



UNIVERSITI PUTRA MALAYSIA

***GROWTH RESPONSE, HEAVY METAL CONTENT, AND HEALTH RISK
ASSESSMENT OF Brassica juncea L. AND Amaranthus tricolor L.
CULTIVATED IN URBANIZED AND RURAL AREAS***

SYAMIRA BINTI RAMLI

FP 2020 50



**GROWTH RESPONSE, HEAVY METAL CONTENT, AND HEALTH RISK
ASSESSMENT OF *Brassica juncea* L. AND *Amaranthus tricolor* L.
CULTIVATED IN URBANIZED AND RURAL AREAS**

By

SYAMIRA BINTI RAMLI

**Thesis Submitted to the School of Graduate Studies, Universiti Putra Malaysia, in
Fulfilment of the Requirements for the Degree of Master of Science**

July 2019

All material contained within the thesis, including without limitation text, logos, icons, photographs, and all the artwork, is copyright material of Universiti Putra Malaysia unless otherwise stated. Use may be made of any material contained within the thesis for non-commercial purposes from the copyright holder. Commercial use of material may only be made with the express, prior, written permission of Universiti Putra Malaysia.

Copyright © Universiti Putra Malaysia



Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Master of Science

GROWTH RESPONSE, HEAVY METAL CONTENT, AND HEALTH RISK ASSESSMENT OF *Brassica juncea* L. AND *Amaranthus tricolor* L. CULTIVATED IN URBANIZED AND RURAL AREAS

By

SYAMIRA BINTI RAMLI

July 2019

Chairman : Dato' Mohd Fauzi bin Hj Ramlan, PhD
Faculty : Agriculture

Urbanization will lead to changes in socioeconomic structures in Malaysia. It may also lead to changes in the quality of agricultural products due to modified ecosystem. The purpose of this study is to observe and to evaluate the plant growth responses and Health Risk Assessment (HRA) on two selected leafy vegetables. *Brassica juncea* L. (*Brassica* sp.) and *Amaranthus tricolor* L. (*Amaranthus* sp.) that were grown under urban ecosystem at Seksyen 24, Shah Alam and the rural (traditional) Field of UPM were compared in terms of their growth performance. Growth parameters such as leaf area ratio (LAR), leaf weight ratio (LWR), and specific leaf area (SLA) were determined from the dry weight of plants' parts that had been oven-dried until constant weight was achieved. Chlorophyll contents were determined using extraction method of fresh leaf in 80% acetone, while photosynthetic parameters (photosynthesis, transpiration rate, and stomatal conductance) were determined using Portable Photosynthesis System (LI-6400XT). Heavy metals such as copper (Cu^{2+}), iron (Fe^{2+}), and zinc (Zn^{2+}) were determined using a dry-ashing method. Health Risk Assessment (HRA) parameters, Estimated Daily Intake (EDI) and Target Hazard Quotient (THQ) were done according to the formula. The results showed that total dry weight of *Brassica* sp. was greater when grown in rural area, and greater for *Amaranthus* sp. when grown in urban area. The LAR values of both species were found to be higher in the samples grown in urban area compared to rural area. The LWR values of *Brassica* sp. were higher in the samples grown in rural area and LWR of *Amaranthus* sp. were higher when grown in urban area. The values of SLA were higher in both species grown in urban area compared to rural area. Meanwhile, the chlorophyll content in *Brassica* sp. were higher in the samples grown in rural area. However, the chlorophyll contents in *Amaranthus* sp. were higher in the samples grown in urban compared to rural area. All photosynthetic parameters of both species were higher in the samples grown at rural area compared to urban area. Meanwhile, the heavy metals were found to be higher in the samples grown in urban area compared to rural area, except for Zn. HRA assessment showed that no health risk to human when consuming both vegetables grown from both sites since THQ values were

less than 1. Urbanization has significant changes on some of the physiological reactions and contamination that occurs in urbanized area may contribute in exposure to health risk.



Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Master Sains

GERAK BALAS PERTUMBUHAN, KANDUNGAN LOGAM BERAT, DAN PENILAIAN RISIKO KESIHATAN DALAM TANAMAN *Brassica juncea* L. DAN *Amaranthus tricolor* L. DI KAWASAN BANDAR DAN LUAR BANDAR

Oleh

SYAMIRA BINTI RAMLI

Julai 2019

Pengerusi : Dato' Mohd Fauzi bin Hj Ramlan, PhD
Fakulti : Pertanian

Perbandaran berupaya membawa kepada perubahan dalam struktur sosioekonomi di Malaysia. Ia juga boleh menyebabkan perubahan dalam kualiti produk pertanian disebabkan oleh ekosistem yang diubahsuai. Tujuan kajian ini adalah untuk menilai tindak balas pertumbuhan oleh tumbuhan dan Penilaian Risiko Kesihatan ke atas dua sayuran berdaun yang terpilih. Perbandingan pertumbuhan dijalankan antara *Brassica juncea* L (*Brassica* sp.) dan *Amaranthus tricolor* L. (*Amaranthus* sp.) yang ditanam di bawah ekosistem bandar di Seksyen 24, Shah Alam dan Ladang UPM luar bandar untuk mengkaji kadar pertumbuhan keduanya. Parameter pertumbuhan seperti nisbah kawasan daun (LAR), nisbah berat daun (LWR), dan kawasan daun spesifik (SLA) ditentukan dari berat kering bahagian-bahagian tumbuhan. Kandungan klorofil ditentukan dengan menggunakan kaedah pengekstrakan daun segar dalam 80% aseton, manakala parameter fotosintesis (fotosintesis, kadar transpirasi, dan konduktansi stomatal) ditentukan dengan menggunakan Sistem Fotosintesis Portable (LI-6400XT). Logam berat seperti tembaga (Cu), besi (Fe), dan zink (Zn) ditentukan menggunakan kaedah kering-debu. Parameter Penilaian Risiko Kesihatan, Anggaran Pengambilan Harian (EDI) dan Target Hazard Quotient (THQ) dilakukan mengikut formula dari literatur. Keputusan menunjukkan bahawa jumlah berat kering *Brassica* sp. adalah lebih berat apabila ditanam di kawasan luar bandar, dan lebih berat untuk *Amaranthus* sp. apabila ditanam di kawasan bandar berbanding di kawasan luar bandar. Nilai-nilai LAR kedua-dua spesies didapati lebih tinggi dalam sampel yang ditanam di kawasan bandar. Nilai LWR *Brassica* sp. adalah lebih tinggi dalam sampel yang ditanam di kawasan luar bandar dan LWR *Amaranthus* sp. lebih tinggi apabila ditanam di kawasan bandar. Nilai SLA adalah lebih tinggi dalam kedua-dua spesies yang ditanam di kawasan bandar berbanding di kawasan luar bandar. Sementara itu, kandungan klorofil dalam *Brassica* sp. adalah lebih tinggi dalam sampel yang ditanam di kawasan luar bandar berbanding di kawasan bandar. Walau bagaimanapun, kandungan klorofil dalam *Amaranthus* sp. adalah lebih tinggi dalam sampel yang ditanam dalam ekosistem bandar berbanding di kawasan luar bandar. Semua parameter fotosintesis kedua-dua spesies adalah lebih tinggi dalam sampel yang ditanam di kawasan luar bandar berbanding di kawasan bandar. Logam berat didapati

lebih tinggi dalam sampel yang ditanam di kawasan bandar berbanding dengan kawasan luar bandar, kecuali Zn^{2+} . Akhir sekali, penilaian HRA menunjukkan bahawa tiada risiko kesihatan kepada manusia apabila memakan kedua-dua sayur-sayuran yang ditanam di kedua-dua tapak tersebut kerana nilai THQ adalah kurang daripada 1. Perbandaran mempunyai perubahan ketara terhadap beberapa reaksi fisiologi dan pencemaran yang berlaku di kawasan bandar boleh menyumbang kepada pendedahan kepada risiko kesihatan.



ACKNOWLEDGEMENTS

First and foremost, the biggest thanks were for the Almighty Allah S.W.T for the given opportunity and strength to finish the research and writing. Million thanks to the supervisory committee, Prof. Dato' Dr. Mohd Fauzi bin Ramlan and Prof. Dr. Mahmud Tengku Muda Mohamed for their advice, motivation, and most importantly the wise guidance.

I would also like to thanks the lab staffs at Faculty of Agriculture, Universiti Putra Malaysia, En. Mazlan Bangi, En. Azahar Othman, En. Shahar, Pn. Sarimah, and Pn. Ashikin for the assistance and guidance. The list goes on thanking my friends and seniors for their helping hands in completing the task for the research by being supportive and helpful.

