

The influence of papaya shape on its mass model and mechanical properties

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1 **Title: The Influence of Papaya Shape on its Mass Model and**
2 **Mechanical Properties**

3 Running title: **Papaya's Mass Model and Mechanical Properties**

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15 **Abstract:**

16 Post-harvest handling tasks include fruit grading and minimizing loss.
17 Fruits are often packaged into grades based on size and mass for uniformity
18 and proper handling. Losses caused by mechanical damage can be reduced
19 by understanding the fruit's response to loads. Papaya's (cv. Exotica)
20 irregular shape and short shelf-life are important factors for proper
21 handling. This study aimed to develop a model for papaya mass based on
22 geometric properties and to characterize its mechanical behavior when
23 compressed along its major axis.

24 For mass prediction, single- and multiple-variable regression models using
25 papaya's geometrical variables were developed. Despite its irregular shape,
26 similar performance was observed in the best single- and multiple-variable
27 mass models ($R^2 \approx 0.95$, RMSE ≈ 82 g). However, the single-variable
28 model is likely more practical because only two axial lengths are needed
29 and can be extracted from 2D images. For papaya's mechanical behavior,
30 the results for elastic properties indicate some variations ($p > 0.05$) in elastic
31 modulus, and failure stress and strain along the major axis, while results for
32 viscoelastic properties indicate significant variation ($p < 0.05$) in the
33 relaxation moduli. Overall, the bottom section is less resistant to
34 deformation compared to the top. Therefore, reducing compression in the
35 section could potentially reduce damage. Using the mechanical properties
36 described here in computer simulation studies may provide more detailed
37 load distribution. Mass modeling can aid the automation of papaya grading,

38 while mechanical response characterization provides valuable information
39 for designing post-harvest handling systems.

40 **Keywords:** Post-harvest loss; Mechanical injury; Mechanical behavior;
41 Mass model; Irregular shape; Fruit grading

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1. Introduction

Papaya (*Carica papaya*) is a tropical fruit that is widely cultivated and consumed worldwide. It is known for its sweet taste and numerous health benefits, including high levels of vitamin C, vitamin A, digestive properties, and anti-inflammatory properties (Koul et al., 2022). Proper post-harvest handling is crucial for maintaining fresh fruits' freshness, nutritional value, and sensory characteristics, while reducing the risk of spoilage and foodborne illnesses. Local environmental parameters such as temperature and humidity, as well as the fruits' material behavior such as their mechanical properties must be carefully considered during handling processes in the fruit supply chain to prevent post-harvest losses (Li & Thomas, 2014). The physical attributes and mechanical properties of fruits play a vital role in designing handling equipment, such as sorting and grading operations, and assessing fruit quality. The supply chain operations of fresh fruits, from harvest to table, involve a series of interconnected operations to ensure the fruit reaches consumers in a fresh and safe condition (Hussein et al., 2020).

1.1 Mass modeling of papaya for fruit grading

Fruit grading systems play a pivotal role in ensuring the quality, consistency, and efficiency of fruit production and distribution. The grading process involves the assessment of various attributes of fruits, including mass, size, color, texture, shape, and the presence of defects or diseases. Geometric properties like length, width, thickness, volume, projected area, and mass, are widely adopted parameters for fruit grading (Moustafa, 1971).

67 Grading facilitates the acquisition of uniformly characterized fruits,
68 contributing to optimal packaging configuration, material selection, and
69 transportation optimization.

70 For Carica papaya (cv. Exotica), fruits falling within a weight range of
71 250 - 850 g and having a color index of 2 are selected for export, fruits with
72 color indices between 3 and 5 are typically sold in local markets, while those
73 with a color index of 6 are considered overripe and rejected (*Tropical Fruit*
74 - *Global Information System*, n.d.). The fruits can also be graded into large
75 (601-800 g), medium (351-600 g), or small (250-350 g) (Riyadi et al., 2007).
76 Traditionally, fruits are graded through manual inspection by human
77 operators. However, these processing systems have evolved to incorporate
78 computer vision and automation to achieve accurate grading and sorting
79 (Desai et al., 2023; Seema et al., 2015). Therefore, a sizing mechanism must
80 not be neglected in automating the grading and sorting process of papaya.

