher than those found in the other countries listed in the table. However, the mean values of ^{226}Ra , ^{232}Th , and ^{40}K in the soil samples collected in this study were lower than those found in Panama.

Radiation risk

The purpose of this study is to evaluate the radiation risk of the collected samples, several parameters were calculated. These include radium equivalent activity (Ra_{eq}) , absorbed dose rate (D) in air, annual effective dose rate (AED), external hazard index (H_{ex}) , internal hazard index (H_{in}) , representative level index (I), and excess lifetime cancer risk (ELCR). The values for these parameters were determined using the equations presented in our previous works[\[8,](#page-9-4) [54](#page-11-0)[–56](#page-11-1)], where A_{Ra} , A_{Th} , and A_K represent the activities of 226 Ra, 232 Th, and 40 K, respectively.

It is important to evaluate these parameters as they indicate the potential dangers to one's health from being exposed to the radiation levels present in the studied area. By computing these values, it can be determined whether the levels of radiation in the area are within acceptable limits or if there is a potential hazard to human health. The calculations show that the radiation hazard associated with the studied area is within safe limits, as the values of H_{av} , H_{in} , and I_{vr} are less than 1. Moreover, the AED is lower than the recommended limit of 1 mSv per year for the general public. These fndings suggest that the samples collected from the studied area are not a signifcant radiation hazard.

Table [2](#page-6-0) contains the fndings about the dangers posed by radioactive substances. As can be observed in Table [3](#page-7-0), the values of Ra_{eq} , D, AED, H_{ex} , H_{in} , Ir, and ELCR for the samples ranged anywhere from 34.1 to 83.9 Bq kg⁻¹, 15.7 to 37

Table 3 The values for radium equivalent activity (Ra_{eq}), absorbed dose rate (D), annual effective dose (AED), internal radiation hazard index (H_{in}) , representative level index (Ir), and excess lifetime cancer risk (ELCR) in study area

Region name	Sample code	Ra_{eq} (BqKg ⁻¹)	Dose rate $(nGyh^{-1})$	$AED (µSvy^{-1})$	Hazard indices			
					H_{ex}	H_{in}	Iγ	$_{\rm ELCR}$
El Qasr (Dakhla oasis)	W-01	56.8	25.7	31.55	0.15	0.23	0.40	$1.10E - 04$
	W-02	68.4	30.6	37.58	0.19	0.26	0.48	$1.32E - 04$
	$W-03$	48.8	22.0	26.98	0.13	0.17	0.35	$9.44E - 05$
	W-04	51.4	23.3	28.54	0.14	0.20	0.37	$9.99E - 05$
	$W-05$	49.0	22.2	27.23	0.13	0.18	0.35	$9.53E - 05$
	W-06	39.1	18.0	22.11	0.11	0.15	0.26	$7.74E - 05$
	W-07	61.0	27.9	34.263	0.17	0.23	0.44	$1.20E - 04$
	W-08	83.9	37.0	45.384	0.23	0.23	0.59	$1.59E - 04$
	W-09	59.0	26.5	32.439	0.16	0.23	0.43	$1.14E - 04$
	$W-10$	57.6	25.8	31.677	0.16	0.23	0.42	$1.11E - 04$
	$W-11$	49.4	22.9	28.095	0.13	0.23	0.37	$9.83E - 05$
	$W-12$	52.7	24.1	29.528	0.14	0.19	0.38	$1.03E - 04$
	$W-13$	43.6	20.2	29.528	0.12	0.19	0.32	$1.03E - 04$
	$W-14$	34.1	15.7	19.261	0.09	0.12	0.25	$6.74E - 05$
	$W-15$	47.3	21.7	26.606	0.13	0.18	0.34	$9.31E - 05$
	$W-16$	56.8	25.7	31.489	0.15	0.20	0.41	$1.10E - 04$
	$W-17$	62.0	28.6	35.129	0.17	0.24	0.38	$1.23E - 04$
	$W-18$	46.2	20.7	29.528	0.13	0.19	0.33	$1.03E - 04$
	Average	53.73	27.37	30.38	0.15	0.20	0.38	$1.06E - 04$