Special thanks were also delivered to my family, especially both of my parents, En. Ramli bin Ibrahim and Pn. Noraini bt Nor for their never ending moral support and for being understanding.

The thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted a fulfillment of the requirement for the degree of Master of Science. The members of the Supervisory Committee were as follows:

Mohd Fauzi bin Haji Ramlan, PhD

Professor Dato'
Faculty of Agriculture
Universiti Putra Malaysia
(Chairman)

Mahmud bin Tengku Muda Mohamed, PhD

Professor
Faculty of Agriculture
Universiti Putra Malaysia
(Member)

ZALILAH MOHD SHARIFF, PhD

Professor and Dean
School of Graduate Studies
Universiti Putra Malaysia

Date: 08 October 2020

Declaration by Members of Supervisory Committee:

This is to confirm that:

- The researched conducted and the writing of this thesis was under our supervision;
- Supervision responsibilities as stated in the Universiti Putra Malaysia (Graduate Studies) Rules 2003 (Revision 2012-2013) are adhered to

Signature: _____

Name of
Chairman of
Supervisory
Committee: _____

Signature: _____

Name of
Member of
Supervisory
Committee: _____

TABLE OF CONTENTS

		Page
	ABSTRACT	i
	ABSTRAK	iii
	ACKNOWLEDGEMENTS	v
	APPROVAL	vi
	DECLARATION	viii
	LIST OF TABLES	xii
	LIST OF FIGURES	xiii
	LIST OF ABBREVIATIONS	xv
CHAPTER		
1	INTRODUCTION	
	1.1 Introduction	1
	1.2 Objectives	3
2	LITERATURE REVIEW	
	2.1 Leafy vegetables	4
	2.1.1 Production	4
	2.2.1 Advantages of Leafy Vegetables Intake	4
	2.2 Food Source Demand	5
	2.3 Food Security	5
	2.4 Urbanization	6
	2.4.1 Urbanization in Malaysia	7
	2.4.2 Environmental Changes Due to Urbanization	7
	2.5 Growth Responses in Vegetables	8
	2.5.1 Photosynthesis	8
	2.6 Heavy Metals	9
	2.7 Health Risk Assessments	9
3	PHYSIOLOGICAL RESPONSES OF LEAFY VEGETABLES (<i>Brassica juncea</i> L. AND <i>Amaranthus tricolor</i> L.), A COMPARISON BETWEEN URBAN AND RURAL	
	3.1 Introduction	11
	3.2 Materials and Methods	13
	3.2.1 Study Design and Site Description	13
	3.4.1 Sampling Process and Determination of Growth Parameters	13
	3.4.1 Rate of Photosynthesis Stomatal Conductance, and Transpiration Rate	14
	3.3 Result and Discussion	15
	3.4 Conclusion	29

4	HEAVY METALS' (COPPER (Cu), IRON (Fe) AND ZINC (Zn)) CONTENTS IN LEAFY VEGETABLES (<i>Brassica juncea</i> L. AND <i>Amaranthus tricolor</i> L.), A COMPARISON BETWEEN URBAN AND RURAL	
4.1	Introduction	30
4.2	Materials and Methods	31
4.2.1	Site Description	31
4.2.2	Sample Cleaning	31
4.2.3	Drying	31
4.2.4	Acid-digestion (Dry-ashing)	32
4.2.5	Analyzing Data	32
4.2.6	Statistical Analysis	32
4.3	Results and Discussions	33
4.4	Conclusion	36
5	HEALTH RISK ASSESSMENTS OF HEAVY METALS UPTAKE VIA CONSUMPTION OF LEAFY VEGETABLES (<i>Brassica juncea</i> L. AND <i>Amaranthus tricolor</i> L.), A COMPARISON BETWEEN URBAN AND RURAL	
5.1	Introduction	37
5.2	Materials and Methods	38
5.2.1	Determination of Heavy Metals (Cu ²⁺ , Fe ²⁺ , and Zn ²⁺)	38
5.2.2	Determination of Estimated Daily Intake (EDI) and Target Hazard Quotient (THQ)	38
5.3	Results and Discussions	40
5.4	Conclusion	45
6	GENERAL DISCUSSION, CONCLUSION, AND RECOMMENDATION FOR FUTURE RESEARCH	
6.1	General Discussion and Conclusion	46
6.2	Recommendation for Future Research	48
	REFERENCES	49
	APPENDICES	64
	BIODATA OF STUDENT	72
	PUBLICATION	73

LIST OF TABLES

Table		Page
3.1	Relative growth rate (RGR) of <i>Brassica</i> sp. and <i>Amaranthus</i> sp. grown at urban and rural area at different harvesting time.	29
5.1	The average heavy metals concentration (mg/kg dw) in edible parts of <i>Brassica</i> sp. and <i>Amaranthus</i> sp. grown in urban site and rural site.	40
5.2	The average heavy metals concentration (mg/kg dw) in edible parts of <i>Brassica</i> sp. and <i>Amaranthus</i> sp. grown in urban site and rural site, using conversion factor of 0.085 (Rattan et al., 2005) for green vegetables.	41
5.3	Estimated Daily Intake (EDI) of heavy metals (Cu, Fe, and Zn) via consumption of <i>Brassica</i> sp. and <i>Amaranthus</i> sp. grown in urban site and rural site.	42
5.4	Target Hazard Quotient (THQ) of heavy metals' (Cu, Fe, and Zn) intake via consumption of <i>Brassica</i> sp. and <i>Amaranthus</i> sp. grown in urban site and rural site.	43
5.5	Comparison of THQ values of copper and zinc of leafy vegetables from the study by Zhou et al. (2016) and this study.	44

LIST OF FIGURES

Figure		Page
3.1	Total dry weight (leaf, stem, and root) of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	15
3.2	Leaf dry weight of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	16
3.3	Stem dry weight of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	16
3.4	Root dry weight of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	17
3.5	Leaf area (cm^2) of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	18
3.6	LAR values (cm^2/g) of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	19
3.7	LWR values of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	20
3.8	SLA values (cm^2/g) of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	21
3.9	Total chlorophyll content (chl/g) of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	22
3.10	Net photosynthesis rate ($\text{CO}_2 \text{ m}^{-2}\text{s}^{-1}$) of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$).	23
3.11	Stomatal conductance ($\text{H}_2\text{O m}^{-2}\text{s}^{-1}$) of <i>Brassica</i> sp. & <i>Amaranthus</i> sp. grown at urban site and rural site. Means	24

followed by the same letter are not significantly different according to LSD ($p < 0.05$).

- 3.12 Transpiration rate ($\text{mmol H}_2\text{O m}^{-2}\text{s}^{-1}$) of *Brassica* sp. & *Amaranthus* sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$). 25
- 3.13 Water use efficiency, WUE ($\mu\text{mol CO}_2 \text{mol}^{-1} \text{H}_2\text{O}$) of *Brassica* sp. & *Amaranthus* sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$). 26
- 3.14 SRR values of *Brassica* sp. & *Amaranthus* sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$). 27
- 3.15 Biomass partitioning (%) of *Brassica* sp. & *Amaranthus* sp. grown at urban site and rural site. 28
- 4.1 Copper (Cu^{2+}) concentration in *Brassica* sp. & *Amaranthus* sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$). 33
- 4.2 Iron (Fe^{2+}) concentration in *Brassica* sp. & *Amaranthus* sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$). 34
- 4.3 Zinc (Zn^{2+}) concentration in *Brassica* sp. & *Amaranthus* sp. grown at urban site and rural site. Means followed by the same letter are not significantly different according to LSD ($p < 0.05$). 35

LIST OF ABBREVIATIONS

cm	centimetre
Cu	Copper
Dw	dry weight
EDI	Estimated Daily Intake
et al.,	and other
Fe	Iron
g	gram
HCl	Hydrochloric acid
HNO ₃	Nitric acid
Km ²	Kilometre squared
mg/kg dw	miligram per kilogram dry weight
ml	millilitre
ParIn	In-chamber quantum sensor ($\mu\text{mol m}^{-2}\text{s}^{-1}$)
ppm	parts per million
RfD	Oral Reference Dose
Tblock ^{°C}	Temperature of cooler block (C)
THQ	Target Hazard Quotient
Zn	Zinc
°C	degree Celsius
%	percent

CHAPTER 1

INTRODUCTION

1.1 Introduction

Classifications of urban and rural areas are based on the several points such as population density, ecosystem natural richness, and social groups. Dijkstra & Poelman (2014) defined three degree of urbanisations which are rural area (populations of above 100 inhabitants per km² but with less than 50 thousand inhabitants), towns and suburban (300 inhabitants per km² and a minimum population of 5 thousand), and urban cities (populations of 500 inhabitants per km² with more than 50 thousand inhabitants) based on their respective population. In other country like Japan, the classification of rural area is based on specific population threshold of an area (eg: 500 persons per square kilometer (km²)) so that the difference to other denser area can be clearly understand (Pizzoli & Gong, 2007). In reference to natural richness, rural area is classified as an area of agricultural land, forests or hill that leads to limitation of human activities other than agriculture, and urban area offered more opportunities to the population around (Gallego, 2004; Vard, 2005).