81 Conventionally, fruit sizes are often measured using a basic scale based
82 on their mass. However, considering the fast pace of modern post-harvest
83 processes, machine vision may provide more efficient options for grading
84 fruit sizes based on their geometric properties. Alternative size classes could
85 be established that likely align with consumer choices and the demand for
86 consistently shaped fruits to fulfill packaging criteria (Schulze et al., 2015).
87 The relationships between geometric properties and mass have been used by
88 different researchers to develop models for predicting fruits' mass, ranging
89 from single variable linear and non-linear regressions to more complex
90 multi-variable machine learning models. For regular or uniform-shaped

91 fruits such as pomegranate, mandarin, apples, and limes, single variable
92 models are often optimal for modeling mass (Khoshnam et al., 2007;
93 Mahawar et al., 2019; Mansuri et al., 2022). However, for non-uniform
94 shaped fruits, the mass may be better predicted with multiple variables
95 (Schulze et al., 2015; Spreer & Müller, 2011; Utai et al., 2019). Papaya's
96 shape is not truly uniform; hence its mass may be optimally predicted either
97 by a single or multiple geometrical variables.

98 Linear and non-linear regression models that have been used for mass
99 prediction of fruits include linear, quadratic, curve, and power models,
100 previously applied to fruits such as kiwi and citrus (Lorestani &
101 Tabatabaeefar, 2006; Mahawar et al., 2019). More complex models such as
102 advanced statistical models and machine learning models are also
103 increasingly reported. For example, support vector machine and artificial
104 neural network have been used to predict the mass of apples and cherry
105 tomatoes (Mansuri et al., 2022; Nyalala et al., 2019). For mass prediction,
106 one of the differences between the traditional and advanced models is in the
107 number of variables used for prediction. Recent studies demonstrated that
108 complex models outperformed traditional models when predicting fruits'
109 mass using multiple geometric properties (Abdel-Sattar et al., 2021; Mansuri
110 et al., 2022).

111 For this study, support vector regression (SVR), ordinary least squares
112 (OLS), and linear least absolute shrinkage and selection operator (LASSO)
113 regression are used for predicting or classifying fruit properties as each offers
114 unique advantages and is designed to address specific challenges in fruit

115 mass prediction. For instance, SVR leverages the concept of finding the
116 optimal hyperplane to minimize error, making it particularly suitable for
117 datasets with complex relationships. While OLS uses a straightforward
118 approach of minimizing the sum of squared differences between observed
119 and predicted values, offering intuitive interpretations and LASSO
120 regression enhances model robustness by incorporating regularization to
121 prevent overfitting through the penalization of large coefficients.

122 Therefore, this study aimed to determine the geometric variable(s) that
123 will best predict the mass of papaya and compare the performance of
124 traditional and complex regression models in predicting the mass of papaya.

125 1.2 The mechanical material behavior of papaya and damage minimization

126 During handling and transportation fruits are packed or arranged such
127 that damage is minimized. Fruits' susceptibility to mechanical damage is
128 dependent on its mechanical properties (Hussein et al., 2020). Fruits are
129 complex biological systems, composed of various tissues, each with distinct
130 mechanical properties. The composition, structure, water content, and
131 distribution of pectin, cellulose, and hemicellulose at the cellular scale, as
132 well as shape, size, and density at the macroscale, are all factors that
133 influence the mechanical properties of fruits (Li et al., 2013). The
134 mechanical properties of fruits are also influenced by factors such as cultivar,
135 maturity stage, and environmental conditions (Arendse et al., 2014). For
136 example, firmness, cohesiveness, springiness, gumminess, and chewiness
137 have been reported to decrease as papaya fruit ripens (Sanchez et al., 2020).
138 Fruits are perishable and many are highly sensitive to environmental

139 conditions. Understanding their mechanical properties can provide valuable
140 information on the structural and compositional changes that occur during
141 growth, development, and ripening (J. Wang, 2004). As papaya's shape is
142 oval-like, the mechanical properties may vary in the different areas of the
143 fruit, particularly along the longest axis. Detailed information in this
144 variation will assist proper storage arrangements, for example.