nGy h⁻¹, 19.26 to 45.384 Sv y⁻¹, 0.09 to 0.23, 0.12 to 0.23, 0.25 to 0.59, and 6.74E-05 to 1.59E-04, respectively. These values are signifcantly lower than the international limit of 370 Bq kg⁻¹ for Ra_{eq}, 59 nGyh⁻¹ for D, 70 Svy⁻¹ for AED, 1 for H_{ex} and Hin, 2 for Iγ, and 29E-03 for ELCR [[57](#page-11-3)[–59](#page-11-4)]. Accordingly, there is no danger to the general public in the Area that is currently under study. Figure [6](#page-8-0) illustrates the distribution of the radiation hazards that were caused by the samples that were taken from the study area, while the relative contributions to Ra_{eq} , D and AED, I_{γ} , H_{ex} , and H_{in} , respectively. The respective contributions of 226 Ra, 232 Th, and 40K ranged from 23.96 to 50.23%, from 22.10 to 56.50%, and from 10.44 to 29.37%, respectively. In the majority of samples, ²²⁶Ra and ²³²Th are the primary donors to Ra_{eq} . The relative contributions of 226 Ra and 232 Th to the D and AED are signifcantly greater than the relative contribution of potassium. The contribution to Hex was made by 232 Th, which was followed by 226 Ra, which was followed by 40 K. Lastly, 226 Ra is the primary component that contributes to H_{in} in each soil sample.

Conclusion

Eighteen soil samples from the village of Al-Qasr were collected and processed for gamma-ray spectrometry measurements of the natural radioactivity caused by 226 Ra, 232 Th, and 40 K. Daily calibrations were used to make measurements, and each sample was measured several times. The mean and range of the activity concentrations (Bqkg⁻¹) in the samples were 18.61 ± 1.02 $(10 \pm 5.0 - 31 \pm 3.1)$ for ²²⁶Ra, 16.67 ± 0.9 $(8 \pm 1 - 31 \pm 1.5)$ for ²³²Th and 137.67 ± 6.9 (112 ± 5.6 – 186 ± 9.3) for ⁴⁰K. The study found that the mean concentrations of ^{226}Ra , 232 Th, and 40 K in the soil samples collected were lower than the global average levels $(33, 54,$ and $420)$ for $226Ra$, 232 Th, and 40 K respectively, as reported by UNSCEAR in 2008. Based on the results obtained from the study, it can be concluded that the studied area has a lower radiation hazard compared to the world average. The concentrations of $226Ra$, $232Th$, and $40K$ compared to levels reported for other nations, those discovered in the soil samples were much lower, except for Brazil. The calculated radiation hazard indices, such as the Ra_{eq} , D, AED, H_{ex} , H_{in} , I_v, and

Fig. 6 The dispersion of radiation risks in the area under investigation

ELCR, were within safe limits (370 Bq kg⁻¹, 59 nGy h⁻¹, 70 Sv y⁻¹, 1, 2 and 29E-03 for Ra_{eq}, D, AED, H_{ex}, H_{in}, I_y, and ELCR). However, it is important to continue monitoring radiation levels in the area to ensure the safety of the local population and the environment.

Acknowledgements The research partially funded by the Ministry of Science and Higher Education of the Russian Federation (Ural Federal University Program of Development within the Priority-2030 Program) is gratefully acknowledged. The authors express their gratitude to the University of Kyrenia and Al-Azhar University for their generous support.

Author contributions Hesham MH. Zakaly: Conceptualization, Writing- Original draft preparation, Methodology, Software. R. Elsaman: Writing- Original draft preparation, Supervision. Mohamed Kamal: Writing- Review& Editing, draft preparation. Shams A.M. Issa: Writing- Review& Editing, Methodology, Software, Project administration. Akbar Abbasi: Investigation, Conceptualization, Project administration, Visualization. Jinsong Shen: Methodology, Software. Atef El-Taher: Original draft preparation, Review& Editing. Chee Kong Yap: Investigation, original draft preparation. Elsayed Abdelbaky: Investigation, Methodology. El-Montser M. Seleem: Conceptualization, administration, Visualization.

Funding Open access funding provided by the Scientifc and Technological Research Council of Türkiye (TÜBİTAK). Not applicable.

 Data availability Data will be available upon request.

Declarations

Conflict of interest The authors declare that they have no known competing fnancial interests or personal relationships that could have appeared to infuence the work reported in this paper.

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