



**EXTREME HEAT VULNERABILITY ASSESSMENT IN PENINSULAR
MALAYSIA WITH INTEGRATION OF REMOTE SENSING AND
SOCIODEMOGRAPHIC DATA**

By

NURFATIN IZZATI BINTI AHMAD KAMAL

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in
Fulfilment of the Requirements for the Degree of Master of Science**

March 2021

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Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Master of Science

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March 2021

Chair : Zulfa Hanan Ash'aari, PhD
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The inevitable increase in temperature have attributed to the episodes of extreme heat all over the world and causes significant impacts on health, society, and economics. In the past 10 years, Malaysia has experienced more extreme heat event and yet very little research has been dedicated in exploring the heat-related vulnerability of exposed populations. In this study, the spatial and temporal pattern of extreme heat event was assessed, and the extreme heat vulnerability index (EHVI) has been evaluated based on integration of exposure, sensitivity and adaptive capacity during reference year and extreme heat year. The spatio-temporal distribution of extreme heat exposure was assessed using daytime land surface temperature (LST) Moderate Resolution Imaging Spectroradiometer (MODIS) Aqua Earth Observation satellite from 2003 until 2018. We have applied Principal Component Analysis on 13 parameters for each 87 districts to elucidate the extreme heat vulnerability in Peninsular Malaysia. The EHVI were generated by summing up the normalized extreme heat exposure scores and factors scores from the multivariate analysis. Comparison between reference year and extreme heat year was done to evaluate the change of extreme heat exposure and vulnerability between those years. Then, the relationship between EHVI and actual heat related illness was analysed using multinomial logistic regression. The result shows that there is significant increase of LST annually and during southwest monsoon. It was found that from 2003 until 2018, El-Nino accounts about 7.8% of extreme heat event and the highest LST anomaly is 3.2°C on March 2016. The analysis reveals two major components that represents the 13 parameters: social sensitivity and adaptive capacity. EHVI in our study clarifies that the most vulnerable populations are confined in the urban and northern region of Peninsular Malaysia. The source of vulnerability varied between both regions, with urbanization and population density increase the vulnerability in urban areas while high heat exposure and sensitive population are the dominant factor of vulnerability in northern region. The result also shows that EHVI is a significant predictor for district with moderate heat related cases. A comprehensive heat vulnerable assessment will give decision-makers, planner and other stakeholders, a clear view for effective adaptation and preparedness strategies in undergo future heat-related events.

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Master Sains

**PENILAIAN KERENTANAN TERHADAP HABA EKSTRIM DI
SEMENANJUNG MALAYSIA MENGGUNAKAN PENDERIAAN JAUH DAN
DATA SOSIODEMOGRAFI**

Oleh

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Peningkatan suhu telah dikaitkan dengan kejadian haba ekstrim di seluruh dunia dan telah menyebabkan kesan yang signifikan terhadap kesihatan, masyarakat and ekonomi. Dalam tempoh 10 tahun yang lepas, Malaysia telah mengalami banyak ke-jadian haba ekstrim. Namun, kajian berkaitan pendedahan ekstrim haba ke atas masyarakat yang terkesan dengan kejadian tersebut kurang dibincangkan. Kajian ini menilai *Extreme Heat Vulnerability Index (EHVI)* di Semenanjung Malaysia dengan menggunakan terma pendedahan, sensitiviti dan keupayaan adaptif untuk tahun rujukan dan tahun yang mengalami haba ekstrim. Pendedahan terhadap ekstrim haba telah dinilai menggunakan *day-time land surface temperature (LST) Moderate Resolu-tion Imaging Spectroradiometer (MODIS) Aqua Earth Observation satellite* dari tahun 2003 sehingga tahun 2018. *Principal Component Analysis* telah dilaksanakan ke atas 13 pemboleh ubah bagi setiap 87 daerah untuk menjelaskan corak kerentanan terhadap haba ekstrim di Semenanjung Malaysia. EHVI telah dikira dengan menjumlahkan skor pendedahan terhadap haba ekstrim dan markah faktor daripada analisis multivariat tersebut. Perbandingan antara tahun rujukan dan tahun mengalami haba ekstrim telah dijalankan untuk mengenalpasti perbezaan antara kedua-dua tahun. Kemudian, hubung kait antara EHVI dan kes penyakit disebabkan oleh haba ekstrim dinilai melalui analisis *Multinomial Logistic Regression*. Berdasarkan analisis yang telah dijalankan, nilai tahunan LST dan nilai LST ketika monsun barat daya meningkat dengan kadar yang signifikan. Fenomena El-Nino telah dikenal pasti mempengaruhi 7.8% kejadian haba ekstrim sepanjang tahun 2003 sehingga 2018 dan merekodkan nilai anomali LST tertinggi iaitu 3.2°C pada bulan Mac 2016. Analisa tersebut telah mengenal pasti dua komponen utama iaitu sensitiviti sosial dan keupayaan adaptif. EHVI telah menjelaskan bahawa masyarakat yang terdedah dengan haba ekstrim berada di kawasan bandar dan wilayah utara Semenanjung Malaysia. Sumber kerentanan haba ekstrim bagi kedua-dua kawasan tersebut berbeza. Urbanisasi dan kepadatan penduduk menyumbang kepada kerentanan haba ekstrim di kawasan bandar, manakala, pendedahan tinggi terhadap haba ekstrim dan populasi sensitif menyumbang kepada kerentanan haba ekstrim di wilayah utara. Hasilnya juga telah menunjukkan bahawa EHVI adalah ramalan yang signifikan