145 The rheological characterization of biological materials involves three
146 key parameters: force, deformation, and time. Collectively, they determine
147 the mechanical properties of biological materials (Mohsenin, 1970a).
148 Common mechanical tests to determine the mechanical properties of fruits
149 is recently reviewed (Li, Miao, et al., 2017). Important parameters such as
150 failure stress, failure strain, failure energy, and Young's modulus are
151 determined through a simple compression test which generates a force-
152 deformation curve (Hussein et al., 2020; Jin et al., 2021; Liu et al., 2023),
153 while characteristics such as the relaxation modulus, relaxation time, creep
154 compliance and other viscoelastic properties are determined through stress
155 relaxation or creep test (Kim et al., 2008; Mahiuddin et al., 2020; Sanchez et
156 al., 2020). The determination of the mechanical characteristics of fruits
157 enables the quantification of the loads that can lead to micro and macro
158 mechanical damage to fruits. Mathematical models used to predict the
159 mechanical response of fruit material generally include elastic, viscoelastic
160 and elastic-plastic models. The elastic model obeys the Hooke's law, the
161 plastic model describes permanent deformations, while the viscoelastic
162 model describes the material behavior of fruit exhibiting viscous and elastic

163 characteristics under deformation. The fluid and solid parts of a fruit are
164 considered viscous and elastic, respectively.

165 For papaya, its puncture response has been described using the elastic-
166 plastic material model for its skin-flesh tissues (Zulkifli et al., 2020, 2021).
167 Additionally, the correlations between papaya's textural-mechanical
168 attributes and physiochemical properties throughout its ripening stages were
169 investigated and results indicated that the Maxwell model is appropriate to
170 describe the mechanical changes throughout ripening (Sanchez et al., 2020).
171 However, given the oval-like shape of papaya, the variation in its mechanical
172 properties along its major axis should be investigated for a more accurate
173 characterization of its mechanical properties.

174 Hence, this study aims to develop a mass model for papaya based on its
175 geometrical properties and characterize its mechanical behavior by
176 describing the elastic and viscoelastic material properties along its major
177 axis. These properties include failure stress, failure strain, Young's Modulus,
178 and viscoelastic parameters.

179 2. Materials and Methods

180 2.1 Materials

181 The fruits used in this study, *Carica papaya* (cv. Exotica) were
182 purchased from the local market in Seri Kembangan, Selangor, Malaysia. In
183 this study, we utilized fruits that were classified as having a ripeness index
184 of 2. These fruits exhibited a predominantly green color, with trace of
185 yellow, following the standard color chart (Kwok & Liang, 2019). The

186 ripeness index 2 was used because papaya harvested at this stage are
187 optimum for export and long-distance transportation (Barragán-Iglesias et
188 al., 2018; Sekeli et al., 2018).

189 2.2 Mass Modeling

190 2.2.1 Determination of Geometric Properties

191 The mass and three axial lengths of whole papaya fruits (n=63) were
192 measured. The orientation of the three axial lengths is shown in Figure 1(A).
193 The fruit length a was measured along the major or Y axis, the largest
194 diameter along the X axis was measured and recorded as b , and the largest
195 diameter along the Z axis was measured and recorded as c . All measurements
196 were taken at an accuracy of ± 0.05 mm using a digital caliper.

197

198 **Figure 1:** (A) An illustration of the three axial lengths measured in each
199 fruit. The fruit length, a was measured along the Y axis, and two largest
200 diameters, b and c were measured along the X and Z axes. (B) The papaya
201 was cut into three sections, top, middle and bottom (indicated by the
202 dashed lines). Then each section was further sliced into 30 mm slices for
203 the compression tests.

204 Next, the mean diameter, sphericity, and projected area were calculated
205 based on the axial lengths. The geometric mean dimension, D_0 , of the fruit
206 was computed using equation (1) (Mohsenin, 1970b; Sahu, 2018), and its
207 sphericity was computed using equation (2).

$$208 \quad D_0 = \sqrt[3]{a * b * c} \quad (1)$$

$$209 \quad Sphericity = \frac{\sqrt[3]{a*b*c}}{a} \quad (2)$$

210 The surface area (S) was calculated using equation (3) based on the
 211 geometric mean diameter, D_0 (Meisami-asl et al., 2009; Mirzabe et al.,
 212 2013).

$$213 \quad S = \pi * D_0^2 \quad (3)$$

214 The projected area is an important parameter in modeling the mass of
 215 fruits (Mahawar et al., 2019; Mansuri et al., 2022). This parameter was
 216 computed using equation (4) (Mirzabe et al., 2013).

$$217 \quad P_a = \left(\frac{\pi ab}{4} \right) \quad (4)$$

218 2.2.2 Model calibration and validation

219 Mass modeling was performed in Jupyter Notebook (Anaconda 4.10.1;
 220 Python version: 3.8.8) with NumPy, Pandas and Scikit-learn Python
 221 libraries. First, a descriptive statistical analysis was conducted on the
 222 geometric properties: mass, axial lengths a , b , and c , mean diameter,
 223 sphericity, surface area, and projected area. Then, the mass prediction
 224 models were developed based on the geometric variables. For this purpose,
 225 four single-variable regression models, namely linear, quadratic, S-curve,
 226 and power, and three multiple-variable regression models, namely ordinary
 227 least squares (OLS), linear least absolute shrinkage and selection operator
 228 (LASSO) and support vector regression (SVR) were used. The data was split
 229 into 70% and 30% for model calibration and validation, respectively.