Urbanization can be described as the process occurring along transitional change of an allocated area from rural area to sub-urban area, and lastly to urban area (Chaolin et al., 2012). In rural area, there are limited numbers of buildings and population, while urban area is monopolized by cities of concrete jungle along the roads (Zhang & Ramaswami, 2016). The development of settlements in urban area can be characterized with the presence of various centres for economy and social such as education institution and international ports for trades, as can be observed in Southeast Asia due to its strategic location along the maritime crossroads (Han & Beisi, 2016). In the other hand, population is more crowded in urban area, where migration is occurring from time to time due to job availability and for education purpose (Grant, 2012). Urban expansion settlements such as apartments and condominiums are dominant in urban cities where the demand increases over years causing more cropland area to be explored (d'Amour et al., 2017), while traditional detached settlement are remained in rural area with only several rebuilding proccses done over years (Heinonen & Junnila, 2011).

The urbanization process was driven by various factors including migration, lifestyle, and mainly economic positive achievement (Small et al., 2018). Migration occurs due to job availability with large network of speciality, where grouped of specialist work on specific functions are important to be practice since the urban trade are developing (Turok & McGranahan, 2013). In addition, lifestyle directed people to have a living in urban area with emergence of efficient developed technologies for daily lives such as systematic sewage treatments and public infrastructures such as hospitals and universities (Martine et al., 2008). The development of economic sector in urban area produces large labour pool to participate and rely to each other in developing new economic achievement by idea-sharing (Cooke et al., 1998).

Malaysia also undergoes urbanization transformation decades ago with development in urban settlement and growth within that period of developing (Ahmad et al., 2009). The trends of urban growth can be observed in Federal Territory of Kuala Lumpur and Penang where cities are developing with more dense population due to migration and establishment of housing capacities (Yaakob et al., 2010). These two cities evolved from the British colonization where commercial centres and exports hub develop around the Malacca City and later to Kuala Lumpur when the British intervention takes place (Sendut, 1965). Besides, urban community are usually from the government officer and industrial workers that settled down in the nearest area for their service, where only less of them settled down in rural area with the urban settlers have higher income compared to rural settlers (Siwar et al., 2016). In rural area, the community are mainly the villagers and folks that actively involved in agriculture (Thompson, 2004) and other rural production such as handcrafts and food product.

The emergence of new industrial sectors in main districts invites immigrants to migrate. In Kuala Lumpur and Johor Bahru, job offers mainly attracts people to migrate and living in large cities. In Malaysia, Shah Alam is located at Klang Valley area consists of second highest urban population in Malaysia (Karim, 2009). Shah Alam is a highly urbanized area with the presence of industrial centres (Dominic et al., 2012) providing large opportunity of job that drives migration to urban area. Also in Shah Alam, there were the presence of urbanized civilization of highways, housing areas, and industrial areas (Kalana, 2010).

Urbanization has both positive and negative attributes to social and environment. Environmentally, in urban area, the original ecosystem is damages and new landscape of ecosystem introduced (Gren & Andersson, 2018). The main changes can be observed mainly on soil condition and its physical characteristics of the texture, high pH, and lower organic matter (Li et al., 2013). These soil conditions are no longer suitable for previous crops and may be suitable for other crops.

In urban area, air quality is decreasing due to air pollution and haze (Liu et al., 2015). Pollutants originating from the factory smoke and from the large various number of transportations are releases into the atmosphere, as observed in Indonesia (Hunt & Wu, 2017). Transportation is mainly important in urban area for transporting goods from the industrial centres, other than for the human transportation itself (Russo & Comi, 2012). Meanwhile in rural area, the numbers of industrial transportation were less than the one in urbanized area due to less overcrowded settlements and presence of short-distance small scale trading. Other than that, combined-effect between transportation and factories wastes causes the concentrations of carbon dioxide in urban area elevates, by releasing their wastes in the air (Heinonen & Junnila, 2011).

Due to the growing populations from year to year, continuous food supply is a must to meet the demand for food (Hanjra & Qureshi, 2010). However, due to depleted land area in urbanized area, urban crop production becomes the solution where the available land is completely utilized for food production (Olsson et al., 2016). In Malaysia, agricultural development was stressed on 10th and 11th Malaysian Plans (Rafindadi & Ozturk, 2015). This was suggested in order to produce sufficient food supply such as vegetables, fruits,

livestock, and aquaculture by implementing urban farming for food production and also developing the abandoned land areas by for solution to less area for agriculture (DOA, 2015).

Industrial wastes such as in urban areas leads to soil pollution and indirectly polluted the water systems from the runoffs (Goonetilleke et al., 2005). The pollutants later transported into the plants, exposing people to health risk if edible plants are affected. As an example, heavy metals contamination in soils was common pollution occurs in urban soils due to industrialization (Gratao et al., 2005). The extraction of specific pollutants such as heavy metals from the soil of polluted ecosystem can be done by bioremediation process called phytoremediation where plants decontaminate soil by eliminate, transfer, or degrade contaminants in the soil (Ashraf, 2013). Specifically, phytoextraction process is the process where metals or organics extracted from contaminated soil and water by plant roots and translocate them to shoots (Morikawa & Erkin, 2003). Examples of plants that can accumulate high heavy metals were *Aspalathus linearis* (presence of specialized cluster roots) that can remove excess aluminium (Kanu et al., 2013) and sunflower, *Helianthus annuus* L. is the best phytoremediation agent to remove lead (Seth et al., 2011).

1.2 Objectives

There are three objectives of this study as follows:

- 1) to compare the physiological responses of *Brassica juncea* L. and *Amaranthus tricolor* L. grown in urban area and rural area of Selangor, Malaysia.
- 2) to determine the concentration of heavy metals (Cu, Fe, Zn) in *Brassica juncea* L. and *Amaranthus tricolor* L. grown in urban area and rural area in Selangor, Malaysia.
- 3) to determine the Health Risk Assessment from the consumption of *Brassica juncea* L. and *Amaranthus tricolor* L. grown in urban area compared to rural area.

REFERENCES

- Abdalla, F., & Khalil, R. (2018). Potential effects of ground water and surface water contamination in an urban area, Qus City, Upper Egypt. *Journal of African Earth Sciences*, 141, 164-178.
- Ahmad, Z., Ahmad, N., & Abdullah, H. (2009). Urbanism, space and human psychology: Value change and urbanization in Malaysia. *European Journal of Social Sciences*, 11(3), 464-470.
- Ahmed, S. A., Halim, R. A., & Ramlan, M. F. (2012). Evaluation of the use of farmyard manure on a Guinea Grass (*Panicum maximum*)-stylo (*Stylosanthes guianensis*) mixed pasture. *Pertanika Journal of Tropical Agriculture Science*, 35(1), 55-65.
- Ali, A. M., Darvishzadeh, R., Skidmore, A. K., & van Duren, I. (2017). Specific leaf area estimation from leaf and canopy reflectance through optimization and validation of vegetation indices. *Agricultural and Forest Meteorology*, 236, 162-174.
- Almselati, A. S. I., Rahmat, R. A. O. K., & Jaafar, O. (2011). An overview of urban transport in Malaysia. *Social Science*, 6(1), 24-33.
- Akinyele, I. O., & Shokunbi, O. S. (2015). Comparative analysis of dry ashing and wet digestion methods for the determination of trace and heavy metals in food samples. *Food Chemistry*, 173, 682-684.
- Alloway, B. J. (2013). Sources of heavy metals and metalloids in soils. In *Heavy metals in soils* (pp. 11-50). Springer, Dordrecht.
- Andreano, M. S., Laureti, L., & Postiglione, P. (2013). Economic growth in MENA countries: Is there convergence of per-capita GDPs? *Journal of Policy Modeling*, 35(4), 669-683.
- Aranda, N., Ribot, B., Garcia, E., Viteri, F. E., & Arijja, V. (2011). Pre-pregnancy iron reserves, iron supplementation during pregnancy, and birth weight. *Early Human Development*, 87(12), 791-797.
- Arunakumara, K. K. I. U., Walpola, B. C., & Yoon, M. H. (2013). Current status of heavy metal contamination in Asia's rice lands. Reviews in *Environmental Science and Biotechnology*, 12(4), 355-377.
- Ashraf, M. A. (2013). Evaluation of natural phytoremediation process occurring at ex-tin mining catchment. *Chiang Mai Journal of Science*, 40(2), 198-213.
- Azhari, A., Mohamed, A. F., & Latif, M. T. (2016). Carbon emission from vehicular source in selected industrial areas in Malaysia. *International Journal of the Malay World and Civilisation*, 4(1), 89-93.
- Azlan, A., Khoo, H. E., Idris, M. A., Ismail, A., & Razman, M. R. (2011). Evaluation of selected metal elements in commercial drinking water and tap water in peninsular

Malaysia. *Jurnal Sains Kesihatan Malaysia (Malaysian Journal of Health Sciences)*, 9(1), 5-11.