bagi daerah dengan kes yang mempunyai jumlah pesakit penyakit berkaitan haba yang sederhana. Kajian kerentanan terhadap haba ekstrim secara menyeluruh dapat membantu pegawai bertanggungjawab dalam menyediakan dan melaksanakan polisi, perancang bandar dan parti yang terlibat dengan memberi gambaran jelas dalam menyediakan strategi adaptasi dan mitigasi yang efektif dalam persediaan menjalani kejadian esktrim haba yang akan datang.



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私と一緒にいてくれてありがとう。
私に生き方を教えてくれてありがとう。
Thank you so much and I love you all.

This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfilment of the requirement for the degree of Master of Science. The members of the Supervisory Committee were as follows:

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LIST OF ABBREVIATIONS

AR	Assessment Report
ASTER	Advanced Spaceborne Thermal Emission and Reflection Radiometer
AVHRR	Advance Very High-Resolution Radiometer
DOE	Department of Environment
EHVI	Extreme heat vulnerability index
EMR	Electromagnetic radiation
ENSO	El-Nino Southern Oscillation
EPA	Environmental Protection Agency
GDP	Gross Domestic Product
GIS	Geographical Information System
HVI	Heat vulnerability index
IOD	Indian Ocean Dipole
IPCC	Intergovernmental Panel on Climate Change
LST	Land surface temperature
MCA	Multi-criteria analysis
MOH	Ministry of Health
MJO	Madden-Julien Oscillation
MLR	Multinomial Logistic Regression
MMD	Malaysia Meteorological Department
MODIS	Moderate Resolution Imaging Spectroradiometer
NDVI	Normalized Difference Vegetation Index
NIOSH	National Institute of Occupational Safety and Health

NOAA	National Ocean and Atmospheric Administrative
ONI	Oceanic Nino Index
OWA	Ordered Weighting Averaging
PCA	Principal Component Analysis
PC	Principal component
SOVI	Social Vulnerability Index
SD	Standard deviation
TOA	Top of atmosphere
UNISDR	UN International Strategy for Disaster Reduction
WBGT	Wet bulb globe temperature
WHO	World Health Organization

CHAPTER 1

INTRODUCTION

1.1 Background of the study

Since 1900, the world has experienced significant increase of global average temperature mostly due to the climate change and anthropogenic activities (Stern & Kaufmann, 2014). According to IPCC Assessment Report 5, the increasing of frequency and intensity of extreme heat events has likely to increase since 1950 and there is likelihood for further changes based on the increasing of average global land and ocean temperature by roughly 0.72°C (Figure 1).