Each single-variable model has between one to three coefficients requiring calibration (Table 1). The linear regression curve fitting method was used for the linear equation, and the non-linear regression curve fitting method was used for the three non-linear equations to determine the models' coefficients (Mahawar et al., 2019a; Mansuri et al., 2022a). The calibration of the multiple-variable models was performed using NumPy, Pandas and Scikit-learn libraries on Python platform.

Table 1: Single-variable regression equations for mass modeling.

Next, the predicted mass for each fruit in the validation dataset was determined for all models and compared to the measured mass. The coefficient of determination (R^2) and root mean square error (RMSE) were calculated for model validation. The model with the highest R^2 and lowest RMSE is likely the optimal mass model for the studied papaya species.

2.3 Mechanical Properties Characterization

2.3.1 Sample preparation

For mechanical properties characterization, 40 whole papayas were sectioned into three approximately equal sections along the major axis, namely the top (stem end), middle, and bottom (blossom end) (Figure 1(B)). Each section was further sliced into 30 mm thickness cylindrical samples. Then, 30 samples were randomly chosen from each section. Two sets of samples were prepared for the compression and compression-holding tests

252 to determine the modulus of elasticity, failure stress, failure strain, and
253 viscoelastic properties of papaya.

254 2.3.2 Determination of Elastic Properties

255 In the compression test, each cylindrical sample was laid horizontally
256 and compressed with a 150 mm diameter compression plate until failure. The
257 tests were performed using a Universal Testing Machine (10 kN INSTRON
258 5566, UK). The ASAE S368.4 DEC2000 standard (ASAE, 2008) was used
259 as a guide for the compression speed, which was 10 mm/min. The yield stress
260 and strain for all samples from the same section were averaged to obtain the
261 stress and strain for each section. They are referred to herein as the failure
262 stress and failure strain, respectively.

263 2.3.3 Determination of Viscoelastic Properties

264 In the compression-holding test, each cylindrical sample was also laid
265 horizontally. The compression test speed was also 10 mm/min with a holding
266 time of 300s. A hold time of 300s was chosen to allow the stress curve to
267 reach equilibrium without a total rupture of the sample. The compression
268 load, deformation, stress, and strain were recorded. The relaxation
269 parameters: relaxation moduli (E_0 , E_1 , E_2 , E_3), and relaxation time (T_1 , T_2 ,
270 T_3) were determined by fitting the stress relaxation data to the three element
271 Maxwell model using non-linear regression (Sanchez et al., 2020).

272

Figure 2: Three-element Maxwell model combination. E_1 , E_2 and E_3 are the elastic moduli, η_1 , η_2 , and η_3 are the viscous coefficients, and E_e is the equilibrium modulus.

The stress relaxation curve resulting from the compression-holding test is typically modelled with a generalized Maxwell model comprising a spring and two parallel Maxwell units. Similarly, the creep curve resulting from the same test can be represented by a generalized Kelvin model featuring a spring, a dashpot, and a Kelvin unit that is connected in series. Figure 2 illustrates a three-element Maxwell model's springs and dashpot combination described by Equation (5):

$$E(t) = E_e + E_1 e^{-t/T_1} + E_2 e^{-t/T_2} + E_3 e^{-t/T_3} \quad E_i = \frac{\eta_i}{T_i} \quad (5)$$

where, relaxation function $E(t)$ is the stress history per unit strain imposed, E_1 , E_2 and E_3 are the stiffness of the material, T_1 , T_2 and T_3 are the relaxation time, η_i is the viscous coefficient of the i -th number of dashpots, t is the total time and E_e is the equilibrium stiffness (Flügge, 1975).

While the nominal stress ($\sigma(t)$) and strain ($E(t)$) can be expressed by equation (6):

$$\sigma(t) = \varepsilon_o E(t) \quad (6)$$

2.3.4 Determination of the Variation in Mechanical Properties

ANOVA was used to determine the mean difference in the mechanical properties (elastic modulus, failure stress, failure strain, relaxation moduli, relaxation time) between the top, middle and bottom sections of the fruit,

and the Tukey HSD post-hoc test was performed when appropriate. A significance level of $p < 0.05$ was used in all analyses.