- Babu, A. K., Kumaresan, G., Raj, V. A. A., & Velraj, R. (2018). Review of leaf drying: Mechanism and influencing parameters, drying methods, nutrient preservation, and mathematical models. *Renewable and Sustainable Energy Reviews*, 90, 536-556.
- Bai, L., Tang, J., Yang, Y., & Gong, S. (2014). Hygienic food handling intention. An application of the Theory of Planned Behavior in the Chinese cultural context. *Food Control*, 42, 172-180.
- Baghbani-Arani, A., Modarres-Sanavy, S. A. M., Mashhadi-Akbar-Boojar, M., & Mokhtassi-Bidgoli, A. (2017). Towards improving the agronomic performance, chlorophyll fluorescence parameters and pigments in fenugreek using zeolite and vermicompost under deficit water stress. *Industrial Crops and Products*, 109, 346-357.
- Barman, S. C., Sahu, R. K., Bhargava, S. K., & Chatterjee, C. (2000). Distribution of heavy metals in wheat, mustard, and weed grown in field irrigated with industrial effluents. *Bulletin of Environmental Contamination and Toxicology*, 64(4), 489-496.
- Beckett, H. T., & Davis, R. D. (1977). Upper critical levels of toxic elements in plants. *New Phytologist*, 79(1), 95-106.
- Bello, Z. A., & Walker, S. (2017). Evaluating AquaCrop model for simulating production of amaranthus (*Amaranthus cruentus*) a leafy vegetable, under irrigation and rainfed conditions. *Agricultural and Forest Meteorology*, 247, 300-310.
- Belouchrani, A. S., Mameri, N., Abdi, N., Grib, H., Lounici, H., & Drouiche, N. (2016). Phytoremediation of soil contaminated with Zn using Canola (*Brassica napus* L). *Ecological Engineering*, 95, 43-49.
- Bhat, R. S., & Al-Daihan, S. (2014). Phytochemical constituents and antibacterial activity of some green leafy vegetables. *Asian Pacific Journal of Tropical Biomedicine*, 4(3), 189-193.
- Biasioli, M., Barberis, R., & Ajmone-Marsan, F. (2006). The influence of a large city on some soil properties and metals content. *Science of the Total Environment*, 356(1-3), 154-164.
- Boutraa, T. (2010). Improvement of water use efficiency in irrigated agriculture: a review. *Journal of Agronomy*, 9(1), 1-8.
- Bradl, H. B. (2004). Adsorption of heavy metal ions on soils and soils constituents. *Journal of Colloid and Interface Science*, 277(1), 1-18.

- Brotsudarmo, T. H., Prihastyanti, M. N., Gardiner, A. T., Carey, A. M., & Cogdell, R. J. (2014). The light reactions of photosynthesis as a paradigm for solar fuel production. *Energy Procedia*, 47, 283-289.
- Buckley, T. N. (2017). Modeling stomatal conductance. *Plant Physiology*, 174(2), 572-582.
- Bunce, J. A. (2014). Limitations to soybean photosynthesis at elevated carbon dioxide in free-air enrichment and open top chamber systems. *Plant Science*, 226, 131-135.
- Cao, C., Chen, X. P., Ma, Z. B., Jia, H. H., & Wang, J. J. (2016). Greenhouse cultivation mitigates metal-ingestion-associated health risks from vegetables in wastewater-irrigated agroecosystems. *Science of The Total Environment*, 560, 204-211.
- Chaolin, G. U., Liya, W. U., & Cook, I. (2012). Progress in research on Chinese urbanization. *Frontiers of Architectural Research*, 1(2), 101-149.
- Chen, L., Zhang, Z., Li, Z., Tang, J., Caldwell, P., & Zhang, W. (2011). Biophysical control of whole tree transpiration under an urban environment in Northern China. *Journal of Hydrology*, 402(3-4), 388-400.
- Chen, X., Yao, Q., Gao, X., Jiang, C., Harberd, N. P., & Fu, X. (2016). Shoot-to-root mobile transcription factor HY5 coordinates plant carbon and nitrogen acquisition. *Current Biology*, 26(5), 640-646.
- Chen, S., Huang, D., Nong, W., & Kwan, H. S. (2016). Development of a food safety information database for greater China. *Food Control*. 65, 54-62.
- Cherfi, A., Achour, M., Cherfi, M., Otmani, S., & Morsli, A. (2015). Health risk assessment of heavy metals through consumption of vegetables irrigated with reclaimed urban wastewater in Algeria. *Process Safety and Environmental Protection*, 98, 245-252.
- Cobbinah, P. B., Erdiaw-Kwasie, M. O., & Amoateng, P. (2015). Rethinking sustainable development within the framework of poverty and urbanisation in developing countries. *Environmental Development*, 13, 18-32.
- Collier, R., Fellows, J. R., Adams, S. R., Semenov, M., & Thomas, B. (2008). Vulnerability of horticultural crop production to extreme weather events. *Aspects of Applied Biology*, 88, 3-14.
- Coombs, J., D.O. Hall, S.P. Long, J.M.O. Scurlah (1985) In: *Techniques in bioproductivity and photosynthesis*, Pergamon, New York.
- Cui, L., & Shi, J. (2012). Urbanization and its environmental effects in Shanghai, China. *Urban Climate*, 2, 1-15.
- d'Amour, C. B., Reitsma, F., Baiocchi, G., Barthel, S., Güneralp, B., Erb, K. H., Haberl, H. Creutzig, F. & Seto, K. C. (2017). Future urban land expansion and implications for global croplands. *Proceedings of the National Academy of Sciences*, 114(34), 8939-8944.

- Department of Agriculture, Peninsular Malaysia. (2011). *Vegetables and Cash Crops Statistic*.
- Department of Agriculture, DOA. (2015). *Dasar Jaminan Makanan*. Johor, Malaysia.
- Department of Agriculture, DOA (2017). *Keluasan Dan Pengeluaran Tanaman Sayur Sayuran Terpilih 2009-2014*. Retrieved from: http://www.data.gov.my/data/ms_MY/dataset/keluasan-dan-pengeluaran-tanaman-sayur-sayuran-terpilih-2009-2014
- Dijkstra, L., & Poelman, H. (2014). A harmonised definition of cities and rural areas: the new degree of urbanisation. *WP*, 1, 2014.
- Dominick, D., Juahir, H., Latif, M. T., Zain, S. M., & Aris, A. Z. (2012). Spatial assessment of air quality patterns in Malaysia using multivariate analysis. *Atmospheric Environment*, 60, 172-181.
- Ekino, S., Susa, M., Ninomiya, T., Imamura, K., & Kitamura, T. (2007). Minamata disease revisited: an update on the acute and chronic manifestations of methyl mercury poisoning. *Journal of The Neurological Sciences*, 262(1), 131-144.
- Federal Department of Town and Country Planning of Peninsular Malaysia (PLANMalaysia). (2018). *Dasar Perancangan Fizikal Desa Negara (Dpf Desa Negara 2030)*. Retrieved from: <http://www.townplan.gov.my/content.php?ID=46>
- Ferrante, A., & Maggiore, T. (2007). Chlorophyll fluorescence measurements to evaluate storage time and temperature of Valeriana leafy vegetables. *Postharvest Biology and Technology*, 45(1), 73-80.
- Ferreira, C., Ribeiro, A., & Ottosen, L. (2003). Possible applications for municipal solid waste fly ash. *Journal of Hazardous Materials*, 96(2-3), 201-216.
- Fu, P., & Weng, Q. (2016). A time series analysis of urbanization induced land use and land cover change and its impact on land surface temperature with Landsat imagery. *Remote Sensing of Environment*, 175, 205-214.
- Gaion, L. A., Monteiro, C. C., Cruz, F. J. R., Rossatto, D. R., López-Díaz, I., Carrera, E., Lima, J. E., Peres, L. E. P., & Carvalho, R. F. (2018). Constitutive gibberellin response in grafted tomato modulates root-to-shoot signaling under drought stress. *Journal of Plant Physiology*, 221, 11-21.
- Gallego, F. J. (2004). Mapping rural/urban areas from population density grids, institute for environment and sustainability, *JRC - EC*, ISPRA, Italy.
- Gazal, R.M., Scott, R.L., Goodrich, D.C., & Williams, D.G. (2006). Controls on transpiration in a semiarid riparian cottonwood forest. *Agricultural for Meteorology*, 137, 56-67.
- George-Jaeggli, B., Mortlock, M. Y., & Borrell, A. K. (2017). Bigger is not always better: reducing leaf area helps stay-green sorghum use soil water more slowly. *Environmental and Experimental Botany*, 138, 119-129.