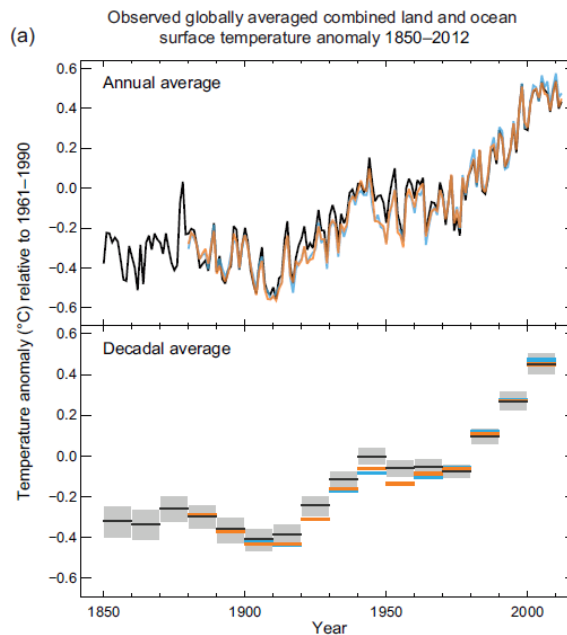


Figure 1: Observed global mean combined land and ocean surface temperature anomalies, from 1850 to 2012 (IPCC, 2014)

The risks posed by extreme temperature have become a significant threat that causes the increase of heat-related morbidity and mortality cases (Williams et al., 2018; Bell et al., 2019). Extreme heat overpowers the human body by affecting its normal thermoregulatory mechanism in maintaining a constant core temperature, which usually copes by perspiring and breathing (Ishimine, 2019). The rapid increase in body temperature affects mainly the central nervous system and circulatory system, which can be manifested as confusion, loss of consciousness, muscle cramps due to electrolyte

imbalance, and renal impairment due to severe dehydration (Barraclough et al., 2017). Mortality rates have been proven to increase during events of extreme heat. Paravantis et al. (2017) showed that mortality rates increased by 15% during extreme heat events. In addition, there was a significant association between extreme temperatures and mortality rates (particularly respiratory and cardiovascular mortality (Zhang et al., 2014; Kenny et al., 2017; Song et al., 2018). Heat mortality is also projected to increase due to the increase in the risk of malnutrition and the spread of infectious diseases during extreme heat events (Cukic, 2012; Bowen & Ebi, 2017).

Nevertheless, the impacts towards extreme heat are not solely driven by the high temperature. The heat vulnerability varies significantly within individual cities according to its socio-economic factors such as household incomes, population density and physical neighbourhood features such as land cover (Rosenthal et al., 2014). The sociodemographic and surroundings of the population also influence the severity of the impacts. Sociodemographic status, such as age (Li et al., 2016; Mangus & Canares, 2019), gender (Basu, 2009; Song et al., 2017), poverty (Chow, Chuang, & Gober, 2012; Christenson et al., 2017) and disability (Pincetl, Chester, & Eisenman, 2016; Macintyre et al., 2018), has been associated with the adaptability towards extreme heat. Areas with high impervious surface and less vegetation cover tend to cause 'urban heat islands' which can cause a higher increase in temperature compared to surrounding areas. Access to necessities and facilities also plays a role in an individual's adaptation towards extreme heat.

For that reason, it would be beneficial to study and identify the population's vulnerability towards extreme heat exposure by taking the sociodemographic and adaptability status into account. Identifying extreme heat vulnerability resulting from these relationships can help to identify the extreme heat prone boundaries and examine the unique relationship between vulnerability indicators. The consideration of social characteristics among specific communities is vital when examining the effects of extreme heat on communities because mortality and morbidity rates are related to extreme heat occurring in areas with poor socio-economic and health (Hu, Wilhelmi, & Uejio, 2019).

This study will focus on mapping vulnerable communities by utilizing the integration of multi-source data based on three components which is exposure, sensitivity, and adaptive capacity. A comprehensive extreme heat vulnerable assessment will give decision-makers, planner and other stakeholders, a clear view for effective adaptation and preparedness strategies in undergo future heat-related events.

1.2 Problem Statement

Extreme heat event is one of the uncommon natural hazards that present in the last decade in Malaysia. Nevertheless, it had caused significant impacts over the years as it happened frequently in longer period and higher in magnitude. The impacts of extreme heat in Malaysia are currently under-reported and it is difficult to assess information such as heat related mortality, morbidity, and economic consequences. Even though it has not

extensively investigated, there are growing number of studies focusing on significant increase in temperature and its impacts.