3. Results and Discussion

3.1 Descriptive Analysis on the Geometrical Properties of Papaya

The geometrical parameters aid the design and development of post-harvest handling machines (Mahawar et al., 2019). The descriptive statistical analysis results for the physical and geometrical properties of the samples are shown in Table 2. The mass varied between 655.13 g and 2089.49 g with an average value of 1298.68 ± 319.46 g. The average papaya's axial lengths a , b , and c were 22.37 ± 1.97 cm, 10.50 ± 1.03 cm, and 8.93 ± 1.26 cm, respectively. The length of papaya, a was at least twice the diameters, b and c . In comparison to other variants, Exotica papaya variety has a larger major dimension (22.37 ± 1.97 cm) in comparison to golden papaya (13.83 ± 0.93 cm) (Santos Pereira et al., 2018). Other geometrical properties of papaya cv. Exotica are listed in Table 2.

Table 2: Physical and Geometrical Properties Parameters of Whole Papaya

($n = 63$)

Figure 3 presents the correlation coefficients between the geometrical variables. In terms of correlation with mass, sphericity exhibited the weakest correlation with mass ($R = 0.39$), while the surface area showed the strongest correlation with mass ($R = 0.97$). The mean diameter, projected area, and surface area generally showed strong correlations with mass ($R > 0.9$), while

the individual axial length showed moderate correlation with mass. The strong correlations suggest that variations in mean diameter, surface area or projected area likely correspond to changes in papaya mass.

Figure 3: Correlation coefficient, R, matrix indicating the correlations between the geometrical properties and mass. The coefficients ranged between 0 (weakest correlation) to 1 (strongest correlation).

3.2 Mass Modeling

The model coefficients and performance of the single-variable mass models based on geometrical variables are listed in Table 3, while the performance of the multiple-variable mass models is listed in Table 4. The accuracy of the models was determined by comparing the predicted mass to the measured mass in the validation dataset and quantified using the R^2 and root mean squared error (RMSE).

For single-variable mass models, the results indicate that the projected area is the best mass predictor as it consistently produced the highest R^2 and the lowest RMSE for all four single-variable models (Table 3). When comparing across all four models, the power ($R^2 = 0.947$, RMSE = 82.284 g) and quadratic ($R^2 = 0.947$, RMSE = 82.793 g) models had comparable performance. Moreover, they outperformed the linear and S-curve models when using the mean diameter, surface area or projected area as mass predictor. The single-variable mass model results confirmed the correlation analysis, indicating that mean diameter, surface area and projected area correlate strongly with mass (Figure 3). This finding is similar with the mass

343 model for mango, whereby the power model resulted in the best mass
344 prediction using three axial lengths (Spreer & Müller, 2011).

345 **Table 3:** Model coefficients (α , β , and γ) and the performance measures
346 (R^2 and RMSE) for the single-variable mass models for papaya fruits

347

348 For multiple-variable mass models, the OLS outperformed other models
349 in predicting papaya's mass with R^2 and RMSE of 0.9479 and 81.723 g,
350 respectively (Table 4). When considering multiple variables, (Mansuri et al.,
351 2022a) reported that SVR had the best accuracy in predicting the mass of
352 Berr apple using projected area ($R^2 = 0.968$). However, Berr apple can be
353 considered as a uniform or regular-shaped fruit. For this study, the optimal
354 single-variable and multiple-variable mass models resulted in comparable
355 performance, namely $R^2 \sim 0.95$ and RMSE of ~ 82 g. This comparison
356 indicates that less complex models can be used to predict papaya mass, as
357 similarly reported for mango (Utai et al., 2019). For implementation
358 purposes, the single-variable model would be more practical as only two
359 axial dimensions have to be measured for determining the predictor variable,
360 which is the projected area, which could be easily obtained from a 2D image.

361 **Table 4:** The performance of multiple-variable mass models for papaya
362 fruits

363

364 3.3 Mechanical Behavior of Papaya

365 3.3.1 Elastic properties

366 In general, although variations were observed in the elastic modulus,
367 failure load, failure stress and failure strain along papaya's major axis, the
368 differences were not significant ($p>0.05$). Two trends could be seen among
369 the four properties. First, the elastic modulus and failure stress showed the
370 same trend, which reduced from top to bottom sections (Figures 4(A) and
371 4(D)). Second, the failure load and strain showed the same trend, whereby
372 the mean was highest in the middle section, followed by the top and the
373 bottom sections (Figures 4(B) and 4(C)).