- Goonetilleke, A., Thomas, E., Ginn, S., & Gilbert, D. (2005). Understanding the role of land use in urban stormwater quality management. *Journal of Environmental Management*, 74(1), 31-42.
- Gonzaga, M. I. S., Mackowiak, C., de Almeida, A. Q., Wisniewski Jr, A., de Souza, D. F., da Silva Lima, I., & de Jesus, A. N. (2018). Assessing biochar applications and repeated *Brassica juncea* L. production cycles to remediate Cu contaminated soil. *Chemosphere*, 201, 278-285.
- Grant, U. (2012). Urbanization and the employment opportunities of youth in developing countries. *Background paper prepared for EFA Global Monitoring Report*.
- Gratão, P. L., Prasad, M. N. V., Cardoso, P. F., Lea, P. J., & Azevedo, R. A. (2005). Phytoremediation: green technology for the cleaning up of toxic metals in the environment. *Brazilian Journal of Plant Physiology*, 17(1), 53-64.
- Grechi, I., Vivin, P. H., Hilbert, G., Milin, S., Robert, T., & Gaudillère, J. P. (2007). Effect of light and nitrogen supply on internal C: N balance and control of root-to-shoot biomass allocation in grapevine. *Environmental and Experimental Botany*, 59(2), 139-149.
- Gregg, J. W., Jones, C. G., & Dawson, T. E. (2006). Physiological and developmental effects of O₃ on cottonwood growth in urban and rural sites. *Ecological Applications*, 16(6), 2368-2381.
- Gren, Å., & Andersson, E. (2018). Being efficient and green by rethinking the urban-rural divide—Combining urban expansion and food production by integrating an ecosystem service perspective into urban planning. *Sustainable Cities and Society*, 40, 75-82.
- Grime, J. P., & Hunt, R. (1975). Relative growth-rate: its range and adaptive significance in a local flora. *The Journal of Ecology*, 393-422.
- Grote, M., Williams, I., Preston, J., & Kemp, S. (2016). Including congestion effects in urban road traffic CO₂ emissions modelling: do local government authorities have the right options? *Transportation Research Part D: Transport and Environment*, 43, 95-106.
- Gururani, M. A., Venkatesh, J., & Tran, L. S. P. (2015). Regulation of photosynthesis during abiotic stress-induced photoinhibition. *Molecular Plant*, 8(9), 1304-1320.
- Hafeez, B., Khanif, Y. M., & Saleem, M. (2013). Role of zinc in plant nutrition-a review. *American Journal of Experimental Agriculture*, 3(2), 374.
- Han, W., & Beisi, J. (2016). Urban morphology of commercial port cities and shophouses in Southeast Asia. *Procedia Engineering*, 142, 190-197.
- Hanjra, M. A., & Qureshi, M. E. (2010). Global water crisis and future food security in an era of climate change. *Food Policy*, 35(5), 365-377.

- Harmanescu, M., Alda, L. M., Bordean, D. M., Gogoasa, I., & Gergen, I. (2011). Heavy metals health risk assessment for population via consumption of vegetables grown in old mining area; a case study: Banat County, Romania. *Chemistry Central Journal*, 5(1), 64.
- Heinonen, J., & Junnila, S. (2011). A carbon consumption comparison of rural and urban lifestyles. *Sustainability*, 3(8), 1234-1249.
- Heisler, G. M., & Brazel, A. J. (2010). The urban physical environment: Temperature and urban heat islands. *Urban Ecosystem Ecology, (Urbanecosysteme)*, American Society of Agronomy, Inc., Crop Science Society of America, Inc., Soil Science Society of America, Inc, Pp 29-56, Madison, America.
- Hertel, T. W., & Lobell, D. B. (2014). Agricultural adaptation to climate change in rich and poor countries: current modeling practice and potential for empirical contributions. *Energy Economics*, 46, 562-575.
- Higdon, J. V., Delage, B., Williams, D. E., & Dashwood, R. H. (2007). Cruciferous vegetables and human cancer risk: epidemiologic evidence and mechanistic basis. *Pharmacological Research*, 55(3), 224-236.
- Hirte, J., Leifeld, J., Abiven, S., & Mayer, J. (2018). Maize and wheat root biomass, vertical distribution, and size class as affected by fertilization intensity in two long-term field trials. *Field Crops Research*, 216, 197-208.
- Ho, C. S., Matsuoka, Y., Simson, J., & Gomi, K. (2013). Low carbon urban development strategy in Malaysia—The case of Iskandar Malaysia development corridor. *Habitat International*, 37, 43-51.
- Hoffmann, W. A., & Poorter, H. (2002). Avoiding bias in calculations of relative growth rate. *Annals of Botany*, 90(1), 37-42.
- Hu, P., Li, Z., Yuan, C., Ouyang, Y., Zhou, L., Huang, J., & Wu, L. (2013). Effect of water management on cadmium and arsenic accumulation by rice (*Oryza sativa* L.) with different metal accumulation capacities. *Journal of Soils and Sediments*, 13(5), 916-924.
- Hu, W., Huang, B., Tian, K., Holm, P. E., & Zhang, Y. (2017). Heavy metals in intensive greenhouse vegetable production systems along Yellow Sea of China: Levels, transfer and health risk. *Chemosphere*, 167, 82-90.
- Huang, H., Yao, W., Li, R., Ali, A., Du, J., Guo, D., Xiao, R., Guo, Z., Zhang, Z. & Awasthi, M. K. (2018). Effect of pyrolysis temperature on chemical form, behavior and environmental risk of Zn, Pb and Cd in biochar produced from pyroremediation residue. *Bioresource Technology*, 249, 487-493.
- Hunt, J., & Wu, J. (2017). Asian urban environment and climate change: *Preface*.
- Islam, M. S., Ahmed, M. K., & Habibullah-Al-Mamun, M. (2016). Apportionment of heavy metals in soil and vegetables and associated health risks assessment. *Stochastic Environmental Research and Risk Assessment*, 30(1), 365-377.