Ministry of Health Malaysia (MOH) reported that there were 200 cases related to hot weather which is 126 cases of heat exhaustion, 52 cases of heat cramps and 22 cases of heat stroke includes two deaths reported as a result of heat stroke. The hot and dry condition caused water rationing in several areas especially in northern region of Peninsular Malaysia such as Kedah and Perlis (The Straits Times, 2016). Northern region contributes 50% of overall 65% domestic rice production. It is reported that the rice output was decreased by 13% during the heat wave in 2016. Figure 2 shows the condition of paddy field in Kedah and grass field in Perak during the heat wave event.



Figure 2: Condition of paddy field in Kedah and grass field in Perak during heatwave event in 2016

Besides that, the high temperature caused forest and bush fire outbreak all over Malaysia. In April 2016 alone, there are 1,708 cases of forest and bush fire outbreak (Bernama, 2016). In addition, it has increased the electricity demand in Malaysia. The peak demand or the maximum electricity usage during specific period of time was recorded at 17,788 MW in 19 April 2016 which is during the heat wave event (Department of Statistics Malaysia, 2018b). Therefore, spatially explicit identification of extreme heat vulnerability is crucial to ensure appropriate development of targeted prevention and mitigation.

The development and mapping of extreme heat vulnerability index is a common approach in identifying areas and communities prone to extreme heat. The need to map vulnerability patterns at finer spatial scale is essential to reduce preventable illness and death related to extreme heat (Putnam et al., 2018; Voelkel et al., 2018) and help the

decision makers at the municipality level to allocate resources more appropriately and systematically to the affected areas (Mayrhuber et al., 2018; Nori-Sarma et al., 2019).

1.3 Significance of Study

Extreme heat vulnerability assessment has become more prevalent in recent years to develop scientific knowledge and formulation of mitigation and adaptation strategies in combating the temperature rise and frequent occurrence of extreme heat events. According to future projection of heat wave by Russo et al. (2014), more regions are going to be affected by this extreme event. Without proper disaster risk planning and management, extreme heat event is going to take a toll not just on human's health but also in economy and environment. In 2009, Malaysia has stated its commitment in finding ways to build resilience towards extreme events caused by climate change through the National Policy of Climate Change. Therefore, this study supports the policy's objective and contributes in the knowledge of constructing resilience towards extreme events. Besides that, this study is also aligned with Sustainable Development Goals 3 (good health and well-being), 11 (sustainable cities and communities) and 13 (climate action).

The application of Extreme Heat Vulnerability Index (EHVI) in this study could be used to point out population affected with high heat vulnerability and examine the unique relationship between the configuration of vulnerability and sociodemographic implications. The consideration of social characteristics among specific communities is vital when examining the effects of extreme heat on communities because mortality and morbidity rates are related to extreme heat occurs in areas with poor socio-economic and health (Hu et al., 2019). Furthermore, as EHVI includes multiple aspects, it can help in various sectors such as healthcare, agricultural, construction in managing impacts of extreme heat. The composite of several indicators provides context and perspective for the public and nontechnical groups to appreciate the diverse information through this study.

1.4 Objective of study

The incorporation of remote sensing and sociodemographic data help to provide comprehensive explanation on extreme heat attribution by using low-cost and precise data. The main goal of this research is to derive spatially detailed information on the distribution of extreme heat vulnerability in Peninsular Malaysia by integrating remote sensing with sociodemographic data. This includes examining the drivers affecting population vulnerability and identifying vulnerable districts within Peninsular Malaysia. Within this broad topic, this thesis addresses two aims:

1. To assess the spatial and temporal pattern of extreme heat event in Peninsular Malaysia.
2. To evaluate the vulnerable population based on the integration of heat exposure, population sensitivity and adaptation.

These objectives are investigated according to extreme heat vulnerability methodology, remote sensing, and geographic information system (GIS) applications within a framework to support the development that accommodates specific action and policy to reduce the risk experience by vulnerable population.



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