374 The elastic moduli were 0.5063 ± 0.19 MPa (top), 0.4242 ± 0.20 MPa
375 (middle) and 0.3916 ± 0.19 MPa (bottom). This change in elastic modulus
376 indicate that the bottom end is likely more delicate and susceptible to
377 mechanical damage compared to the top region (W. Wang et al., 2019, 2020;
378 Zhang et al., 2021). The failure stress for the top, middle, and bottom regions
379 was 0.0679 ± 0.02 MPa, 0.0619 ± 0.02 MPa, and 0.0454 ± 0.01 MPa
380 respectively (Figure 4(D)). (Zulkifli et al., 2021) reported a yield stress limit
381 of 0.05 MPa for the Exotica variety of papaya flesh tissue from unspecified
382 section along the major axis, while (Arrázola et al., 2021) reported $0.0731 \pm$
383 0.0021 MPa and 0.0506 ± 0.0021 MPa for the stress yield limit of the
384 *Tainung F1* papaya at ripeness levels 1 and 2 respectively.

385 The failure load for the top, middle, and bottom sections was $459.96 \pm$
386 146.39 N, 522.09 ± 160.43 N, and 352.85 ± 149.36 N, respectively. A
387 possible explanation for the relatively higher failure load and strain for the
388 middle section is due to its distance from both ends where load was applied.
389 Furthermore, the diameter in the section is typically more uniform and larger

390 compared to the other two sections. Therefore, the load may have dissipated
391 along the axis, and the uniform and larger diameter may allow higher load
392 and strain to be sustained.

393

394 **Figure 4:** The average and standard deviation for (A) elastic modulus, (B)
395 failure load, (C) failure strain and (D) failure stress along papaya fruit's
396 major axis. All observed variations between the three fruit sections were
397 statistically insignificant ($p>0.05$).

398 3.3.2 Viscoelastic properties

399 Fruit structure is a multiscale continuity structure (Cáez-Ramírez et al.,
400 2015; Ghysels et al., 2010; Ho et al., 2009). In the case of papaya tissue, its
401 mechanical behavior can be described using Maxwell elements (Sanchez et
402 al., 2020). The ANOVA test results indicate that the position along the major
403 axis significantly ($p<0.05$) influenced the majority of the relaxation moduli
404 (E_e , E_1 , E_2 , and E_3) and one relaxation time (T_3) component (Table 5).

405 The instantaneous modulus (E_0) reduced along the major axis, with
406 0.1078 ± 0.023 MPa, 0.1019 ± 0.003 MPa, and 0.1010 ± 0.002 MPa in the
407 top, bottom, and middle sections, respectively. The first spring (E_1) and
408 dashpot (T_1) elements decreased along the major axis, which could represent
409 the deformation of the primary cell wall and the middle lamella (Karaman et
410 al., 2016; Sanchez et al., 2020). The components E_2 , T_2 , E_3 , and T_3 which
411 reduced along the major axis have been postulated to be related to structural
412 features (Yildiz et al., 2013). From these results, it can be deduced that the
413 cell walls in the top section is more resistant to deformation than the bottom

414 since a lower elastic modulus indicates that lower stress is required to deform
415 a material. The relaxation time (T_1) is the time during which the force applied
416 to the viscoelastic material dissipates to approximately 36.8% of the initial
417 value (Mohsenin, 1970a; Yildiz et al., 2013). In this study, the value of T_1
418 reduced along the major axis.

419 (Chen, 1994) described the components of the Maxwell model in
420 relation to fruit tissue based on their time constants. T_1 represents the short
421 time in which intercellular gases can only sustain load, T_2 represents the
422 medium time for which the intercellular liquid flows, while T_3 represents the
423 cells as a whole and has a very long relaxation time constant because fluids
424 inside them move in and out slowly. Consequently, when the fruit is
425 subjected to a constant load, the stress on each component of the tissue
426 changes over time. Overall, the result of the viscoelastic parameters suggests
427 that, under compression, the tissues located at the bottom section of papaya
428 behaves differently from those at the top and middle sections due to
429 differences in the cell structure compositions.

430 4. Conclusions

431 This study proposed a mass prediction model for papaya and described
432 its mechanical behavior under compression that could be useful for post-
433 harvest handlings. The correlations between the geometric properties of
434 papaya were examined, and models were developed for mass prediction.
435 Interestingly, the R^2 and RMSE values were comparable for both traditional
436 and advanced regression models, indicating that simple models may perform
437 as accurate as complex models. The power model has the highest R^2 (0.947)

438 and lowest RMSE (87.72 g) among the single-variable regression models for
439 mass prediction using projected area as a predictor, while the OLS model
440 has the highest R^2 (0.947) and lowest RMSE (81.72 g) among the multiple-
441 variable models.