- Kabir, E., Ray, S., Kim, K. H., Yoon, H. O., Jeon, E. C., Kim, Y. S., & Brown, R. J. (2012). Current status of trace metal pollution in soils affected by industrial activities. *The Scientific World Journal*, 2012. <http://dx.doi.org/10.1100/2012/916705>
- Kalana, J. A. (2010). Electrical and electronic waste management practice by households in Shah Alam, Selangor, Malaysia. *International Journal of Environmental Sciences*, 1(2), 132-144.
- Kanu, S. A., Okonkwo, J. O., & Dakora, F. D. (2013). *Aspalathus linearis* (Rooibos tea) as potential phytoremediation agent: a review on tolerance mechanisms for aluminum uptake. *Environmental Reviews*, 21(2), 85-92.
- Karim, H. A. (2009). The satisfaction of residents on community facilities in Shah Alam, Malaysia. *Asian Social Science*, 4(11), 131-137.
- Keshavarzi, B., Moore, F., Ansari, M., Mehr, M. R., Kaabi, H., & Kermani, M. (2015). Macronutrients and trace metals in soil and food crops of Isfahan Province, Iran. *Environmental Monitoring and Assessment*, 187(1), 4113.
- Khailani, D. K., & Perera, R. (2013). Mainstreaming disaster resilience attributes in local development plans for the adaptation to climate change induced flooding: A study based on the local plan of Shah Alam City, Malaysia. *Land Use Policy*, 30(1), 615-627.
- Khan, S., Hanjra, M. A., & Mu, J. (2009). Water management and crop production for food security in China: a review. *Agricultural Water Management*, 96(3), 349-360.
- Kobza, J., & Geremek, M. (2017). Do the pollution related to high-traffic roads in urbanised areas pose a significant threat to the local population? *Environmental Monitoring and Assessment*, 189(1), 33.
- Krinsky, N. I., & Johnson, E. J. (2005). Carotenoid actions and their relation to health and disease. *Molecular Aspects of Medicine*, 26(6), 459-516.
- Lai, H. Y. (2015). Effects of leaf area and transpiration rate on accumulation and compartmentalization of cadmium in *Impatiens walleriana*. *Water, Air, & Soil Pollution*, 226(1), 2246.
- Lei, M., Zhang, Y., Khan, S., Qin, P. F., & Liao, B. H. (2010). Pollution, fractionation, and mobility of Pb, Cd, Cu, and Zn in garden and paddy soils from a Pb/Zn mining area. *Environmental Monitoring and Assessment*, 168(1-4), 215-222.
- Leong, K. H., Tan, L. B., & Mustafa, A. M. (2007). Contamination levels of selected organochlorine and organophosphate pesticides in the Selangor River, Malaysia between 2002 and 2003. *Chemosphere*, 66(6), 1153-1159.
- Li, Z. G., Zhang, G. S., Liu, Y., Wan, K. Y., Zhang, R. H., & Chen, F. (2013). Soil nutrient assessment for urban ecosystems in Hubei, China. *PloS One*, 8(9), e75856. <https://doi.org/10.1371/journal.pone.0075856>

- Li, K., & Lin, B. (2015). Impacts of urbanization and industrialization on energy consumption/CO₂ emissions: Does the level of development matter? *Renewable and Sustainable Energy Reviews*, 52, 1107-1122.
- Li, Y., Li, Y., & Wu, W. (2016). Threshold and resilience management of coupled urbanization and water environmental system in the rapidly changing coastal region. *Environmental Pollution*, 208, 87-95.
- Liang, H., Wu, W. L., Zhang, Y. H., Zhou, S. J., Long, C. Y., Wen, J., Wang, B. Y., Liu, Z.T., Zhang, C.Z., Huang, P.P., Deng, X.L., Zou, F. & Liu, N. (2018). Levels, temporal trend and health risk assessment of five heavy metals in fresh vegetables marketed in Guangdong Province of China during 2014–2017. *Food Control*, 92, 107-120.
- Liu, R. H. (2004). Potential synergy of phytochemicals in cancer prevention: mechanism of action. *The Journal of Nutrition*, 134(12), 3479S-3485S.
- Liu, H., Ma, W., Qian, J., Cai, J., Ye, X., Li, J., & Wang, X. (2015). Effect of urbanization on the urban meteorology and air pollution in Hangzhou. *Journal of Meteorological Research*, 29(6), 950-965.
- Liu, Y., Hu, X., Zhang, Q., & Zheng, M. (2017). Improving agricultural water use efficiency: A quantitative study of Zhangye City using the static CGE Model with a CES Water– Land Resources Account. *Sustainability*, 9(2), 308.
- Lodenius, M. (2013). Use of plants for biomonitoring of airborne mercury in contaminated areas. *Environmental Research*, 125, 113-123.
- Long, S. P., Marshall-Colon, A., & Zhu, X. G. (2015). Meeting the global food demand of the future by engineering crop photosynthesis and yield potential. *Cell*, 161(1), 56-66.
- Ma, J. F. (2005). Plant root responses to three abundant soil minerals: silicon, aluminum and iron. *Critical Reviews in Plant Sciences*, 24(4), 267-281.
- Mahmood, A., & Malik, R. N. (2014). Human health risk assessment of heavy metals via consumption of contaminated vegetables collected from different irrigation sources in Lahore, Pakistan. *Arabian Journal of Chemistry*, 7(1), 91-99.
- Manter, D. K., & Kerrigan, J. (2004). A/C i curve analysis across a range of woody plant species: influence of regression analysis parameters and mesophyll conductance. *Journal of Experimental Botany*, 55(408), 2581-2588.
- Medrano, H., Tomás, M., Martorell, S., Flexas, J., Hernández, E., Rosselló, J., Pou, A., Escalona, J., & Bota, J. (2015). From leaf to whole-plant water use efficiency (WUE) in complex canopies: limitations of leaf WUE as a selection target. *The Crop Journal*, 3(3), 220-228.
- Miyashita, K., Tanakamaru, S., Maitani, T., & Kimura, K. (2005). Recovery responses of photosynthesis, transpiration, and stomatal conductance in kidney bean

- following drought stress. *Environmental and Experimental Botany*, 53(2), 205-214.
- Mohamed, A. F., Yaacob, W. W., Taha, M. R., & Samsudin, A. R. (2009). Groundwater and soil vulnerability in the Langat Basin Malaysia. *European Journal of Scientific Research*, 27(4), 628-635.
- Moretti, C. L., Mattos, L. M., Calbo, A. G., & Sargent, S. A. (2010). Climate changes and potential impacts on postharvest quality of fruit and vegetable crops: a review. *Food Research International*, 43(7), 1824-1832.
- Morikawa, H., & Erkin, Ö. C. (2003). Basic processes in phytoremediation and some applications to air pollution control. *Chemosphere*, 52(9), 1553-1558.
- Moser, S. (2010). Putrajaya: Malaysia's new federal administrative capital. *Cities*, 27(4), 285-297.
- Najdanova, M., Janssen, G. J., de Groot, H. J. M., Matysik, J., & Alia, A. (2015). Analysis of electron donors in photosystems in oxygenic photosynthesis by photo-CIDNP MAS NMR. *Journal of Photochemistry and Photobiology B: Biology*, 152, 261-271.
- Nagajyoti, P. C., Lee, K. D., & Sreekanth, T. V. M. (2010). Heavy metals, occurrence and toxicity for plants: a review. *Environmental Chemistry Letters*, 8(3), 199-216.
- Nikkhah, R., Nafar, H., Rastgoo, S., & Dorostkar, M. (2013). Effect of foliar application of boron and zinc on qualitative and quantitative fruit characteristics of grapevine (*Vitis vinifera* L.). *International Journal of Agriculture and Crop Sciences*, 6(9), 485.
- Odjegba, V. J., & Sadiq, A. O. (2002). Effects of spent engine oil on the growth parameters, chlorophyll and protein levels of *Amaranthus hybridus* L. *The Environmentalist*, 22(1), 23-28.
- OECD. (1994). Creating rural indicators for shaping territorial policies, OECD Publications, Paris, France.
- Olsson, E. G. A., Kerselaers, E., Søderkvist Kristensen, L., Primdahl, J., Rogge, E., & Wästfelt, A. (2016). Peri-urban food production and its relation to urban resilience. *Sustainability*, 8(12), 1340.
- Omami, E. N., & Hammes, P. S. (2006). Interactive effects of salinity and water stress on growth, leaf water relations, and gas exchange in amaranth (*Amaranthus* spp.). *New Zealand Journal of Crop and Horticultural Science*, 34(1), 33-44.
- Pham-Huy, L. A., He, H., & Pham-Huy, C. (2008). Free radicals, antioxidants in disease and health. *International Journal of Biomedical Science*, 4(2), 89-96.
- Pizzoli, E., & Gong, X. (2007). How to best classify rural and urban. In *ponencia presentada en la Fourth International Conference on Agriculture Statistics* (pp. 22-24).