442 Uniaxial compression and compression-holding tests were used to
443 describe the elastic and viscoelastic properties of papaya along its major axis.
444 While the variations were statistically insignificant, the highest elastic
445 modulus and failure stress in the top section indicate that papaya fruit is more
446 resistant to deformation at the top section (Figure 4). On the other hand,
447 significant variations in some of the viscoelastic parameters indicate that
448 papaya's cellular composition differs along its major axis. As results indicate
449 that the bottom section is less resistant to deformation, reducing compression
450 in this section is recommended to minimize mechanical damage.

451 There are two main limitations in this study, therefore the results should
452 be interpreted within these limitations. First, the fruits were of a single
453 ripeness level. While the mass models and mechanical behavior may not be
454 applicable for other ripeness levels, the ripeness level selected for this study
455 is reflective of the typical ripeness during harvesting and transport.
456 Secondly, only static compression test was applied in this study, which is
457 mainly encountered during storage in minimal movement environments. For
458 papaya stored during transport, dynamic load should be considered,
459 particularly for improperly packed fruits.

460 The findings of this study highlight the influence of papaya shape on its
461 mass prediction and mechanical behavior. The mechanical behavior of the

462 papaya could be made more comprehensive by investigating the relationship
463 between geometrical variables and the mechanical properties. A
464 comprehensive understanding of the variation in the mechanical behavior of
465 papaya with its shape will enable more accurate computer simulation models
466 for investigating papaya's response to other types of loading, as well as for
467 designing technologies for sorting, storing, and transporting intact fruit while
468 minimizing mechanical damage.

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478

ACCEPTED PROOF

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700 Figures

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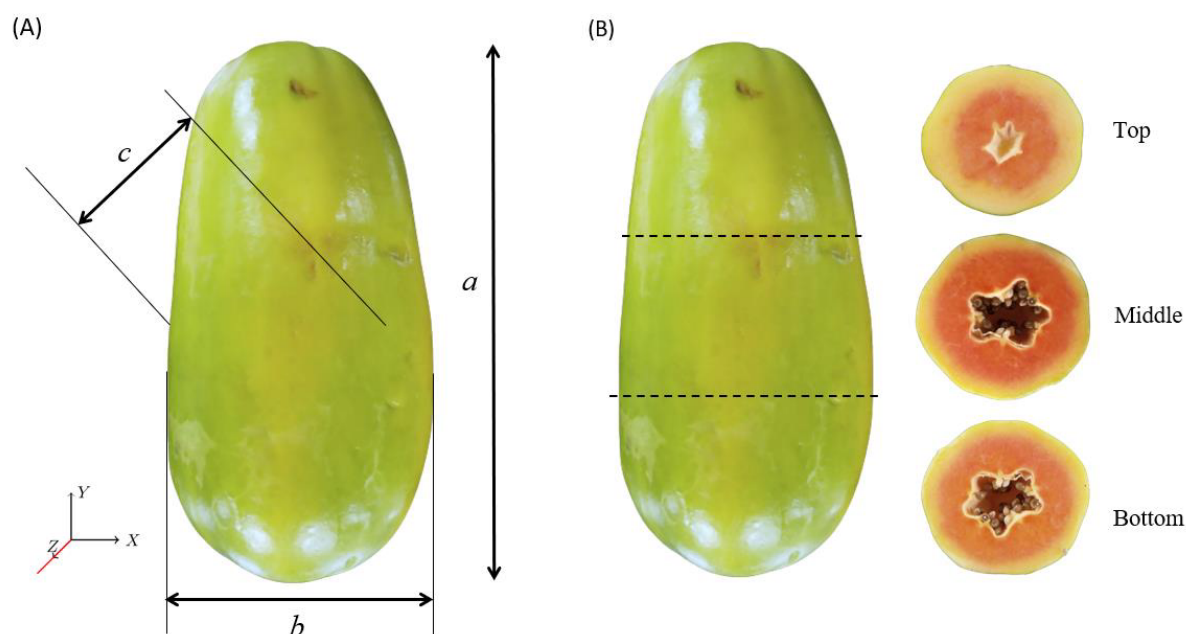
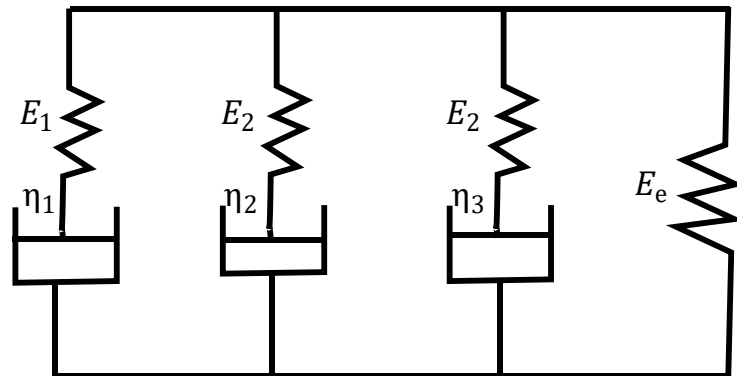