- Ponisio, L. C., M'Gonigle, L. K., Mace, K. C., Palomino, J., de Valpine, P., & Kremen, C. (2015). Diversification practices reduce organic to conventional yield gap. *Proceedings of the Royal Society B: Biological Sciences*, 282(1799), 20141396. <https://doi.org/10.1098/rspb.2014.1396>
- Poorter, H., & Remkes, C. (1990). Leaf area ratio and net assimilation rate of 24 wild species differing in relative growth rate. *Oecologia*, 83(4), 553-559.
- Potop, V., Možný, M., & Soukup, J. (2012). Drought evolution at various time scales in the lowland regions and their impact on vegetable crops in the Czech Republic. *Agricultural and Forest Meteorology*, 156, 121-133.
- Potter, J. R., & Jones, J. W. (1977). Leaf area partitioning as an important factor in growth. *Plant Physiology*, 59(1), 10-14.
- Qaderi, M. M., Kurepin, L. V., & Reid, D. M. (2012). Effects of temperature and watering regime on growth, gas exchange and abscisic acid content of canola (*Brassica napus*) seedlings. *Environmental and Experimental Botany*, 75, 107-113.
- Qureshi, A. S., Hussain, M. I., Ismail, S., & Khan, Q. M. (2016). Evaluating heavy metal accumulation and potential health risks in vegetables irrigated with treated wastewater. *Chemosphere*, 163, 54-61.
- Radosevich, S., Holt, J. S., and Ghersa, C. 1997. *Weed Ecology: Implications for vegetation management*. New York: Wiley. Pp. 278–301.
- Rafindadi, A. A., & Ozturk, I. (2015). Natural gas consumption and economic growth nexus: Is the 10th Malaysian plan attainable within the limits of its resource? *Renewable and Sustainable Energy Reviews*, 49, 1221-1232.
- Rahman, M. M., Azirun, S. M., & Boyce, A. N. (2013). Enhanced accumulation of copper and lead in amaranth (*Amaranthus paniculatus*), Indian mustard (*Brassica juncea*) and sunflower (*Helianthus annuus*). *PloS One*, 8(5), e62941. <https://doi.org/10.1371/journal.pone.0062941>
- Ramlan, M. F. & Syamira, R. (2017). Health risk assessment in urban farming. In *Urban Farming in Malaysia (Improving Food Security While Greening The Environment)*. Pp. (153-166), Serdang, Selangor: UPM Press.
- Rao, A. V., & Rao, L. G. (2007). Carotenoids and human health. *Pharmacological Research*, 55(3), 207-216.
- Rastogi, A., & Shukla, S. (2013). Amaranth: a new millennium crop of nutraceutical values. *Critical reviews in Food Science and Nutrition*, 53(2), 109-125.
- Reddy, M. V., Satpathy, D., & Dhiviya, K. S. (2013). Assessment of heavy metals (Cd and Pb) and micronutrients (Cu, Mn, and Zn) of paddy (*Oryza sativa* L.) field surface soil and water in a predominantly paddy-cultivated area at Puducherry (Pondicherry, India), and effects of the agricultural runoff on the elemental

concentrations of a receiving rivulet. *Environmental Monitoring and Assessment*, 185(8), 6693-6704.

- Rizza, W., Veronese, N., & Fontana, L. (2014). What are the roles of calorie restriction and diet quality in promoting healthy longevity?. *Ageing Research Reviews*, 13, 38-45.
- Rizzo, A., & Glasson, J. (2012). Iskandar Malaysia. *Cities*, 29(6), 417-427.
- Rout, G. R., & Sahoo, S. (2015). Role of iron in plant growth and metabolism. *Reviews in Agricultural Science*, 3, 1-24.
- Roy, M. (2009). Planning for sustainable urbanisation in fast growing cities: Mitigation and adaptation issues addressed in Dhaka, Bangladesh. *Habitat International*, 33(3), 276-286.
- Russo, F., & Comi, A. (2012). City characteristics and urban goods movements: A way to environmental transportation system in a sustainable city. *Procedia-Social and Behavioral Sciences*, 39, 61-73.
- Sainju, U. M., Allen, B. L., Lenssen, A. W., & Ghimire, R. P. (2017). Root biomass, root/shoot ratio, and soil water content under perennial grasses with different nitrogen rates. *Field Crops Research*, 210, 183-191.
- Salam, J. A., Hatha, M. A., & Das, N. (2017). Microbial-enhanced lindane removal by sugarcane (*Saccharum officinarum*) in doped soil-applications in phytoremediation and bioaugmentation. *Journal of Environmental Management*, 193, 394-399.
- Santos, G. C. G. D., Rodella, A. A., Abreu, C. A. D., & Coscione, A. R. (2010). Vegetable species for phytoextraction of boron, copper, lead, manganese and zinc from contaminated soil. *Scientia Agricola*, 67(6), 713-719.
- Schwarz, D., Roupheal, Y., Colla, G., & Venema, J. H. (2010). Grafting as a tool to improve tolerance of vegetables to abiotic stresses: Thermal stress, water stress and organic pollutants. *Scientia Horticulturae*, 127(2), 162-171.
- Sendut, H. (1965). Some aspects of urban change in Malaya, 1931-1957. *Sciences*, 39, 61-73.
- Seth, C. S., Misra, V., Singh, R. R., & Zolla, L. (2011). EDTA-enhanced lead phytoremediation in sunflower (*Helianthus annuus* L.) hydroponic culture. *Plant and Soil*, 347(1-2), 231.
- Shabani, A., Ghaffary, K. A., Sepaskhah, A. R., & Kamgar-Haghighi, A. A. (2017). Using the artificial neural network to estimate leaf area. *Scientia Horticulturae*, 216, 103-110.
- Sharma, R. K., Agrawal, M., & Marshall, F. (2006). Heavy metal contamination in vegetables grown in wastewater irrigated areas of Varanasi, India. *Bulletin of Environmental Contamination and Toxicology*, 77(2), 312-318.

- Sharma, R. K., Agrawal, M., & Marshall, F. M. (2009). Heavy metals in vegetables collected from production and market sites of a tropical urban area of India. *Food and Chemical Toxicology*, 47(3), 583-591.
- Sharma, H. P., & Kumar, R. A. (2013). Health security in ethnic communities through nutraceutical leafy vegetables. *Journal of Environmental Research and Development*, 7(4), 1423.
- Shen, Y., Li, J., Gu, R., Yue, L., Zhan, X., & Xing, B. (2017). Phenanthrene-triggered chlorosis is caused by elevated chlorophyll degradation and leaf moisture. *Environmental Pollution*, 220, 1311-1321.
- Shi, D., Wang, W., Jiang, G., Peng, X., Yu, Y., Li, Y., & Ding, W. (2016). Effects of disturbed landforms on the soil water retention function during urbanization process in the Three Gorges Reservoir Region, China. *CATENA*, 144, 84-93.
- Shi, Y., & Zhang, Y. (2017). Remote sensing retrieval of urban land surface temperature in hot-humid region. *Urban Climate*, 24, 299-310.
- Silva, C. S., Seider, W. D., & Lior, N. (2015). Exergy efficiency of plant photosynthesis. *Chemical Engineering Science*, 130, 151-171.
- Siddiqui, Y., Islam, T. M., Naidu, Y., & Meon, S. (2011). The conjunctive use of compost tea and inorganic fertiliser on the growth, yield and terpenoid content of *Centella asiatica* (L.) urban. *Scientia Horticulturae*, 130(1), 289-295.
- Siwar, C., Ahmed, F., Bashawir, A., & Mia, M. S. (2016). Urbanization and urban poverty in Malaysia: consequences and vulnerability. *Journal of Applied Sciences*, 16(4), 154-160.
- Small, C., Sousa, D., Yetman, G., Elvidge, C., & MacManus, K. (2018). Decades of urban growth and development on the Asian megadeltas. *Global and Planetary Change*, 165, 62-89.
- Songkhum, P., Wuttikhun, T., Chanlek, N., Khemthong, P., & Laohasurayotin, K. (2018). Controlled release studies of boron and zinc from layered double hydroxides as the micronutrient hosts for agricultural application. *Applied Clay Science*, 152, 311-322.
- Soyinka, O., & Siu, K. W. M. (2017). Investigating informal settlement and infrastructure adequacy for future resilient urban center in Hong Kong, SAR. *Procedia Engineering*, 198, 84-98.
- Sparks, D. L. (2001). Elucidating the fundamental chemistry of soils: past and recent achievements and future frontiers. *Geoderma*, 100(3-4), 303-319.
- Sun, Y., Zhou, Q., Xie, X., & Liu, R. (2010). Spatial, sources and risk assessment of heavy metal contamination of urban soils in typical regions of Shenyang, China. *Journal of Hazardous Materials*, 174(1-3), 455-462.