Figure 1: (A) An illustration of the three axial lengths measured in each fruit. The fruit length, a was measured along the Y axis, and two largest diameters, b and c were measured along the X and Z axes. (B) The papaya was cut into three sections, top, middle and bottom (indicated by the dashed lines). Then each section was further sliced into 30 mm slices for the compression tests.

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714 **Figure 2:** Three-element Maxwell model combination. E_1 , E_2 and E_3 are
 715 the elastic moduli, η_1 , η_2 , and η_3 are the viscous coefficients, and E_e is the
 716 equilibrium modulus.

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720 **Figure 3:** Correlation coefficient, R, matrix indicating the correlations
721 between the geometrical properties and mass. The coefficients ranged
722 between 0 (weakest correlation) to 1 (strongest correlation).

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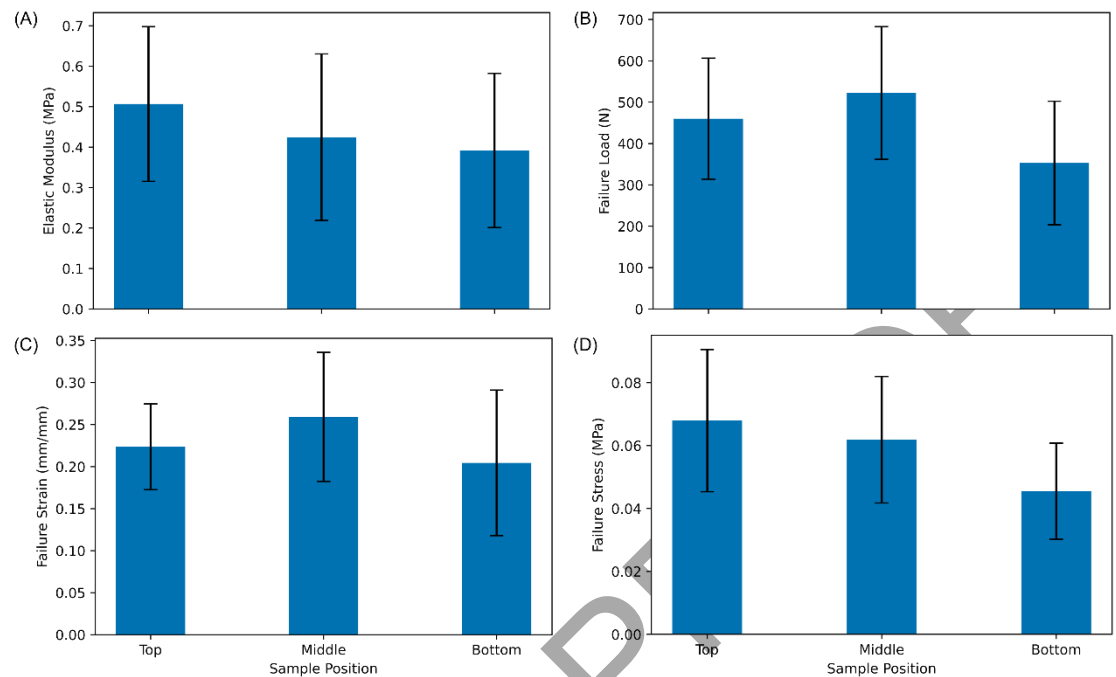
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731 **Figure 4:** The average and standard deviation for (A) elastic modulus, (B)
 732 failure load, (C) failure strain and (D) failure stress along papaya fruit's
 733 major axis. All observed variations between the three fruit sections were
 734 statistically insignificant ($p > 0.05$).

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