- Szynkowska, M. I., Pawlaczyk, A., Leśniewska, E., & Paryjczak, T. (2009). Toxic metal distribution in rural and urban soil samples affected by industry and traffic. *Polish Journal of Environmental Studies*, 18(6), 1141-1150.
- Tahir, U., Yasmin, A., & Khan, U. H. (2016). Phytoremediation: Potential flora for synthetic dyestuff metabolism. *Journal of King Saud University-Science*, 28(2), 119-130.
- Tey, Y. S., Suryani, D., Emmy, F. A., & Illisriyani, I. (2009). Food consumption and expenditures in Singapore: implications to Malaysia's agricultural exports. *International Food Research Journal*, 16(2), 119-126.
- Theunissen, J., Ndakidemi, P. A., & Laubscher, C. P. (2010). Potential of vermicompost produced from plant waste on the growth and nutrient status in vegetable production. *International Journal of Physical Sciences*, 5(13), 1964-1973.
- Tian, Y., Ding, J., Zhu, D., & Morris, N. (2018). The effect of the urban wastewater treatment ratio on agricultural water productivity: based on provincial data of China in 2004–2010. *Applied Water Science*, 8(5), 144.
- Thompson, E. C. (2004). Rural villages as socially urban spaces in Malaysia. *Urban Studies*, 41(12), 2357-2376.
- Tomar, R. S., & Jajoo, A. (2014). Fluoranthene, a polycyclic aromatic hydrocarbon, inhibits light as well as dark reactions of photosynthesis in wheat (*Triticum aestivum*). *Ecotoxicology and Environmental Safety*, 109, 110-115.
- Triharini, M., Sulistyono, A., Adriani, M., Armini, N. K. A., & Nastiti, A. A. (2018). Adherence to iron supplementation amongst pregnant mothers in Surabaya, Indonesia: Perceived benefits, barriers and family support. *International Journal of Nursing Sciences*, 5, 243-248.
- Tsai, H. H., & Schmidt, W. (2017). Mobilization of iron by plant-borne coumarins. *Trends in Plant Science*, 22(6), 538-548.
- Tsuchiya, K., Hara, Y., & Thaitakoo, D. (2015). Linking food and land systems for sustainable peri-urban agriculture in Bangkok Metropolitan region. *Landscape and Urban Planning*, 143, 192-204.
- Turan, M., & Esringu, A. (2007). Phytoremediation based on canola (*Brassica napus* L.) and Indian mustard (*Brassica juncea* L.) planted on spiked soil by aliquot amount of Cd, Cu, Pb, and Zn. *Plant Soil and Environment*, 53(1), 7-15.
- Turok, I., & McGranahan, G. (2013). Urbanization and economic growth: the arguments and evidence for Africa and Asia. *Environment and Urbanization*, 25(2), 465-482.
- Uprety, D. C., & Mahalaxmi, V. (2000). Effect of elevated CO₂ and nitrogen nutrition on photosynthesis, growth and carbon-nitrogen balance in *Brassica juncea*. *Journal of Agronomy and Crop Science*, 184(4), 271-276.

- Urban, J., Ingwers, M., McGuire, M. A., & Teskey, R. O. (2017). Stomatal conductance increases with rising temperature. *Plant Signaling & Behavior*, 12(8). <https://doi.org/10.1080/15592324.2017.1356534>.
- Usuda, H. (2004). Evaluation of the effect of photosynthesis on biomass production with simultaneous analysis of growth and continuous monitoring of CO₂ exchange in the whole plants of radish, cv Kosena under ambient and elevated CO₂. *Plant Production Science*, 7(4), 386-396.
- Valavanidis, A., Salika, A., & Theodoropoulou, A. (2000). Generation of hydroxyl radicals by urban suspended particulate air matter. The role of iron ions. *Atmospheric Environment*, 34(15), 2379-2386.
- Vard, T., Willems, E., Lemmens, T. and Peters, R. (2005). Use of the CORINE land cover to identify the rural character of communes and regions at eu level, in trends of some agri-environmental indicators in the EU, *Report of the European Commission*, Brussels, Belgium.
- Wagstaff, R. K. (2016). *Farming in the city: how the urban environment affects vegetable crop production, soil heavy metal contamination and nutrient dynamics, produce nutritive quality, and insect dynamics in urban gardens* (Doctoral dissertation, University of Illinois at Urbana-Champaign).
- Wong, N. H., Chen, Y., Ong, C. L., & Sia, A. (2003). Investigation of thermal benefits of rooftop garden in the tropical environment. *Building and Environment*, 38(2), 261-270.
- Wu, H., Tang, S., Zhang, X., Guo, J., Song, Z., Tian, S., & Smith, D. L. (2009). Using elevated CO₂ to increase the biomass of a *Sorghum vulgare* × *Sorghum vulgare* var. sudanense hybrid and *Trifolium pratense* L. and to trigger hyperaccumulation of cesium. *Journal of Hazardous Materials*, 170(2-3), 861-870.
- Wuytack, T., Wuyts, K., Van Dongen, S., Baeten, L., Kardel, F., Verheyen, K., & Samson, R. (2011). The effect of air pollution and other environmental stressors on leaf fluctuating asymmetry and specific leaf area of *Salix alba* L. *Environmental Pollution*, 159(10), 2405-2411.
- Xiao, R.B., Ouyang, Z.Y., Zheng, H., Li, W.F., Schienke, E.W., Wang, X.K. (2007). Spatial pattern of impervious surfaces and their impacts on land surface temperature in Beijing, China. *Journal of Environmental Sciences*, 19, 250-256.
- Xu, D., Zhou, P., Zhan, J., Gao, Y., Dou, C., & Sun, Q. (2013). Assessment of trace metal bioavailability in garden soils and health risks via consumption of vegetables in the vicinity of Tongling mining area, China. *Ecotoxicology and Environmental Safety*, 90, 103-111.
- Yaakob, U., Masron, T., & Masami, F. (2010). Ninety years of urbanization in Malaysia: a geographical investigation of its trends and characteristics. *Journal of Ritsumeikan Social Science Humanity*, 4(3), 79-101.
- Yan, T., Wang, J., & Huang, J. (2015). Urbanization, agricultural water use, and regional and national crop production in China., *Ecological Modelling*, 318, 226-235.

- Yao, H., Zhang, Y., Yi, X., Zhang, X., & Zhang, W. (2016). Cotton responds to different plant population densities by adjusting specific leaf area to optimize canopy photosynthetic use efficiency of light and nitrogen. *Field Crops Research*, 188, 10-16.
- Yap, C. K., Cheng, W. H., Karami, A., & Ismail, A. (2016). Health risk assessments of heavy metal exposure via consumption of marine mussels collected from anthropogenic sites. *Science of the Total Environment*, 553, 285-296.
- Yosoff, S. F., Mohamed, M. T. M., Parvez, A., Ahmad, S. H., Ghazali, F. M., & Hassan, H. (2015). Production system and harvesting stage influence on nitrate content and quality of butterhead lettuce. *Bragantia*, 74(3), 322-330.
- Yruela, I. (2005). Copper in plants. *Brazilian Journal of Plant Physiology*, 17(1), 145-156.
- Yu, R., Liu, Q., Liu, J., Wang, Q., & Wang, Y. (2016). Concentrations of organophosphorus pesticides in fresh vegetables and related human health risk assessment in Changchun, Northeast China. *Food Control*, 60, 353-360.
- Zaheer, I. E., Ali, S., Rizwan, M., Farid, M., Shakoor, M. B., Gill, R. A., Najeeb, U., & Ahmad, R. (2015). Citric acid assisted phytoremediation of copper by *Brassica napus* L. *Ecotoxicology and Environmental Safety*, 120, 310-317.
- Zeng, F., Ali, S., Zhang, H., Ouyang, Y., Qiu, B., Wu, F., & Zhang, G. (2011). The influence of pH and organic matter content in paddy soil on heavy metal availability and their uptake by rice plants. *Environmental Pollution*, 159(1), 84-91.
- Zhang, X., Davidson, E. A., Mauzerall, D. L., Searchinger, T. D., Dumas, P., & Shen, Y. (2015). Managing nitrogen for sustainable development. *Nature*, 528(7580), 51-59.
- Zhang, C., Cao, X., & Ramaswami, A. (2016). A novel analysis of consumption-based carbon footprints in China: Unpacking the effects of urban settlement and rural-to-urban migration. *Global Environmental Change*, 39, 285-293.
- Zheng, N., Wang, Q., Zhang, X., Zheng, D., Zhang, Z., & Zhang, S. (2007). Population health risk due to dietary intake of heavy metals in the industrial area of Huludao city, China. *Science of the Total Environment*, 387(1), 96-104.
- Zhou, H., Yang, W. T., Zhou, X., Liu, L., Gu, J. F., Wang, W. L., Zou, J. L., Tian, T., Peng, P. Q., & Liao, B. H. (2016). Accumulation of heavy metals in vegetable species planted in contaminated soils and the health risk assessment. *International Journal of Environmental Research and Public Health*, 13(3), 289. <https://doi.org/10.3390/ijerph13030289>